

Welcome to TMST's 2022 Season!

We are glad to have you as a member of the Tipp-Monroe Swim Team, Inc (TMST). This handbook is designed to provide some basic information and help you understand and enjoy the season.

GOAL:

The primary goal of our team this year is to have swimmers compete at each meet while maintaining a competitive team. Prior to each meet, swimmers will be evaluated on their performance, attendance, and willingness to compete for the benefit of the team. As a member, you can expect to improve your swimming skills, enjoy better physical fitness, meet others that share your enthusiasm for swimming and have fun!

PARTICIPATION REQUIREMENTS:

Membership is open to any swimmers 18 years of age or under (with the exception of graduating seniors who may be older). Each child 12 and under must be able to swim one length of the pool in at least one competition stroke unaided to compete. Each child 13 and older must be able to swim two lengths of the pool in at least one competition stroke unaided to compete. Competition age groups are determined by the age of the swimmer as of May 31st of the year of registration.

REGISTRATION & FEES:

Registration and fees must be submitted together. Online registration will be accepted April 1 – May 31, 2022. There are no refunds for registration fees to **non**-first year swimmers.

Registration fees for the 2022 season are as follows:

\$75 for 1st swimmer

+\$50 for 2nd swimmer

+\$30 for 3rd+ swimmer

Swim Team Pass. The Tipp City Aquatic Center requires that every swimmer **must** have a swim team pass to the Tipp City Aquatic Center. The swim team pass can be obtained at the administrative offices of Tipp City, or the Tipp City Aquatic Center and will cost \$30.00 per swimmer. A season pass to the Tipp City Aquatic Center will not be accepted for swim team practice entry. **The swim team does not obtain swim team passes for you.** <https://www.tippcityohio.gov/250/Pool-Information>

COACHING STAFF:

Erin Gutman, Head Coach

Coach Erin lives in Troy with her husband Alex, and their three children, Allie (7), Will (5), and Ellen (3).

During the school year, Erin teaches 5th grade at Miami East Elementary School, and in the summer Erin can be found at the Tipp City Pool most days. As for coaching experience, Erin started coaching summer swim team while she was still in high school on the Botkins team and honestly never stopped. Throughout the years, she has coached summer swim team at Botkins, as well as Tipp City, and she has been an assistant coach for the Miami East High School swim team.

As a past certified Red Cross Lifeguard, CPR, and swim lessons instructor, she taught an endless number of private lessons at Wright State University Aquatic Center, area pools, and the local YMCA.

"Summer swim team allows me to combine my passion of teaching with my love of the water," said Coach Erin. "I can't wait to see you all at the pool!"

Michael Galloway, Assistant Coach

Coach Mike recently completed his 8th year coaching high school swimming, and first year with the Tiptecanoe High School Swim Team. The 2022m season will be his 11th year coaching summer swimming. His impressive resume also includes experience coaching at a few local winter programs and of course was a swimmer himself.

When not coaching, Mike works at Greenon High School, as an Intervention Ready Resource teacher, working with children with disabilities. He lives in Tipp City with his wife Jena, and two sons, Michael and Maverick.

"I look forward to meeting everyone and getting know you, as well as working towards our swimming goals," said Coach Mike. "And most of all, I look forward to having a lot of fun at the pool this summer!"

Meredith Richters, Junior Coach

Meredith is a 2022 graduate of Ohio Wesleyan University with a Bachelor of Arts in English and French, with a Minor in Education.

She has a strong passion for teaching and language! At OWU, Meredith was a member of the varsity swimming and diving team for 4 years. She served as team captain her senior year and holds the school record in the 200 butterfly. She also volunteered with Bishop Bubbles, which are swim lessons run by OWU for the community of Delaware.

Meredith attended and graduates from Miami East High School in 2018. During her tenure, she swam for the Vikings for all 4 years. There, Meredith qualified for the state championships in 3 events. Meredith continues to volunteer coach the MEHS swim team during my fall and winter breaks.

During her childhood summers, Meredith swam for TMST for 10 years, starting in its 2008 season. "I am absolutely thrilled to go back to my roots in TMST as a coach this season," concluded Meredith.

Annie Richters, Junior Coach

Annie Richters is a rising sophomore at Ohio Northern University studying forensic Biology with a minor in Chemistry.

At ONU, Annie is a member of the varsity swim and dive team. She specializes in sprint freestyle and butterfly events. Annie also gives swim lessons to kids in Ada and the surrounding communities with the OWU swim team throughout the school year.

Like her sister, Annie also attended Miami East High School, graduating in 2021, and swimming all 4 years. During her high school tenure, she competed at the district and state levels where she holds many sprint freestyle records. Annie also had the privilege to swim for the Springfield YMCA's National Club Team during her high school career.

During fall and winter collegiate breaks, Annie continues to help coach the MEHS swim team.

"I swam for TMST throughout my elementary and middle school career and am very excited to be returning for the summer season," said Annie.

PRACTICE SCHEDULE:

Monday, Tuesday, Wednesday, Thursday	May 31 – July 14	
Tipp City Aquatic Center	10 & Under	7:00 pm – 8:00 pm
	11 & Up	8:00 pm – 9:00 pm

This is the time the swimmer is to be in the water. Please plan on arriving 5-10 minutes early to ensure your swimmer is ready to go. We need to make the most of our practice time and want swimmers in the water as much as possible.

MEET SCHEDULE: (WARM UP TIMES ARE PRIOR TO MEET START)

Thursday, June 9, 6:30 pm	HOME vs Troy
Tuesday, June 14, 6:30 pm	AWAY @ Versailles
Thursday, June 23, 6:30 pm	AWAY @ Minster
Thursday, June 30, 6:30 pm	Home vs Botkins
Saturday, July 9, 8:30 am	AWAY @ Bellefontaine

CHAMPIONSHIP MEET:

The 5C's Swim League Meet is conducted at the END of the swim season. TWO swimmers per event are chosen to compete. Swimmers must have competed in at least TWO regular (league) swim meets in order to qualify for championships. Swimmers are selected based on overall season performance and not all swimmers may compete in Championships.

Saturday, July 16, 9:00 am **5C's Championships at Troy**

If you are swimming with us this season, please make every effort to be available to swim in the Championship meet. While we cannot swim every member of our team, we want to be competitive at Championships.

STROKES:

Freestyle, Backstroke, Breaststroke, and Butterfly. It is not necessary for a swimmer to know all of the four basic strokes. However, the swimmer must be able to swim one length of the pool if 12 years or under and two lengths of the pool if 13 years or over in order to participate in a meet. Failure to meet these minimum requirements doesn't prevent a child from being on the team and attending practice, but it may prevent the child from participating in a meet.

TEAM SUITS & EQUIPMENT:

TMST is partnering with Swimville USA for our team suits & swim caps this season. Swimville USA will bring swimsuits to the Troy YMCA on Monday, May 16 from 6:00 – 7:30 for fittings and questions. All swimmers must wear a competitive suit for all swim meets, however are not required to purchase the team suit. Goggles and swim caps are highly encouraged as well. TMST has swim caps available for purchase throughout the year. Team suits and team caps provide a unified team spirit.

ATTENDANCE:

Swimmers are encouraged to attend practices. This ensures improvement of form, technique, and endurance. Commitment to practice also shows the coaches the intent of the swimmer to be a competitive swimmer. Coaches are helped in this way by noting improvement in individuals. Attendance is not mandatory, nor is attendance taken, but practices are used by the coaches to determine the swimmer's readiness to compete in a meet. **The coaches and board members are not responsible for teaching a child how to swim.**

We understand that many of our swimmers are involved in other summer activities and sports. You will be asked to RSVP yes or no to every swim meet so coaches will know who is and is not available. If you do not RSVP, we will assume you are unable to attend and your swimmer will not be placed in any events.

RIBBONS:

1st through 6th place ribbons are given to swimmers in the scored (first) heat. Participation ribbons are given to every 10 and under participant unless they place in a scored heat.

TEAM ROSTER:

TMST will provide a team roster available on the website by password only. Information in the roster will be athletes name, age group, parents name and parents email. This information is not to be shared. You will be able to opt out of the team roster while registering.

INJURIES:

Because we are a small volunteer, nonprofit organization, we are not responsible for injuries during practice, or at swim meets. Your family insurance should cover your child. A waiver must be signed on behalf of each swimmer. The team's liability policy **does not** cover injuries to the swimmer.

SPECIAL EVENTS:

TMST Apparel: <https://torpedos.itemorder.com/> Store is open April 1 – May 6 (in order to have apparel arrive prior to the first meet)

Chipotle Dine to Donate: Tuesday, May 10 4:00 – 8:00 PM Troy, Ohio location

Swim Suit Try on: Monday, May 16 6:00 – 7:30 Troy YMCA

Hickory River Dine to Donate: Wednesday, May 22 all day

Team Photos – Tuesday, June 7 7:00 PM Tipp City Aquatic Center.

End of Season Celebration – Sunday, July 17 in the evening

FUNDRAISING:

Kroger Community Rewards: Organization ID KN400 – Tipp-Monroe Swim Team Inc

AmazonSmile: Tipp-Monroe Swim Team

Sponsorships: Know someone willing be a sponsor for the 2022 season? Please let one of the Board members know and we will gladly reach out.

TMST BOARD MEMBERS:

President	Christine Bathgate
Vice President	Emily Culver
Secretary	Lauren Vore
Treasurer	Jayne Everhart
Communication	Brandon Ellis

TIPP-MONROE SWIM TEAM CODE OF CONDUCT

As a member of the Tipp-Monroe Swim Team (TMST), I am part of a swimming organization that believes teamwork, integrity, and good sportsmanship are more important than winning. As parents, it is absolutely essential that we give our coaching staff and volunteers the respect and authority they deserve to run our swim team. By acknowledging this Code of Conduct, I agree to adhere to the following guidelines for behavior and sportsmanship while I am a member and representative of the TMST Swim Team.

PARENT CODE OF CONDUCT

- I will encourage good sportsmanship. I will demonstrate positive support and respect for all team members, coaches, competitors, officials, and volunteers at every practice or competition.
- I will let the coaches coach. I will stay off the pool deck during practices and meets. I will refrain from talking to swimmers or coaches during practice. I will trust and support coaches' decisions on meet entries, and I will positively reinforce the coaches' instructions and advice. I will channel my questions and concerns through the swim team co-chairs, rather than distracting the coaches with parental communication.
- I will do my best to make swimming fun for my child. I will place the emotional well being of my child ahead of my personal desire to win. I will remember that swimming is for the kids—not the adults. I will help my child enjoy swimming by being a respectful fan.
- I will only engage in positive communication with coaches, officials, and volunteers. If I communicate with a coach, official, or volunteer after a swim meet or practice, it will be to thank them for their work, realizing that without them there would not be a swim team. If I need to voice a concern after a swim meet, I will wait 24 hours after the conclusion of the meet and then contact a swim team co-chair.
- I will encourage my child to advocate for him/herself. If my child has a concern or question, I will give him/her the confidence to discuss it independently with his/her coach. I will do my best to foster a coach-swimmer relationship without parental involvement.
- I will demand a safe and healthy sports environment for my child. The use of drugs, alcohol, tobacco, violence, abusive or foul language, or inappropriate sexual conduct will not be tolerated.

SWIMMER CODE OF CONDUCT

- I will represent TMST with excellence, respect, team spirit, and politeness. • I will follow the directions of the coaching staff, officials, and parent volunteers.
- I will practice good sportsmanship at all times by demonstrating positive support and encouragement for teammates and competitors.
- I will make every effort to be on time for practices and meets.
- I will listen during practice and refrain from disruptions.
- I will respect my teammates. Fighting, intentional touching, or hitting will not be tolerated.

- I will contribute to a safe and positive team environment. This means refraining from alcohol, tobacco, drugs, profane language, or obscene gestures.

Your acknowledgement during registration indicates the swimmer(s) and parent/guardian have reviewed the TMST Code of Conduct and understand the TMST Swim Team Code of Conduct. You (the parent/guardian) and the swimmer(s) agree to abide by this Code and accept the penalties for not abiding by these rules. Any non-compliance may be subject to disciplinary action determined by the coaches and/or the Board, which may include expulsion from the team.

VOLUNTEER REQUIREMENTS

TMST is a volunteer run organization. The activities of the team cannot be conducted without the additional support of parents. Parent(s) will be expected to work if your child is participating in a meet. You will sign up to work when you register your child(ren) for the season. Volunteering to assist with the swim meet is a great way to see your child(ren) swim as well as helping the team. Parents who are unable to fulfill volunteer assignment(s), will need to find replacement(s). Parents who do not complete the volunteer requirement, will be charged \$200 at the end of the season. Your credit card will ONLY be charged for the registration fee, the \$200 amount gives us the authorization to charge at the end of the season ONLY IF you do not fulfill the volunteer requirements.

If your child swims in the Championship meet, you will be assigned a volunteer position at Championships, even if you have already met your position requirement.

VOLUNTEER ASSIGNMENTS:

Announcer – This position requires someone comfortable on a microphone! You will be announcing current and upcoming races as well as general announcements throughout the meet.

Assistant Scorer – Responsible for organizing timer sheets and inputting data into the computer.

BullPen – This is our "child wrangling" job! You will round up and organize swimmers and send them to the clerk of course

Clerk of Course – This individual will make sure swimmers are lined up in order for their events and may take swimmers to the starting blocks (or opposite end for relays).

Ribbon Writer – You will organize timer sheets, place labels on ribbons and place ribbons in family folders.

Runner – Collects timer sheets and disqualification slips and brings them to the ribbon writing table. Will also bring water to timers and officials.

Starter – Prepares swimmers for and starts each event. Operates the starting system and keeps the meet moving. (Additional training is necessary if you do not have experience.)

Stroke and Turn Official – Ensure the rules relating to the style of swim designated for the event are observed. (Additional training is necessary if you do not have experience.)

Timer – Operate stop watch and record times for swimmers.

MEET INFORMATION FOR PARENTS:

This is information on how the Bullpen and Clerk of Course areas need to operate in order for our swim meets to move smoothly.

We need all swimmers ages 12 and under to remain in the bullpen area with the team. Parents, have your swimmers spread out their towels or a blanket with some friends. It is important that they be able

to hear the bullpen workers call the events and be there when the volunteers are lining them up and sending them to the Clerk of Course for their events.

Help your young swimmers be aware of when their events take place, and how much time they have between them. The bullpen workers will do their best to make sure that all swimmers hear the call for the events. The workers will not leave the bullpen area to look for a swimmer.

If a swimmer is not found before the event is sent to Clerk of Course, then it's the swimmer's responsibility to find his or her way there. (We will usually send one of the other swimmers looking for a missing swimmer, if there is time.) We suggest swimmer write their event information on their arm in a Sharpie. The typical swimmer will use this layout as example:

E (event)	H (Heat)	L (Lane)	S (Stroke)
#34	2	1	Fly
#56	1	4	Back
#78	1	1	R1 (Relay, 1 st position)

Swimmers 13 and up, please check in with a bullpen worker before the meet starts, so we know that all the swimmers in the age group are there for the meet.

Once you've checked in, you are free to sit outside of the bullpen area and listen to the announcer call the events and report to the Clerk of Course on your own. We will call your events in the bullpen, but we will not line up the older groups.

Swimmers 13 and up will report to the Clerk of Course and receive their event cards. Only swimmers 12 and under will be seated by the Clerk of Course.

SWIM TERMINOLOGY:

- **Event:** a portion of a meet competition broken down by distance, stroke, gender and relay type.
- **Heat:** a portion of an event. An event may require multiple heats to allow all swimmers entered to swim the event.
- **Scored Heat:** The first heat of the event. The finish time of the swimmer(s) will determine the points and ribbon place awarded to the swimmer.
- **Exhibition Heat(s):** All heats after the first heat (if applicable). This allows for more than three swimmers to participate in an event and does not allow large teams score additional points.
- **IM:** abbreviation for Individual Medley, and event in which the swimmer swims all four competitive strokes in the following order: butterfly, backstroke, breaststroke and freestyle.
- **Lane Lines:** the dividers used to delineate the individual lanes. These are made of individual finned disks strung on a cable which rotate on the cable when hit by a wave. The rotating disks dissipate surface tension waves in the competition pool.
- **Official:** a stroke judge on the deck of the pool. Various judges watch the swimmers' strokes, turns and finishes or are timers.
- **Competitive Strokes:** freestyle, breaststroke, backstroke and butterfly.
 - **Medley Relay:** an event in which four swimmers compete, with each swimming one of the four competitive strokes in the following order: backstroke, breaststroke, butterfly and freestyle.

Website tippmonroeswimteam.swimtopia.com

Facebook facebook.com/TippMonroeSwimTeam

Email tippmonroeswimteam@gmail.com

Remind [@tippswim](https://www.remind.com/@tippswim)

