

2018 PALM Thanksgiving Turkey Invite

November 16-18, 2018



MEET SANCTION: Held under the sanction of USA Swimming, Inc.,
Issued by South Carolina Swimming, Sanction #SC1921SCY & SC1922TT

HOST:	PALMETTO AQUATICS	http://www.PalmettoAquatics.com	
Head Coach:	Heath Edwards	coachheath@palmettoaquatics.com	(803) 665-8444
Meet Director:	Kara Montgomery	PALMMeetDirector@gmail.com	(803) 413-0612
Meet Referee:	Kim Crouse	kimcrouse@hotmail.com	(803) 443-1749
Meet Entries:	Billy & Victoria Culbertson	meet.support@sportstiming.com	(843) 628-5486
Safety Marshall:	Greg David	gdavid@stratoswp.com	(803) 530-2445

FACILITY: The University of South Carolina Natatorium, located in the Solomon Blatt PE Center, 1300 Wheat Street, Columbia, SC, is a semi-open air facility that contains a ten-lane, 25 yard competition pool, with 12 additional 25 yard lanes for warming up and warming down, and seating for 500 spectators. The competition pool depth measured from one meter to five meters out from the wall is seven feet deep at the starting end of the course, and from one to five meters at the bulkhead end of the course. The competition course has not been certified in accordance with 104.2.2 C94).

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

ENTRY: Entry to the pool for swimmers, officials, and spectators will be through the doors to the east side of the complex. The front entrance is only for those with USC identification and those needing ADA entry.

PARKING: Visitors should park in the Bates West Dorm parking lot, on Whaley Street one block directly south of the Solomon Blatt PE Center and walk across the elevated walkway to the pool complex. Garages and metered parking are available. Do not park in permit areas or reserved parking. Parking in any reserved space is subject to towing. On Saturday and Sunday, the lots adjacent to the pool are also available for parking. A map is available:

<https://www.teamunify.com/scpa/UserFiles/File/Swim%20Meet%20Map%20June%202013.pdf>

RULES: Unless otherwise noted herein, this meet shall be conducted with the current USA Swimming code and SCLSC rules and the information therein. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms. Or behind the starting blocks.

Deck changes are prohibited. Swimmers 10 years old and younger are not permitted to wear "Technical" suits at this meet.

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ATHLETE ELIGIBILITY: This meet is open to all swimmers and teams that are currently registered members of USA Swimming. Age is to be determined by the first day of the meet. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer's legal guardian to ensure compliance with this requirement.

ENTRY FEES:

- \$26.00 pool fee per swimmer
- \$4.00 per individual event
- \$8.00 per deck entry individual event
- \$2.00 SCLCS Travel Fund/Program fee per swimmer
- \$2.00 SCLCS Sports Development fee per swimmer
- \$2.00 SCLSC out of state Travel Fund/Program Fee per swimmer (non SCLSC swimmer only)
- \$8.00 per time trial

All 10 and under swimmers may swim a maximum of four (4) individual events (including time trials) on each day of the meet. All 11 and over swimmers may swim a maximum of three (3) individual events (including time trials) on each day of the meet.

ENTRY FEES WILL NOT BE REFUNDED NOR WILL A CREDIT BE GIVEN FOR EVENTS NOT SWUM.

MEET FORMAT:

- Meet management reserves the right to adjust the number of heats, lanes, warm up times and sessions based upon the number of entries or the meet timeline.
- All events on Friday and Sunday will be timed finals.
- The 1000 free will be a separate session on Friday evening. There will be a 10 minute break between sessions 1 & 2.
- All events for swimmers ages 11 & older on Saturday will be prelims/finals, except the 500 free.
- The 500 free, for 13 & Over only, will be timed finals with the top 10 girls and top 10 boys swimming at finals. There will only be one (1) heat of girls top 10 and one (1) heat of boys top 10 in finals regardless of age.
- The 500 free will be swum last in the session on Saturday morning but will be the third event during finals Saturday night.
- The top 20 for each age group of 11-12, 13-14, and 15 & Over will return for finals.
- 11-12 age group will swim their prelim session Saturday and their timed finals session Sunday in the afternoon session with the 10 & unders.
- During finals on Saturday night, all of the girl's finals of one event will be swum and then all the boys finals of one event will be swum (example = 11-12 girls 100 back, 13-14 girls 100 back, 15 & Over girls 100 back, 11-12 boys 100 back, 13-14 boys 100 back, 15 & Over 100 back, etc.)
- The 1000 Free, 500 Free and 400 IM will be swum fastest to slowest, alternating girls and boys.
- The 10 and under events will be timed finals only and swum in the afternoon session on Saturday & Sunday.
- Dive over starts will be used during preliminary and timed finals events.
- Depending upon the timeline, the 11 & Over 400 IM may be limited to the top 50 girls and top 50 boys. The decision will be made by Thursday, November 15, and coaches will be notified by e-mail. No refunds will be given. We will be happy to switch the swimmer to a different event at no additional charge, contingent on not creating new heats.

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- Depending upon the timeline, the 1000 Free may be limited to the top 30 girls and top 30 boys. The decision will be made by Thursday, November 15, and coaches will be notified by e-mail. No refunds will be given. We will be happy to switch the swimmer to a different event at no additional charge, contingent on not creating new heats.
- Time Trials will be conducted at the conclusion of each session at the discretion of the Meet Referee. Fees must be paid on the day of the Time Trial in cash.
- It is the coach’s responsibility to check for ties leading to swim offs. Swim-offs will be swum at the time designated by the Meet Referee. Any swimmer not present for the swim off will be dropped to the next lower place.
- Any swimmer who misses a positive check-in or finals event and does not swim will be ineligible to compete in his/her next individual preliminary or timed final event.

TIME OF MEET

SESSION	WARMUPS	MEET
Friday Afternoon	4:00 pm	5:00 pm
Friday 1000 free	4:00	10 minutes after conclusion of first session
Saturday Morning Prelims	7:30 am	8:30 am
Saturday Afternoon	Not before 12:00 pm	Not before 1:00 pm
Saturday Evening Finals	5:00 pm	6:00 pm
Sunday Morning	7:30 am	8:30 am
Sunday Afternoon	Not before 12:00 pm	Not before 1:00 pm

ENTRIES: Meet entries: Entries will be accepted beginning October 1, 2018. SC Swimming does not accept deck registrations. All swimmers entered must be registered at time of entry deadline. Deck entries will only be considered after the deadline and must be accompanied by the swimmer’s USA ID number. Deck entries will be available if there is an open lane but not if it causes an additional heat. Clubs should submit the Financial Summary Sheet and a single check payable to Palmetto Aquatics for the full amount due for an entry to be complete. Deck entries must be paid in cash prior to the swim event.

Deadline and Capacity: All entries must be received no later than 5:00 PM, Tuesday, November 6, 2018 - however registration will close sooner if the 350 swimmer limit per session is met before the registration deadline. Meet capacity is 350 swimmers per session, and is first come, first serve. PALM reserves the right to enter all of its swimmers. The meet will close after the team whose entries take registration to capacity are received by Sports Timing Inc. and entered in the meet. After the meet closes, clubs may not increase the number of swimmers entered in the meet.

Entry Submission: Go to www.sportstiming.com , click on meets and click on the “PALM Turkey Invite”. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files, you are able to submit a new form and file. Entry questions can be emailed to meet.support@sportstiming.com

AWARDS: Ribbons will be awarded to 1st through 10th place swimmers in all age groups for individual events.

SCORING: None.

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TIMING: A Colorado Timing System with 10 lane video display scoreboard will be used. Timing and data processing is provided by Sports Timing & Software, Inc. (www.sportstiming.com)

COACHES

ELIGIBILITY: All coaches must show their current coaching credentials and sign in at the Meet Director's office. Credentials should be displayed at all times. There will be a coaches meeting 20 minutes before the start of the meet's first session.

OTHER

INFORMATION:

OFFICIALS: Palmetto Aquatics welcomes visiting officials and appreciates their help in the officiating of this meet. Individuals wishing to officiate or apprentice at this meet should contact the Meet Referee as soon as possible. All Officials shall show their current LSC certification cards and sign in at the Hospitality Room one hour prior to the first session they will be officiating.

WARM-UPS: The South Carolina LSC Procedures will be in effect. Warm-up assignments will be posted prior to the start of each session. Coaches are required to closely supervise their swimmers at all times. Diving is permitted only during specific warm-up times as announced. The Meet Director reserves the right to adjust warm-up times after reviewing the projected time line. Coaches will be informed of any adjustments in the warm-up schedule via email and/or at the coaches meeting.

SAFETY: Running and horseplay are both prohibited. Glass containers and bottles are prohibited inside the pool area. The use of pull buoys, paddles, kickboards, bands, tubing and other equipment is prohibited. Deck Marshals will be assigned to supervise and have the authority to remove individuals for improper behavior.

SPECTATORS: Spectators will be limited to the viewing area. The viewing area has aluminum bleacher seating and therefore no free standing chairs may be used.

POOL AREA: Only swimmers, officials, coaches and meet personnel are allowed on the deck. No food or drinks are allowed on the deck. Swimmers may bring chairs on the deck. They may be kept on deck throughout the meet.

TIMERS: Each team is asked to provide at least one timer per session. Each swimmer in distance events (1000 Free, 500 Free and 400IM) will be required to provide their own timer and counter when appropriate.

HOSPITALITY: Hospitality will be open for coaches and officials throughout the meet just off the pool deck in a designated area. Meals will be served Friday evening, Saturday and Sunday. Snacks and beverages will be available during the meet.

VENDORS: Fully-equipped swim vendor (August Swim Supply), personalized meet T-shirts (available for purchase), and concessions will be available for visitors and swimmers on the 3rd level of the Blatt Natatorium, accessible from the bleachers.

HEAT SHEETS: Will be made available online and e-mailed to the coaches. Instead of selling hard copies, the heat sheet fee will allow for access to the electronic version of the heat sheet.

HOTELS: Please refer to the PALM meet web page for hotel information

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Order of Events Friday, November 16, 2018

Session: 1
Format: Timed Finals
Warm-up: 4:00 pm
Start time: 5:00 pm

Girls Event #	Boys Event #	Age Group	Event
1	2	11 & Over	200 fly
3	4	11 & Over	100 free
5	6	11-12	50 fly
7	8	11 & Over	200 breaststroke

Session: 2
Format: Timed Finals
Warm-up: 4:00 pm
Start time: 10 minutes after session 1 concludes

Girls Event #	Boys Event #	Age Group	Event
9	10	11 & Over	1000 Free (P)

(P) Positive check in required

Order of Events Saturday, November 17, 2018

Session: 3
Format: Prelims
Warm-up: 7:30 am
Start time: 8:30 am

Girls Event #	Boys Event #	Age Group	Event
11	12	13 & Over	100 backstroke
13	14	13 & Over	100 breaststroke
15	16	13 & Over	200 IM
17	18	13 & Over	50 free
Break			
19	20	13 & Over	500 Free (P)

(P) Positive check in required

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Session: 4
Format: Prelims and Timed Finals
Warm-up: Not Before 12 Noon
Start time: Not Before 1:00 pm

Girls Event #	Boys Event #	Age Group	Event
21	22	11-12	100 backstroke
23	24	10 & Under	50 breaststroke
25	26	11-12	100 breaststroke
27	28	10 & Under	100 free
29	30	11-12	200 IM
31	32	10 & Under	50 fly
33	34	11-12	50 free
35	36	10 & Under	100 backstroke
37	38	10 & Under	100 IM

Saturday, November 17, 2018

Session: 5
Format: Finals
Warm-up: 5:00 pm
Start time: 6:00 pm

Girls Event #	Boys Event #	Age Group	Event
21	22	11-12	100 backstroke
11	12	13 & Over	100 backstroke
25	26	11-12	100 breaststroke
13	14	13 & Over	100 breaststroke
29	30	11-12	200 IM
19	20	13 & Over	500 free
15	16	13 & Over	200 IM
33	34	11-12	50 free
17	18	13 & Over	50 free

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Order of Events Sunday, November 18, 2018

Session: 6
Format: Timed Finals
Warm-up: 7:30 am
Start time: 8:30 am

Girls Event #	Boys Event #	Age Group	Event
39	40	13 & Over	200 free
41	42	13 & Over	100 fly
43	44	13 & Over	200 backstroke
45	46	13 & Over	400 IM

(P) Positive check in required

Session: 7
Format: Timed Finals
Warm-up: Not Before 12 Noon
Start time: Not Before 1:00 pm

Girls Event #	Boys Event #	Age Group	Event
47	48	11-12	50 backstroke
49	50	10 & Under	200 free
51	52	11-12	200 free
53	54	10 & Under	50 back
55	56	11-12	50 breaststroke
57	58	10 & Under	100 fly
59	60	11-12	100 fly
61	62	10 & Under	50 free
63	64	11-12	200 backstroke
65	66	10 & Under	100 breaststroke
67	68	11-12	400 IM (P)

(P) Positive check in required

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MEET ENTRY SUMMARY SHEET

Team Information

Team Name _____ Team Code _____

Number Coach(s) _____

Team Coach and Contact Person _____

Home/Cell Phone Number _____ Work Phone Number _____

E-Mail for Results: _____

Team Mailing Address _____

Financial Information

_____ # swimmers x \$26.00 (pool surcharge) = _____

_____ # swimmers x \$2.00 SCLSC Travel Fund/Program Fee = _____

_____ # swimmers x \$2.00 SCLSC Sports Development Fee = _____

_____ # swimmers x \$2.00 SCLSC out of state Travel/Program Fee = _____

_____ # entries x \$4.00 – per individual event = _____

Total Fees _____

Submit checks, payable to Palmetto Aquatics and the Meet Entry Summary Sheet to:
2018 Palmetto Aquatics Thanksgiving Turkey Invite
c/o Heath Edwards
5102 Circle Drive
Columbia, South Carolina, 29206

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that South Carolina LSC, and Palmetto Aquatics, Sports Timing & Software, Inc., Augusta Swim Supply, and any volunteers and sponsor organizations club shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Signature/Title: _____