

2023 ALLSTAR SWIMMING CHAMPIONSHIP
NWAL Invitational Meet Hosted by PACK

YARDS – Ponderosa Invitational Times are the Cut Off Times
 Date June 23 - June 25th (Friday-Sunday)

Girls Event #	YARD Qualifying	Event	YARD Qualifying	Boys Event #
1	1:16.19	11-12 100 Free	1:15.19	2
3	1:13.07	13-14 100 Free	1:10.97	4
5	1:12.79	15-18 100 Free	1:05.09	6
7	none	11-14 Mixed 200 Medley Relay	none	8
9	none	13-18 Mixed 200 Medley Relay	none	10
11	1:34.00	11-12 100 IM	1:34.88	12
13	1:25.08	13-14 100 IM	1:22.48	14
15	1:24.38	15-18 100 IM	1:15.57	16
17	32.75	6&U 25 Free	32.59	18
19	22.27	7-8 25 Free	22.09	20
21	18.91	9-10 25 Free	18.13	22
23	35.49	11-12 50 Free	36.26	24
25	35.69	13-14 50 Free	33.29	26
27	33.96	15-18 50 Free	30.18	28
29	none	6&U 100 Free Relay	none	30
31	none	8&U 100 Free Relay	none	32
33	none	10&U 100 Free Relay	none	34
35	37.48	6&U 25 Back	38.49	36
37	27.42	7-8 25 Back	28.47	38
39	23.29	9-10 25 Back	23.89	40
41	45.49	11-12 50 Back	46.85	42
43	43.37	13-14 50 Back	41.84	44
45	43.07	15-18 50 Back	39.17	46
47	40.59	10 & U 50 Free	41.09	48

Date

Girls Event #	YARD Qualifying	Event	YARD Qualifying	Boys Event #
49	28.89	8&U 25 Fly	29.99	50
51	22.75	9-10 25 Fly	23.16	52
53	42.83	11-12 50 Fly	44.29	54
55	39.95	13-14 50 Fly	38.78	56
57	39.38	15-18 50 Fly	33.63	58
59	none	11-14 200 Free Relay	none	60
61	none	13-18 200 Free Relay	none	62
63	32.82	8&U 25 Breast	32.09	64
65	26.02	9-10 25 Breast	25.84	66
67	47.17	11-12 50 Breast	48.56	68
69	45.81	13-14 50 Breast	44.28	70
71	46.84	15-18 50 Breast	41.11	72
73	1:43.00	10&U 100 IM	1:42.39	74





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METERS – Ponderosa Invitational Times are the Cut Off Times
Date

Girls Event #	METER Qualifying	Event	METER Qualifying	Boys Event #
1	1:24.57	11-12 100 Free	1:23.46	2
3	1:21.11	13-14 100 Free	1:18.78	4
5	1:20.80	15-18 100 Free	1:12.25	6
7	none	11-14 Mixed 200 Medley Relay	none	8
9	none	15-18 Mixed 200 Medley Relay	none	10
11	1:44.34	11-12 100 IM	1:45.45	12
13	1:34.44	13-14 100 IM	1:31.55	14
15	1:33.66	15-18 100 IM	1:23.88	16
17	36.35	6&U 25 Free	36.17	18
19	24.72	7-8 25 Free	24.52	20
21	20.99	9-10 25 Free	20.12	22
23	39.39	11-12 50 Free	40.25	24
25	38.20	13-14 50 Free	36.59	26
27	37.70	15-18 50 Free	33.32	28
29	none	6&U 100 Free Relay	none	30
31	none	8&U 100 Free Relay	none	32
33	none	10&U 100 Free Relay	none	34
35	41.60	6&U 25 Back	42.72	36
37	30.44	7-8 25 Back	31.60	38
39	25.85	9-10 25 Back	26.52	40
41	50.49	11-12 50 Back	52.00	42

43	48.14	13-14 50 Back	46.44	44
45	45.05	15-18 50 Back	43.48	46
47	45.05	10 & U 50 Free	49.31	48

Date

Girls Event #	METER Qualifying	Event	METER Qualifying	Boys Event #
49	32.07	8&U 25 Fly	33.29	50
51	25.20	9-10 25 Fly	25.71	52
53	47.54	11-12 50 Fly	49.16	54
55	44.34	13-14 50 Fly	43.05	56
57	43.71	15-18 50 Fly	37.33	58
59	none	11-14 200 Free Relay	none	60
61	none	13-18 200 Free Relay	none	62
63	36.43	8&U 25 Breast	35.62	64
65	28.88	9-10 50 Breast	28.68	66
67	52.36	11-12 50 Breast	53.90	68
69	50.85	13-14 50 Breast	49.15	70
71	51.99	15-18 50 Breast	45.63	72
73	1:54.33	10&U 100 IM	1:53.65	74