

2026 - Championship Meet Schedule at YMCA (revised 7/19/26)

******* FINAL *******

TIME Changes from TENTATIVE Schedule will appear in RED below on FINAL Schedule.

FRIDAY MORNING 7/24/2026 (SESSION 1)

(Swimmers on deck ONLY to swim assigned events - DIVE OVER STARTS WILL BE USED)

- 8:00AM.....Building and Deck open for WORKERS ONLY to finalize set up, etc.
9:00AM.....Volunteers arrival – marshals, T-shirt sales, refreshments
9:30AM.....Building opens for swimmers and teams
 T-shirts, etc. go on sale
9:45AM – 10:45AM.....Friday Morning 11-12 warm-ups per schedule & lanes
11:00AM.....Session 1 starts with the following:
 All 11-12 BOYS and GIRLS
 Events to run in following JSL order: (warm-up pool **NOT** open during events)
 6, 7, 16, 17, 28, 29, 38, 39, 50, 51, 60, 61, 70, 71, 78, and 79
1:30PM.....APPROXIMATE end of Friday Morning Session
 (There are NO individual or team awards following this session)
1:30PM.....APPROXIMATE start of SENSORY FRIENDLY Session

FRIDAY AFTERNOON 7/24/2026 (SESSION 2)

(Swimmers on deck ONLY to swim assigned events - DIVE OVER STARTS WILL BE USED)

- 1:15PM.....APPROXIMATE Swimmers and volunteer arrival (ARRIVE EARLY to be sure!)
2:00PM - 3:15PM.....APPROXIMATE Friday Afternoon 13 & over warm-ups per schedule & lanes
3:30PM.....APPROXIMATE start of Session 2 with the following
 All 13-14 & 15-18 BOYS and GIRLS
 Events to run in following JSL order: (warm-up pool will be open during events)
 8, 9, 10, 11, 18, 19, 20, 21, 30, 31, 32, 33, 40, 41, 42, 43, etc.
6:50PM.....APPROXIMATE end of Friday Afternoon Session
 ADULT 100Y FREESTYLE CHARITY RELAY TO FOLLOW
 (There are NO individual or team awards following this session)

SATURDAY MORNING 7/25/2026 (SESSION 3)

(Swimmers on deck ONLY to swim assigned events - NO DIVE OVER STARTS)

- 7:15AM.....Building opens for WORKERS and VOLUNTEERS ONLY
7:30AM.....Building opens for swimmers
 Refreshments set up and T-shirts, etc. go on sale
7:45AM – 9:00AM.....Saturday Morning 8 & Under warm-ups ONLY as per schedule & lanes
9:15AM.....Start of Session 3 with the following
 All 5-6 and 8 & Under BOYS and GIRLS
 Events to run in following JSL order: (warm-up pool **NOT** open during events)
 1, 12, 13, 22, 23, 24, 25, 34, 35, 44, 45, 46, 47, 56, 57, 66, 67, Fr Relays at end
12:15PM.....APPROXIMATE end of Saturday Morning Session
 (There are NO individual or team awards following this session)

SATURDAY AFTERNOON 7/25/2026 (SESSION 4)

(Swimmers on deck ONLY to swim assigned events - DIVE OVER STARTS WILL BE USED)

- 12 Noon.....APPROXIMATE swimmer and volunteer arrival (ARRIVE EARLY to be sure!)
12:45PM – 1:45PM.....APPROXIMATE Saturday Afternoon 9-10 warm-ups as per schedule & lanes
2:00PM.....APPROXIMATE start of Session 4 with the following
 All 9-10 BOYS and GIRLS
 Events to run in following JSL order: (warm-up pool **NOT** open during events)
 4, 5, 14, 15, 26, 27, 36, 37, 48, 49, 58, 59, 68, 69, 76, and 77
4:45PM.....APPROXIMATE end of Saturday Afternoon session
 COACHES 100Y MEDLEY CHARITY RELAY TO FOLLOW
5:15PM.....APPROXIMATE start of Awards Ceremony for TEAM AWARDS