



## 2024 UVAC Winter Classic Team Specialty Meet

December 6-8 at the Upper Valley Aquatic Center  
White River Junction, Vermont

### Information for Parents and Coaches

Thank you all for entering the UVAC Winter Classic. There are a few details we would like to share in preparation for the meet to help it run as smooth and efficiently as possible.

**UVAC Weather Hotline:** 802-698-8361. This has a recorded message if there are any changes to the scheduling of the meet. It's highly unlikely UVAC would cancel a meet due to weather but you never know.

#### Schedule

Here are the warm-up times and estimated time line for each session.

	<u>Warm-ups</u>	<u>Meet</u>
Friday Evening	5:30 – 6:30 PM	6:33 PM
Saturday Morning	8:20 – 9:20 AM	9:25 AM
Saturday Afternoon	1:40 – 2:40 PM	2:45 PM
Sunday Morning	8:20 – 9:20 AM	9:25 AM
Sunday Afternoon	1:40 – 2:40 PM	2:45 PM

#### NOT COMING?

- Not coming to the meet? Please tell your coach as soon as possible during the week if your swimmer is no longer coming to the meet.
- Coaches – tell Mary of scratches as soon as possible

**Distance Events Friday Night:** Friday night's events are the 400 IM and the 1000 Free. Teams are required to provide 2 timers for each of their swimmers in a heat. All events will be swum slowest to fastest. Scratches are due by 6:00 pm.

**Timing Assignments:** We would appreciate help from teams in providing timer coverage for each of the Saturday and Sunday sessions. Our suggestions for helping with timing are listed on page 4. Timers' meetings begin 20 minutes before the end of warm-ups and will be in the Lobby. Parents timing during the session should stop by the Check In table when arriving at the facility. Thank you very much for your help.

**Warm-up Assignments:** Team warm-up assignments (both times and lanes) are listed on the last page of this document. Note warm-up times and lanes change each session and day.

#### Getting to the Meet

- **Directions:** The Upper Valley Aquatic Center (UVAC) is located at 100 Arboretum Lane in White River Junction, Vermont 05001. <https://uvacswim.org/hours-directions/>

**Parking:** Please see the parking procedures on page 3. Note that there is a fee to park on-site on Saturday and Sunday. There is a shuttle bus to a free parking lot on Saturday and Sunday.

#### Coaches:

- Make sure credentials (background check, Athlete Protection training, etc.) are up-to-date. Make sure you can pull up your credentials in the USA Swimming app on your phone (or print your card). You will check in at the Coaches/Officials table in the lobby each day.

- Please see Dave Travers the Meet Referee with any medical issues for your swimmers that need approval. Bandages used to cover wounds are permissible. Kinesio taping is not approved for competition under any circumstances and must be removed.
- Bring a water bottle if you want water. We'll have sodas in hospitality but not bottled water.

### Officials

- **Sign up for officiating** is in the Hospitality room on the pool deck (behind lane 1). The Officials meeting starts 45 minutes before the start of the meet. Contact Dave Travers ([dktravers@comcast.net](mailto:dktravers@comcast.net)) if you have any questions before the meet.
- Make sure credentials (background check, Athlete Protection training, etc.) are up-to-date. Make sure you can pull up your credentials in the USA Swimming app on your phone (or print your card). You will check in at the Coaches/Officials table in the lobby each day.
- Apprentices are welcome to help out. Credentials are now required.

### During the Meet

- **Parents are not allowed on the deck** of the competition pool. Only swimmers, coaches, officials, and workers are allowed on the competition pool deck.
- Please **do not use flash photography at the start of a race**. Timers are instructed to watch for the strobe light that goes off with the sound of the beep. Camera flashes look a lot like strobe lights. We do not want excited parents confusing the timers.
- **No photography from behind the blocks**. Photography is not allowed from any angle behind the blocks whether standing on deck or by the Admissions table up in the stands
- **Photography from the pool deck**. No photography or video recording is allowed on deck unless it's a swimmer or coach or individual approved by the Admin Official (Mary). The adult photographer must be credentialed by USA Swimming (show their non-athlete member card) and check in with Mary before the start of the session to go over rules for photography on deck.
- **There is no Bullpen**. Heat and lane assignments will be listed posted on the pool deck and given to coaches. Coaches and swimmers are responsible for ensuring swimmers are behind the blocks at the correct time.
- The **times on the scoreboard are always unofficial**. All touchpad (scoreboard) times are compared to back up button times and stop watch times to determine the final time. Not all swimmers touch the pads well at the finish of a race. A swimmer from a previous heat may have gone faster than listed on the scoreboard. Only coaches can approach the timing table to question posted results.

### Warm-up / Warm-Down During the Meet

- We will be using 8 lanes for competition in the morning and 10 lanes in the afternoon
- Lanes 0 and 1 will be available for warm-up and warm-down throughout each morning session.
- The three lanes in the warm-water pool will be available each afternoon session.

### Vendors

- The small **Poolside Café** will be in operation all weekend
- **The Ink Factory** clothing will be on site in the lobby both Saturday and Sunday
- **K&B Sportswear** (suits, swim supplies) will be in the lobby on Saturday only

**Admission** is free.

**On-line Psych Sheets, Heat Sheets, and Results:** meet psych sheets and results will be posted to the MeetMobile app (2024 NE UVAC Winter Classic). Heat sheets will also be posted in the spectator area.

## Live Stream

- Live Stream of all sessions will be available through a LiveBarn subscription. [www.livebarn.com](http://www.livebarn.com)  
Venue is Upper Valley Aquatic Center. Discount promo code is uvac-swim. See <https://uvacswim.org/swimming/swim-team/swim-meets/> for information and instructions


## Locker Rooms and Rest Rooms

- Swimmers may use the locker rooms and the restrooms in the locker rooms
- Spectators should use the restrooms at the top of the stairs of the spectator area
- Coaches and officials should use the restrooms in lobby hallway by the Café

**Ribbons:** Ribbons will be given to the top 8 places in each event for any of the 12 and under age groups. Coaches will pick up ribbons at the end of the meet and work on distributing to swimmers back at home.

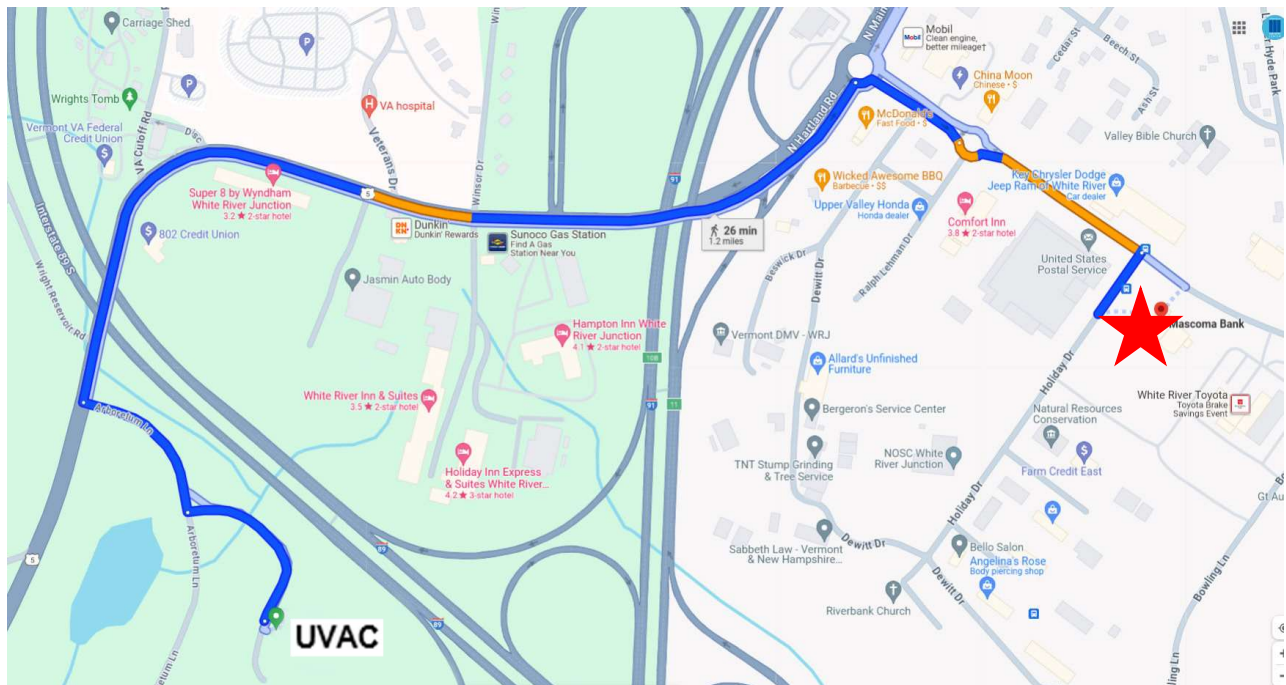
**Parking:** Shuttle lot location is the one we started using last January

Parking is free on-site at UVAC on **FRIDAY** evening. There is no shuttle Friday

**\*\*\*\*\*** On Saturday and Sunday, there will be **FREE PARKING** at the **shuttle lot**  behind Mascoma Bank. 243 Sykes Mountain Ave, White River Junction

The shuttle will not be stopping at any hotels. The shuttle runs about every 10 -12 minutes. Service begins an hour before morning warm-ups and continues up to an hour after the afternoon sessions finish.

If you choose the convenience of parking at UVAC the cost is \$20/day or \$30/weekend. Please bring exact cash \$5, \$10, or \$20 bills (NO CHECKS or CREDIT CARDS) to help speed up the entry process. Parking attendants will collect the money and issue the passes at the UVAC driveway entrance on Arboretum Lane. A Saturday only parking pass cannot be upgraded on Sunday to a Weekend pass.





## UVAC Winter Classic Timing Assignments

For all Saturday and Sunday sessions, timers should check in at the Check In table in the lobby when you arrive.

### Friday Evening: 400 IM and 1000 Free – teams provide their own timers

Timers should report behind their lanes during the previous heat.

Free heats will be available to help identify when each swimmer swims.

### Saturday Morning

Timers' meeting at 9:00 in the Lobby

Back-up	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
UVAC			ADDI	CRA	CVSA	RST	LRW	UVAC	UVAC	UVAC
UVAC			CONY	EDGE	CVSA	RST	UVAC	UVAC	UVAC	UVAC

### Saturday Afternoon

Timers' meeting at 2:20 in the Lobby

Back-up	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
UVAC	KYD	CRA	RST	EDGE	ADDI	BYD	UVAC	UVAC	UVAC	UVAC
UVAC	SAS	CRA	RST	EDGE	CONY	CVSC	UVAC	UVAC	UVAC	UVAC

### Sunday Morning

Timers' meeting at 9:00 in the Lobby

Back-up	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
UVAC			RST	CVSA	CRVS	CRA	MIDD	UVAC	UVAC	UVAC
UVAC			RST	CVSA	EDGE	KYD	UVAC	UVAC	UVAC	UVAC

### Sunday Afternoon

Timers' meeting at 2:20 in the Lobby

Back-up	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
UVAC	RST	CONY	CVSC	KYD	CRA	EDGE	UVAC	UVAC	UVAC	UVAC
UVAC	RST	CVSA	PVA	KYD	CRA	EDGE	UVAC	UVAC	UVAC	UVAC