

North Shore Swim Club
Trials/Finals at BC
Warm-up Assignments

Friday December 8, 2023

Session Start Time: 6:05 PM

Warm-up: 5:30-6:00 PM

Open warm up

North Shore Swim Club
Trials/Finals at BC
Warm-up Assignments

Saturday December 9, 2023

**13 and Over Preliminaries
Session Start Time: 8:45 AM**

Warm-up 1: 8:00-8:20 AM

Competition Pool

1	2	3	4	5	6	7	8	9	10
BYB	ARCT	WCP	JCC	JCC	LIFE	LIFE	WW	WW	BBSC

Warm Up Pool

1	2	3
NSSC	NSSC	NSSC

Warm-up 2: 8:20-8:40 AM

Competition Pool

1	2	3	4	5	6	7	8	9	10
SEAL	SEAL	KYD	KYD	ARAC	ARAC/HDSC	WW	WW/NANT	NANT/CVSC	NCYW

Warm Up Pool

1	2	3
FA	PHX	CCFF

North Shore Swim Club
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Saturday December 9, 2023

**11-12 Preliminaries
10 and Under Timed Final
Session Start Time: 12:45 PM**

Warm-up 1: 12:00-12:20 PM
Competition Pool

1	2	3	4	5	6	7	8	9	10
ARCT	ARCT	ARCT	ARCT	CCFF	CCFF	KYD	KYD/BYB	FA	BBSC

Warm Up Pool

1	2	3
NSSC	NSSC	NSSC

Warm-up 2: 12:20-12:40 PM
Competition Pool

1	2	3	4	5	6	7	8	9	10
LIFE	LIFE	LIFE	WCP	WCP	PHX	PHX	SEAL	HDSC	NANT/JCC

Warm Up Pool

1	2	3
NCYW	WW	SEAL/CVSC

North Shore Swim Club
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Saturday December 9, 2023

Finals

Session Start Time: 5:15 PM

Warm-up 1: 4:30-4:50 PM

Competition Pool

1	2	3	4	5	6	7	8	9	10
BYB	ARCT	WCP	JCC	JCC	LIFE	LIFE	WW	WW	BBSC

Warm Up Pool

1	2	3
NSSC	NSSC	NSSC

Warm-up 2: 4:50-5:10 PM

Competition Pool

1	2	3	4	5	6	7	8	9	10
SEAL	SEAL	KYD	KYD	ARAC	ARAC/HDSC	WW	WW/NANT	NANT/CVSC	NCYW

Warm Up Pool

1	2	3
FA	PHX	CCFF

North Shore Swim Club
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Sunday December 10, 2023

**13 and Over Preliminaries
Session Start Time: 8:45 AM**

Warm-up 1: 8:00-8:20 AM
Competition Pool

1	2	3	4	5	6	7	8	9	10
SEAL	SEAL	KYD	KYD	ARAC	ARAC/HDSC	WW	WW/NANT	NANT/CVSC	NCYW

Warm Up Pool

1	2	3
FA	PHX	CCFF

Warm-up 2: 8:20-8:40 AM
Competition Pool

1	2	3	4	5	6	7	8	9	10
BYB	ARCT	WCP	JCC	JCC	LIFE	LIFE	WW	WW	BBSC

Warm Up Pool

1	2	3
NSSC	NSSC	NSSC

North Shore Swim Club
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Sunday December 10, 2023

**11-12 Preliminaries
10 and Under Timed Final
Session Start Time: 12:45 PM**

Warm-up 1: 12:00-12:20 PM
Competition Pool

1	2	3	4	5	6	7	8	9	10
LIFE	LIFE	LIFE	WCP	WCP	PHX	PHX	SEAL	HDSC	NANT/JCC

Warm Up Pool

1	2	3
NCYW	WW	SEAL/CVSC

Warm-up 2: 12:20-12:40 PM
Competition Pool

1	2	3	4	5	6	7	8	9	10
ARCT	ARCT	ARCT	ARCT	CCFF	CCFF	KYD	KYD/BYB	FA	BBSC

Warm Up Pool

1	2	3
NSSC	NSSC	NSSC

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Sunday December 10, 2023

Finals

Session Start Time: 5:15 PM

Warm-up 1: 4:30-4:50 PM

Competition Pool

1	2	3	4	5	6	7	8	9	10
SEAL	SEAL	KYD	KYD	ARAC	ARAC/HDSC	WW	WW/NANT	NANT/CVSC	NCYW

Warm Up Pool

1	2	3
FA	PHX	CCFF

Warm-up 2: 4:50-5:10 PM

Competition Pool

1	2	3	4	5	6	7	8	9	10
BYB	ARCT	WCP	JCC	JCC	LIFE	LIFE	WW	WW	BBSC

Warm Up Pool

1	2	3
NSSC	NSSC	NSSC