



JULY 14TH EDITION

Last regular meet of the season at Woodbourne was a great one - the Wave was able to host first meet at Woodbourne's pool this season!

Right before the season started, Woodbourne's boiler room had a fire—which affected the pool's heating system. They were without a pool the majority of the season, so the Gators came to the rescue and allowed the Wave to share pool space with us. With the summer temperatures finally on the rise, the unheated pool finally warmed up enough to bring the Wave back for practice and finally host a meet of their own this season. We all had a great day — as the Wave showed the Gators a tremendous amount of gratitude! As well as some great competition, great sportsmanship, kickboard race for some of the littles—a great way to end the regular season!



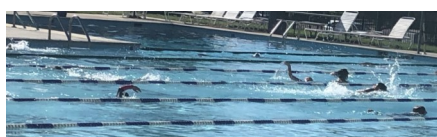
RECORD BREAKER



Elise Ballantyne (11-12) broke one of the oldest Gator records on the books Saturday! Her 100 backstroke time of 1:28.65 broke a 31-year-old record by more than 10 seconds! (previous record was 1:39.38 set in 1988.) Make sure to check out the record board inside the front doors by the pool desk! Way to go Elise!

ENDURANCE CHALLENGE

Tuesday's Endurance Challenge & breakfast was a huge success! It's incredible how far these kids can swim at this point in the season! Thanks to all of the parents who counted laps (72.3 total miles!) and thanks to everyone who brought food for the Gators to chomp on!



Endurance Challenge 2019

The Gators swam 72.3 miles!

76 swimmers swam 2,386.5 laps in 1.5 hours
33 laps = 1,650 meters = 1 swimming mile

Most laps completed by individual swimmers (10 & under swam 1/2 hour, 11 & older swim 1 hour):

8 & Under
 Emily Gradwohl and Reagan Martin – 19
 Cole Benson and Liam Grant - 17

9-10
 Sawyer Katsanis (swam 1 hr) – 48
 Aubrey Herzfeld - 21
 Cash Williamson - 18

11-12
 Elise Ballantyne – 52
 Sage Suazo - 50

13-14
 Anna Masiello – 58

15-18
 Avery Campbell and Jackie Mudd – 79
 Drew Aparicio – 79



THIS WEEK IN GATOR LAND



LEAGUE CHAMPIONSHIPS

This year, we have a new format for our League Championships meet. Instead of hosting a separate Spirit meet, and then a marathon league meet - the South Jeffco Swim League will now have all (eligible) swimmers compete in prelims on Tuesday & Wednesday, with the top 16 from each race advancing to Saturday's championship finals at Governor's Ranch. We feel this allows all of the swimmers to participate in League, while also provide a fair and competitive format for everyone. Swimmers must have competed in 2 regular season meets to be entered in the prelims / and swimmers MUST compete in the prelims sessions to qualify for Saturday. (A team can't have more than 4 swimmers in each of the finals on Saturday.) If you have any questions - please reach out to Coach Meagan or visit our website where there is additional information and guidelines about the format of the meet. We think this is going to be the best League Championships ever!

Shirts & heat sheets will be available for purchase at prelims as well as finals!

TUESDAY @ GRANT RANCH

(7:00am start / 6:00am & 6:30am warmup)

8 & Under Boys & Girls
9/10 GIRLS only
15-18 Boys & Girls

WEDNESDAY @ PLATTE CANYON

(7:00am start / 6:00am & 6:30am warmup)

9/10 BOYS ONLY
11/12 Boys & Girls
13/14 Boys & Girls

SATURDAY @ GOVERNORS RANCH

(7:00am start / 6:00am & 6:30am warmup)

LEAGUE CHAMPIONSHIP FINALS
Top 16 qualifiers for all age divisions will compete

LOOKING AHEAD

STATE QUALIFIER DINNER

The Gators will host a team dinner for all State Qualifiers and their families on

Thursday, July 25th at 6:00pm
at the Governors Ranch clubhouse

More details will be provided after this week's league meet!


KEEP CALM
TEAM DINNER
IS ON



COLORADO STATE SUMMER CLUB SWIMMING ASSOCIATION STATE SWIM MEET

STAPLETON'S RUNWAY 35 POOL
8863 East 47th Ave. Denver, CO 80238

2019 CSSCSA State Championships

July 26-28, 2019

2019 State Meet Schedule

Friday July 26th Day 1 -- 400 Freestyle, 13&14, 15&16, 17&18, Event #1-6

Saturday July 27th Day 2 -- Lower Division, 12&under, Event #7-60

Sunday July 28th Day 3 -- Upper Division, 13&older, Event #61-110

More info at

www.Statemeet.com

TEAM BANQUET—SUNDAY, AUGUST 18TH 10:00AM