



## Booster Club for NHS Swim & Dive Club, Inc.

<https://nhsswimdive.swimtopia.com/>

### Registration Meeting

**September 21, 2022**

Welcome to NHS Swim & Dive Team! We are looking forward to a great season starting in just a few weeks.

**Coaches:** *Swim* – Frank Pitt, Mia Hahn & Heidi Cuticchia      *Dive* – Sydney Partlow

**Practices:** *Swim* – M-F at the West Gwinnett Park Aquatic Center (4488 Peachtree Industrial Blvd., Norcross, GA 30071). **M&W – 2:30-4:15pm** (bring running shoes/shorts/tee shirt for dryland at the end) **T, TH, F – 2:30-4pm**. Also attend 9 out of 15 holiday practices. *Dive* – T&TH from 6:30-9:00pm at West Gwinnett.

**Meets:** Please see “Calendar” tab on team site for the meet schedule.

**Transportation:** Athletes are responsible for transportation to and from practices and West Gwinnett meets. In the past, upperclassmen have driven younger swimmers to practice after school. These carpools are set up informally among the swimmers and are usually worked out by the end of the first week of practice. Athletes are required to ride the team bus to our four away meets at Mountain Park & Collins Hill. They may ride home with parents/guardians after the meet if they sign out with a coach.

**Requirements to Letter:** Please see “Team” tab on site for varsity letter requirements.

**Volunteer Requirement:** The Booster Club requires that all parents volunteer at meets. This is necessary for the operation of the swim and dive program. The success of the team depends on the involvement of all parents.

The Booster Club collects a \$200 required deposit payable by check or online at registration that will be shredded/cancelled upon completion of the volunteer obligation.

The volunteer obligation for families with one athlete is to fulfill shifts totaling 6 points. For families with more than one athlete, the volunteer obligation is to fulfill shifts totaling 7 points. Shifts are ½ - 2pts each. Please visit the team site for volunteer job descriptions.

Volunteer sign-ups are available on the team site beginning October 13 by clicking the event on the calendar.

**NOTE:** Parents/swimmers must be registered for the 2022-23 season on the site to select volunteer opportunities.

#### **Fees:**

- Registration Fee = \$325 (check or credit card to Booster Club) - Covers team cap, tee shirt, coach costs, county booster club fees (\$115), county caps, fees and tee shirts, team socials, and senior gifts.
- Volunteer Deposit = \$200 (check or credit card hold to Booster Club)
- Required Team Jacket = \$47 - \$57 + tax (credit card to Takedown 360)
- Required Team Swimsuit = Female \$60; Male \$37 - \$45 + tax (credit card to Reddiset)

**Checks Made Payable to Booster Club for NHS Swim & Dive Club, Inc.  
(NO REFUNDS\*)**

\*New swimmer apparel and swimsuit orders will be held until after tryouts in case a refund is needed.

## **Registration Steps:**

- 1. REGISTER:** New & returning families complete registration form on team site (<https://nhsswimdive.swimtopia.com/>) by clicking the blue “Register now” button on the top right-hand side of the home page. Registration opens on September 21 @ 8PM and closes on Monday, October 3.
- 2. ORDER SUIT:** Deadline - Tuesday, October 11.  
Reddiset: <https://reddiset.com/collections/norcross>
- 3. ORDER TEAM JACKET/ANORAK & OPTIONAL SPIRIT WEAR:** Deadline - Monday, October 3.  
Takedown 360: <https://norcrosshsswimanddivefunsept2022.itemorder.com/shop/sale/>
- 4. REMIND APP:** Athletes & parents sign up to receive timely messages from coaches. Text @norxswim to 81010 OR join class “@norxswim” on the Remind app.
- 5. VOLUNTEER:** Sign up for volunteer slots on the team site beginning October 13. See more info on the team site regarding volunteer opportunities. New and returning families must be registered for the 2022-23 season on the team site to select volunteer opportunities.
- 6. COMPLETE PHYSICAL FORMS:** Complete physical forms on Rank 1 ([www.rankonesport.com/content/](http://www.rankonesport.com/content/)) **by October 3**. Athletes will not be allowed to tryout or participate without completed forms through Rank 1. **NOTE:** Physician signed forms & insurance card copies must be uploaded as well, so plan ahead accordingly. Rank 1 instructions are available on team site under the “Forms & Links” tab. If athlete already has updated physical forms on file via Rank 1 from another NHS sport/activity, then there is no need to complete them again.

## **Important Dates:**

- MON, 10/3 – Deadline to register, order required jacket & apparel & complete physical forms
- TUE, 10/11 2:30-3:30pm – New swimmer/freshmen tryouts at West Gwinnett
- TUE, 10/11 6:30-9:00pm – 1<sup>st</sup> Dive Practice – West Gwinnett
- TUES, 10/11 – Deadline to order suits
- WED, 10/12 2:30-4:15pm – 1<sup>st</sup> Practice & Team Meeting – MANDATORY for all swimmers & divers
- WED, 10/12 2:30-3:30pm – Senior pictures after team meeting – bring white tee shirt and team jacket
- THURS, 10/13 –Volunteer Sign-Up Opens
- WED, 10/19 2:15-4:00pm – Team Building Event at The Duke House
- SAT, 10/22 1:00pm – Divers & Dive Parent Meeting – Berkmar High School Media Center
- FRI, 10/28 3:45pm – Pizza Social and Suit/Apparel distribution at West Gwinnett – room inside pool
- SAT, 10/29 8:05am – First Swim Meet v Lanier & Archer @ West Gwinnett
- SAT, 10/29 1pm – Kick Off 6 Dive Meet – Mountain Park

**PLEASE REFER TO TEAM SITE OFTEN FOR COMPLETE SCHEDULE AND UPDATED INFORMATION**

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**GO BLUE DEVILS!**