

Gold Times

Gold times are calculated by taking the running average of 16th place over the last 3 years at our summer league championship meet. The JSL has roughly 2500 yearly swimmers that swim for 18 different teams in the Charlottesville area. Getting a gold time means that you are one of the best swimmers in your age group in Charlottesville and the surrounding counties. These times will be updated each summer after our championship meet has concluded. Any swimmer who achieves a gold time will receive a FAST towel embroidered with each gold time achieved that season as well as the swimmer's name. It will be updated each season that a gold time is achieved. They will also receive a special gold FAST cap that can only be attained through achieving a gold time.

Men's Gold Times SCM	Men's Gold Times SCY	6 And Under	Women's Gold Times SCY	Women's Gold Times SCM
31.43	28.32	25 free	28.21	31.31
36.46	32.85	25 back	30.96	34.36

Men's Gold Times SCM	Men's Gold Times SCY	8 And Under	Women's Gold Times SCY	Women's Gold Times SCM
21.60	19.46	25 free	19.36	21.48
30.66	27.63	25 breast	26.38	29.28
26.72	24.08	25 back	23.78	26.39
26.59	23.96	25 fly	23.55	26.14
50.30	45.32	50 free	44.34	49.21

Men's Gold Times SCM	Men's Gold Times SCY	9-10	Women's Gold Times SCY	Women's Gold Times SCM
1:46.79	1:36.21	100 IM	1:35.73	1:46.26
41.12	37.05	50 free	37.48	41.60
56.16	50.60	50 breast	49.72	55.18
49.87	44.93	50 back	44.76	49.68
53.04	47.79	50 fly	46.34	51.43
1:33.86	1:24.56	100 free	1:27.81	1:37.46

Men's Gold Times SCM	Men's Gold Times SCY	11-12	Women's Gold Times SCY	Women's Gold Times SCM
1:32.87	1:23.67	100 IM	1:22.41	1:31.47
35.61	32.09	50 free	31.61	35.08
47.56	42.85	50 breast	42.26	46.90
44.65	40.23	50 back	38.50	42.73
42.72	38.49	50 fly	37.17	41.25
1:21.67	1:13.58	100 free	1:13.52	1:21.60

Men's Gold Times SCM	Men's Gold Times SCY	13-14	Women's Gold Times SCY	Women's Gold Times SCM
1:21.17	1:13.13	100 IM	1:15.61	1:23.92
30.18	27.19	50 free	29.39	32.62
41.45	37.35	50 breast	41.03	45.54
39.13	35.26	50 back	36.06	40.02
35.37	31.87	50 fly	34.08	37.82
1:11.68	1:04.58	100 free	1:07.63	1:15.06

Men's Gold Times SCM	Men's Gold Times SCY	15-18	Women's Gold Times SCY	Women's Gold Times SCM
1:09.68	1:02.78	100 IM	1:10.63	1:18.39
27.53	24.81	50 free	28.05	31.13
36.15	32.57	50 breast	37.62	41.75
33.63	30.3	50 back	33.59	37.28
30.19	27.20	50 fly	30.31	33.64
1:01.62	55.52	100 free	1:02.15	1:08.98