

Eau Claire Relay Invite

Date: Sat, Aug 27th, 6:30 am to Sunday Aug 28th, approx 11:30 am

Place: **The Diving and Swimming are in two different locations. Please see website for the latest information as they could change and have changed.** All events are in Eau Claire

Bus Leaves: Saturday morning, 6:30am

Arrive back: Sunday 11:15am

Chaperones: Chris Mandravelis (612-290-2381) and Charis Linebaugh (763-443-2730)

Trip Itinerary

Saturday

- Team will depart PMS at approximately 6:30 am on **Saturday, Aug 27, arrive at 6:20am**
- Team will have bagels, protein bars and juice. Bus will arrive at the meet approximately 9am
- Diving warm ups start at 9am
 - Swimming warm up starts at 10:45 am
 - Meet ends around 4pm
- Go to Baymont Inn to check in (4075 Commonwealth Ave; 715-839-7100)
- Go to Oakwood Mall to shop and eat dinner (4800 Golf Rd, Eau Claire, WI) (5 to 8:30pm)
- Return to hotel around 8:30, free time/pool time
- 10pm coaches roll call
- 10:30 pm, girls in room, lights out

Sunday:

- 8am Breakfast
- 9am board bus
- Arrive back to PMS around 11:30 am (Please be in touch with your swimmer for pick up time.)

Team Expectations:

1. Be in your room by 10:30pm. No loitering in the halls. Expect coaches to make room checks.
2. All school rules apply. Any student that breaks any rule or damages any property, parents/guardians will be called and asked to pick up student.
3. Respect hotel property: clean up after yourselves before checking out. You are responsible for any additional room charges.
4. All swimmers will remain in the hotel and mall unless accompanied by a coach or parent chaperone.
5. Any violation of trip expectation will result in athlete sitting out a minimum two swim meets or longer depending on violation.
6. Enjoy yourselves.

What to bring: meet essentials, overnight essentials, nutritious snacks for the meet, snacks for the hotel, money for dinner (suggested \$10-\$15) on Saturday and team ice cream social (\$3)

Cost per swimmer: \$65 Sign up and pay on website: <http://ahsswimanddive.swim-team.us> under Products select "Eau Claire Trip/Meet"

*******Payment and permission slip due by end of practice on Aug 19. *******

Contact Charis (charistris@gmail.com) or Chris (cmandr1@yahoo.com) with questions.

Coach Lindsey lindsay.bechtold@gmail.com 716-553-7138