



# Piranha Press

July 10, 2019



**Jefferson City Results JCSC... 310, CHP... 381**  
(116 improved times!)

- Smoky Mountain Meet this Saturday and Sunday... Arrive by 7:00 AM, warm up both days at 7:35 AM. Watch for an email with detailed information.
- July 16 CHP at Sugarwood (Be on deck at 5:15 PM)
- July 25 & 26 – City Preliminary Meet (10&under on Thursday... Warm ups at 1 PM, meet starts at 3 PM. 11&up on Friday... Warm ups at 7 AM, meet starts at 9 AM.
- July 27 – City Finals Meet (Top 16 from Prelim Meet swim at Finals)

To change your declarations for City Meet, email [coach.bfolk@gmail.com](mailto:coach.bfolk@gmail.com).

## Upcoming Social Events

- July 10 – Water gun fight before/after practice. Bring your favorite water gun.  
10&under 4:30 – 5:25, 11&up 5:30 – 6:30
- July 20 – Tubing in Townsend with River Rat (RSVP by July 19. Plan to pay on site with cash, check, or Piranha Bucks. Cost is \$8 per person, 5&under are free.)
- July 24 – Blaze Pizza Spirit Night and carb loading for City Meet (5 to 8:30 PM)
- July 29 – End of Season Celebration @ CHP Pool, 5:30 – 9 PM
- Aug 2 – Back to School Movie Night

## Evening Practices

Evening practices are on Mondays and Wednesdays.

11&up... 4:45 – 5:30  
10&under... 5:30 – 6:15



## City Meet Shirt Order

Cai Shafer will also take orders for City Meet shirts. Cost is \$15 each. Orders and payment are due by July 14.

## Friday Practice

Regular practice times to prepare for SMI but there will be Yummy Treats!



**Calling All Parent Swimmers!!!** At the End of Season Celebration, we'll have a Parents vs Swimmers Relay race (25-yd legs). Email Coach Breanna if you would like to participate.

## VOLUNTEERS NEEDED (Remember 4 shifts per family at dual meets.)

- We need to fill 10 positions for the Smoky Mountain meet. We split the shifts in half (~90 minutes each) to lighten the burden for everyone. ☺
- We need to fill 8 positions for our last dual meet at Sugarwood.

Replacement silicone team caps are \$10.

Join our new Facebook Group at [www.facebook.com/groups/ConcordHillsPiranhas](http://www.facebook.com/groups/ConcordHillsPiranhas).