

2026 Qualification Times–State & SJSL Gold Championship

Girls	Distance	Stroke	State	SJSL GOLD	Boys	Distance	Stroke	State	SJSL GOLD
Girls	25	Free	21.00	28.50	Boys	25	Free	21.00	31.00
8 & U	50	Free	48.00	1:11.00	8 & U	50	Free	47.50	1:11.50
2026	100	Free	1:46.50	2:20.00	2026	100	Free	1:47.00	2:30.00
	25	Fly	26.00	40.00		25	Fly	26.50	44.00
	25	Back	26.00	33.50		25	Back	26.00	38.00
	25	Breast	29.00	39.50		25	Breast	28.50	43.00
	100	IM	2:04.00	2:55.00		100	IM	2:05.50	2:55.00
Girls	50	Free	39.00	46.00	Boys	50	Free	38.50	46.00
9 & 10	100	Free	1:28.00	2:00.00	9 & 10	100	Free	1:29.00	2:07.00
2026	200	Free	3:15.50	4:10.00	2026	200	Free	3:20.00	4:00.00
	50	Fly	46.50	1:03.00		50	Fly	48.50	1:08.00
	50	Back	47.00	1:03.00		50	Back	48.50	1:05.00
	50	Breast	52.00	1:11.00		50	Breast	53.00	1:14.00
	100	IM	1:42.50	2:14.00		100	IM	1:43.50	2:15.00
Girls	50	Free	35.00	40.50	Boys	50	Free	34.50	43.50
11 & 12	100	Free	1:17.50	1:47.00	11 & 12	100	Free	1:17.00	1:47.00
2026	200	Free	2:54.00	4:00.00	2026	200	Free	2:58.50	4:00.00
	50	Fly	39.50	1:00.00		50	Fly	40.50	1:00.00
	50	Back	42.50	1:00.00		50	Back	42.50	1:04.00
	50	Breast	46.00	59.00		50	Breast	46.00	1:01.00
	100	IM	1:29.00	2:05.00		100	IM	1:32.00	2:05.00
Girls	50	Free	33.00	NA	Boys	50	Free	31.00	NA
13 & 14	100	Free	1:13.00	NA	13 & 14	100	Free	1:10.00	NA
2026	200	Free	2:44.00	NA	2026	200	Free	2:42.00	NA
	400	Free	5:55.00	NA		400	Free	5:50.00	NA
	100	Fly	1:29.00	NA		100	Fly	1:30.00	NA
	100	Back	1:26.00	NA		100	Back	1:26.00	NA
	100	Breast	1:36.00	NA		100	Breast	1:31.50	NA
	200	IM	3:07.50	NA		200	IM	3:05.50	NA
Girls	50	Free	32.50	NA	Boys	50	Free	29.50	NA
15 & 16	100	Free	1:11.50	NA	15 & 16	100	Free	1:05.50	NA
2026	200	Free	2:40.50	NA	2026	200	Free	2:30.00	NA
	400	Free	5:50.00	NA		400	Free	5:38.00	NA
	100	Fly	1:28.00	NA		100	Fly	1:18.50	NA
	100	Back	1:24.50	NA		100	Back	1:20.00	NA
	100	Breast	1:34.50	NA		100	Breast	1:27.00	NA
	200	IM	3:03.50	NA		200	IM	2:51.50	NA
Girls	50	Free	33.50	NA	Boys	50	Free	29.50	NA
17 & 18	100	Free	1:14.00	NA	17 & 18	100	Free	1:06.00	NA
2026	200	Free	2:45.00	NA	2026	200	Free	2:40.50	NA
	400	Free	5:55.00	NA		400	Free	5:55.00	NA
	100	Fly	1:34.00	NA		100	Fly	1:31.00	NA
	100	Back	1:27.00	NA		100	Back	1:27.50	NA
	100	Breast	1:37.50	NA		100	Breast	1:31.50	NA
	200	IM	3:10.00	NA		200	IM	3:03.50	NA