



SCHEDULE OF ACTIVITIES

YMCA NATIONAL SWIMMING CHAMPIONSHIP

MONDAY: START OF DAY 1 - CHECK-IN DAY

Day's Event 101 Women's 200 Freestyle Relay (Prelims - Finals swim Tuesday Evening)

Day's Event 102 Men's 200 Freestyle Relay (Prelims - Finals swim Tuesday Evening)

Day's Event 103 Women's 1,000 Yard Freestyle (fastest to slowest)

Day's Event 104 Men's 1,000 Yard Freestyle (fastest to slowest)

- 6:00AM-4:00PM **COACHES:** Pool open exclusively for Meet Swimmers and Coaches
- 9:00AM-1:00PM **COACHES:** Scratch Table Open for 1000 Freestyle and 200 Freestyle Relay (Day 1 events) – Events Center - Coaches Check-in (Rm 3)
- 9:00AM-4:00PM **COACHES:** Scratch Table Open (Day 2 Events) - Events Center - Coaches Check-in (Rm 3) and during All Coaches meeting
- 9:00AM-3:00PM **ALL:** Parking Pass Sales - Events Center
- 9:00AM-7:00PM **SPECTATORS:** Ticket Sales – Box Office at Pool
- 9:00AM-2:00PM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 3
- 9:00AM-2:00PM **OFFICIALS:** Officials Meet Check-in - Events Center - Rm 3
- 9:00AM-1:00PM **OFFICIALS:** Level I Officials Training - Pool - TBD
- 9:00AM-1:00PM **OFFICIALS:** Level II Officials Training - Pool - TBD
- 12:00 NOON **SWIMMERS:** Athlete Village Open for Team Move-in - Events Center
- 2:15PM **COACHES:** New Coaches Meeting - Events Center - Rm 4
- 3:00PM **COACHES:** All Coaches Meeting - Events Center - Rm 1
- 3:15PM-3:35PM **OFFICIALS:** New Officials Meeting - Hall of Champs - Board Rm
- 3:45PM-4:45PM **OFFICIALS:** Mandatory Meeting for All Officials - Hall of Champs - Board Rm
- 4:00PM **COACHES:** Pool Opens for Finals Warm-up
- 4:00PM **SPECTATORS:** Stands Open
- 4:00PM-5:00PM **COACHES:** Scratch Table Open (Day 2 Events only) – Room Off Pool Deck
- 4:00PM **COACHES:** Relay Table Open-Room off pool deck
- 4:15PM-5:00PM **ALL:** Athletes and Parents Welcome Event - Spectator stands
- 5:00PM-6:00PM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4
- 5:00PM **ALL:** Competition Pool Closes
- 5:00PM **ALL:** Devotion and National Anthem
- 5:15PM ALL: Start of Competition**

ESTIMATED SESSION END TIME: 7:30PM



SCHEDULE OF ACTIVITIES

YMCA NATIONAL SWIMMING CHAMPIONSHIP

TUESDAY: START OF DAY 2

Day's Event 201 Women's 200 Yard Backstroke
Day's Event 202 Men's 200 Yard Backstroke
Day's Event 203 Women's 100 Yard Butterfly
Day's Event 204 Men's 100 Yard Butterfly
Day's Event 205 Women's 200 Yard Breaststroke
Day's Event 206 Men's 200 Yard Breaststroke
Day's Event 207 Women's 400 Yard Medley Relay
Day's Event 208 Men's 400 Yard Medley Relay

6:00AM **COACHES:** Pool Opens Prelims Warm-up

6:00AM-11:00AM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4

6:30AM-11:00AM **SPECTATORS:** Ticket Sales – Box Office at Pool

7:00AM-10:00AM **COACHES:** Time Trial Table Open-Pool Deck Scratch and Time Trial Room

7:00AM **SPECTATORS:** Stands Open

7:00AM-12:00PM **COACHES:** Scratch & Relay Table Open-Pool Deck: Scratch and Time Trial Room

7:30AM **OFFICIALS:** Officials/Timers Meeting & Officials Check-in - Events Center - Rm 1

8:30AM **ALL:** Competition Pool Closes

8:30AM **ALL:** Devotion and National Anthem

8:30AM **ALL: 2020 Joseph G. Rogers Award Announcement**

8:45AM **ALL: Prelims Start**

30 MINUTES AFTER PRELIMS ENDS – TIME TRIALS START

4:00PM-7:00PM **SPECTATORS:** Ticket Sales – Box Office at Pool

4:00PM **COACHES:** Pool Opens for Finals Warm-up

4:00PM **SPECTATORS:** Stands Open

4:00PM **OFFICIALS:** Officials/Timers Meeting & Officials Check-in - Events Center - Rm 1

4:00PM-5:00PM **COACHES:** Scratch Table Open for Day 3-Pool Deck: Scratch and Time Trial Room

4:00PM **COACHES:** Relay Table Open-Pool Deck: Scratch and Time Trial Room

4:35PM **COACHES:** Assembly of Athletes for Opening Ceremonies - Events Center

4:45PM-6:00PM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4

4:50PM **ALL:** Competition Pool Closes

4:50PM **ALL: Opening Ceremonies - Parade of Athletes**

5:10PM **ALL:** Devotion and National Anthem

5:15PM **ALL: Finals Start with C, B, A Heats**

5:15PM Swim Finals for 200 Freestyle Relay - Women then Men

5:15PM 1000 Freestyle Awards-Women after Women relay awards, Men after Men relay awards

ESTIMATED SESSION END TIME: 8:15PM



SCHEDULE OF ACTIVITIES

YMCA NATIONAL SWIMMING CHAMPIONSHIP

WEDNESDAY: START OF DAY 3

Event 301 Women's 100 Yard Backstroke Day's
Event 302 Men's 100 Yard Backstroke Day's
Event 303 Women's 400 Yard IM
Event 304 Men's 400 Yard IM
Event 305 Women's 200 Yard Freestyle
Event 306 Men's 200 Yard Freestyle
Event 307 Women's 200 Yard Medley Relay
Day's Event 308 Men's 200 Yard Medley Relay

6:00AM **COACHES:** Pool Opens Prelims Warm-up

6:00AM-11:00AM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4

7:00AM-11:00AM **SPECTATORS:** Ticket Sales – Box Office at Pool

7:00AM-10:00AM **COACHES:** Time Trial Table Open-Pool Deck: Scratch and Time Trial Room

7:00AM **SPECTATORS:** Stands Open

7:00AM-12:00PM **COACHES:** Scratch & Relay Table Open-Pool Deck: Scratch and Time Trial Room

7:15AM **OFFICIALS:** Picture - Spectator Stands

7:30AM **OFFICIALS:** Officials/Timers Meeting & Officials Check-in - Events Center - Rm 1

8:30AM **ALL:** Competition Pool Closes

8:30AM **ALL:** Devotion and National Anthem

8:30AM **ALL: Senior Recognition**

8:30AM **ALL: Adolf Kiefer YMCA Youth Character Awards Announced**

8:45AM **ALL: Prelims Start**

30 MINUTES AFTER PRELIMS ENDS – TIME TRIALS START

4:00PM **COACHES:** Pool Opens for Finals Warm-up

4:00PM **SPECTATORS:** Stands open

4:00PM-7:00PM **SPECTATORS:** Ticket Sales – Box Office at Pool

4:15PM **OFFICIALS:** Officials/Timers Meeting & Officials Check-in - Events Center - Rm 1

4:00PM-5:00PM **COACHES:** Scratch Table Open for Day 5-Pool Deck: Scratch and Time Trial Room

4:00PM **COACHES:** Relay Table Open-Pool Deck: Scratch and Time Trial Room

5:00PM-6:00PM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4

5:00PM **ALL:** Competition Pool Closes

5:00PM **ALL:** Devotion and National Anthem

5:15PM **ALL: Finals Start with C, B, A Heats**

ESTIMATED SESSION END TIME: 7:45PM



SCHEDULE OF ACTIVITIES

YMCA NATIONAL SWIMMING CHAMPIONSHIP

THURSDAY: START OF DAY 4

Day's Event 401 Women's 500 Yard Freestyle
Day's Event 402 Men's 500 Yard Freestyle
Day's Event 403 Women's 200 Yard IM
Day's Event 404 Men's 200 Yard IM
Day's Event 405 Women's 50 Yard Freestyle
Day's Event 406 Men's 50 Yard Freestyle
Day's Event 407 Women's 800 Yard Freestyle Relay (Prelims fastest to slowest - Top seeded 2 heats swim at Finals Session)
Day's Event 408 Men's 800 Yard Freestyle Relay (Prelims fastest to slowest - Top seeded 2 heats swim at Finals Session)

6:00AM **COACHES:** Pool Opens Prelims Warm-up
6:00AM-11:00AM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4
7:00AM-11:00AM **SPECTATORS:** Ticket Sales – Box Office at Pool
7:00AM-10:00AM **COACHES:** Time Trial Table Open-Pool Deck: Scratch and Time Trial Room
7:00AM **SPECTATORS:** Stands Open
7:00AM-12:00PM **COACHES:** Scratch & Relay Table Open-Pool Deck: Scratch and Time Trial Room
7:30AM **OFFICIALS:** Officials/Timers Meeting & Officials Check-in - Events Center - Rm 1
8:30AM **ALL:** Competition Pool Closes
8:30AM **ALL:** Devotion and National Anthem
8:30AM **ALL: Moment of Remembrance**
8:30AM **ALL: 2022 Conrad Carroll Award Announcement**
8:45AM **ALL: Prelims Start**

30 MINUTES AFTER PRELIMS ENDS – TIME TRIALS START

4:00PM **COACHES:** Pool Opens for Finals Warm-up
4:00PM **SPECTATORS:** Stands open
4:00PM-7:00PM **SPECTATORS:** Ticket Sales – Box Office at Pool
4:15PM **OFFICIALS:** Officials/Timers Meeting & Officials Check-in - Events Center - Rm 1
4:00PM-5:00PM **COACHES:** Scratch Table Open for Day 5-Pool Deck: Scratch and Time Trial Room
4:00PM **COACHES:** Relay Table Open-Pool Deck: Scratch and Time Trial Room
5:00PM-6:00PM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4
5:00PM **ALL:** Competition Pool Closes
5:00PM **ALL:** Devotion and National Anthem
5:15PM **ALL: Finals Start with C, B, A Heats**

ESTIMATED SESSION END TIME: 8:15PM



SCHEDULE OF ACTIVITIES

YMCA NATIONAL SWIMMING CHAMPIONSHIP

FRIDAY: START OF DAY 5

Day's Event 501 Women's 200 Yard Butterfly
Day's Event 502 Men's 200 Yard Butterfly
Day's Event 503 Women's 100 Yard Freestyle
Day's Event 504 Men's 100 Yard Freestyle
Day's Event 505 Women's 100 Yard Breaststroke
Day's Event 506 Men's 100 Yard Breaststroke
Day's Event 507 Women's 400 Yard Freestyle Relay
Day's Event 508 Men's 400 Yard Freestyle Relay
Day's Event 509 Women's 1,650 Yard Freestyle (Prelims fastest to slowest - Top seeded heat swim first event at Finals)
Day's Event 510 Men's 1,650 Yard Freestyle (Prelims fastest to slowest - Top Seeded heat swim first event at Finals)

6:00AM **COACHES:** Pool Opens Prelims Warm-up
6:00AM-11:00AM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4
7:00AM-11:00AM **SPECTATORS:** Ticket Sales – Box Office at Pool
7:00AM-10:00AM **COACHES:** Time Trial Table Open-Pool Deck: Scratch and Time Trial Room
7:00AM **SPECTATORS:** Stands Open
7:00AM **COACHES:** Relay Table Open-Pool Deck: Scratch and Time Trial Room
7:30AM **OFFICIALS:** Officials/Timers Meeting & Officials Check-in - Events Center - Rm 1
8:30AM **ALL:** Competition Pool Closes
8:30AM **ALL:** Devotion and National Anthem
8:30AM ALL: 2023 Joseph G. Rogers Award Announced
8:30AM ALL: Coach of the Year Award
8:45AM ALL: Prelims Start

30 MINUTES AFTER PRELIMS ENDS – TIME TRIALS START

4:00PM **COACHES:** Pool Opens for Finals Warm-up
4:00PM **SPECTATORS:** Stands Open
4:00PM-7:00PM **SPECTATORS:** Ticket Sales – Box Office at Pool
4:15PM **OFFICIALS:** Officials/Timers Meeting & Officials Check-in - Events Center - Rm 1
4:00PM **COACHES:** Relay Table Open-Pool Deck: Scratch and Time Trial Room
5:00PM **ALL:** Competition Pool Closes
5:00PM **ALL:** Devotion and National Anthem
5:00PM ALL: Coach of the Meet Award
5:15PM ALL: Finals Start with C, B, A Heats

ESTIMATED SESSION END TIME: 8:45PM