

# 2022 Silver Championships at UVAC

## Warm-up Assignments – Saturday 1000s Start Time Updated 03/09/22

### Friday Evening:

	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10		
windows	5:00-5:25	UVAC	UVAC CONY	SOLO	SOLO	SOLO	ABF	ABF	ABF	ABF	ABF	RAYS YMNT	balcony
	5:30-5:55	EDGE	EDGE	EDGE UN	GMA	GMA	BYB	BYB	BYB	STRM	STRM	ATLA JCCS	

### Saturday Morning:

	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10		
windows	8:15-8:35	UVAC	UVAC	UVAC	STRM	STRM	STRM	RAYS	CVSC ORO	GMA	BYD	ATLA PVA	balcony
	8:40-9:00	LRW	CONY NEK SJSC	ABF	ABF	ABF	ABF	SOLO	SOLO	SOLO	YMNT	GLYB	
	9:05-9:25	KYD	KYD	BYB	BYB	BYB	BYB	BYB	EDGE	EDGE	JCCS	STS UN	

### Saturday Afternoon:

	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10		
windows	1:00-1: 20	UVAC	UVAC	UVAC CONY	GLYB	KYD	KYD	SOLO	SOLO	SOLO	RAYS	RAYS NEK SJSC	balcony
	1:25-1:45	EDGE	EDGE	EDGE	EDGE UN	ATLA CRVS	PVA	JCCS PVA	JCCS	BYB	BYB	BYB	
	1:50-2:100	GMA	GMA	ABF	ABF	ABF	BYD	STRM	STRM	STRM	CVSC STS YMNT	LRW ORO	

### Saturday Distance: Race heats will start no earlier than **5:00** – maximum of three heats

In warm-down lanes during afternoon session. Plus 5 lanes for fifteen minutes between end of afternoon session and start of distance heat. We may be using rest of the pool for time trials during those 15 minutes.

## Time Change – Clocks move ahead one hour overnight

### Sunday Morning:

	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10		
windows	8:15-8:35	UVAC	UVAC	UVAC	STRM	STRM	STRM	SOLO	SOLO	SOLO	YMNT	GLYB	balcony
	8:40-9:00	KYD	KYD	BYB	BYB	BYB	BYB	BYB	EDGE	EDGE	JCCS	STS UN	
	9:05-9:25	LRW	CONY NEK SJSC	ABF	ABF	ABF	ABF	RAYS	CVSC ORO	GMA	BYD	ATLA PVA	

### Sunday Afternoon:

	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10		
windows	1:00-1: 20	UVAC	UVAC	UVAC CONY	GLYB	ATLA CRVS	PVA	JCCS PVA	JCCS	BYB	BYB	BYB	balcony
	1:25-1:45	GMA	GMA	ABF	ABF	ABF	BYD	STRM	STRM	STRM	CVSC STS YMNT	LRW ORO	
	1:50-2:100	EDGE	EDGE	EDGE	EDGE UN	KYD	KYD	SOLO	SOLO	SOLO	RAYS	RAYS NEK SJSC	

### Sunday Distance: Race heat will start no earlier than 4:50 – one heat total

In warm-down lanes during afternoon session. Plus 3 lanes for fifteen minutes between end of afternoon session and start of the distance heat. We may be using rest of the pool for time trials during those 15 minutes.