

SOLO Aquatics

NES SCY 14&Under B Championship

Swasey Indoor Pool
University of New Hampshire
145 Main Street
Durham, NH 03824
March 10-12, 2023

Held under the sanction of USA Swimming/New England #NE23-0310SOLO

Saturday, March 11, 2023

11&Over Prelims

Warm-Up 1 (7:00-7:25 AM)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CVSC WCP ADDI CRVS	STRM	CONY	ESC RAYS	ESC	SOLO	SOLO	GLYB UN LRW KYD

Warm-Up 2 (7:25-7:50 AM)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
USC	USC	BGSC	BGSC	CRIM	CRIM	MTSC	GMA

Controlled Warm-Up (7:50-8:00 AM)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
PACE	PACE	SPRINT	SPRINT	SPRINT	SPRINT	PACE	PACE

Session Start @ 8:10 AM

11&Over Finals and 10&Under Timed Finals

Warm-Up 1 (3:30-4:00 PM)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
11-14 General/Open							

Warm-Up 2 (4:00-4:20 PM) - 10&Under Only

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
MTSC CRVS	ESC WCP	USC JCCS	BGSC	STRM SOLO	RAYS UVAC	CONY ORO	CRIM CVSC STS

Controlled Warm-Up (4:20-4:30 PM)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
PACE	PACE	SPRINT	SPRINT	SPRINT	SPRINT	PACE	PACE

Session Start @ 4:35 PM

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Sunday, March 12, 2023

11&Over Prelims and Finals

Warm-Up 1 (7:00-7:25 AM)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
ORO KYD	CONY UN	STRM	ESC	ESC	SOLO	SOLO	RAYS ADDI CVSC

Warm-Up 2 (7:25-7:50 AM)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
MTSC	USC	USC	BGSC	BGSC	CRIM	CRIM	GMA WCP

Controlled Warm-Up (7:50-8:00 AM)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
PACE	PACE	SPRINT	SPRINT	SPRINT	SPRINT	PACE	PACE

Session Start @ 8:10 AM

Mixed 11-14 1000 Freestyle

The **Mixed 11-14 1000 Freestyle** will start no earlier than 11:15 AM. The pool will be cleared at the conclusion of the 11&Over Prelims and Finals session. Please "Positive Check-In" athletes no later than 10:50 AM.

Event Start @ ~11:15 AM

11&Over Finals and 10&Under Timed Finals

Warm-Up 1 (3:30-4:00 PM)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
11-14 General/Open							

Warm-Up 2 (4:00-4:20 PM) - 10&Under Only

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
MTSC CRVS	USC JCCS	ESC	BGSC	STRM	CRIM	CONY ORO	UVAC SOLO STS

Controlled Warm-Up (4:20-4:30 PM)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
PACE	PACE	SPRINT	SPRINT	SPRINT	SPRINT	PACE	PACE

Session Start @ 4:35 PM