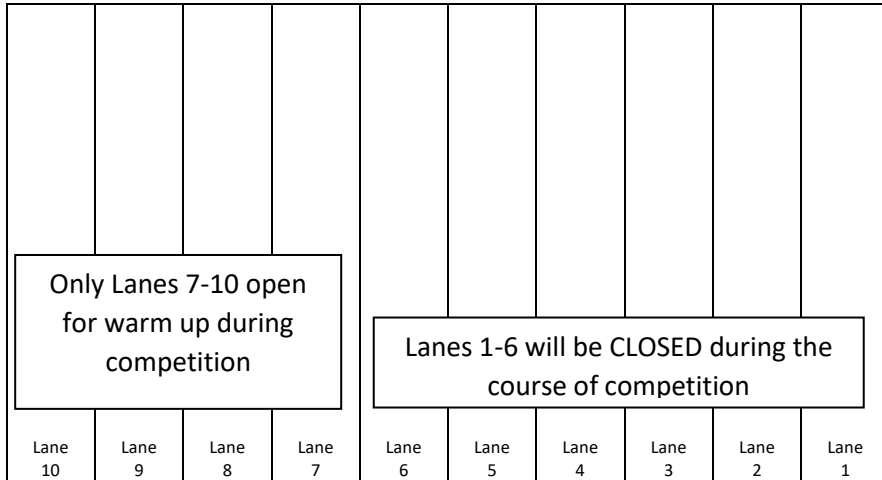
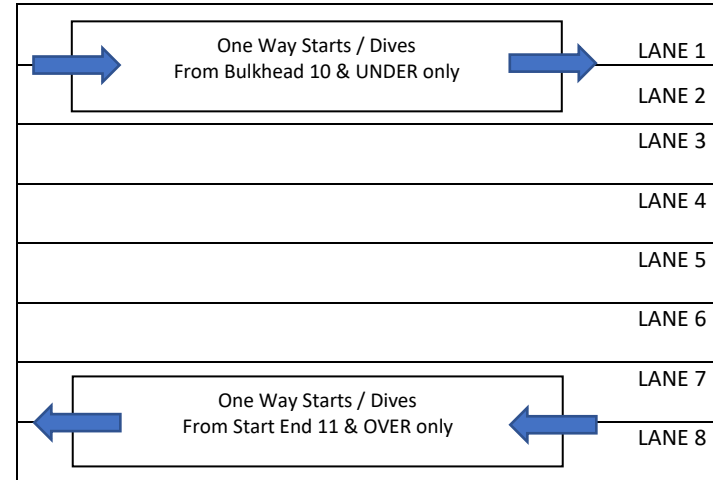


2022 PI WARM UP ASSIGNMENTS

DAY 1 – SATURDAY JUNE 25, 2022



BULKHEAD
25 YD START END



1ST Warmup Session 7:00am – 7:25am

Lane 10	Lane 9	Lane 8	Lane 7	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3
PF	JVS	WLH	ORN	RS	NHN	NHN	WLM	CLC	GLF	WOR	WOR	IOST	IOST
BSST	WIN	SCST	WLH	ORN			TNW	CYM	WLR				

2ND Warmup Session 7:25am – 7:50am

Lane 10	Lane 9	Lane 8	Lane 7	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3
STC	STC	WALD	WLW	SHEN	WNDR	BRLD	NORP	FCR	SMW	STG	STG	COLE	COLE
	WALD												

3RD Warmup Session 7:50am – 8:15am

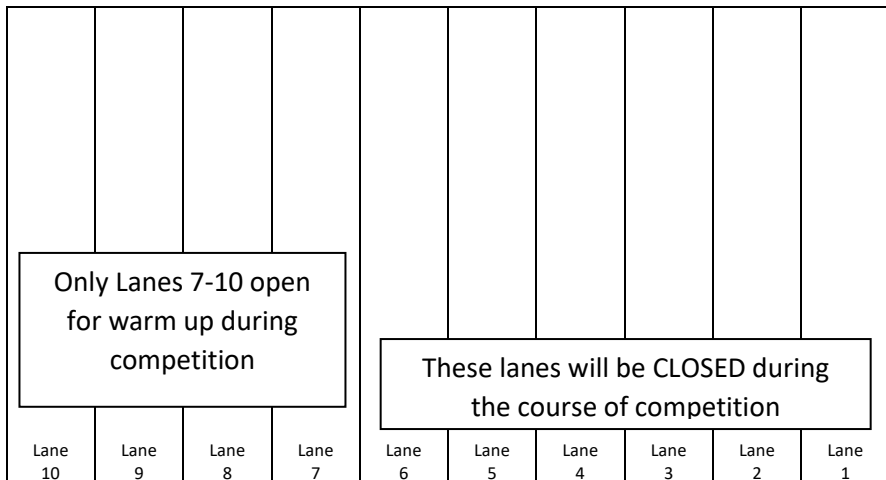
Lane 10	Lane 9	Lane 8	Lane 7	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3
FAST	CHRC	WSG	LDLB	SCO	TVG	BB	BMST	FMKP	FOST	ESST	ESST	TWNL	TWNL
TTS	LEEC	KWD	HUNT	CHTS	CGC	DDST	CBST	BFST	BCB				

4TH Warmup Session 8:15am – 8:40am

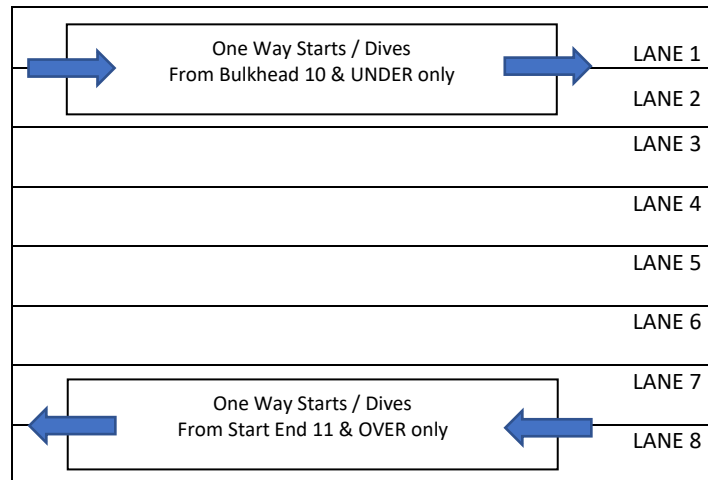
Lane 10	Lane 9	Lane 8	Lane 7	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3
NPT	COLS	CLE	CYPR	EMC	BRY	COPP	CPS	DFV	KNGR	MNW	LOE	MBW	SCR
WIE	CYC	CYP	GWG	HVL	HWD	LWF	NSST	TOM	GTR	HST	WIMB		WHST
LIV	OAKS	WDFR	BREN	FCST						PWF			

2022 PI WARM UP ASSIGNMENTS

DAY 2 – SUNDAY JUNE 26, 2022



BULKHEAD
25 YD START END



1ST Warmup Session 7:00am – 7:25am

Lane 10	Lane 9	Lane 8	Lane 7	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3
PF	JVS	WNDR	BRLD	WLW	WLW	STC	STC	NHH	NHN	COLE	COLE	STG	STG
BSST	WIN			BRLD									

2ND Warmup Session 7:25am – 7:50am

Lane 10	Lane 9	Lane 8	Lane 7	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3
FAST	FOST	WALD	FCR	RS	SHEN	SCST	BB	WSG	NORP	TWNL	TWNL	ESST	ESST

3RD Warmup Session 7:50am – 8:15am

Lane 10	Lane 9	Lane 8	Lane 7	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3
BMST	LDLB	MBW	ORN	SCO	SMW	TVG	WLM	LOE	SCR	WOR	WOR	IOST	IOST
CHTS	FCST	CYC	NPT	LIV	OAKS	WHST	CYP	GTR	BFST				

4TH Warmup Session 8:15am – 8:40am

Lane 10	Lane 9	Lane 8	Lane 7	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3
DDST	DFV	FMKP	CLC	CLE	COPP	EMC	HWD	WIE	BRY	CHRC	WLH	MNW	GLF
BREN	BCB	HVL	GWf	CYPR	WLR	TOM	TNW	PWF	NSST	COLS	LWF	KNGR	CYM
CBST	CGC	CPS	HST	TTS	WIMB				VGO				