



**Sunday, June 9th 2019
Morning Warm Up Assignments**

Session 1 Pool A (Main) - 7:00 - 7:25am							
LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
TWNL	TWNL	TWNL	BMST	BMST	TOM	TOM	DFV

Session 1 Pool B (Diving) - 7:00 - 7:25 am							
LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
RS	RS	NORP	HST	CYM	FOST	WLW	GLEN
	NORP						

Session 2 Pool A (Main) - 7:25 - 7:50 am							
LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
MNW	SCO	BRY	STC	CBST	CLE	PWF	HWD

Session 2 Pool B (Diving) - 7:25 - 7:50 am							
LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
BSST	HVL	SCF	PF	WIN	BCB	WLR	WIE
COPP	NAV	CYC	WIMB	WLH	KWD	NHN	COLS

Pool A (Main) Lane Timer Assignments

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
TWNL	CYM	TOM	RS	FOST	GLEN	SCO	BMST
BMST	DFV	NORP	HST	WLW	MNW	TWNL	TWNL

** Teams not listed, please have timers ready as needed



**Sunday, June 9th 2019
Afternoon Warm Up Assignments**

Session 1		Pool A (Main) - 12:20 - 12:45 pm					
LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
TWNL	TWNL	DFV	DFV	BMST	BMST	BRY	BRY

Session 1		Pool B (Diving) - 12:20 - 12:45 pm					
LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
FOST	GLEN	GLEN	CYM	RS	NORP	STC	COPP

Session 2		Pool A (Main) - 12:45 - 1:10 pm					
LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
NHN	CBST	CGC	MNW	PWF	WIE	BSST	HVL
						CYC	TOM

Session 2		Pool B (Diving) - 12:45 - 1:10 pm					
LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
PF	NAV	HST	LIV	BCB	SCF	CLC	WIMB
WLH	CYP	KWD	WLW	CLE	WLR	HWD	WIN

Pool A (Main) Lane Timer Assignments

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
TWNL	BRY	GLEN	DFV	NORP	COPP	TWNL	DFV
BMST	FOST	CYM	RS	STC	NHN	DFV	TWNL

** Teams not listed, please have timers ready as needed