



Northwest Aquatics League
2023 Summer Champs Invitational

hosted by Blue Tide Aquatics

Sponsored by Speedo®

Sunday, June 11, 2023



LOCATION: Kingwood High School, 2701 Kingwood Dr., Kingwood, TX 77339

DIRECTIONS: Take U.S. 59 North to Kingwood Dr. Turn east on Kingwood Drive and travel about 3.7 miles. Turn left into the student parking at the light immediately after Valley Manor/Lake Kingwood Trail. The natatorium is located on the east side of the building.

POOL: Eight lane, 25-yard indoor pool with non-turbulent lane lines. There is no separate warm up/down area. A Colorado Model 6000 or Gen 7 electronic timing system will be used with an eight-lane digital scoreboard. Two watches per lane will be used as backup.

MEET SETUP: Air conditioned inside setup is available in the high school commons area (cafeteria). Absolutely no setup is permitted in the bleachers, hallways or where a "No Setup" sign is posted.

ORDER OF EVENTS: See attached format

TIME AND DATE: Sunday, June 11, 2023

Session 1: 11-18 Girls and Boys Events

Meet starts at 9:00 a.m.

Warmups TBD based on entries

Session 2: 10 & under Girls and Boys Events

Meet starts at approximately @ 3:00 p.m. (may change based on AM session entries)

Warmups TBD based on entries

Warm-up assignments and a timeline will be posted on the BTA website at www.swimbluetide.org at least two days prior to the event

MEET REFEREES: Tina Thibodeaux officials@bearbranchswimteam.com
Chris Stephenson crstephenson86@gmail.com

MEET DIRECTORS: Brad Quindt btameetdirector@gmail.com
Katy Stibrich btameetdirector@gmail.com
Mike Stock btameetdirector@gmail.com

MEET ENTRY: Brad Quindt btameetdirector@gmail.com

OFFICIALS: 2023 NWAL certified officials will officiate. Teams are requested to pass along the SignUp Genius link to their certified officials ... <https://www.signupgenius.com/go/10C0E4FAAAC2CABFAC34-btasummer>

SAFTEYMARSHAL: Ircka West, Brian Breitzkreuz

SEEDING: This will be a pre-seeded meet. No on deck entries will be allowed. It is important that all teams turn in their entries on a timely basis to ensure that their swimmers have a chance to swim. Coaches are requested to turn in relay cards no later than 45 minutes prior to the start of the meet.

ENTRY INFORMATION:

Entries: All teams must submit their entries electronically via an SD3 file using Swimtopia software. An entry report with proof of times must be included with your entries. Entry times will be converted to the proper course by Swimtopia software using the default conversions and meet templates. *For Progressive Relays; Include a separate document with relay names and entry time to verify entry was successfully imported. That form is at the end of this document.*

Meet entries will be limited to 2500 entries accepted on a first serve basis in the order they are received.

Qualifying times: 12 & under swimmers must have achieved the minimum qualifying times listed in the attached order of events. There are no qualifying times for 13 and over swimmers. **Time trial times (unofficial times) are allowed if the swimmer has not achieved an official time. Once an official time has been achieved, the unofficial time should no longer be used. No Times (NT) will not be accepted.**

All relay swimmers must meet the time standard for his/her leg of the relay.

Bonus Events: Swimmers that qualify for at least 3 events will be allowed to swim all additional events provided they have a legal time swum at a time trial or a sanctioned NWAL meet. NT's will not be accepted.

Age: Age as of May 1, 2023

Number of Events: Individuals may enter up to six (6) events and three (3) relays. Teams may enter up to two (2) relay teams in each relay event. Any team is eligible to score points for the team.

Eligible Teams: All NWAL teams.

Deadline: Entries must be emailed to the meet entry director no later than 8:00 p.m. on Tuesday, May 31, 2023.

Brad Quintt
469-338-8836
btameetdirector@gmail.com

Fees: \$6.00 per individual event. \$12.00 per relay event. Make checks payable to Blue Tide Aquatics. All fees are by the start of the meet on **Sunday, June 11, 2023.**

AWARDS: **Individual Events:** Custom medals will be awarded to 1st-8th place finishers in each age group (6&U, 7, 8, 9, 10, 11, 12, 13, 14,15-18)

Note: Each event may score up to 4 age groups but never more, per event. Awards will be given as follows:

- 6 & under events – awards for 6, and 5 & under
- 8 & under events – awards for 8 year old's, 7 year old's and 6 & under
- 7-8 year old events – awards for 7 year old's and 8 year old's
- 10 & under events – awards for 10 year old's, 9 year old's, 8 year old's, 7 year old's and 6 & under
- 9-10 year old events – awards for 9 year old's and 10 year old's
- 11-12 year old events – awards for 11 year old's and 12 year old's
- 13-14 year events – awards for 13 year old's and 14 year old's
- 15-18 year old events – awards for 15 years & over only.

Relay Events: Medals for 1st-3rd place; Ribbons for 4th-8th

High-point awards: Trophies will be awarded in each of the following age groups: 5&U, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15-18. Medals will be given for 2nd and 3rd place high point winners.

Individual Tie Breaker: Most 1st place finishes; then most 2nd place finishes and so on until the tie is broken.

Team awards: Trophies will be awarded to the top three teams in 2 divisions. Divisions will be based on the number of swimmers/entries and will be determined after all entries are received.

Team Tie Breaker: Same method use for high point

SCORING: Individual Events: 9-7-6-5-4-3-2-1
Relay Events:18-14-12-10-8-6-4-2

MEET RULES AND APPROVED VARIANCES:

2023 NWAL Rules will apply with the following clarifications: (1) There is no limit to the number of individual events in which a swimmer may enter. (2) Teams may enter up to two (2) relay teams in each relay event. Any relay team is eligible to score points for the team score.

There will be four progressive relays, two for male swimmers and two for female swimmers.

Progressive Medley Relay will consist of the following sequence of events: 50 yd Back (11-12 year old's), 50 yd Breast (13-14 year old's), 50 yd Butterfly (15-18 year old's), 25 yd Free (9-10 year old's), and 25 yd Freestyle (8 & under). This relay will be the last event in the morning session.

Progressive Free Relay will consist of the following sequence of events: 50 yd Free (15-18 year old's); 50 yd Free (13-14 year old's); 50 yd Free (11-12 year old's); 25 yd Free (8 & under); and 25 yd Freestyle (9-10 year old's). This relay will be the first event in the afternoon session.

All participants must be registered 2023 NWAL swimmers. All participants must have competed in at least one NWAL meet during the 2023 NWAL season.

Eligibility for an age group is determined by the individual's age as of the end of the day May 1, 2023.

Swimmer seeding will be listed in the heat sheets. Swimmers are to report to the ready bench area when their event is called. Teams are responsible for insuring that their swimmers are at the ready bench prior to their events. **Parents are requested not to accompany their children to the ready bench! Instead, we strongly recommend that a team parent be responsible for getting swimmers to the ready bench.**

All swimmers must meet the age and qualifying time requirements. Anyone protesting an entry time has the burden of proof for proving that the time is false.

The decisions of the Meet Referee are final and no other appeals will be considered by NWAL.

POOL DECK RESTRICTIONS:

Because of Insurance Safety Regulations, the swimming pool deck, during the operation of the Summer Champs meet, is closed to all persons except swimmers, coaches, safety marshals, officials, meet personnel, and timers. If you are asked to leave the deck by any registered personnel, please do so immediately. It is for your safety. There will be spectator seating, see spectator seating section.

Coaches and Officials must present their NWAL credentials in order to receive complimentary Heat Sheets and for admission to the Hospitality Room. Coaches must supervise their swimmers.

No Food or Drinks other than water are allowed on deck.

SPECTATOR SEATING:

The bleachers on the pool deck are designated as watch your swimmer and leave for the next set of parents. Please do not make this a permanent seat. Seating between races is in the cafeteria or outside.

SWIMMERS WITH DISABILITIES:

Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve additional equipment (i.e. remote strobe).

SAFETY AND SECURITY:

The attached Safety guidelines and warm-up procedures will be in effect. The Safety Marshal will be responsible for ensuring that the safety procedures are followed. The Safety Marshal will be wearing a safety-orange vest, and has the authority to remove anyone who is not following these procedures or who in any way is conducting themselves in an un-safe manner. The Safety Marshall will be responsible for ensuring that a safe conduct is strictly enforced.

Smoking will not be allowed anywhere in the building or school campus. No glass containers of any type will be allowed in the pool area.

Park in the normal parking spots in the parking lot. Do not park along the drives or along the curbs or anywhere indicated with a "no parking" sign.

HOSPITALITY: A hospitality room/area will be available for coaches and officials. Refreshments and complimentary heat sheets will be available for all coaches.

CONCESSIONS: Concessions will be available

MERCHANDISE: Swim Shops of the Southwest will be at the meet selling apparel and gear. A custom Summer Champs shirt will be available for purchase sold by Fine Designs.

ATTACHMENTS: Map to pool
Order of events with qualifying times
Meet entry fee form
Safety guidelines and warm- up procedures

2023 Summer Champs 11 & Over Order of Events

Sunday, June 11, 2023
Meet Starts at 9:00am

Girls Event Number	Girls Qualifying Times (meters)	Girls Qualifying Times (yards)	EVENT	Boys Qualifying Times (yards)	Boys Qualifying Times (meters)	Boys Event Number
1	1:53.30	1:43.00	11-12 100 yard IM	1:45.00	1:55.50	2
3			13-14 100 yard IM			4
5			15-18 100 yard IM			6
7			11-12 200 yard Free Relay			8
9			13-14 200 yard Free Relay			10
11			15-18 200 yard Free Relay			12
13	57.20	52.00	11-12 50 yard Fly	55.00	1:00.50	14
15			13-14 50 yard Fly			16
17			15-18 50 yard Fly			18
19	57.20	52.00	11-12 50 yard Back	54.00	59.40	20
21			13-14 50 yard Back			22
23			15-18 50 yard Back			24
25	1:39.00	1:30.00	11-12 100 yard Free	1:32.00	1:41.20	26
27			13-14 100 yard Free			28
29			15-18 100 yard Free			30
31	59.40	54.00	11-12 50 yard Breast	56.00	1:01.60	32
33			13-14 50 yard Breast			34
35			15-18 50 yard Breast			36
37	46.20	42.00	11-12 50 yard Free	44.00	48.40	38
39			13-14 50 yard Free			40
41			15-18 50 yard Free			42
43			11-12 200 yard Medley Relay			44
45			13-14 200 yard Medley Relay			46
47			15-18 200 yard Medley Relay			48
49			8&U-18 200 yard Mixed Age Medley Relay			50

*The "three event" rule will also apply for qualification. If an 11 or older swimmer qualifies for three (3) events, then the swimmer may enter the rest of the events regardless of the swimmer's times for these events, even if that time is slower than the qualifying time. Time trial times are allowed.

NT's are not allowed per NWAL

2023 Summer Champs 10 & Under Order of Events

Sunday, June 11, 2023

Meet starts at approximately 3:00pm (subject to change based off session 1 entries)

Girls Event Number	Girls Qualifying Times (meters)	Girls Qualifying Times (yards)	EVENT	Boys Qualifying Times (yards)	Boys Qualifying Times (meters)	Boys Event Number
51			8&U-18 200 yard Mixed Age Free Relay			52
53	2:28.50 2:07.60	2:15.00 1:56.00	8 & under 100 yard IM 9-10 100 yard IM	2:17.00 1:58.00	2:30.00 2:09.80	54
55			6&U 100 yard Free Relay			56
57			7-8 100 yard Free Relay			58
59			9-10 100 yard Free Relay			60
61	39.60	36.00	8&U 25 yard Fly	38.00	41.80	62
63	33.00	30.00	9-10 25 yard Fly	32.00	35.20	64
65	48.40	44.00	6&U 25 yard Back	45.00	49.50	66
67	37.40	34.00	7-8 25 yard Back	35.00	38.50	68
69	31.90	29.00	9-10 25 yard Back	31.00	34.10	70
71	1:03.80 52.80	58.00 48.00	8 & under 50 yard Free 9-10 50 yard Free	59.00 51.00	1:04.90 56.10	72
73	41.80	38.00	8&U 25 yard Breast	39.00	42.90	74
75	35.20	32.00	9-10 25 yard Breast	33.00	36.30	76
77	46.20	42.00	6&U 25 yard Free	43.00	47.30	78
79	33.00	30.00	7-8 25 yard Free	31.00	34.10	80
81	24.20	22.00	9-10 25 yard Free	24.00	26.40	82
83			8&U 100 yard Medley Relay			84
85			9-10 100 yard Medley Relay			86

*The "three event" rule will also apply for qualification. If a 10 or under swimmer qualifies for three (3) events, then the swimmer may enter any additional events regardless of the swimmer's times, for the bonus events, even if that time is slower than the qualifying time. Time trial times are allowed.

NT's are not allowed per NWAL.

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Team Entry Form

Must be submitted with meet entry

Team Name: _____

Abbreviation: _____

Team Contact: _____

Phone: _____

Email: _____

Number of Individual Events: _____ x \$6.00 = \$ _____

Number of Relay Events: _____ x \$12.00 = \$ _____

Total Amount Due: \$ _____

Entry fees must be submitted by the start of the meet. Make check payable to Blue Tide Aquatics

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Progressive Relay Entry Form

Must be submitted with meet entry

Team Name: _____

Abbreviation: _____

Event 49 Girls A Mixed Age Medley Relay

11-12 50 Backstroke	13-14 50 Breaststroke	15-18 50 Butterfly	9-10 25 Free	8&U 25 Freestyle

Event 49 Girls B Mixed Age Medley Relay

11-12 50 Backstroke	13-14 50 Breaststroke	15-18 50 Butterfly	9-10 25 Free	8&U 25 Freestyle

Event 50 Boys A Mixed Age Medley Relay

11-12 50 Backstroke	13-14 50 Breaststroke	15-18 50 Butterfly	9-10 25 Free	8&U 25 Freestyle

Event 50 Boys Mixed Age Medley Relay

11-12 50 Backstroke	13-14 50 Breaststroke	15-18 50 Butterfly	9-10 25 Free	8&U 25 Freestyle

Event 51 Girls A Mixed Age Free Relay

15-18 50 Free	13-14 50 Free	11-12 50 Freestyle	8&U 25 Freestyle	9-10 25 Free

Event 51 Girls B Mixed Age Free Relay

15-18 50 Free	13-14 50 Free	11-12 50 Freestyle	8&U 25 Freestyle	9-10 25 Free

Event 52 Boys A Mixed Age Free Relay

15-18 50 Free	13-14 50 Free	11-12 50 Freestyle	8&U 25 Freestyle	9-10 25 Free

Event 52 Boys Mixed Age Free Relay

15-18 50 Free	13-14 50 Free	11-12 50 Freestyle	8&U 25 Freestyle	9-10 25 Free

WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool.
Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach in violation of safety guidelines or warm-up procedures.
 - 2. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokers need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of the meet.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in this invitation.