



## Saturday Warm-Up Schedule

Once warm-ups conclude, the 5 lane warm-up pool will be closed during the meet.  
Coaches, please let your team know they are not to use the warm-up pool during competition.

**Spectators are NOT allowed ondeck during warm-ups.  
You may view warm-ups from the spectator seating.**

### Saturday, June 25th

<b>1ST</b>	<b>First warmups 7:30 - 7:45 AM</b>		Warm Up/Down Lanes																																							
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### Saturday, June 25th

#### TIMING ASSIGNMENTS

**Teams not listed please have timers ready to fill in as needed for all sessions in attendance.**

**Teams are responsible for filling their timer assignments.  
The meet will stop until all timer chairs are filled.**

**3 Timers Required**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SHEN	COLE	WOR	SCR	SCO	STG	COPP	WNDR
SHEN	COLE	WOR	HUNT	DFV	CLC	MBW	MNW
KNGR	TVG	LDLB	PWF	WDFR	FOST	CLE	WIE

*\*Teams may assign shifts internally*



## Sunday Warm-Up Schedule

Once warm-ups conclude, the 5 lane warm-up pool will be closed during the meet.  
Coaches, please let your team know they are not to use the warm-up pool during competition.

Spectators are NOT allowed ondeck during warm-ups.

You may view warm-ups from the spectator seating.

### Sunday, June 26th

#### 1ST First warmups 7:30 - 7:45 AM

Warm Up/Down Lanes

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
CLE	CYPR	FOST	MBW	MBW	FCST	COLE	COLE	COLE	COLE	MBW	FOST	CYPR
					COLE							

#### 2ND Second warmups 7:45 - 8:00 AM

Warm Up/Down Lanes

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
WDFR	CLC	CLC	KNGR	DFV	SHEN	SHEN	SHEN	SHEN	SHEN	SHEN	DFV	KNGR
SCF												

#### 3RD Third warmups 8:00 - 8:15 AM

Warm Up/Down Lanes

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
HMR	WIE	STG	MNW	MNW	KWD	WOR	WOR	WOR	WOR	MNW	STG	WIE
					WOR							

#### 4TH Fourth warmups 8:15 - 8:30 AM

Warm Up/Down Lanes

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
WNDR	WNDR	TNW	WHST	COPP	TVG	SCR	SCR	SCR	SCR	TVG	COPP	WHST
EMC						WIMB						

#### 5TH Fifth warmups 8:30 - 8:45 AM (Meet starts at 9:00 AM)

Warm Up/Down Lanes

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
GTR	CLE	OCV	PWF	LDLB	HUNT	SCO	SCO	SCO	HUNT	LDLB	PWF	OCV

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SHEN	COLE	WOR	SCR	SCO	MBW	MNW	HUNT
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CLC	TVG	KNGR	WHST	FOST	DFV	OCV	WIE

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