

Vermont Swim Association

Qualifying Time Standards for VSA Championship Meet (updated June 2022)

Women's Bonus	Women's Qualifying	6 & Under	Men's Qualifying	Men's Bonus
XXX	45.00	25 Free	45.00	XXX
XXX	45.00	25 Back	45.00	XXX
Women's Bonus	Women's Qualifying	8 & Under	Men's Qualifying	Men's Bonus
32.50	30.00	25 Free	30.00	32.50
1:05.00	1:00.00	50 Free	1:00.00	1:05.00
37.50	35.00	25 Back	35.00	37.50
42.50	40.00	25 Breast	40.00	42.50
37.50	35.00	25 Fly	35.00	37.50
XXX	2:30.00	100 IM	2:30.00	XXX
Women's Bonus	Women's Qualifying	9/10	Men's Qualifying	Men's Bonus
24.00	21.50	25 Free	23.00	25.50
56.00	51.00	50 Free	51.00	56.00
30.00	27.50	25 Back	28.00	30.50
1:02.00	57.00	50 Back	57.00	1:02.00
30.50	28.00	25 Breast	29.00	31.50
1:07.00	1:02.00	50 Breast	1:02.00	1:07.00
25.50	23.00	25 Fly	25.00	27.50
1:02.00	57.00	50 Fly	1:02.00	57.00
XXX	1:58.00	100 IM	1:58.00	XXX
Women's Bonus	Women's Qualifying	11/12	Men's Qualifying	Men's Bonus
40.00	37.00	50 Free	38.00	41.00
1:28.00	1:22.00	100 Free	1:24.00	1:30.00
47.00	44.00	50 Back	46.00	49.00
52.00	49.00	50 Breast	50.00	53.00
48.00	45.00	50 Fly	45.00	48.00
1:40.00	1:34.00	100 IM	1:34.00	1:40.00
Women's Bonus	Women's Qualifying	12 & Under	Men's Qualifying	Men's Bonus
3:12.00	3:00.00	200 Free	3:00.00	3:12.00
1:46.00	1:40.00	100 Back	1:40.00	1:46.00
1:51.00	1:45.00	100 Breast	1:45.00	1:51.00
1:56.00	1:50.00	100 Fly	1:50.00	1:56.00

Women's Bonus	Women's Qualifying	13/14	Men's Qualifying	Men's Bonus
38.00	35.00	50 Free	34.00	37.00
1:24.00	1:18.00	100 Free	1:16.00	1:22.00
2:57.00	2:45.00	200 Free	2:45.00	2:57.00
43.50	40.50	50 Back	40.00	43.00
1:38.00	1:32.00	100 Back	1:32.00	1:38.00
46.00	43.00	50 Breast	42.00	45.00
1:46.00	1:40.00	100 Breast	1:40.00	1:46.00
41.00	38.00	50 Fly	36.50	39.50
1:46.00	1:40.00	100 Fly	1:35.00	1:41.00
1:31.00	1:25.00	100 IM	1:25.00	1:31.00
Women's Bonus	Women's Qualifying	15/18	Men's Qualifying	Men's Bonus
36.00	33.00	50 Free	31.00	34.00
1:20.00	1:14.00	100 Free	1:10.00	1:16.00
2:52.00	2:40.00	200 Free	2:40.00	2:52.00
41.00	38.00	50 Back	36.50	39.50
1:30.00	1:24.00	100 Back	1:24.00	1:30.00
45.00	42.00	50 Breast	40.00	43.00
1:41.00	1:35.00	100 Breast	1:30.00	1:36.00
39.50	36.50	50 Fly	34.50	37.50
1:31.00	1:25.00	100 Fly	1:20.00	1:26.00
1:30.00	1:24.00	100 IM	1:22.00	1:28.00
3:10.00	2:58.00	200 IM	2:50.00	3:02.00
Women's Bonus	Women's Qualifying	Open	Men's Qualifying	Men's Bonus
XXX	7:30.00	500 Free	7:30.00	XXX

To enter the meet, a swimmer must have achieved at least one VSA "qualifying" time for their age group. If a swimmer is entered ONLY under article 203.4, they are not entitled to bonus swims even if they have achieved the bonus times.