

UVAC Connecticut Valley Invitational

January 23, 2022

Team Information

FEEL SAFE – COVID PROTOCOLS

- Spectators are not allowed. Parents not working in assigned roles will have to stay outside the facility.
- All workers, officials, and coaches will wear masks at all times. Swimmers will wear masks up to the point of stepping up to the blocks for their event.
- Swimmers should bring several masks. Masks will get wet when put on after swimming.
- They should also bring a plastic bag to put their mask in. There are hooks on the back of the blocks for hanging some masks
- Everyone’s temperature will be checked each time entering the facility. Obviously, anyone not feeling well or exhibiting any symptoms should not attend the meet.
- Locker rooms will NOT be available. Swimmers should wear their suit to and the meet.

NOT COMING?

- Not coming to the meet? Please tell your coach as soon as possible during the week if you are no longer coming.

MEET SCHEDULE – Saturday afternoon start time is later than original meet info.

Session	Warmups Start	Session Starts	Approximate End Time
Sunday Morning	8:15 AM	9:30 AM	~12:30 PM
Sunday Mid-Day 500s	12:45 AM	1:15 PM	~2:00 PM
Sunday Afternoon	2:15 PM	3:30 PM	~6:15 PM

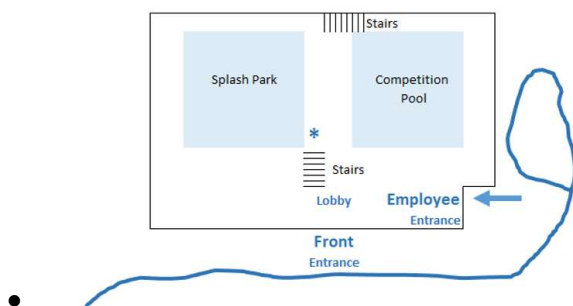
- Warm-up assignments and timing assignments are on the last page of this document

LIVE STREAM LINKS

- The swimming events will be live streamed on the UVAC YouTube channel.
- <https://youtu.be/3Chj8cZARU4>
- The screen will show a static screen until a session actually starts
- Video will be available to watch during and after the meet

ARRIVAL INFORMATION

- Swimmer drop off and pick up will be at the Employee Entrance on the far side of the facility.



-

- Traffic flow within the facility will be well marked. The Employee Entrance hallway will take the swimmers directly to the check in table in the lobby where the swimmer will get their temperature checked. Facility staff will help provide directions.
- Swimmers will then go up the stairs to what would normally be the spectator space to meet their coach and teammates.
- Coaches will help move the swimmers down to their assigned space.
- There are swimmer restrooms at the starting end of the spectator balcony.
- Adults (coaches, officials, workers) who have not been to UVAC in the past year will need to complete and sign a liability waiver when they arrive. Swimmers are covered under the team waiver.
- Parents can park for free in the parking lot.

EVENTS

- Officials – please contact Jessica Workman if you are interested in helping officiate. Jess.workman@comcast.net
- This meet will be pre-seeded on Saturday. We will provide coaches with copies of heat sheets and each swimmers list of entries/heats/lanes. Coaches will distribute or post for their team. Heat sheets will also be posted for free to Meet Mobile.
- We will use Meet Mobile to post tentative (not final) results after each heat as much as possible. Some results will change as final times are adjusted for timing changes and disqualifications. Meet Mobile Name: 2022 NE UVAC CVI Invitational

MOVEMENT AROUND THE DECK – same process as used for November meet

- The bullpen or staging area is along the side of the pool by lanes 0 and 1. Workers will help swimmers get organized into heats and lanes. One heat of swimmers will be sent behind the blocks while the previous heat is in the water.
- Swimmers will wear their masks to the block. There are hooks on the back of the blocks where swimmers may hang their masks while they swim.
- At the conclusion of a heat, swimmers will stay in the water until the next heat starts. The completed heat will get out of the water, put their masks on and leave the starting end of the pool by walking around the starter/computer table side of the pool.
- Warm-down lanes in lanes 0 and 1 will be available for swimmers 13 and over.
- Coaches – send your swimmers (especially the younger ones) over to the Bullpen in plenty of time in advance of their heat.

CONCESSIONS

- Light snacks and beverages will be for sale during the meet

END OF SESSION PICKUP

- Swimmer pickup is at the same Employee Entrance location as drop off
- It's suggested that parents park, get out of the car and wait for your child near the exit, then escort your child back to your car. It will be easier for your child to find you in person than in a line of unfamiliar cars.
- Any team lost and found will be sent home with the team coaches at the end of the day.

TEAM ASSIGNMENTS

Warm-ups

Lanes	0	1	2	3	4	5	6	7	8	9	10
8:15-8:35	UVAC	UVAC	UVAC	UVAC	UVAC	UVAC	UVAC	CRVS	CRVS	SJSC	SJSC
8:40-9:00	KYD	KYD	KYD	EDGE	EDGE	EDGE	BYD	BYD	PVA	STS	STS
9:05-9:25	GMA	GMA	GMA	CONY	CVSC	CVSC	NEK	CTS	LRW	LRW	ADDI
Lanes	0	1	2	3	4	5	6	7	8	9	10
12:45-1:15	UVAC	UVAC	UVAC	ADDI CONY PVA	EDGE	EDGE	EDGE	KYD	GMA	GMA	LRW NEK
Lanes	0	1	2	3	4	5	6	7	8	9	10
2:15-2:35	UVAC	UVAC	UVAC	UVAC	UVAC	BYD	BYD	CTS	CRVS	CRVS	STS VAS
2:40-3:00	CONY	CONY	GMA	GMA	GMA	KYD	KYD	KYD	CVSC	LRW	ADDI
3:05-3:25	EDGE	EDGE	EDGE	EDGE	EDGE	NEK	SJSC	SJSC	SJSC	PVA	PVA

Timing Opportunities

Lanes	3	4	5	6	7	8	9	10
Morning	BYD (1) CRVS (1)	CRVS (1) CTS (1)	CVSC (1) GMA (1)	KYD (2)	LRW (1) STS (1)	EDGE (2)	UVAC(2)	UVAC(2)
Mid-Day 500s*	GMA (2), KYD (1)		EDGE (3)		EDGE (2), UVAC (1)		UVAC (3)	
Afternoon	EDGE (2)	SJSC (2)	BYD (1) CONY (1)	GMA(1) LRW (1)	KYD (2)	CRVS (1) CTS (1)	PVA (1) UVAC(1)	UVAC(2)

*We'll try a new timing arrangement for the 500s. One timer in each lane and another timer with two watches covering two lanes. Therefore, three timers for two lanes.