

JUNE 18, 2024

# Woodley Warriors Weekly

WW vs. Sideburn Run



## EVENT WINNERS

### DOUBLE EVENT WINNERS

Aurora Davison (free, fly)  
Brandon Haase (free, fly)  
Avery Laboy (free, fly)

### SINGLE EVENT WINNERS

Kate Harrington (free)  
Meghan Hetmanski (breast)  
Eloise Jones (breast)  
Fiona Jones (free)  
Cooper Keefer (free)  
Theo LaMonica (fly)  
Lillian Lampton (breast)  
Brad McCall (back)  
Max McCall (fly)  
Ben Pollack (back)  
Joseph Thiede (breast)  
Emerie Woods (back)

### SWEEPS

Boys 13-14 Free: B. Haase, B. Pollack, N. Rodas

Boys 13-14 Back: B. Pollack, O. Bigby, J. LaMonica

Girls 9-10

Breast: L. Lampton, P. Erwin, A. Fernandez



## WE'RE BACK!

Welcome back returning Warriors! And for those of you just joining us, we are happy to welcome you to this crazy whirlwind of summer swim and dive! Woodley is one of the 9 founding members of the NVSL back in 1956 and we are excited to be Swimming in Division 13 and Diving in Division 4 for the 2024 Season! For those of you who blinked, we just had our first A meet at Sideburn Run this past Saturday. It was nail biter to the finish, but Sideburn edged us out in the Relays and came out with the win 221-198. The Dive team heads to Great Falls tonight!

## RELAY RACE WINS!

Girls 8&U 100 Free: S. Davison, M. Hetmanski, E. Coleman, A. Davison

Girls 9-10 100 Medley: E. Woods, L. Lampton, P. Erwin, V. Frimpong

Boys 11-12 100 Medley: M. Whitecar, B. Lum, M. McCall, J. Barnes

Girls 11-12 100 Medley: S. Niday, E. Jones, A. Laboy, E. Ringle

Boys 13-14 100 Medley: N. Rodas, J. Thiede, A. Lum, B. Haase

## SAY CHEESE!

We are extremely lucky to have two talented photographers this year taking photos at our Swim and Dive Meets. You are welcome to log on to their sites and download photos for free. Their amazing photos are featured throughout the newsletter so log on to see more!

Albert Lum has his photos on Flickr. Access at [www.flickr.com/photos/198796642@N03](http://www.flickr.com/photos/198796642@N03)

Lucianda Fernandez will also be taking photos when she is not competing. She has organized hers into a password protected library, password is: WoodleyWarriors!

*Time Trials:* <https://woodleypool.pixieset.com/timetrials-2024/highlights/>

*B Meet:* <https://woodleypool.pixieset.com/b-meetatwoodley-2024/swimmers1/>

*A Meet:* <https://woodleypool.pixieset.com/a-meetatsideburnrun-2024/>



*Special Thanks to Missy Temme for designing our 2024 season T-Shirts!*

## Weekly Warriors Schedule

**Tuesday 6/18:** Dive Meet at Great Falls

**Friday 6/21:** Pep Rally at Woodley!

**Saturday 6/22:** A Meet at Woodley!

**Monday 6/24:** Mini Warriors Begins!  
B Meet at Burke Station

## WOODLEY WARRIOR REMINDERS

- It's not too late to sign up for Mini Warriors!
- Please encourage your swimmer to stay in the team area and cheer on their teammates at the swim meets! Show that Warrior spirit!
- During morning practice only the main swimming pool and bathrooms are open. Children 12 and under must be supervised by an adult outside of their scheduled practice time. Quiet activities are required.





## A Meet Themes

6/22: **DECADES DAY** at Woodley

6/29: **PATRIOTIC DAY** at Fairfax Club Estates

7/6: **UNIVERSITY/COLLEGES DAY** at Woodley to celebrate our graduating Seniors

7/13: **NEON DAY** at Riverside Gardens

## PEP RALLY

This coming Friday, we welcome all members of our Swim & Dive Teams for a fun-filled evening of games, team spirit, and carb-loading in anticipation of our first home A meet the following Saturday!

Keenan Woods is still looking for Parents to help during the Pep Rally. Simply go to your 'OnDeck' App, Click on 'Events & Meet Entries'. Scroll down to 'Team Event' and you can 'RSVP' for the Pep Rally and sign up to help! We guarantee it's a FUN job and the kids will love you.

Spaghetti Dinner Potluck starts at 5:45 pm and Activities start at 6:30 pm. All families are asked to bring a dish to share, please bring the following according to your last name:

**A-L: Pasta dish for 4 to 6 people and Bread**

**M-Z: Pasta dish for 4-6 people and Salad**



## RELAY CARNIVAL

We will be returning to Sideburn Run next Wednesday, June 26 when they will host the Relay Carnival for Division 13. For those who have not been to Relay Carnival, it is a fast and furious meet consisting of two relays for each age group and sex, as well as two mixed age relays. One relay is a medley typical at an A meet, and the other is all freestyle. Please be sure to let the Coaches know in person as well as on OnDeck if you are not available to swim in this meet.



