

Water Warrior Weekly

www.woodbrooke.swimtopia.com

2018 SEASON/ISSUE #1
May 13, 2018

Welcome to the 2018 season!

Important Dates This Week

May 14: Afternoon practice begins!

13 & Over: 4:00pm – 5:30pm

9 – 12: 5:15pm – 6:30pm

8 & Under: 6:15pm – 7:00pm

You **must**
be registered to
participate in practice.



Let's Give a Big Warrior Welcome to our Coaches!

Head Coach Josh

Assistant Coaches

Andy Kwame Makayla

Helper Coach Jacob

As part of practice this week, our coaches will be evaluating the swimmers to make sure they are in the right practice group. This includes our young swimmers who will be evaluated for their team readiness including the swimming the length of the pool without assistance and being independent in practice.

Come prepared for both pool and dryland practices every day all summer!

What to bring/wear to practice –

- Pool
 - One-piece practice suit, goggles, cap, towel, other swim gear (fins, paddles, etc. if you have them), water bottle and dry/warm clothes for the ride home
- Dryland
 - Tennis shoes, water bottle

REMIND 101

We have a NEW Remind account for 2018. Sign up by texting the message @b724f4 to phone number 81010. This is our primary communication tool for the summer!

GO WATER WARRIORS!