

# Marking Your Swimmer

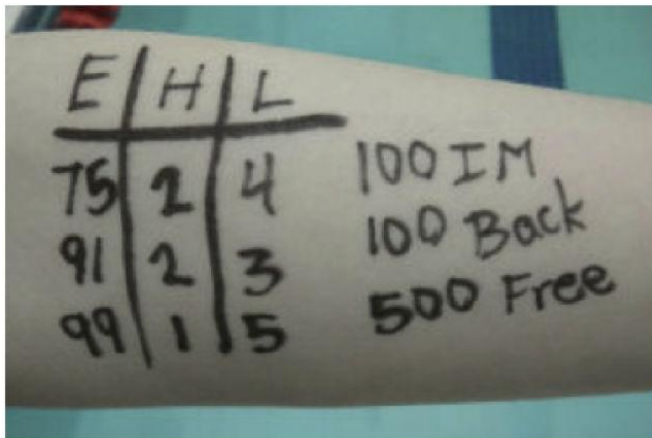
## PLEASE MARK YOUR SWIMMER FOR THE MEETS

It is very important to mark your swimmers before the meet! By marking your swimmer's event/heat/lane on their forearm with a Sharpie marker, your swimmer(s) can keep track of their events.

The **sharpie grid on the skin WITHOUT SUNSCREEN** holds us best during the course of a swim meet. The coaches and volunteer coordinators do not have time to do this at the meet. Either this should be done before the swimmer arrives or prior to warm up by a parent.

Before each meet, we will post the "Events by Swimmer" sheets at the pool and on the website so you will know what events your swimmer has been entered in.

When the heat sheets become available online, print the heat sheet and highlight your swimmers events, heats and lanes. Shown below is an example of a sharpie grid on a swimmer's arm.



EXAMPLE of EVENT CHART SWIMMER'S ARM or LEG

Event 9 Girls 15-18 200 SC Meter Freestyle Relay				
Lane	Team	Relay	Seed Time	
Heat 1 of 1 Finals Starts at 08:22 AM				
3	HPST-ST	A	2:17.57	---
	1) Cantrell, Lauren 18	2) Tubbs, Delaney 16		
	3) Landry, Erin 16	4) Lilly, Caroline 13		
4	VDN-ST	A	2:11.78	---
	1) Bruce, Faith 16	2) Josephson, Margaret 16		
	3) Martinez, McKenah 17	4) Kitayama, Emily 12		

Event 21 Girls 15-18 50 SC Meter Freestyle				
Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals Starts at 09:23 AM				
2	Martinez, McKenah	17	VDN-ST	32.80
3	Cantrell, Lauren	18	HPST-ST	32.07
4	Bruce, Faith	16	VDN-ST	32.32
5	Landry, Erin	16	HPST-ST	34.47

Swimmer is Faith Bruce

Event 51 Girls 15-18 50 SC Meter Breaststroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals Starts at 11:20 AM				
2	Bruce, Faith	16	VDN-ST	46.26
3	Cantrell, Lauren	18	HPST-ST	42.32
4	Martinez, McKenah	17	VDN-ST	44.98

Event 71 Girls 15-18 200 SC Meter Medley Relay				
Lane	Team	Relay	Seed Time	
Heat 1 of 1 Finals Starts at 12:25 PM				
3	HPST-ST	A	2:36.77	---
	1) Tubbs, Delaney 16	2) Cantrell, Lauren 18		
	3) Landry, Erin 16	4) Lilly, Caroline 13		
4	VDN-ST	A	2:27.43	---
	1) Josephson, Margaret 16	2) Martinez, McKenah 17		
	3) Kitayama, Emily 12	4) Bruce, Faith 16		

