EMMAUS AQUATIC CLUB
FALL A/BB/C AND IMX INVITATIONAL
NOVEMBER 10-12, 2023

MEET HOST	EMMAUS AQUATIC CLUB		
SANCTION	Held under the sanction of USA Swimming and Middle Atlantic Swimming. **Sanction #** MA 24125 A *In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.*		
MEET DIRECTOR	JOHN KLINE	**E-MAIL:** meetdirector@emacswim.org	**PHONE:** 610-780-7587
LOCATION	**Pool name** EMMAUS HIGH SCHOOL **Street address** 500 MACUNGIE AVE **City, state and zip** EMMAUS, PA. 18049 **Day of meet ONLY emergency phone** 610-780-7587		
FACILITY DESCRIPTION	This is an ☒ indoor ☐ outdoor pool with 6 lanes for competition, a Colorado timing system with a 6 line scoreboard and anti-wave lane lines. The meet will be conducted in ☒SCY ☐ SCM ☐ LCM. Deck seating for 225 and spectator seating for 450. Parkingyes Hospitality yes Snack bar yes		
POOL CERTIFICATION	The competition course ☐ has ☒ has not been certified in accordance with 104.2.2C(4)		
WATER DEPTH	The depth of the water at the start end of the pool is 12 feet and at the turn end is 4 feet.		
EVENTS	This meet will be conducted in accordance with the attached schedule of events.		
ENTRIES OPEN	SEPTEMBER 5, 2023		
ENTRY DEADLINE	OCTOBER 25, 2023 **at 11:59 PM**		
ENTRY FEES	Individual Events: **$10.00**	Relay Events: **$20.00**	
ENTRY LIMITs	4 Individual Events per day (excluding relays).	0 Relays per day	**MEET ENTRY LIMIT:** 10
ELIGIBILITY	All entrants must be registered members of USA Swimming. Age ***as of the first day of the meet*** determines eligibility. This meet is open to 9 & OLDER USA swimming registered swimmers.		
ENTRY PROCEDURES	• The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund. • Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded after the SCY entries . NT entries ☒ will ☐ will not be accepted. • Entries must be submitted electronically in a format compatible with Hy-Tek meet management software. • All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information • Electronic entry files (TM / TU or equivalent) are required for all entries. Unattached swimmers are encouraged to use Hytek's TM LIte for entry submission. Manual (paper) entries are subject to a $15 surcharge. Teams with five or more swimmers who submit manual entries are subject to an additional $25/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form can be found here. • **FINAL** entry payments and any necessary reports must be mailed or e-mailed to the entry chair by November 3, 2023 Include Meet Entry Summary with payment.		
MEET ENTRY CHAIR	JOHN KLINE	**PHONE #:** 610-780-7587 *(no calls before 9:00 AM or after 9:00 PM)*	
E-MAIL ENTRY FILES TO	MEETDIRECTOR@EMACSWIM.ORG		
MAIL CHECKS/ REPORTS	EMAC, 2546 MILL RACE RD, EMMAUS, PA 18049		
CHECKS PAYABLE TO	EMMAUS AQUATIC CLUB OR EMAC		
OPERATIONAL RISK DIRECTOR	JOHN KLINE	**E-MAIL:** meetdirector@emacswim.org	**PHONE:** 610-780-7587
OFFICIALS CONTACT	CARINA MESSENLEHNER	**E-MAIL:** officials@emacswim.org	**PHONE:**

Session 1
Friday Distance
Warm-up 4:30 PM / Meet Starts at 5:30 PM

GIRLS	EVENT	BOYS
1	9 & Over 500 Freestyle	2
3	11 & Over 400 IM	4
	Both events will be swum fast to slow alternating a heat of girls and a heat of boys 500 Free swimmers must provide their own timer and counter. 400 IM swimmers must provide their own timer.	

Session 2
Saturday - 12 & Under
Warm-up: 7:00 AM, Meet starts @ 8:20 AM

GIRLS	EVENT	BOYS
5	9-12 200 IM	6
7	9-12 50 Breaststroke	8
9	9-12 100 Backstroke	10
11	9-12 50 Butterfly	12
13	9-12 100 Freestyle	14

Session 3
Saturday - 13 & Over
Warm-up: 3:10 PM, Meet starts @ 4:30 PM

GIRLS	EVENT	BOYS
15	13 & Over 50 Freestyle	16
17	13 & Over 200 Butterfly	18
19	13 & Over 100 Backstroke	20
21	13 & Over 200 Breaststroke	22
23	13 & Over 200 Freestyle	24

Session 4
Sunday - 12 & Under
Warm-up: 7:00 AM, Meet starts @ 8:20 AM

GIRLS	EVENT	BOYS
25	9-12 200 Freestyle	26
27	9-12 50 Backstroke	28
29	9-12 100 Breaststroke	30
31	9-12 50 Freestyle	32
33	9-12 100 Butterfly	34

Session 5
Sunday - 13 & Over
Warm-up: 12:40 PM, Meet starts @ 2:00 PM

GIRLS	EVENT	BOYS
35	13 & Over 200 Backstroke	36
37	13 & Over 100 Breaststroke	38
39	13 & Over 100 Freestyle	40
41	13 & Over 200 IM	42
43	13 & Over 100 Butterfly	44

DECK ENTRIES	Deck Entries ☐ will not be accepted ☒ will be accepted at this meet subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of $20 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.
PROOF OF TIMES	Entry times must be from a sanctioned, approved or observed meet. Proof of time ☐ is ☒ is not required for this meet. Falsification of any entry time may be subject to penalties/fines set by Middle Atlantic
SEEDING	This meet will be deck-seeded with the exception of the event(s) noted below.
AWARDS	Awards are based on times achieved at this meet. Current USA Swimming short course yards time standards will be used to award tmes achieved at this meet. Deck Entries are not eligible for awards. 12 & Under Individual Events: "A" Individual Events - Ribbons 1st-6th "BB" Individual Events - Ribbons 1st-6th "C" Individual Events - Ribbons 1st-6th No individual event awards will be given to 13 & Over swimmers. IMX Events: Trophies for 1st-3rd for each of the scoring groups: - 9-10 Girls: 200 Free/100 Fly/100 Back/100 Breast/200 IM - 9-10 Boys: 200 Free/100 Fly/100 Back/100 Breast/200 IM - 11-12 Girls: 500 Free/100 Fly/100 Back/100 Breast/200 IM - 11-12 Boys: 500 Free/100 Fly/100 Back/100 Breast/200 IM - 13-14 Girls: 500 Free/200 Fly/200 Back/200 Breast/200 IM/400 IM - 13-14 Boys: 500 Free/200 Fly/200 Back/200 Breast/200 IM/400 IM - 15-18 Girls: 500 Free/200 Fly/200 Back/200 Breast/200 IM/400 IM - 15-18 Boys: 500 Free/200 Fly/200 Back/200 Breast/200 IM/400 IM Note: A swimmer must swim all of the IMX events within their age group to compete for a trophy. If a swimmer is DQ'd or a No Show, they are not eligible for a trophy.
SCORING	12 & Under Individual Events are scored for awards based on finish place. Hy-Tek Age Group Points are used to score the IMX events in each scoring group.
PROGRAMS AND ADMISSION	Programs/heat sheets will be sold by ☐ session ☐ entire meet. Meet mobile ☒ will ☐ will not be available. Admission is$5.00 per session. Fri PM=Free. Children under 10 admitted free. Volunteers serving in a capacity determined by the Meet Director will be refunded admission cost.
MISCELLANEOUS	

SESSION	WARM-UP TIMES	MEET STARTS

#1 Friday Distance	4:30 PM-5:25 PM	5:30 PM
#2 Saturday 12 & Under #3 Saturday 13 & Over	7:00 AM-8:15 AM 3:10 PM-4:25 PM	8:20 AM 4:30 PM
#4 Sunday 12 & Under #5 Sunday 13 & Over	7:00 AM-8:15 AM 12:40 PM-1:55 PM	8:20 AM 2:00 PM

WARM-UP INFORMATION	USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes. Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted and made available to coaches at the meet. Sprint/ Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated. The referee may remove anyone from the warm-up for failure to comply with warm-up rules
MEDICAL SUPERVISION AVAILABLE	lifeguards, an AED and first aid supplies
ATHLETE PROTECTION (MAAPP)	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Protection Policy ("MAAPP"), and that they understand that compliance with MAAPP policy is a condition of participation in the conduct of this competition.
DECK PRIVILEGES	Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. A (non-removable) identification band must be provided to and worn by each non-athlete member of USA Swimming, including coaches and officials, that is on-deck at a sanctioned meet; such identification band shall be issued following a review of that individual's membership/certification credentials and personal photo ID. A new identification band shall be issued for each day of such meet, and the credentials/photo ID must be re-checked if a replacement ID is issued. Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally, these swimmers must register a contact person with the meet director. This information should be submitted with the entries.
TECH SUIT POLICY	102.8 SWIMWEAR .1 Design F. No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.
RACING START CERTIFICATION	Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
QUALIFYING TIMES	Qualifying Times (if applicable) are shown on the attached Meet Structure
MEET/DECK REFEREE	The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for ***any*** issues that arise that day during the course of the meet.
MEET MARSHALS	Meet Marshals have full authority through the Meet Referee & Operational Risk Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.
RULES:	This meet will be governed by current USA Swimming Rules. Fly-over starts will be used at this meet for all events involving swimmers 9 and over. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun. For pools with bulkheads: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor/Marshal at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be STRICTLY enforced. Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages/ **No unauthorized personnel will be allowed on the pool deck**. Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area
DISABLED SWIMMERS	Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet

	director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.
PROTESTS	A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator
PHOTOGRAPHY	**Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT** In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e., cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time. As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.
DRONES	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.
DECK CHANGING	Deck changes are prohibited.
DIRECTIONS	
ACCOMMODATIONS	