



Ohio Swimming, Inc.

**2025 Short Course
Junior Championship Meet
and Time Trials**

Meet Information

**Held under the Sanction of USA Swimming, Inc.
Sanction #: OH-25SC-03 and OH-25SC-04TT**

**March 6-9, 2025
Mason, Ohio**

2025 Ohio Short Course Junior Championship Meet Event Information

March 6-9, 2025

Mason Municipal Aquatic Center, Mason, OH

Important Facts About the Meet

- **Entry Deadline: Tuesday, February 25, 2025, at Noon EST**
- **Entry Errors or Changes to Existing Entries Deadline: Wednesday, March 5, 2025, at Noon EST**
- The times qualification period for this event is from January 1, 2023, to Tuesday, February 25, 2026.
- Time Standards – All entries must be equal to or faster than the 2025 Ohio Junior Championship Time Standards (Appendix A)
- Time standards for Swimmers with a Disability – must be equal to or faster than the 2025 Swimmer with a Disability LSC Parallel Time Standards (Appendix A).
- Entry times shall be in short course yards (Y) or long course meters (L). No Converted Times will be accepted.
- **Entry Limits:** Swimmers may enter a maximum of 6 (six) Individual Events plus Relays (excluding time trials).
- OME will be used for all entries, including relays. The electronic event file will be available via the Junior Championship Meet page for team planning purposes.
- There is no Admission Charge for Ohio Championship Meets.
- The 11-14 individual events will be contested as Prelim/Final except for events $\geq 400Y$ and 11-12 200Y Breast, Back and Fly.
- All 400Y and over individual Timed Final events will be swum fastest to slowest in the Preliminary session. All Thursday events and Individual Events $\geq 500Y$ will additionally be swum alternating girl's and boy's heats in the preliminary sessions.
- All heats in 11 & over finals will be swum slowest to fastest.
- The 11 & Over Prelim/Finals Sessions will be run using 9 lanes. The 10 & under events will be contested as Timed Finals using 9 lanes.
- **Time Trials will only be conducted on Sunday, after Finals.**
- The Age Group Committee in consultation with the Meet Committee has the discretion to modify session warm-up and start times; determine the use of two pools vs one pool; and determine the use of starting at one end vs two ends. Any changes will be communicated to coaches within 48 hours past the meet entry deadline.
- **Automatic qualifiers: "Win it and Swim it". Regional Championship Individual Event champions automatically qualify to compete in their event at the Junior Championship Meet. See Entering the Meet Section for details.**
- Time trials will only be offered on Sunday following the finals session.
- All teams attending this Championship should be prepared to help staff the meet throughout the weekend. All teams will be notified of the expected positions to fill.
- **All Junior Champs Swimmers, Coaches and Officials must be verified USA Swimming members in good standing by 5:00 PM EST Monday March 3, 2025. There is no 'pending' status for membership.**
- **Deck Pass application deadline for Coaches is Monday March 3, 12:00 PM EST. Coaches will not be able to access the deck without a Deck Pass.**
- Swimmers and Coaches Responsibility – It shall be the swimmers and coaches' responsibility to acquaint themselves with all of the information contained in this meet information book and any information or changes announced at the Technical Meeting.

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Meet Administration	
Facility Address Mason Municipal Aquatic Center 6249 Mason Montgomery Rd. Mason, OH 45040	Meet Referee Curtis Onofri juniorchampsreferee@swimohio.com
Entry Chair Ohio Swimming Office juniorchamps@swimohio.com	Administrative Referee tbd juniorchampsreferee@swimohio.com
Meet Committee <ul style="list-style-type: none"> • Meet Referee • Coach • Athlete 	Age Group Committee Chair Bernard Vrancken agegroupchair@swimohio.com

Meeting Schedule	
Wednesday, March 5	Virtual Technical Meeting – 7:00 PM EST (Zoom link will be emailed to coaches) <i>All subsequent meetings/briefings will be announced</i>
Thursday, March 6	Officials' Meeting: 1 hour before the meet start time <i>All subsequent officials' briefings will be held 1 hour prior to the start of each session</i>

Disclaimers
It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Officials
<p>All USA Swimming certified officials willing to volunteer should fill out and submit the electronic Application to Officiate found on the Ohio Swimming website Junior Championship Event page.</p> <p>This meet <u>may</u> be an Officials Qualifying meet for certification at the N2 and N3 initial levels and for N2 and N3 re-certifications (QM). Officials wishing to be evaluated should indicate that in the Application to Officiate form available on the Ohio Swimming website Junior Championship Event page. Note: To be evaluated for certification or re-certification at any level, an official must work at least 4 sessions at the meet, even if the evaluation requirement is for only 2 or 3 sessions in a specific position.</p> <p>Special notice to those interested in obtaining National Certification as a Chief Judge, Starter, or Referee: First priority for assigned positions will be given to those seeking certification as well as a commitment to working all sessions of the meet. This better serves the athletes and provides a consistent training experience. Preference will also be given to those seeking either an N2 or N3 Evaluation. If the evaluation is for "Recertification", then one must work the minimum number of sessions in each position in which he/she is recertifying. For specific requirements, refer to the USA Swimming website, under Officials>National Certification & Evaluation.</p> <p>Official's uniform will be white over navy for all sessions. Shorts are permitted for Preliminaries. Long pants (men or women) or modest length skirts (women) will be worn for finals. White covered toe athletic or deck shoes for all sessions.</p>

**2025 SC Junior Championships - Order of Events
Short Course Yards
11 & Over Session**

Women's Events	Day 1 – Thursday pm	Men's Events
101	11-12 500 Free ^ +	102
103	13-14 1650 Free ^ +	104
15-minute break		
105	11-12 400 IM ^ +	106
107	13-14 800 Free Relay ^+	108
Women's Events	Day 2 – Friday	Men's Events
201 **	11-12 200 Back	202 **
203	13-14 100 Breast	204
205	11-12 50 Breast	206
207	13-14 200 Free	208
209	11-12 100 Free	210
211	13-14 100 Fly	212
213	11-12 50 Fly	214
215 *	13-14 400 IM ^	216 *
217	11-12 200 IM	218
219 **	13-14 400 Medley Relay	220 **
221 **	11-12 400 Medley Relay	222 **
Women's Events	Day 3 – Saturday	Men's Events
301 **	11-12 200 Free Relay	302 **
303 **	13-14 200 Free Relay	304 **
305 **	11-12 200 Fly	306 **
307	13-14 200 IM	308
309	11-12 100 IM	310
311	13-14 50 Free	312
313	11-12 50 Back	314
315	13-14 200 Breast	316
317	11-12 100 Breast	318
319	13-14 100 Back	320
321	11-12 200 Free	322
323 *	13-14 500 Free ^ +	324 *
325 **	11-12 200 Medley Relay	326 **
327 **	13-14 200 Medley Relay	328 **
Women's Events	Day 4 – Sunday	Men's Events
401 #	11-12 400 Free Relay	402 #
403 #	13-14 400 Free Relay	404 #
405 **	11-12 200 Breast	406 **
407	13-14 200 Back	408
409	11-12 100 Back	410
411	13-14 100 Free	412
413	11-12 50 Free	414
415	13-14 200 Fly	416
417	11-12 100 Fly	418
* Timed Final – Fastest 2 heats at Finals ** Timed Final – Fastest 1 heat at Finals # Timed Final – All relay heats during Prelims	^ Swimming fastest to slowest + Alternating girls and boys heats	

Warm-up/start times will be determined once entries are received and emailed to teams attending and posted on the Junior Championship Meet Page

**2025 SC Junior Championships - Order of Events
Short Course Yards
10 & Under Session**

Women's Events	Day 1 – Friday afternoon	Men's Events
251	10 & Under 50 Breast	252
253	10 & Under 100 Freestyle	254
255	10 & Under 50 Butterfly	256
257	10 & Under 200 Individual Medley	258
Women's Events	Day 2 – Saturday afternoon	Men's Events
351	10 & Under 200 Freestyle Relay	352
353	10 & Under 100 Individual Medley	354
355	10 & Under 50 Back	356
357	10 & Under 100 Breast	358
359	10 & Under 200 Freestyle	360
Women's Events	Day 3 – Sunday afternoon	Men's Events
451	10 & Under 200 Medley Relay	452
453	10 & Under 100 Back	454
455	10 & Under 50 Freestyle	456
457	10 & Under 100 Butterfly	458

Warm-up/start times will be determined once entries are received and emailed to teams attending and posted on the Junior Championship Meet Page

Facility Information	
Facility Address	Mason Municipal Aquatic Center 6249 S Mason-Montgomery Road Mason, OH 45040
Pool Information	The venue includes 2 competition pools, a 1 x 9 lane (25 yard) and a 1 x 11 lane (25 yard) pool. Water depth in both competition pools varies from 7' to 7'6". Omega Timing System and touchpads will be used throughout the competition. The meet host will ensure the required course dimensions.
Handicap Access	Accommodations for persons with disabilities may be arranged with advance notice.
Information/Lost & Found	A Lost & Found area will be available at the end of each session next to the pool deck entrance doors.
Medical Assistance and Supervision	Lifeguards are trained to handle water rescues and first aid on deck. AED devices are also available on site. Please report all first aid issues to the Aquatic Staff.
Facility Information	All swimmers and personnel on deck must have a deck pass to access the deck. No exceptions. Locker Rooms for 14 & under swimmers are located in the hallway adjacent to the pool area and will be clearly marked. No adults will be allowed in these locker rooms. The 14 & under locker room will be periodically monitored throughout the competition by meet personnel. Bathrooms for the public are located in 2 areas: (1) adjacent to the 14 & under locker rooms and (2) in the building across the breezeway from the pool entrance.
Parking	Parking is available in the adjacent lots and throughout Corwin Nixon Park.
Hospitality	Coaches & Officials' hospitality will be provided. The Hospitality room will be located under the spectator stands in the middle classroom.
Vendor	SwimOutlet will be available with swimsuits, goggles, etc. during a majority of the meet, unless circumstances prevent them from being on site. The vendor will be located adjacent to the bleachers, at the end of the pedestrian ramp, just past the scoreboard.
Concessions	A concessions area will be open throughout the meet. The concessions area is located in the breezeway just outside the pool entrance.

Organization Regulations	
USA Swimming Rules	<ul style="list-style-type: none"> At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet. Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices. Deck changes are prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Flash photography is not permitted at the start of any race. All adults associated with this competition, whether spectators, volunteers, coaches, officials or meet staff, acknowledge that they understand the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and will have an active role in keeping swimmers at this meet safe.

Organization Regulations	
Safe Sport 360	<ul style="list-style-type: none"> • The USA Center for Safe Sport program is a comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. • The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet. • Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.
Technical Suit Ban	<p>Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet. A Technical Suit is one that has the following components:</p> <ul style="list-style-type: none"> • Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or • Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.
Ohio State Laws that are applicable to Ohio Swimming sanctioned events	<ul style="list-style-type: none"> • Ohio's Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion. • There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4
Waiver/Release	<ul style="list-style-type: none"> • By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. • All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.
Deck Access	<ul style="list-style-type: none"> • The Meet Director and Meet Referee at each site reserve the right to limit deck access in the event of overcrowding, inappropriate behavior or for any reason concerning the safety of the efficient operation of the meet. USA Swimming Rules of Conduct will be strictly enforced. • Non-Athlete Registration cards do NOT grant access to the pool deck at any time. • Only Volunteers, Coaches and Officials signed up to work/attend the event will be permitted on deck. • Swimmers will NOT be allowed to access the pool deck at any time, without a coach member present.
Code of Conduct	<ul style="list-style-type: none"> • Each club is responsible for the conduct of its swimmers and parents. Any person who, in the opinion of the Meet Director, Meet Referee, or Meet Marshal, is harmful to others or to other's property will be required to leave the competition. • Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or any member of meet operations is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams. • Good sportsmanship is expected at all times. Bullying or taunting, foul language or derogatory behavior will not be tolerated and will be subject to immediate removal. All volunteers, spectators, coaches, officials and meet staff are expected to be respectful of others.

Organization Regulations	
Spectator Info	<p>Ohio Swimming will communicate to the Team Coaches directly, any updates about spectator attendance. Should conditions warrant that spectators are restricted, Ohio Swimming kindly asks for understanding in that decision, as it is Ohio Swimming's goal to allow all athletes to participate in this Championship Event, as competition between athletes is our utmost priority.</p> <p>All teams participating in this championship event will be expected to provide volunteers for the event.</p> <p>Ohio Swimming has the right to remove spectators from the facility or disqualify a swimmer from competition if facility protocols are not followed by swimmers and/or their families.</p>
Parental Access and Safe Sport Considerations for Athletes	<p>Should a parent need to access a child who is on deck, the child will be brought to the parent at the pool door or in case of emergency, the parent may be escorted to the child.</p>

Entering the Meet	
Eligibility	<ul style="list-style-type: none"> All contestants must be both (1) verified USA Swimming members and affiliated with Ohio Swimming Inc. and (2) must reside in the Ohio Swimming boundaries for a period of no less than 30 days prior to the Junior Championship meet. <u>The USA-S membership verification deadline for meet participants will be Monday March 3, 2025 5:00 PM EST.</u> No exceptions. USA-S memberships will not be verified at this meet or after this deadline. Any Ohio LSC swimmer, 14 years and under, with a time equal to or faster than the 2025 Ohio Junior Championship Time Standard, may enter the Junior Championship meet. (See Appendix A time standards). Any Ohio LSC Swimmer with a Disability, 14 years and under, with a time equal to or faster than the 2025 Swimmer with a Disability LSC Parallel Time Standard, may enter the Junior Championship meet (see Appendix A time standards). All swimmers must enter under a team affiliation or unattached. Those swimmers on a team, who switched clubs in the last 60 days before the Junior Championships, must swim as unattached, unless cleared by the OSI Permanent Office to affiliate with their team. Age on the first day of the meet will determine the age group in which a swimmer is entered. Entry times must be times from meets that are entered in the USA Swimming SWIMS database. See proof of times section in this meet information.
Automatic Qualifiers – “Win it and Swim it”	<ul style="list-style-type: none"> Qualifiers can only be from the 2025 SC Regional Championship Meets. These are individual event champions from the 2025 SC Regional Championship Meets who did not achieve a 2025 Junior Championship time standard in that event. If the individual event winner chooses not to enter the individual event at the 2025 SC Junior Championship meet, no “alternates” will take their place. Swimmers with a Disability also qualify as an automatic qualifier if they are an individual event winner in the swimmer with a disability category. Regional automatic qualifiers may only enter the same event(s) and age group at the 2025 SC Junior Championship meet. “Win it and Swim it” entrants must use their time from their qualifying regional event to enter the corresponding event at the 2025 SC Junior Championship. Please see the Entry Procedures for Automatic “Win it and Swim it” Qualifiers section for entry procedures.
Age Up Swimmers	<ul style="list-style-type: none"> A swimmer whose birthday occurs between the start of the Regional Meet attended/assigned to their team and the start of the Junior Championship Meet may enter the equivalent events at the Junior Championship meet for which they had the cut times in the younger age group. The entry time will be their qualifying time from the recent Regional Championship meet. Please see the Entry Procedures for Age Up Swimmers for entry procedures.

Entering the Meet

Entry Rules - General	<ul style="list-style-type: none">• By the act of entering this meet, each team and /or swimmer agrees to abide by USA Swimming Rules and Regulations.• Qualifying period: Only Short Course Yard (SCY) times or Long Course Meter (LCM) times achieved from January 1, 2023, until Tuesday, February 25, 2025, will be accepted.• Entries will be seeded as follows: Short Course Yards (SCY), Long Course Meters (LCM).• <u>There will be No Deck Entries at the Championship Meet.</u>• Once the psych sheets have been posted, there are no times updates or entry fee refunds for scratches.
Entry Procedures	<ul style="list-style-type: none">• Entry deadline is Tuesday, February 25, 2025, 12:00 PM EST, no exceptions.• USA Swimming's Online Meet Entry (OME) system will be used for all entries, including relays (hub.usaswimming.org/landing). OSI will provide an events file on the Junior Championship Meet page for team planning purposes.• Once entries have been exported from OME and imported into the Meet Manager database, entry fee summaries will be emailed to all teams.• Once you have checked out of OME, times may be modified up until the entry deadline, but events/athletes cannot be added or deleted.• The following must be emailed to the entry chair by the entry deadline:<ol style="list-style-type: none">1. Entry Summary Sheet (Appendix B)2. Age Up Swimmers and "Win it and Swim it" Swimmers (see below).• Please indicate on the Entry Summary form if you wish Ohio Swimming to invoice your team for their fees. If payment will be by check, check should be payable to: <u>Ohio Swimming</u>• All fees must be paid by the start of the meet. Teams will not be permitted to compete until all fees are paid in full. A check or copy of proof of payment (i.e., copy of a check request) can be emailed to the entry chair.• Please let the entry chair know if you are entering any Outreach athletes and indicate them on the entry summary form (Appendix B).
Entry Procedures for Age Up Swimmers	<ul style="list-style-type: none">• <i>If the aged-up swimmer achieved the qualifying time standard, then follow the General Entry Procedures above.</i>• If the swimmer did not achieve the qualifying standard in the higher age group, enter the swimmer under your roster in OME, but override the time(s) for those event(s) they did not make the qualifying time standard. Enter the following information in OME: (1) minimum qualifying time standard for the event(s) and (2) in the meet name field, enter "Age Up, [time achieved in the <u>previous</u> age group] (i.e. Age up 23.05Y).• Follow up with an email to include the following information:<ol style="list-style-type: none">1. Athlete name, birthdate, competition category (gender), age2. Listing of event(s) in the previous age group: previous age group, stroke, distance, and time achieved (11-12 Boys 50 Free 35.05Y)3. List of events wanting to be entered at meet: age group, stroke, distance, new event number (13-14 Boys 50 Free #312). The swimmer will be entered with their fastest time in the event, not at the cut.4. Include valid Proof of Time for cuts achieved in the previous age group. See the Proof of Entries section in this meet announcement.• <i>Age up entries will NOT be accepted unless all information is correctly provided above. <u>The follow up email serves to prove the overridden time(s) in OME.</u></i>
Entry Procedures for Automatic "Win it and Swim it" Qualifiers	<ul style="list-style-type: none">• <i>If the swimmer achieves the qualifying time standard, then follow the General Entry Procedures above.</i>• If the swimmer did not make the qualifying time standard, enter the swimmer under your roster in OME, but override the time(s) for those event(s) in which they won but did not make the qualifying time standard. Enter the following information in OME: (1) minimum qualifying time standard for the event(s) and (2) in the meet name field, enter: "WISI [Regional Meet location] (i.e. WISI Central Regional)• Follow up with an email to include the following information:<ol style="list-style-type: none">1. Athlete name, birthdate, competition category (gender), age2. Event description (stroke and distance), event number and time achieved at the Regional Championship.3. Event description (stroke and distance) and event number for entry to the 2025 SC Junior Championship.4. Valid proof of time. See the proof of entries section in this meet announcement.

Entering the Meet	
	<ul style="list-style-type: none"> • Entries will NOT be accepted/seeded into the meet unless all information is correctly provided above. <u>The follow-up email serves to prove the overridden time(s) in OME.</u>
Entry Procedure for Swimmers with a Disability	<ul style="list-style-type: none"> • Entry Procedures: <ol style="list-style-type: none"> 1. Enter the USA-S swimmer with a disability under your roster in OME but override the time(s) for their event(s). Enter the following information in OME: (1) minimum qualifying standard for the event(s) and (2) in the meet name field enter the following: "SWAD [meet name time was achieved]" (i.e. SWAD 2024 SC Regional) 2. Follow up with an email to the entry chair with the correct time achieved. <u>This follow-up email will serve to prove the overridden time(s) in OME.</u> 3. Submit the Accommodation/Modification Form for each swimmer with a disability entered into the competition (Appendix C) to the Entry Chair email listed in this meet announcement. • Swimmers with a disability will compete in prelims with able-bodied athletes; however, they will have a separate single championship heat at finals that will be contested after the able-bodied Championship heat. The Swimmers with a Disability Championship heat will be awarded separately to ninth place. Swimmers with a disability will be seeded into finals only if they swim the time standard listed in Appendix A. • Coaches must come to the resolution/admin table prior to the 30-minute scratch deadline for that event to declare the athlete's intent to be entered in Finals to be seeded.
Entry Fees	<ul style="list-style-type: none"> • Individual Events - \$12.00 per entry • Relay Events - \$20.00 per entry • OSI Championship Surcharge - \$25 per swimmer • Time Trials – \$24.00 per individual entry / \$30.00 per Relay entry. • Entry Fees for Championship Meets are established annually by the OSI Board of Directors. • Late Entry Fees - \$50 per individual or relay event (see below).
Entry Errors or Changes to Existing Entries	<p>Any team or athlete who missed the entry deadline, made an error in their entries, or wishes to change them will be permitted to enter late or make the change subject to the following requirements:</p> <ul style="list-style-type: none"> • Enter through OME under the title "2025 Ohio Junior Champs – Error/Change Entries." before noon on Wednesday, March 5, 2025 • \$50.00 administrative fee (per individual or relay event). The maximum admin fee is \$200. • These entries must be completed/checked out no later than noon on the day of the General Meeting. If proof of time is needed, it must be submitted by e-mail prior to the deadline. • Any late entries will be reseeded up until the time the meet programs have been printed (including programs printed for officials and coaches). If meet programs are not printed at the meet, late entries will only be reseeded until the time the meet is sent to Meet Mobile. After that time, late entries will be placed into an open lane only.
Entry Rules: Individual Events	<ul style="list-style-type: none"> • Swimmers may enter a maximum of six (6) Individual Events plus Relays (excluding time trials). • 11 & Over Swimmers may swim a maximum of three (3) individual events per day, plus relays (including time trials). • 10 & Under Swimmer may swim a maximum of six (6) individual events per day, plus Relays (including time trials). • All Entries must be equal to or faster than the 2025 Ohio Junior Championship Time Standards (as listed in Appendix A) • Times must be from meets that are entered in the USA Swimming SWIMS database.

Entering the Meet

Entry Rules: Relay Events	<ul style="list-style-type: none"> All relay entries must be equal to or faster than the 2025 Junior Championship Time Standards (as listed in Appendix A) Relay times must be times earned within the qualifying period for this meet and must be in the USA Swimming database. Three (3) relays per team may be entered per event. Only two (2) relay teams per event can score and/or swim at night, at Finals. Any swimmer may swim any stroke. A swimmer competing unattached may not be a member of a relay team. 13-14 400 Medley Relay teams that make the Junior Championship entry cut in the 400 MR event, will be automatically entered in equal number of 200 MR events, as a Bonus event(s), at the corresponding 400 MR team entry time for seeding purposes. After teams receive their entry summary from the Entry Chair, they can opt to scratch the 400 MR event and swim only the 200 MR at the meet. The Meet Admin team will properly adjust the 200 MR times to account for correct timelines.
Psych Sheets	<ul style="list-style-type: none"> A psych sheet will be posted on the event page no later than Friday February 28, 2025, by 5 pm. Teams are responsible for reviewing the psych sheet for errors. No time improvements will be updated or accepted for existing entries once the psych sheet has been posted.
Proof of Times	<ul style="list-style-type: none"> All entry times will be verified through the USA Swimming Online Meet Entry (OME) system. Swimmers who age up between the Regional and Junior Championship Meets or are automatic "Win it and Swim it" qualifiers will need to provide proof of times with their entries to be entered in the meet. <ol style="list-style-type: none"> Proof of time must come from the PDF meet results and display the meet name and sanction number (or approved/observation number) that was assigned to the meet. Proof of time cannot be provided from screenshots (JPEG, GIF, etc.), team management software (Team Unify, Team Manager, Swim Cloud, etc.), Meet Mobile or a meet management export file.
Deck Access for Coaches	<ul style="list-style-type: none"> All coaches that are attending the Age Group Championship meet must register for a Deck Pass via OME. This listing will be used for deck access at the meet and to receive your deck credentials. Deadline for requesting a Deck Pass is Monday March 3, 2025, 12:00 PM EST. Additional deck passes requested in OME via the initial or late entry period beyond the limits indicated below will be subject to a \$20 fee per pass <ul style="list-style-type: none"> 1-10 swimmers in individual events: 1 deck pass 11-20 swimmers in individual events: 2 deck passes 21-30 swimmers in individual events: 3 deck passes 31-40 swimmers in individual events: 4 deck passes 41-50 swimmers in individual events: 5 deck passes 51 or more swimmers in individual events: 6 deck passes If you did not apply for a Deck Pass prior to the Deck Pass deadlines, the fee will be \$200 at the door. Bring proof of membership to the meet to receive a deck pass for the meet. All coaches must be prepared to show proof of current membership when checking in to receive their deck pass.
Membership Requirement	<p>All meet directors, coaches and officials serving in an official capacity at this Championship event must be a pre-verified current member of USA Swimming and should be prepared to show a current USA Swimming membership card and photo identification (i.e., driver's license, passport, etc.) when signing in at the door to receive their Deck Pass. Failure to cooperate with the request will result in immediate ejection from the remainder of the event. All persons acting in any coaching capacity in a sanctioned event must be currently certified coach members of USA Swimming.</p>

Championship Procedures

Rules	<p>USA Swimming Rules and Regulations will govern the conduct of these Championships and will serve as the official guide for technical and procedural rules except as modified specifically herein.</p>
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Championship Procedures

Check-In	<ul style="list-style-type: none"> Coaches are responsible for all business conducted at the Technical Meeting. If, for any reason, you cannot attend the meeting, be sure to find out what occurred at the meeting. All swimmers entered in the 11-12 500 Free, 13-14 1650Y Free and 11-12 400 IM events must be positively checked-in prior to the scratch deadline in order to compete in the event.
Competition Guidelines & Meet Format 11 & Over Sessions	<ul style="list-style-type: none"> Except for the Relays and events designated as Timed Final Events in the Order of Events, the meet will be conducted in a Preliminary-Finals format with a Championship (A) and a Consolation (B) heat at Finals. The B Final will swim before the A Final. Alternates should be ready to swim in the B Final by reporting to the start area at least one (1) heat prior to the start of the event and identify themselves to the Referee or Chief Judge in the start area. Athletes will swim Timed Final events <u>as seeded by entry time</u>. They will not be permitted to override times, change their entry time, or down seed at the meet. Relays are timed finals with the top one heat swimming at night on Days 2-3. Relays on Day 4 are all contested in Prelims. All events contested on Day 1 (Thursday) will swim fastest to slowest, alternating between women and men. The 13-14 500 Free on Day 3 will swim fastest to slowest, alternating between women and men in the preliminary session. The fastest 2 heats each women and men, will be contested at finals. The 11-12 200Y Breast, Back and Fly will be Timed Finals with the fastest heat swimming at Finals. The preliminary sessions of these events will swim slowest to fastest. Fly-over starts may be used in preliminary session events at the discretion of the Meet Referee, in consultation with the meet committee. All 400Y and over Individual Timed Final events will be swum fastest to slowest in the Preliminary session. If a swimmer wants an official intermediate split from a longer distance event, they must notify the meet referee before the event and complete an Ohio Time Certification form. Swimmers with a Disability must meet the Swimmer with a Disability qualifying time standard (Appendix A) to be included in finals and score points. Qualifiers will be seeded in a separate championship heat at Finals.
Competition Guidelines & Meet Format for 10 & Under Sessions	<ul style="list-style-type: none"> All events will be contested as timed finals. Fly-over starts may be used at the discretion of the Meet Referee, in consultation with the meet committee. Nine (9) lanes will be used for the timed finals sessions.
Seeding	<ul style="list-style-type: none"> The seeding order for this meet will be SCY, LCM.
Warm-Up Procedures & Safety Guidelines	<ul style="list-style-type: none"> The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet and posted throughout the venue. Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their designees). Participating teams shall be assigned to specific lanes for the warm-up period based on number of participants. Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck. Warm-up procedures may be modified based on the number of swimmers in the meet and other safety and logistical concerns.
Protest Procedures	<p>All protests must be submitted in writing within 30 minutes following the contested race to the Meet Referee or their designee.</p>
Scratch Procedures	<ul style="list-style-type: none"> The scratch box will be located with the Clerk of Course during the meet. Scratch deadlines listed below. Any swimmer not appearing for an individual <i>preliminary</i> event, without officially scratching per meet guidelines, shall not be penalized; however, that event will be counted against their 7-event maximum for the meet and their 3 event per day maximum. Any relay team that fails to appear for a pre-seeded relay event shall not be penalized. Any swimmer qualifying for a consolation or championship final in an individual event who fails to compete in said final shall be barred from his/her next individual event, except as noted in USA Rule 207.11.6E. This rule also applies to timed final events where the top heat(s) are contested in the evening session.

Championship Procedures

	<ul style="list-style-type: none"> Failure to scratch consolation or championship finals according to the rules above shall result in a \$50.00 penalty fee per event against the swimmer if the event is his/her last event of the meet. The penalty fee shall be billed to the team's billing account. Entry fees for scratched events will not be refunded. 										
Scratch Deadlines 11 & Over Events:	<p>This event will follow the scratch rules as defined in section 207.11.6 of the USA Swimming Rules and Regulations with the following exceptions:</p> <p>INDIVIDUAL EVENTS: The scratch deadline for Individual Preliminary and Timed Final Events are as follows:</p> <ul style="list-style-type: none"> Thursday Timed Finals: Sixty (60) minutes prior to the session start time Friday Prelims: Thirty (30) minutes after the start of Thursday's Timed Finals Session Saturday/Sunday Prelims: Thirty (30) minutes after the time established for the start of the previous evening's finals session. <p>RELAY EVENTS: Relay scratch deadlines are as follows:</p> <ul style="list-style-type: none"> The scratch deadline for the Thursday 800 Free Relay shall be 60 minutes prior to the session start time. The scratch deadline for Friday relays will be 30 minutes after the start of Thursday's Timed Finals Session. The scratch deadline for Saturday/Sunday relays will be 30 minutes after the start of the previous evening's finals session. 										
Scratch Procedures 10 & under events:	<ul style="list-style-type: none"> Any swimmer or relay that fails to appear for a pre-seeded 10 & Under event shall not be penalized. 										
Relay Check-In Procedures:	<ul style="list-style-type: none"> All relays are conducted on a timed final basis. Each coach shall pick up relay entry forms from the Clerk of Course if not in their coach/team packet. On the Relay Entry Form, the Coach shall list the competing relay swimmers, their first and last names and order of swimming for each entered relay. Relay forms shall be returned to the Clerk of Course for tabulation according to the deadlines listed below: <ul style="list-style-type: none"> 10 & under: Thirty (30) minutes prior to the start of that day's session. 11 & overs: No later than one hour before the relay is contested. Relay order may be changed up to the time of the swim. 										
Scoring: 9 Lane Pool (18 places)	<table> <tr> <td><u>Individual Events:</u></td> <td><u>Relay Events:</u></td> </tr> <tr> <td>A (Final) 22-19-18-17-16-15-14-13-12</td> <td>A (Final) 44-38-36-34-32-30-28-26-24</td> </tr> <tr> <td>B (Consolation) 10-8-7-6-5-4-3-2-1</td> <td>B (Consolation) 20-16-14-12-10-8-6-4-2</td> </tr> <tr> <td colspan="2"><u>Swimmers With A Disability</u></td> </tr> <tr> <td colspan="2">A (Final) 10-8-7-6-5-4-3-2-1</td> </tr> </table>	<u>Individual Events:</u>	<u>Relay Events:</u>	A (Final) 22-19-18-17-16-15-14-13-12	A (Final) 44-38-36-34-32-30-28-26-24	B (Consolation) 10-8-7-6-5-4-3-2-1	B (Consolation) 20-16-14-12-10-8-6-4-2	<u>Swimmers With A Disability</u>		A (Final) 10-8-7-6-5-4-3-2-1	
<u>Individual Events:</u>	<u>Relay Events:</u>										
A (Final) 22-19-18-17-16-15-14-13-12	A (Final) 44-38-36-34-32-30-28-26-24										
B (Consolation) 10-8-7-6-5-4-3-2-1	B (Consolation) 20-16-14-12-10-8-6-4-2										
<u>Swimmers With A Disability</u>											
A (Final) 10-8-7-6-5-4-3-2-1											
Awards	<ul style="list-style-type: none"> Individual Events – Medals will be awarded to the top 8 finishers. Ribbons will be awarded to 9-16 place finishers. Relay Events - Medals will be awarded to the top 3 relay places. Ribbons will be awarded to 4-8 places. Outstanding Swimmer – An Outstanding Swimmer Award will be awarded for each gender to the swimmer who achieves the highest total of USA Swimming Power Points as calculated in the Meet Management Software. The announcement of the Outstanding Swimmer will be made at the meet and posted on the Ohio Swimming Junior Event Page. Individual High Point Plaques – High point plaques will be awarded for each gender and age group who achieves the highest point total using standard scoring. Team High Point Plaques – High Point plaques will be awarded for each gender and age group. Overall High Point Large and Small Team Awards shall be furnished by Ohio Swimming. Definitions for large and small team can be found in the OSI Policy Manual. ALL INDIVIDUAL AWARD PLAQUES WILL BE PRESENTED AT THE OHIO SWIMMING LSC RECOGNITION BANQUET. Awards must be picked up by teams by the end of the meet. Awards will not be mailed. 										
Pageantry 11 & over session	<ul style="list-style-type: none"> A ready area will be provided each evening on Friday, Saturday, and Sunday for the Championship A Final heat and fastest heat of timed final events contested at Finals in all individual events. Swimmers should report to the ready area 10 										

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	<p>minutes prior to the start of their event so they may parade to the starting blocks together. Music will be played during the parade. All Thursday events, consolation heats, and relays should report directly to the starting blocks for their races.</p> <ul style="list-style-type: none"> • Immediately following the Championship heat on Friday, Saturday, and Sunday, the top three (3) athletes/relays should report to the awards ready area to prepare for the presentation of medals. The presentation of medals will occur following the conclusion of the male championship heat for each pair of events. • The top three (3) winners from Thursday events will receive their medals at the beginning of the Friday Finals session. • Additional pageantry details/changes will be communicated at the technical meeting, if necessary.
<p>Pageantry 10 & under session</p>	<ul style="list-style-type: none"> • A ready area will be provided for the swimmers in the fastest (last) heat of all individual events. Swimmers should report to the ready area 10 minutes prior to the start of their event to be paraded to the starting blocks. Music will be played during the parade. All remaining heats of individual events and relays should report directly to the starting blocks for their races. • Immediately following the final (fastest) heat, the top eight (8) athletes and top three (3) relays should report to the awards ready area. The presentation of medals will occur following the conclusion of the final (fastest) male heat of each pair of events. • Relays heats will not be paraded to the blocks. • Additional pageantry details/changes will be communicated at the technical meeting, if necessary.
<p>10 & Under Parade of Champions / Spirit Awards</p>	<ul style="list-style-type: none"> • There will be a Parade of Champions before warm-ups. The day will be identified in the meet notes after entries have been received. • Ballots will be available at the scoring table to vote on the team with the most spirit. There will be 1st, 2nd, and 3rd place awards for the teams with the most spirit. Come dressed up and prepared for the parade as soon as the deck opens. • The theme for the 2025 SC Junior Championship meet will be communicated via the SC Junior Champs website.
<p>Psych Sheet Warm-up Schedule Results</p>	<ul style="list-style-type: none"> • The following information will be published at www.swimohio.com <ol style="list-style-type: none"> 1. Psych Sheets 2. Warm-up Schedule 3. Results 4. Final Results, Team Manager Results file, and Meet Manager Backup file • The final warmup and meet start times will be published on the meet event page once all entries are received. 11 & over preliminary sessions will be in the morning. 10 & under sessions will be in the afternoon. The Thursday session warmups will begin no earlier than 2:00 PM. Teams may anticipate it will be similar to previous years.
<p>Time Trials</p>	<ul style="list-style-type: none"> • <i>Junior Championship meet participants will have priority entry for time trials.</i> • Time Trials will be conducted on Sunday only following Finals beginning 10 minutes following the conclusion of finals. • Time Trial session will be limited to one (1) hour. • Signups for Time Trials will close no later than one (1) hour prior to the end of Sunday's Finals session according to the estimated timeline; or when the timeline reaches the one-hour limit. The time will be communicated to coaches in the General Meeting. • Meet Participants are limited to three (3) individual events for 11 & overs and six (6) individual events for 10 & unders per day, including Time Trials. A declared false start is counted toward the limits. • Events will be swum in meet order. Event order may be modified for ease of seeding and timeline control. • Time Trials for non-meet participants: <ol style="list-style-type: none"> 1. Procedure for membership verification for non-meet participants wanting to time trial at this event, will be communicated to all teams in advance of the meet. 2. Are open to current athlete members of Ohio Swimming, Inc, only if the timeline allows. Be prepared to show PROOF of current membership with USA Swimming, in good standing at the time of sign-up for time trials. 3. Are limited to individuals attempting to achieve a published National Cut (USA Zone, Y Zone, Sectional, Futures, Junior National, Y Nationals, US Open or Senior National). Entry times for time trials should be within ½ second per 50 yards/meters of the published Time Standard. • The Meet Referee and/or Meet Director have full discretion and authority to review Time Trial entries and limit to meet participants only, if timelines warrant.

Ohio Swimming 2025 Short Course Junior Championships Qualifying Times						
GIRLS				BOYS		
13-14	11-12	10 & Under	Event	10 & Under	11-12	13-14
26.09	28.49	32.39	50 Free	32.39	28.09	24.49
56.89	1:00.99	1:11.99	100 Free	1:13.49	1:00.99	53.49
2:02.79	2:13.99	2:41.59	200 Free	2:41.59	2:14.99	1:55.49
5:28.29	5:54.99		500 Free		5:54.99	5:16.89
11:32.99			1000 Free (qual time for 1650 Free)			10:48.99
19:10.49			1650 Free			18:30.29
	32.49	37.69	50 Back	38.99	33.39	
1:03.39	1:10.09	1:22.39	100 Back	1:23.19	1:10.29	1:00.79
2:17.89	2:28.59		200 Back		2:30.69	2:13.99
	36.79	43.19	50 Breast	44.59	38.19	
1:12.39	1:20.59	1:37.29	100 Breast	1:39.69	1:23.79	1:08.59
2:39.99	2:59.99		200 Breast		2:59.99	2:31.49
	31.29	37.79	50 Fly	38.39	31.59	
1:02.89	1:11.29	1:32.19	100 Fly	1:33.79	1:12.99	59.59
2:25.59	2:45.39		200 Fly		2:54.89	2:19.99
	1:10.99	1:23.09	100 IM	1:24.09	1:11.99	
2:19.99	2:29.99	3:01.49	200 IM	3:01.49	2:30.99	2:12.19
4:56.29	5:29.99		400 IM		5:29.99	4:47.19
1:47.49	1:52.79	2:10.09	200 Free Relay	2:12.19	1:54.59	1:40.89
3:52.49	4:05.09		400 Free Relay		4:05.99	3:41.59
8:13.59			800 Free Relay			8:00.39
See 400 MR	2:08.29	2:30.79	200 Med Relay	2:35.29	2:12.59	See 400 MR
4:20.49	4:40.09		400 Med Relay		4:50.53	4:08.69
Approved May 2022						

Individual Entries Limited to 7 Individual Events

Ohio Swimming 2025 Long Course Junior Championships Qualifying Times						
GIRLS			Event	BOYS		
13-14	11-12	10 & Under		10 & Under	11-12	13-14
29.79	31.79	36.59	50 Free	37.19	32.29	28.09
1:04.59	1:10.09	1:23.59	100 Free	1:24.59	1:10.99	1:01.59
2:19.99	2:35.49	3:02.99	200 Free	3:06.89	2:36.19	2:14.79
5:02.99	5:30.79		400 Free		5:29.99	4:48.99
10:32.09			800 Free (qual time for 1500 Free)			10:04.89
20:34.89			1500 Free			19:26.79
	37.79	44.09	50 Back	43.99	38.49	
1:14.29	1:22.09	1:36.99	100 Back	1:37.99	1:22.09	1:11.29
2:39.99	2:53.29		200 Back		2:56.69	2:35.99
	43.59	52.49	50 Breast	52.69	44.39	
1:25.69	1:35.59	1:52.99	100 Breast	1:57.99	1:37.49	1:22.99
3:07.29	3:25.99		200 Breast		3:26.99	3:01.39
	35.29	43.29	50 Fly	44.29	36.99	
1:12.89	1:22.39	1:47.69	100 Fly	1:52.99	1:23.99	1:09.49
2:50.39	3:17.29		200 Fly		3:28.59	2:42.99
2:39.99	2:58.29	3:32.99	200 IM	3:34.99	2:58.99	2:31.29
5:43.99	6:27.99		400 IM		6:29.59	5:28.99
2:05.19	2:10.59	2:27.19	200 Free Relay	2:31.09	2:11.89	1:57.99
4:27.99	4:44.79		400 Free Relay		4:48.99	4:16.19
9:42.09			800 Free Relay			9:21.99
(See 400 MR)	2:30.59	2:51.99	200 Med Relay	2:58.89	2:33.09	(See 400 MR)
5:08.19	5:32.79		400 Med Relay		5:38.39	4:57.99
Approved July 2022						

Individual Entries Limited to 7 Individual Events

2025 Swimmer with a Disability LSC Parallel Time Standards

Parallel Time Standards for Swimmers With A Disability - LSC																	
Para 1	Girls									Boys							
P1 - non-ambulatory (wheelchair bound): limited use of all four extremities	10 & U P1		11-12 P1		13-14 P1		15 & O P1		P1	10 & U P1		11-12 P1		13-14 P1		15 & O P1	
	SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM		SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM
	1:44.49	1:44.49	1:34.69	1:34.69	1:26.19	1:26.19	1:24.89	1:24.89	50 FR	1:39.29	1:39.29	1:30.29	1:30.29	1:21.29	1:21.29	1:18.29	1:18.29
	3:39.19	3:39.19	3:18.59	3:18.59	3:00.79	3:00.79	2:58.09	2:58.09	100 FR	3:44.19	3:44.19	3:23.79	3:23.79	3:03.49	3:03.49	2:56.69	2:56.69
	8:44.89	8:44.89	7:55.69	7:55.69	7:12.99	7:12.99	7:06.49	7:06.49	200 FR	6:09.09	6:09.09	5:35.59	5:35.59	5:01.99	5:01.99	4:50.89	4:50.89
	2:03.59	2:03.59	1:51.99	1:51.99	1:41.99	1:41.99	1:40.39	1:40.39	50 BK	1:22.89	1:22.89	1:15.39	1:15.39	1:07.89	1:07.89	1:05.39	1:05.39
	3:47.19	3:47.19	3:25.89	3:25.89	3:07.49	3:07.49	3:04.59	3:04.59	100 BK	3:01.19	3:01.19	2:44.69	2:44.69	2:28.19	2:28.19	2:22.69	2:22.69
	1:54.39	1:54.39	1:43.63	1:43.63	1:34.39	1:34.39	1:32.99	1:32.99	50 BR	1:29.59	1:29.59	1:21.49	1:21.49	1:13.29	1:13.29	1:10.59	1:10.59
	5:26.29	5:26.29	4:55.69	4:55.69	4:29.19	4:29.19	4:25.19	4:25.19	100 BR	4:19.99	4:19.99	3:56.39	3:56.39	3:32.69	3:32.69	3:24.89	3:24.89
	3:03.89	3:03.89	2:46.69	2:46.69	2:31.79	2:31.79	2:29.49	2:29.49	50 FL	2:48.09	2:48.09	2:32.79	2:32.79	2:17.49	2:17.49	2:12.39	2:12.39
7:35.89	7:35.89	6:53.15	6:53.15	6:16.19	6:16.19	6:10.49	6:10.49	150 IM	7:30.09	7:30.09	6:49.19	6:49.19	6:08.19	6:08.19	5:54.59	5:54.59	
Parallel Time Standards for Swimmers With A Disability - LSC																	
Para 2	Girls									Boys							
P2 - dwarfism, multiple limb deficiencies, ambulatory with assistance, can be wheelchair bound with high functioning upper body.	10 & U P2		11-12 P2		13-14 P2		15 & O P2		P2	10 & U P2		11-12 P2		13-14 P2		15 & O P2	
	SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM		SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM
	56.89	59.79	51.49	54.19	46.89	49.39	46.19	48.59	50 FR	53.99	56.79	49.09	51.69	44.19	46.49	42.59	44.79
	2:06.59	2:13.19	1:54.69	2:00.69	1:44.39	1:49.89	1:42.79	1:48.19	100 FR	1:59.09	2:05.29	1:48.29	1:53.99	1:37.39	1:42.59	1:33.79	1:38.79
	4:20.49	4:34.19	3:56.09	4:08.49	3:34.89	3:46.29	3:31.69	3:42.79	200 FR	4:11.89	4:25.09	3:48.49	4:00.99	3:26.09	3:36.89	3:18.49	3:28.89
			9:37.09	7:51.09	8:45.39	7:08.89	8:37.49	7:02.39	400/500 FR			9:37.89	7:51.69	8:40.09	7:04.49	8:20.79	6:48.79
	1:09.09	1:12.69	1:02.59	1:05.89	56.99	59.99	56.09	59.09	50 BK	1:01.09	1:04.29	55.49	58.39	49.99	52.59	48.09	50.69
	2:39.79	2:48.19	2:24.79	2:32.49	2:11.89	2:18.79	2:09.89	2:16.69	100 BK	2:32.79	2:40.89	2:18.89	2:26.29	2:05.09	2:11.59	2:00.39	2:06.79
			4:58.79	5:14.49	4:31.99	4:46.29	4:27.89	4:41.99	200 BK			4:20.89	4:34.59	3:54.79	4:07.09	3:46.09	3:57.99
	1:12.09	1:15.89	1:05.49	1:08.89	59.59	1:02.69	58.69	1:01.69	50 BR	1:09.19	1:12.79	1:02.89	1:06.19	56.59	59.59	54.49	57.39
2:39.99	2:48.39	2:24.99	2:32.59	2:11.99	2:18.89	2:09.99	2:16.79	100 BR	2:33.39	2:41.49	2:19.49	2:26.79	2:05.49	2:12.09	2:00.89	2:07.19	
		5:17.19	5:34.19	4:24.89	4:38.79	4:44.69	4:59.59	200 BR			5:00.99	5:16.79	4:30.89	4:45.09	4:20.89	4:34.59	
1:09.59	1:13.19	1:03.09	1:06.39	57.39	1:00.39	56.59	59.49	50 FL	55.89	58.79	50.79	53.49	45.69	48.09	43.99	46.39	
2:58.89	3:08.29	2:42.09	2:50.59	2:27.59	2:35.29	2:25.39	2:32.99	100 FL	2:55.29	3:04.49	2:39.39	2:47.79	2:23.39	2:30.99	2:18.09	2:25.39	
5:31.79	5:49.19	5:00.59	5:16.39	4:33.69	4:48.09	4:29.59	4:43.69	200 IM	5:12.39	5:28.89	4:43.99	4:58.99	4:15.59	4:29.09	4:06.19	4:19.09	
Parallel Time Standards for Swimmers With A Disability - LSC																	
Para 3	Girls									Boys							
P3 - single limb deficiencies, visual impairments, intellectual impairments, ambulatory without significant assistance.	10 & U P3		11-12 P3		13-14 P3		15 & O P3		P3	10 U P3		11-12 P3		13-14 P3		15 & O P3	
	SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM		SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM
	44.09	48.89	39.89	44.29	36.39	40.39	35.79	39.69	50 FR	39.79	44.19	36.19	40.19	32.59	36.19	31.39	34.79
	1:33.89	1:44.29	1:25.09	1:34.49	1:17.49	1:26.09	1:16.39	1:24.79	100 FR	1:26.49	1:36.09	1:18.59	1:27.29	1:10.79	1:18.59	1:08.09	1:15.69
	3:51.49	4:17.19	3:29.79	3:53.09	3:10.99	3:32.19	3:08.09	3:28.99	200 FR	3:17.69	3:39.59	2:59.69	3:19.69	2:41.69	2:59.59	2:35.79	2:53.09
	8:46.89	7:43.19	7:57.59	6:59.79	7:14.79	6:22.19	7:08.19	6:16.39	400/500 FR	8:31.99	7:30.09	7:45.49	6:49.19	6:58.99	6:08.29	6:43.49	5:54.69
			18:00.49	15:19.59	16:32.09	14:04.39	16:18.49	13:52.79	800/1000 FR			18:21.59	15:37.49	16:31.39	14:03.69	15:54.69	13:32.49
			32:31.69	30:29.19	30:01.09	28:08.19	29:37.99	27:46.39	1500/1650 FR			34:04.19	31:55.79	30:39.71	28:44.19	29:31.53	27:40.29
	53.39	59.29	48.39	53.69	44.09	48.99	43.39	48.19	50 BK	45.59	50.69	41.49	46.09	37.29	41.49	35.89	39.89
	1:52.49	2:04.99	1:41.99	1:53.29	1:32.89	1:43.19	1:31.49	1:41.59	100 BK	1:36.09	1:46.79	1:27.39	1:37.09	1:18.59	1:27.39	1:15.69	1:24.09
		4:04.79	4:31.89	3:42.99	4:07.69	3:39.59	4:03.89	200 BK			3:29.49	3:52.79	3:08.59	3:29.49	3:01.59	3:21.79	
56.79	1:03.09	51.49	57.19	46.79	51.99	46.09	51.19	50 BR	49.79	55.29	45.29	50.29	40.79	45.29	39.29	43.59	
1:59.69	2:12.99	1:48.49	2:00.49	1:38.69	1:49.69	1:37.19	1:47.99	100 BR	1:50.59	2:02.89	1:20.49	1:51.69	1:30.49	1:40.49	1:27.19	1:36.79	
		4:20.29	4:49.19	3:56.99	4:23.29	3:53.29	4:19.19	200 BR			3:40.09	4:04.49	3:18.09	3:40.09	2:56.09	3:31.89	
48.29	53.59	43.69	48.49	39.79	44.19	39.19	43.49	50 FL	43.29	48.09	39.29	43.69	35.39	39.29	31.49	37.89	
1:41.69	1:52.89	1:32.09	1:42.29	1:23.89	1:33.19	1:22.59	1:31.69	100 FL	1:30.89	1:40.99	1:22.79	1:31.99	1:14.39	1:22.59	1:06.09	1:19.59	
		3:40.99	4:05.49	3:21.39	3:43.69	3:18.09	3:40.09	200 FL			3:29.19	3:52.39	3:08.29	3:29.19	2:47.39	3:21.39	
3:57.99	4:24.39	3:35.69	3:59.59	3:16.29	3:38.09	3:19.39	3:34.79	200 IM	3:29.69	3:52.99	3:10.69	3:31.79	2:51.59	3:10.69	2:32.49	3:03.59	
		8:34.59	9:25.49	7:48.39	8:34.69	7:41.39	8:26.99	400 IM			7:46.79	8:20.09	6:56.79	7:30.09	6:40.09	7:13.39	

2025 Short Course Junior Championship Summary of Fees/Release Form

Submit this form by email to juniorchamps@swimohio.com by the OME entry deadline.

Team Name	
Club Representative Name & Email (for questions about entries)	
Coach Name (main contact for meet)	
Coach Phone	
Coach Email (this will be the main contact for the meet)	

Financial Summary

Item	Total #	Cost per	Total
Individual Entries (exclude Outreach)		\$12.00 per event	
Relay Entries		\$20.00 per relay	
OSI Swimmer Surcharge (exclude Outreach)		\$25.00 per swimmer	
Misc Fees (late charges and fees)		\$50 per event (max \$200)	
Total Fees Due			

Please list any Outreach Swimmers Below:

(Outreach fees can be subtracted from your team totals above)

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach, or team representative, verify that all the swimmers listed on the enclosed entry and coaches attending the meet are current USA Swimming members **IN GOOD STANDING**. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Ohio Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. The City of Mason, Mason High School, Mason Manta Rays, Ohio Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

Signature (Coach or Club Representative)

Club Title (Coach etc)

Name of Club

Date

Make checks payable to:

Ohio Swimming
5020 B College Corner Pike
Oxford, OH 45056

Please invoice my team account

Ohio Swimming Meet Accommodation/Modification Form for Swimmer with a Disability

Meet Name:	
Date of Meet:	
Team:	
Swimmer's Name:	
Swimmer's Ability Grouping (P1, P2, P3)	
Coach's Name:	
Coach Cell:	

What, if any, accommodations are needed for the swimmer (include access to facility) up to the time they arrive at the starting block?

What modification of the technical rules per Article 105 (in accordance with 105.1.2) are needed for the swimmer with a disability for this event?

Event #	Description	Modification(s) Per Article 105

Please send a copy of this for to both the meet entry chair and Referee for the Meet.