

JULY 1, 2024

# Woodley Warriors Weekly

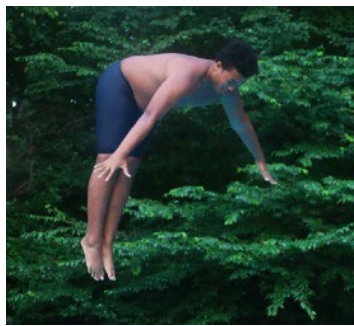
WW vs. Highland Park (Dive) & Fairfax Club Estates (Swim)



## Red, White, and BLUE!

The Dive Team hosted Highland Park at home last Tuesday and improved their record in Division 4 to 2-0! Coach Ginger led the

Warriors to a Victory with a final score of 50-21! Wins were amongst all age groups and both Freshman and Intermediate Girls had sweeps!



Coach Abby had a busy week with the Swim Team traveling back to Sideburn Run on Wednesday for Division 13 Relay Carnival and then to Fairfax Club Estates for the Saturday A Meet. The Warriors took 5th place overall in Relay Carnival and were defeated by the Fairfax Flippers in the A Meet with a final score of 254-165. Despite the losses, the team spirit remains a 10 out of 10 and the effort in the races continues to be noted by all! Keep it up!

### RECORD BREAKER!

**CONGRATULATIONS** to *Kate Harrington* for a new Team Record at the B meet in Girls 15-18 Free with a time of 28.15!



## RELAY RACE WINS!

Boys 8&U 100 Free: J. Temme, G. Reighard, T. Boulter, T. LaMonica.  
Boys 11-12 100 Medley: M. Whitecar, B. Lum, M. McCall, P. Thiede  
Girls 13-14 100 Medley: F. Jones, E. Temme, R. Woods, T. Clark.  
Girls Mixed Age 200 Free: A. Laboy, E. Woods, R. Woods, K. Harrington



## EVENT WINNERS

### DIVE WINNERS

Emerie Woods, Freshman  
Kai Boulter, Freshman  
MJ Whitecar, Junior  
Elin Temme, Intermediate  
Ben Pollack, Intermediate  
Eliza Pollack, Senior

### SWIM DOUBLE EVENT WINNERS

Tobin Boulter (free, breast)  
Aurora Davison (free, fly)  
Emerie Woods (free, back)  
Rylan Woods (free, back)

### SWIM SINGLE EVENT WINNERS

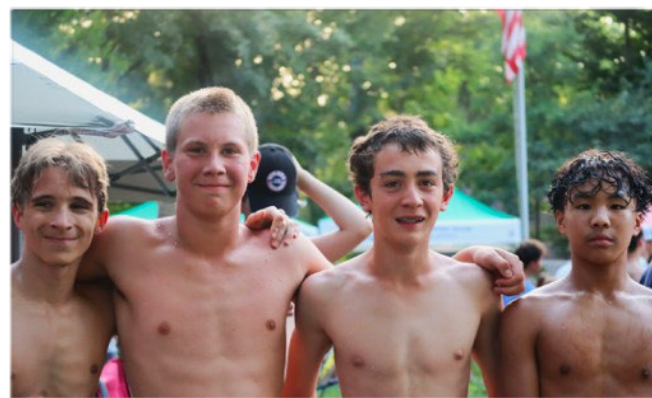
Brandon Haase (fly)  
Kate Harrington (free)  
Meghan Hetmanski (breast)  
Eloise Jones (breast)  
Avery Laboy (free)  
Theo LaMonica (fly)  
Elin Temme (breast)  
Scarlet Temme (breast)  
Joseph Thiede (breast)

### DIVE SWEEPS!

*FRESHMAN GIRLS:* E. Woods, E. Erwin, M. Hetmanski  
*INTERMEDIATE GIRLS:* E. Temme, R. Woods, E. Ahern

## Tie Dye Day

We will have our annual Swim & Dive Team Tie Dye Day after practice this coming Friday! Come and show your Woodley spirit and colors! Be prepared to tie dye t-shirts, socks, towels, pillowcases or pretty much anything you want to add some color to. Siblings are welcome to join in on the fun. Rubber bands and buckets filled with dye will be provided. Make sure to put your name on the tags of any items you bring to help you identify it later. Thanks again to Keenan Woods for leading this fun day, but we are still looking for volunteers to assist her. Simply go to your TeamUnify app and sign up to help under the Events tab. The kids will think you are really groovy!



*Congratulations to the Boys 13-14 200m Free Relay for taking 1st place at Division 13 Relay Carnival with a time of 1:59.87! Pictured left to right, Brandon Haase, Ben Pollack, Joseph Thiede, and Alex Lum!*

## Weekly Warriors Schedule

**Monday 7/1:** B Meet at Lake Braddock

**Tuesday 7/2:** Dive Meet at Truro

**Thursday 7/4: HAPPY 4TH OF JULY!**

Mini Warrior Practice ONLY!

NO Competition Swim or Dive Practice.

**Friday 7/5:** Tie Dye Day at Woodley!

**Saturday 7/6:** A Meet at Woodley  
SENIOR DAY! Dress in College Gear.

## WOODLEY WARRIOR REMINDERS

- We did not meet the minimums for the Woodley Swag Flash Sale. If you missed the Flash Sale and would still like to place an order, please email [woodleyswimrep@gmail.com](mailto:woodleyswimrep@gmail.com)
- No videos or photographs of swimmers are allowed behind the start. Videos and photos are only allowed from the side.
- Smart watches and watches with pacers are not allowed in meets.
- Swim caps must not have another teams logo. Woodley caps, solid color caps, the American flag, and drawings are permitted.



# Swim, Dive, & Relays!

