



DISQUALIFICATION REPORT

EVENT# \_\_\_\_\_ HEAT \_\_\_\_\_ LANE \_\_\_\_\_

SWIMMER \_\_\_\_\_ TEAM \_\_\_\_\_

**BUTTERFLY** START \_\_\_\_\_ SWIM \_\_\_\_\_ TURN \_\_\_\_\_ FINISH \_\_\_\_\_

KICK: ALTERNATING(1A) \_\_\_\_\_ BREAST(1B) \_\_\_\_\_ SCISSORS (1C) \_\_\_\_\_

ARMS: NON-SIMULTANEOUS(1E) \_\_\_\_\_ UNDERWATER RECOVERY (1F) \_\_\_\_\_

TOUCH: ONE HAND(1J) \_\_\_\_\_ NOT SEPARATED (1H) \_\_\_\_\_  
NON-SIMULTANEOUS (1L) \_\_\_\_\_ NO TOUCH (1K) \_\_\_\_\_

NOT TOWARD THE BREAST OFF WALL (1M) \_\_\_\_\_

HEAD DID NOT BREAK SURFACE BY 15m(1N) \_\_\_\_\_ RE-SUBMERGED (1R) \_\_\_\_\_

OTHER (1T): \_\_\_\_\_

**BACKSTROKE** START \_\_\_\_\_ SWIM \_\_\_\_\_ TURN \_\_\_\_\_ FINISH \_\_\_\_\_

NO TOUCH AT TURN (2I) # \_\_\_\_\_

PAST VERTICAL AT TURN:

DELAY INITIATING ARM PULL (2S) \_\_\_\_\_ DELAY INITIATING TURN (2T) \_\_\_\_\_

MULTIPLE STROKES (2U) \_\_\_\_\_

TOES OVER LIP OF GUTTER AFTER THE START (2P) \_\_\_\_\_

HEAD DID NOT BREAK SURFACE BY 15m(2N) \_\_\_\_\_ RE-SUBMERGED (2R) \_\_\_\_\_

NOT ON BACK OFF WALL (2K) \_\_\_\_\_

SHOULDERS PAST VERTICAL TOWARDS THE BREAST (2L) \_\_\_\_\_

OTHER (2T): \_\_\_\_\_

**BREASTSTROKE** START \_\_\_\_\_ SWIM \_\_\_\_\_ TURN \_\_\_\_\_ FINISH \_\_\_\_\_

KICK: ALTERNATING (3A) \_\_\_\_\_ BUTTERFLY (3C) \_\_\_\_\_ SCISSORS (3D) \_\_\_\_\_

ARMS: PAST HIPLINE (3E) \_\_\_\_\_ NON-SIMULTANEOUS (3F) \_\_\_\_\_

TWO STROKES UNDER (3G) \_\_\_\_\_ NOT IN SAME HORIZONTAL PLANE (3H) \_\_\_\_\_

ELBOWS RECOVERED OVER WATER (3I) \_\_\_\_\_

TOUCH: ONE HAND (3J) \_\_\_\_\_ NOT SEPARATED (3N) \_\_\_\_\_

NON-SIMULTANEOUS (3L) \_\_\_\_\_ NO TOUCH (3K) \_\_\_\_\_

NOT TOWARD THE BREAST OFF WALL (3M) \_\_\_\_\_

CYCLE: KICK BEFORE PULL (3O) \_\_\_\_\_ HEAD NOT UP (3P) \_\_\_\_\_

DOUBLE PULLS/KICKS (3S) \_\_\_\_\_

OTHER (3T): \_\_\_\_\_

**FREESTYLE**

NO TOUCH AT TURN (4K) # \_\_\_\_\_

HEAD DID NOT BREAK SURFACE BY 15m(4N) \_\_\_\_\_ RE-SUBMERGED (4C) \_\_\_\_\_

**INDIVIDUAL MEDLEY**

STROKE INFRACTION(S) # \_\_\_\_\_ OUT OF SEQUENCE (5P) \_\_\_\_\_

FOURTH DISTANCE SWUM IN STYLE OF PREVIOUS STROKE \_\_\_\_\_

**RELAYS**

STROKE INFRACTION: (61-64) # \_\_\_\_\_ SWIMMER # \_\_\_\_\_

EARLY TAKE OFF SWIMMER (66-68) # \_\_\_\_\_

CHANGED ORDER (6P): SWIMMER \_\_\_\_\_ STROKE \_\_\_\_\_

OTHER (6T): \_\_\_\_\_

**MISCELLANEOUS**

FALSE START (7O) \_\_\_\_\_ DECLARED FALSE START (7P) \_\_\_\_\_

DID NOT FINISH (7Q) \_\_\_\_\_ DELAY OF MEET (7R) \_\_\_\_\_

OTHER (7S-2): \_\_\_\_\_

JUDGE: \_\_\_\_\_  
(print name clearly)

REFEREE: \_\_\_\_\_  
(print name clearly)

NOTIFIED: \_\_\_\_\_ SWIMMER \_\_\_\_\_ COACH

## ADDITIONAL RESOURCES

<https://www.pacswim.org/members/zones/officials/training-resources> Scroll down to the stroke and turn training videos: "USA-Stroke and Turn Training Videos – May 2015"

[https://www.usaswimming.org/docs/default-source/governance/governance-lsc-website/rules\\_policies/rulebooks/2024-rulebook.pdf](https://www.usaswimming.org/docs/default-source/governance/governance-lsc-website/rules_policies/rulebooks/2024-rulebook.pdf) 2024 USA Swimming Rule Book

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