Friday Evening DISTANCE WARM UP (2:30pm-3:10PM) START: 3:15										
Lane	1	2	3	4	5	6	7	8	9	10
	OPEN WARM UP									
SATURDAY & SUNDAY 12 & UNDER WARM UP (8:00am-8:25am) START: 9:00 am										
Lane	1	2	3	4	5	6	7	8	9	10
	LIFE	LIFE	RAYS	RAYS	RAYS	GYT	CONY	ESC	ESC	OPEN
SATURDAY & SUNDAY 12 & UNDER WARM UP (8:25am-8:50am) START: 9:00am										
Lane	1	2	3	4	5	6	7	8	9	10
	CVSA	BAY	MGCB	DEFY	EDGE	KYD	SEALS	WW	BBSC	OPEN
				ANA	PBAY					
SATURDAY 13 & OVER WARM UP (1:00pm-1:25pm) START: 2:00										
Lane	1	2	3	4	5	6	7	8	9	10
	DEFY	LIFE	KYD	RAYS	RAYS	GYT	SEALS	EDGE	OPEN	OPEN
SATURDAY 13 & Over WARM UP (1:25pm-1:50pm) START: 2:00										
Lane	1	2	3	4	5	6	7	8	9	10
	CVSA	CONY	BBSC	ESC	ESC	ESC	PBAY	WW	MGCB	OPEN
		ANA	BAY							
SUNDAY 13 & OVER WARM UP (12:30pm-12:55pm) START: 1:30pm										
Lane	1	2	3	4	5	6	7	8	9	10
	DEFY	LIFE	KYD	RAYS	RAYS	GYT	SEALS	EDGE	OPEN	OPEN
SUNDAY 13 & Over WARM UP (12:55pm-1:20pm) START: 1:30pm										
Lane	1	2	3	4	5	6	7	8	9	10
	CVSA	CONY	BBSC	ESC	ESC	ESC	PBAY	WW	MGCB	OPEN
		ANA	BAY							