

WINDROSE STINGRAYS

Stroke Clinic

Hosted by: Coach Michael
(Spring Swim Team Head Coach)

Where: Windrose Stingrays
Front Competition Pool

When: June 10th

Cost: **FREE**

Clinic Times:

5:00pm – 6:00pm (8-unders)

6:00pm – 7:00pm (9-10 Swimmers)

7:00pm -8:00pm (11-Up Swimmers)



SPRING SWIM TEAM

www.springswimteam.com

****To Attend Swimmers must be able to cross pool without assistance in at least Free and Backstroke****