

## Swimmer's Behavior

All swimmers are expected to follow the direction of any coach at any time; disrespectful attitudes will not be tolerated. If a swimmer fails to demonstrate self-control, he/she will be removed from practice.

Swimmers are the responsibility of the coaching staff, therefore:

- Respect for the authority of the coaches and staff is expected at all times.
- Swimmers may not leave the pool area without coach's permission.
- Swimmers will enter the water only when instructed to do so by the coaching staff.
- Swimmers will exit the pool immediately after practice.
- Swimmers will WALK on the pool deck.
- Swimmers are to take care of and help put away equipment.
  
- Every swimmer is given a warning if he/she exhibits unacceptable behavior. After the initial warning, consequences for continued inappropriate actions and behavior will be meted out according to the severity of the behavior and the level of disruption to practice. These consequences may range from a two-minute time out, with a coach/swimmer meeting, to an expulsion from practice or the meet, with a parent/coach/team rep meeting required before the swimmer may rejoin the team.

If a swimmer is expelled, an action plan will be developed to specifically address the inappropriate behavior/s and clearly establish guidelines for continued membership on the team.

### *Prohibitions*

The use or possession of tobacco, illegal drugs, or alcohol by any team member is strictly prohibited during any team activity.

Any malicious defacement or destruction of property at home or away pools will not be tolerated. The individual or individuals, not the team, will be responsible for any vandalism or damage. If such behavior occurs, the swimmer and his/her parents will be held financially accountable for all needed reparations.

Profanity, verbal, or physical abuse will not be tolerated during a workout or swim meet.