

# Fair Oaks Sharks Code of Conduct

## Fair Oaks Sharks swimmers:

- demonstrate positive and appropriate behavior at practice, meets, other swim team events, and on social media.
- know that profanity and intimidating or humiliating remarks will not be tolerated.
- promote team unity and spirit through active participation in practices and spirit events.
- watch and cheer for teammates during meets.
- assist new and younger swimmers.
- choose positive cheers and applaud the efforts of all swimmers AND teams.
- graciously accept both wins and losses.
- keep the swim ladder confidential, so as not to provide a competitive advantage to our opponents.
- show respect to coaches by listening attentively to instructions, discussing concerns directly with staff, supporting coaching decisions, and maintaining flexibility as swimmers.
- show respect to officials and volunteers at all times by supporting their decisions and assisting when needed.
- show respect for the Fair Oaks community and other host communities by keeping the team area clean and using equipment and facilities safely and appropriately.

## Fair Oaks Sharks parents:

- are supportive of all swimmers and coaches.
- never correct or criticize the coach in the presence of children, as the bond between coach and swimmer is important.
- speak directly to a Swim Team Committee member if they have any issues with the coaches, procedures, or policies.
- stay in the grassy area behind the fence during practices and never interrupt the coaches or swimmers.
- remain in established viewing areas during meets and do not encroach upon space needed for swimmers, coaches, and officials.
- do not engage in disrespectful, intimidating, or negative behavior towards officials, swimmers, coaches, volunteers, spectators, or lifeguards.
- keep the swim ladder confidential, so as not to provide a competitive advantage to our opponents.