

# GIRLS SWIMMING AND DIVING MEET

## NWSC JV Championship



**DATE:** Saturday, October 31<sup>st</sup>, 2015

**HOSTED BY:** Elk River High School

**LOCATION:** VandenBerge Middle School (same pool we always host at)  
948 Proctor Ave NW, Elk River, MN 55330

The meet is designed for swimmers and divers who are not a part of the Section Championship team.

**PARTICIPATING TEAMS:** The following teams are invited to participate in the 2015 JV Championship meet: Andover, Armstrong, Champlin Park, Elk River, Maple Grove, and Spring Lake Park.

**SWIMMING:** This is a pre-seeded timed final meet. Each team will be allowed to enter unlimited relay teams and unlimited swimmers per event. Please mark your relay entries with approximate times and as A, B, C, D, etc. The pool will open for teams at 10:00AM, and for swimming warm-ups at 10:30 A.M. The swim meet will start at NOON.

**DIVING:** All diving is hosted this year at Northdale Middle School. Diving will be a six dive event. Divers must perform 6 dives in the meet. Please see their information for details on this part of the meet.

**SCORING:** We will use Championship Scoring to 16 places

Each team may score 4 individuals and 1 relay

Relays: 40, 34, 32, 30, 28, 26

Individuals: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

**Entries are DUE: Sunday, October 25<sup>th</sup>, by 7:00 P.M. via email**

If you have any questions or concerns, please feel free to call or e-mail Julie Odegard.

Entries from Hy-Tek Team Manager to Julie Odegard @ [julie.odegard@isd728.org](mailto:julie.odegard@isd728.org) or by phone to 763-360-3762.

**Please include in your email with the entries, coaches names (head and assistants), and captains.**

**Thanks!**

**ER Girls Swim and Dive**