



Piranha Press

July 3, 2019

If you need to change your declarations for any of the following meets, please email Coach Breanna at coach.bfolk@gmail.com.

- July 9 – Jefferson City @ CHP (Senior Night!)
- July 13 & 14 – Smoky Mountain Invit. (11&up on Saturday, 10&under on Sunday)
- July 16 – CHP @ Sugarwood

Declare for City Meet by July 8!!!

- July 25 & 26 – City Preliminary Meet (10&under on Thursday... Warm ups at 1 PM, meet starts at 3 PM. 11&up on Friday... Warm ups at 7 AM, meet starts at 9 AM.
- July 27 – City Finals Meet (Top 16 from Prelim Meet swim at Finals)

Upcoming Social Events

- July 8 – Dickey's BBQ Spirit Night (4 to 9 PM)
- July 10 – Water gun fight before/after practice. Bring your favorite water gun.
10&under 4:30 – 5:25, 11&up 5:30 – 6:30
- July 20 (date change due to popular request) – tubing in Townsend with River Rat (RSVP by July 15. You can use Piranha Bucks for this event.)
- July 24 – Blaze Pizza Spirit Night and carb loading for City Meet (5 to 8:30 PM)
- July 29 – End of Season Celebration @ CHP Pool, 5:30 – 9 PM
- Aug 2 – Back to School Movie Night



No practices on Thursday!

Next 2 Fridays are Regular Practices

This Friday (7/5) – No meet this week so regular practices
Next Friday (7/12) – Regular practice times to prepare for SMI but there will be Yummy Treats!

Evening Practices

Evening practices are on
Mondays and Wednesdays.
11&up... 4:45 – 5:30
10&under... 5:30 – 6:15

VOLUNTEERS

Please sign up to work at the two remaining dual meets.

Team Gear

Cai Shafer will have team gear for sale and any swimmer shirts, caps, and photos, and parent shirts that haven't been picked up at the pool from 4 to 6 PM before the Jefferson City Meet.

City Meet Shirt Order

Cai will also take orders for City Meet shirts. Cost is \$15 each. Orders and payment are due by July 14.

Join our new Facebook Group at
www.facebook.com/groups/ConcordHillsPiranhas.

Replacement silicone team caps are \$10.