

WCAC CHAMPIONSHIPS - 1/27/2024

Results - SWIM MEET

Event 1 Boys 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 The Heights School (Hs)-MD	A	1:35.62	1:35.70	40
1) Duncan, Thomas	2) Franck, Ryan	3) Garvey, Jack	4) Rose, Matthew	
24.49	41.39 (16.90)	1:14.85 (33.46)	1:35.70 (20.85)	
2 Gonzaga College High School-MD	A	1:33.98	1:36.02	34
1) Bacon, Finn E	2) Wilkinson, Caden W	3) Morgan, Kirk K	4) Holden, Hank P	
24.25	50.96 (26.71)	1:14.23 (23.27)	1:36.02 (21.79)	
3 DeMatha Catholic High School	A	1:36.52	1:36.52	32
1) Vaughn, Jordan	2) du Lac, Miles	3) Jungbluth, Alexander	4) Ramirez, Diego	
25.05	52.31 (27.26)	1:14.35 (22.04)	1:36.52 (22.17)	
4 Our Lady of Good Counsel	A	1:39.98	1:37.67	30
1) Watkins, Owen A	2) Keeler, Chase W	3) Zakorchemny, Cooper	4) Kalinin, Nikolai L	
24.27	51.49 (27.22)	1:15.55 (24.06)	1:37.67 (22.12)	
5 St. Paul VI High School-VA	A	1:36.04	1:39.98	28
1) Caputo, Quinn M	2) Murphy, Matthew	3) Garcia, Chase	4) Vinegas, Miggy	
24.73	52.77 (28.04)	1:18.00 (25.23)	1:39.98 (21.98)	
6 Bishop Ireton High School-VA	A	1:41.84	1:43.18	26
1) McLallen, Colin	2) Corley, Adam	3) Lentini, Joseph	4) Patterson, Bryce	
27.00	54.60 (27.60)	1:18.32 (23.72)	1:43.18 (24.86)	
7 Bishop O'Connell-PV	A	1:42.14	1:46.56	24
1) Rowan, Graham	2) Fleming, Wills	3) Buckhorn, Colin	4) Thompson, Jay C	
26.74	57.24 (30.50)	1:22.91 (25.67)	1:46.56 (23.65)	
8 Ryken High School	A	2:00.65	1:49.32	22
1) Smith, Jameson	2) Magno, Joshua	3) Pawloski, Jay M	4) Thompson, Mike W	
29.14	59.39 (30.25)	1:24.82 (25.43)	1:49.32 (24.50)	
9 Bishop McNamara High School-U	A	1:57.54	1:53.84	18
1) Corbin-Lewis, Asher N	2) Evans, Jacob	3) Bowman, Cris A	4) Coleman, Jabari	
28.19	56.90 (28.71)	1:25.57 (28.67)	1:53.84 (28.27)	
10 St. John's College High School-PV	A	1:47.01	1:54.04	14
1) Kimpel, Rex	2) Fry, Patrick	3) Chapman, Jack	4) Spelman, Billy	
27.84	59.44 (31.60)	1:28.11 (28.67)	1:54.04 (25.93)	
--- DeMatha Catholic High School	B	1:47.19	X1:50.66	
1) Hersey, Gray		3) Jenkins, Ari	4) Rothmann, Harry	
28.67	1:00.29 (31.62)	1:27.16 (26.87)	1:50.66 (23.50)	
--- Bishop Ireton High School-VA	B	NT	X1:52.55	
1) Fuqua, Jack S	2) Corley, Connor	3) Spendley, Tucker	4) Giza, John Paul S	
28.61	59.53 (30.92)	1:27.93 (28.40)	1:52.55 (24.62)	
--- The Heights School (Hs)-MD	B	1:48.20	X1:53.19	
1) Huff, Lincoln	2) Stadelmann, Lucas	3) Franck, Sean	4) Magee, Benjamin	
30.72	1:03.01 (32.29)	1:27.95 (24.94)	1:53.19 (25.24)	
--- St. Paul VI High School-VA	B	NT	X1:53.30	
1) Paniszczyn, Andrew	2) Wightman, Connor	3) Thomson, Chris	4) Ladowicz, Jack A	
29.00	58.60 (29.60)	1:29.00 (30.40)	1:53.30 (24.30)	
--- Bishop O'Connell-PV	B	1:53.45	X1:59.81	
1) Fahle, Keaghan C	2) Galanes, Behr B	3) Hearne, Nick	4) Dunn, Matthew	
30.03	1:05.71 (35.68)	1:32.61 (26.90)	1:59.81 (27.20)	
--- Gonzaga College High School-MD	B	NT	X2:05.47	
1) Gage, Knox	2) Deerin, Ford M	3) Melluzzo, Mike J	4) Funderburk, Jackson S	
33.03	1:09.67 (36.64)	1:40.64 (30.97)	2:05.47 (24.83)	
--- Our Lady of Good Counsel	B	NT	X2:07.80	
1) Cobbs, Braxton	2) Lukasiak, John	3) Burakiewicz, Vincent	4) Essig, Jack	
28.16	1:09.25 (41.09)	1:37.58 (28.33)	2:07.80 (30.22)	
--- Bishop McNamara High School-U	B	2:19.12	X2:11.57	
1) Harris, Joshua	2) Rabill, Taaj	3) Mosley, Dewayne J	4) Dickerson, MJ	
37.47	1:15.49 (38.02)	1:45.02 (29.53)	2:11.57 (26.55)	

WCAC CHAMPIONSHIPS - 1/27/2024

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(Event 1 Boys 200 Yard Medley Relay)

Team	Relay	Seed Time	Finals Time	Points
--- St. John's College High School-PV	B	2:14.00	X2:14.62	
1) Barberena, Branden	2) Collis, Ford	3) Palank, David	4) Ashbarry, Connor	
35.77	1:13.32 (37.55)	1:46.29 (32.97)	2:14.62 (28.33)	
--- Ryken High School	B	2:21.00	X2:21.32	
1) Weilke, Luke O	2) Vincent, Josh G	3) Pavis, Logan	4) Davis, Christopher A	
35.73	1:15.22 (39.49)	1:48.53 (33.31)	2:21.32 (32.79)	

Event 2 Girls 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 Our Lady of Good Counsel	A	1:48.43	1:49.88	40
1) Watkins, Celia	2) Kincaid, Kellie	3) Inman, Maddie	4) Miller, Kate S	
28.47	59.24 (30.77)	1:25.57 (26.33)	1:49.88 (24.31)	
2 St. Paul VI High School-VA	A	1:47.46	1:51.32	34
1) Celi, Zoe	2) Masten, Payton	3) Torrey, Katie	4) Mont, Emma	
27.44	59.15 (31.71)	1:25.88 (26.73)	1:51.32 (25.44)	
3 Bishop Ireton High School-VA	A	1:57.98	1:59.60	32
1) Milewski, Anna E	2) Smullen, Caroline A	3) Ferguson, Kathleen	4) Miller, Caroline	
31.37	1:03.65 (32.28)	1:32.21 (28.56)	1:59.60 (27.39)	
4 Bishop O'Connell-PV	A	1:56.29	2:00.16	30
1) Smittle, Carlin L	2) Sullivan, Anna	3) Gauthier, Cameron J	4) Thompson, Claire M	
31.47	1:03.12 (31.65)	1:32.67 (29.55)	2:00.16 (27.49)	
5 St. John's College High School-PV	A	1:56.13	2:00.82	28
1) Kimball, Lane	2) Olson, Annika	3) Hooff, Olivia	4) Wertzler, Ellie	
32.87	1:07.38 (34.51)	1:35.54 (28.16)	2:00.82 (25.28)	
6 Academy OF The Holy Cross	A	1:53.59	2:01.10	26
1) Fiery, Eden S	2) Grahl, Sophie M	3) Tovar, Sofie S	4) Mongelli, Megan A	
30.34	1:04.16 (33.82)	1:34.36 (30.20)	2:01.10 (26.74)	
7 Elizabeth Seton Varsity Swimm	A	1:57.74	2:01.13	24
1) Chesson, Gabby	2) King, Georgia	3) Schultz, Emma	4) Parsons, Kiera	
31.20	1:05.00 (33.80)	1:33.90 (28.90)	2:01.13 (27.23)	
8 Bishop McNamara High School-U	A	2:07.02	2:05.19	22
1) Allbritton, Jada M	2) Johnson, Mia E	3) Smith, Charlotte	4) Henderson, Ashley	
1:05.01	1:34.04 (29.03)	2:06.83 (32.79)	2:05.19 ()	
9 Ryken High School	A	2:23.65	2:05.56	18
1) Weilke, Amelia G	2) Maldonado, Gigi	3) Gordon, Joni	4) Thompson, Mallory E	
34.16	1:08.29 (34.13)	1:38.95 (30.66)	2:05.56 (26.61)	
--- St. Paul VI High School-VA	B	NT	X2:03.09	
1) Beggan, Berkleigh K	2) McKinley, Lilia	3) Murphy, Kimi	4) Hayken, Gia	
31.87	1:07.03 (35.16)	1:36.47 (29.44)	2:03.09 (26.62)	
--- Bishop Ireton High School-VA	B	NT	X2:05.19	
1) Adams, Amelia B	2) Ary, Sophie E	3) Mahon, Maura	4) Dwyer, Quinn P	
30.95	1:08.21 (37.26)	1:36.47 (28.26)	2:05.19 (28.72)	
--- Bishop O'Connell-PV	B	2:06.62	X2:08.49	
1) Williams, Meghan N	2) McCrann, Mia	3) Crombe, Dylan	4) Zea, Anna	
33.57	1:08.40 (34.83)	1:39.89 (31.49)	2:08.49 (28.60)	
--- Ryken High School	B	2:29.59	X2:12.50	
1) Cornette, Kaitlyn A	2) Phillips, Ruby	3) Strutt, Isabelle	4) Gensley, Miranda M	
34.99	1:12.75 (37.76)	1:42.07 (29.32)	2:12.50 (30.43)	
--- Our Lady of Good Counsel	B	NT	X2:16.99	
1) Popera, Katie E	2) Mikula, Ellie	3) Popera, Lauryn	4) Ferat, Katie	
34.06	1:15.18 (41.12)	1:47.23 (32.05)	2:16.99 (29.76)	
--- Academy OF The Holy Cross	B	NT	X2:19.98	
1) Polmateer, Lily R	2) Ruesch, Eva A	3) Russ, Avery K	4) Thompson, Isabella	
39.63	1:10.26 (30.63)	1:43.15 (32.89)	2:19.98 (36.83)	

WCAC CHAMPIONSHIPS - 1/27/2024**Results - SWIM MEET****(Event 2 Girls 200 Yard Medley Relay)**

Team	Relay	Seed Time	Finals Time	Points
--- Elizabeth Seton Varsity Swimmi	B	NT	X2:22.23	
1) Garcia, Julia	2) Flores, Elena	3) Robinson, Lourdes	4) Izevbigie, Oriri	
38.59	1:18.31 (39.72)	1:52.50 (34.19)	2:22.23 (29.73)	
--- St. John's College High School-PV	B	2:40.00	X2:30.00	
1) Noonan, Pheobe	2) Jezior, Olivia	3) Tymon, Reagan	4) Lynett, Corinne	
36.54	1:17.18 (40.64)	1:56.15 (38.97)	2:30.00 (33.85)	

Event 3 Boys 200 Yard Freestyle

Name	School	Seed Time	Finals Time	Points
1 Rose, Matthew	The Heights School (Hs)-MD	1:40.42	1:41.31	20
24.30	50.42 (26.12)	1:16.80 (26.38)	1:41.31 (24.51)	
2 Lopez, Joshua	DeMatha Catholic High School	1:40.31	1:41.33	17
23.96	49.71 (25.75)	1:15.73 (26.02)	1:41.33 (25.60)	
3 Bice, Palmer J	Gonzaga College High School-MD	1:41.50	1:41.39	16
24.20	50.02 (25.82)	1:15.93 (25.91)	1:41.39 (25.46)	
4 Zakorchemny, Cooper	Our Lady of Good Counsel	1:46.88	1:42.26	15
24.19	50.05 (25.86)	1:16.33 (26.28)	1:42.26 (25.93)	
5 Bishop, Anderson J	Gonzaga College High School-MD	1:44.91	1:44.46	14
23.65	49.48 (25.83)	1:16.71 (27.23)	1:44.46 (27.75)	
6 Rooney, Seamus	DeMatha Catholic High School	1:44.86	1:47.09	13
24.48	51.47 (26.99)	1:18.80 (27.33)	1:47.09 (28.29)	
7 Verderese, Peter	The Heights School (Hs)-MD	1:45.15	1:48.41	12
24.67	51.76 (27.09)	1:19.86 (28.10)	1:48.41 (28.55)	
8 Pawloski, Jay M	Ryken High School	1:50.79	1:49.10	11
25.29	52.48 (27.19)	1:21.45 (28.97)	1:49.10 (27.65)	
9 Garcia, Chase	St. Paul VI High School-VA	1:45.35	1:52.43	9
25.23	52.98 (27.75)	1:23.05 (30.07)	1:52.43 (29.38)	
10 Cobb, Jason	Our Lady of Good Counsel	1:55.17	1:53.89	7
26.02	54.69 (28.67)	1:24.45 (29.76)	1:53.89 (29.44)	
11 Broome, Johnny P	Gonzaga College High School-MD	NT	1:54.31	6
25.50	53.79 (28.29)	1:24.05 (30.26)	1:54.31 (30.26)	
12 DeLellis, J. D.	The Heights School (Hs)-MD	1:55.69	1:56.09	5
26.04	1:56.09 (1:30.05)			
13 Reeves, Kaz	DeMatha Catholic High School	1:55.51	1:56.61	4
27.11	56.11 (29.00)	1:26.08 (29.97)	1:56.61 (30.53)	
14 Nelson, Dominic A	Ryken High School	1:59.62	1:58.62	3
27.51	57.71 (30.20)	1:28.03 (30.32)	1:58.62 (30.59)	
15 Fahle, Keaghan C	Bishop O'Connell-PV	2:00.29	2:00.68	2
27.77	58.44 (30.67)	1:29.73 (31.29)	2:00.68 (30.95)	
16 Cubarney, Connor	St. Paul VI High School-VA	2:05.70	2:01.99	1
27.48	58.47 (30.99)	1:30.73 (32.26)	2:01.99 (31.26)	
17 Eloshway, Luke	Our Lady of Good Counsel	2:04.05	2:02.86	
27.46	58.09 (30.63)	1:30.48 (32.39)	2:02.86 (32.38)	
18 Kettering, Will	St. John's College High School-PV	2:02.26	2:03.59	
27.65	57.98 (30.33)	1:29.82 (31.84)	2:03.59 (33.77)	
19 Lentini, Jack M	Bishop Ireton High School-VA	2:14.34	2:05.41	
28.72	1:01.05 (32.33)	1:34.96 (33.91)	2:05.41 (30.45)	
20 Muller, James C	Bishop O'Connell-PV	2:04.42	2:05.98	
27.65	58.92 (31.27)	1:32.04 (33.12)	2:05.98 (33.94)	
21 Foster, Zackary	St. John's College High School-PV	2:09.52	2:06.65	
27.50	59.01 (31.51)	1:32.28 (33.27)	2:06.65 (34.37)	
22 Scanlon, Martin	Bishop Ireton High School-VA	2:12.76	2:12.99	
28.77	1:01.16 (32.39)	1:36.48 (35.32)	2:12.99 (36.51)	

WCAC CHAMPIONSHIPS - 1/27/2024

Results - SWIM MEET

(Event 3 Boys 200 Yard Freestyle)

Name	School	Seed Time	Finals Time	Points
23 Ladowicz, Jack A	St. Paul VI High School-VA	2:14.88	2:13.39	
28.35	1:00.20 (31.85)	1:36.37 (36.17)	2:13.39 (37.02)	
24 Sheehey, Pete D	Bishop O'Connell-PV	2:15.60	2:15.36	
29.90	1:03.71 (33.81)	1:39.31 (35.60)	2:15.36 (36.05)	
25 Weilke, Luke O	Ryken High School	2:18.85	2:21.91	
33.72	1:08.91 (35.19)	1:45.19 (36.28)	2:21.91 (36.72)	
26 Temple, Nicholas	Bishop Ireton High School-VA	2:30.86	2:23.30	
31.47	1:08.38 (36.91)	1:48.18 (39.80)	2:23.30 (35.12)	
27 Collis, Ford	St. John's College High School-PV	2:48.43	2:47.94	
35.01	1:16.34 (41.33)	2:01.64 (45.30)	2:47.94 (46.30)	
28 Holmes, Jaiden	Bishop McNamara High School-US	3:28.25	3:24.02	
41.20	3:24.02 (2:42.82)			

Event 4 Girls 200 Yard Freestyle

Name	School	Seed Time	Finals Time	Points
1 Watkins, Celia	Our Lady of Good Counsel	1:57.66	1:57.62	20
27.13	56.70 (29.57)	1:27.08 (30.38)	1:57.62 (30.54)	
2 Sullivan, Anna	Bishop O'Connell-PV	2:01.89	2:00.87	17
27.79	58.72 (30.93)	1:30.24 (31.52)	2:00.87 (30.63)	
3 Smith, Lauren C	Our Lady of Good Counsel	2:01.87	2:00.97	16
27.75	58.23 (30.48)	1:29.93 (31.70)	2:00.97 (31.04)	
4 Stillman, Maeve	Our Lady of Good Counsel	2:02.83	2:01.60	15
28.01	58.86 (30.85)	1:30.16 (31.30)	2:01.60 (31.44)	
5 Lentini, Emma J	Bishop Ireton High School-VA	2:07.53	2:04.57	14
28.37	1:00.18 (31.81)	1:32.87 (32.69)	2:04.57 (31.70)	
6 McKinley, Tess	St. Paul VI High School-VA	2:07.36	2:05.96	13
29.22	1:01.34 (32.12)	1:34.29 (32.95)	2:05.96 (31.67)	
7 Mont, Emma	St. Paul VI High School-VA	2:05.71	2:06.70	12
28.43	59.87 (31.44)	1:32.80 (32.93)	2:06.70 (33.90)	
8 King, Georgia	Elizabeth Seton Varsity Swimmi	2:05.29	2:07.03	11
28.41	1:00.24 (31.83)	1:33.76 (33.52)	2:07.03 (33.27)	
9 Longmore, Bella R	Ryken High School	2:14.10	2:08.29	9
28.72	1:01.76 (33.04)	1:35.94 (34.18)	2:08.29 (32.35)	
10 Perine-Brown, Madeleine C	Academy OF The Holy Cross	2:27.56	2:08.52	7
29.02	1:01.77 (32.75)	1:35.53 (33.76)	2:08.52 (32.99)	
11 Kiernan, Maddie	St. Paul VI High School-VA	2:22.62	2:14.19	6
30.15	1:03.80 (33.65)	1:38.76 (34.96)	2:14.19 (35.43)	
12 McIntosh, Caeli	Bishop O'Connell-PV	2:11.61	2:14.58	5
30.60	1:04.92 (34.32)	1:40.12 (35.20)	2:14.58 (34.46)	
13 Fayyad, Zoe	St. John's College High School-PV	2:09.40	2:15.15	4
30.02	1:04.53 (34.51)	1:40.34 (35.81)	2:15.15 (34.81)	
14 Ouimet, Grace A	Bishop O'Connell-PV	2:28.00	2:15.86	3
30.94	1:05.02 (34.08)	1:40.90 (35.88)	2:15.86 (34.96)	
15 Gillon, Mary	St. John's College High School-PV	2:20.71	2:23.49	2
30.44	1:05.22 (34.78)	1:43.42 (38.20)	2:23.49 (40.07)	
16 Adams, Amelia B	Bishop Ireton High School-VA	NT	2:23.59	1
32.10	1:07.73 (35.63)	1:46.71 (38.98)	2:23.59 (36.88)	
17 Longmore, Gabby L	Ryken High School	2:28.36	2:24.21	
32.56	1:09.29 (36.73)	1:46.76 (37.47)	2:24.21 (37.45)	
18 Sinclair, Sophia T	Academy OF The Holy Cross	2:31.57	2:26.00	
30.80	1:06.49 (35.69)	1:46.09 (39.60)	2:26.00 (39.91)	
19 Strutt, Isabelle	Ryken High School	2:26.87	2:27.19	
32.50	1:09.68 (37.18)	1:47.64 (37.96)	2:27.19 (39.55)	

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Name	School	Seed Time	Finals Time	Points
20 Kennelly, Liliana 32.49	Bishop Ireton High School-VA	NT	2:33.93	
21 Molnar, Caroline 35.06	St. John's College High School-PV	2:42.34	2:43.97	
22 Coble, Lily 37.60	Elizabeth Seton Varsity Swimmi	NT	2:50.83	
23 Johnston, Riley 37.69	Elizabeth Seton Varsity Swimmi	3:04.16	2:54.19	
24 Thompson, Isabella 38.59	Academy OF The Holy Cross	2:45.72	2:59.54	
		2:11.83 ()	2:59.54 (47.71)	

Event 5 Boys 200 Yard IM

Name	School	Seed Time	Finals Time	Points
1 Duncan, Thomas 24.49	The Heights School (Hs)-MD	1:52.56	1:53.85	20
2 Jungbluth, Alexander 24.25	DeMatha Catholic High School	1:56.45	1:56.18	17
3 Keeler, Chase W 25.36	Our Lady of Good Counsel	1:55.72	1:56.87	16
4 Hamilton, Jack 25.17	DeMatha Catholic High School	1:56.94	1:57.14	15
5 Wilkinson, Caden W 25.12	Gonzaga College High School-MD	1:58.23	1:57.32	14
6 Morgan, Kirk K 25.39	Gonzaga College High School-MD	2:04.25	1:59.22	13
7 Murphy, Matthew 26.53	St. Paul VI High School-VA	2:04.80	2:05.02	12
8 Drews, Roman N 27.18	Our Lady of Good Counsel	2:10.59	2:05.49	11
9 Lombardo, Jonathan 27.89	DeMatha Catholic High School	2:05.67	2:08.61	9
10 Madden, Caden L 27.17	Gonzaga College High School-MD	2:03.57	2:10.26	7
11 Rowan, Graham 29.39	Bishop O'Connell-PV	2:10.08	2:11.63	6
12 Cobbs, Braxton 27.59	Our Lady of Good Counsel	2:16.17	2:12.27	5
13 Wightman, Connor 29.08	St. Paul VI High School-VA	2:13.45	2:12.50	4
14 Fleming, Wills 28.09	Bishop O'Connell-PV	2:04.82	2:13.13	3
15 Bajwa, John C 29.46	The Heights School (Hs)-MD	2:17.09	2:14.14	2
16 Choi, Zach 30.38	St. Paul VI High School-VA	2:18.04	2:16.76	1
17 Stadelmann, Lucas 27.79	The Heights School (Hs)-MD	NT	2:17.54	
18 Morrison, Ian 28.51	St. John's College High School-PV	2:17.59	2:17.65	
19 Smith, Jameson 30.16	Ryken High School	2:23.24	2:20.56	
20 Giza, John Paul S 29.34	Bishop Ireton High School-VA	2:21.79	2:20.79	

WCAC CHAMPIONSHIPS - 1/27/2024

Results - SWIM MEET

(Event 5 Boys 200 Yard IM)

Name	School	Seed Time	Finals Time	Points
21 Johnson, Peter	Bishop Ireton High School-VA	2:28.73	2:31.05	
31.05	1:08.87 (37.82)	1:54.77 (45.90)	2:31.05 (36.28)	
22 Dickerson, MJ	Bishop McNamara High School-US	2:50.55	2:40.46	
32.76	1:17.56 (44.80)	2:04.16 (46.60)	2:40.46 (36.30)	
23 Barberena, Kristian	St. John's College High School-PV	2:41.59	2:41.75	
30.64	1:15.12 (44.48)	2:01.56 (46.44)	2:41.75 (40.19)	
24 Dunn, Matthew	Bishop O'Connell-PV	2:43.28	2:44.79	
31.64	1:15.44 (43.80)	2:08.67 (53.23)	2:44.79 (36.12)	
25 Corley, Connor	Bishop Ireton High School-VA	2:45.98	2:45.26	
31.34	1:15.20 (43.86)	2:03.75 (48.55)	2:45.26 (41.51)	
26 Harris, Joshua	Bishop McNamara High School-US	2:40.34	2:46.08	
34.96	1:18.00 (43.04)	2:09.18 (51.18)	2:46.08 (36.90)	
27 Wiesert, Kenzo W	Ryken High School	2:44.24	2:49.06	
31.55	1:20.96 (49.41)	2:09.85 (48.89)	2:49.06 (39.21)	
28 Palank, David	St. John's College High School-PV	2:56.02	2:53.97	
35.26	1:21.20 (45.94)	2:10.48 (49.28)	2:53.97 (43.49)	
--- Pavis, Logan	Ryken High School	3:07.26	DQ	
35.92	1:24.69 (48.77)	2:20.76 (56.07)		

Event 6 Girls 200 Yard IM

Name	School	Seed Time	Finals Time	Points
1 Kincaid, Kellie	Our Lady of Good Counsel	2:09.59	2:08.42	20
27.85	1:00.24 (32.39)	1:38.14 (37.90)	2:08.42 (30.28)	
2 Celi, Zoe	St. Paul VI High School-VA	2:12.18	2:12.62	17
28.01	1:00.41 (32.40)	1:40.62 (40.21)	2:12.62 (32.00)	
3 Masten, Payton	St. Paul VI High School-VA	2:17.98	2:17.56	16
30.32	1:05.45 (35.13)	1:44.71 (39.26)	2:17.56 (32.85)	
4 Schultz, Emma	Elizabeth Seton Varsity Swimmi	2:18.54	2:18.21	15
29.91	1:04.95 (35.04)	1:45.86 (40.91)	2:18.21 (32.35)	
5 O'Hara, Kalyn	Bishop O'Connell-PV	2:15.38	2:20.27	14
31.13	1:05.19 (34.06)	1:46.88 (41.69)	2:20.27 (33.39)	
6 Smullen, Caroline A	Bishop Ireton High School-VA	2:26.47	2:22.01	13
29.53	1:06.89 (37.36)	1:47.72 (40.83)	2:22.01 (34.29)	
7 Decatur, Selah A	Our Lady of Good Counsel	2:24.51	2:24.88	12
32.32	1:09.18 (36.86)	1:50.81 (41.63)	2:24.88 (34.07)	
*8 Smith, Charlotte	Bishop McNamara High School-US	2:25.87	2:25.26	10
30.99	1:08.17 (37.18)	1:50.43 (42.26)	2:25.26 (34.83)	
*8 Avila, Amelia	Our Lady of Good Counsel	2:27.30	2:25.26	10
31.54	1:08.50 (36.96)	1:51.92 (43.42)	2:25.26 (33.34)	
10 Beggan, Berkleigh K	St. Paul VI High School-VA	2:25.76	2:27.19	7
30.58	1:07.31 (36.73)	1:52.15 (44.84)	2:27.19 (35.04)	
11 Grahl, Sophie M	Academy OF The Holy Cross	2:25.20	2:28.52	6
31.73	1:09.05 (37.32)	1:52.36 (43.31)	2:28.52 (36.16)	
12 Gauthier, Cameron J	Bishop O'Connell-PV	2:26.93	2:30.50	5
30.56	1:08.87 (38.31)	1:55.87 (47.00)	2:30.50 (34.63)	
13 Milewski, Anna E	Bishop Ireton High School-VA	2:39.07	2:31.73	4
33.02	1:11.09 (38.07)	1:55.43 (44.34)	2:31.73 (36.30)	
14 Olson, Annika	St. John's College High School-PV	2:34.02	2:32.70	3
32.99	1:12.64 (39.65)	1:56.43 (43.79)	2:32.70 (36.27)	
15 Polmateer, Lily R	Academy OF The Holy Cross	2:24.45	2:33.91	2
32.63	1:08.30 (35.67)	1:55.33 (47.03)	2:33.91 (38.58)	
16 Dominski, Izzy	St. John's College High School-PV	2:32.73	2:37.68	1
33.71	1:13.00 (39.29)	2:00.41 (47.41)	2:37.68 (37.27)	

WCAC CHAMPIONSHIPS - 1/27/2024**Results - SWIM MEET****(Event 6 Girls 200 Yard IM)**

	Name		School	Seed Time	Finals Time	Points
17	Bliss, Sophie M		Bishop Ireton High School-VA	2:43.63	2:41.55	
	35.01	1:14.72 (39.71)	2:01.15 (46.43)	2:41.55 (40.40)		
18	Russ, Avery K		Academy OF The Holy Cross	2:46.99	2:44.64	
	35.19	1:18.17 (42.98)	2:06.60 (48.43)	2:44.64 (38.04)		
19	Weilke, Amelia G		Ryken High School	2:38.56	2:48.68	
	36.25	1:17.39 (41.14)	2:08.85 (51.46)	2:48.68 (39.83)		
20	Budd, Daphney		St. John's College High School-PV	NT	2:55.85	
	36.84	1:20.57 (43.73)	2:13.34 (52.77)	2:55.85 (42.51)		
21	Yi, Terri		Ryken High School	3:09.46	3:00.12	
	36.37	1:19.49 (43.12)	2:17.40 (57.91)	3:00.12 (42.72)		
22	Gensley, Miranda M		Ryken High School	2:57.78	3:02.85	
	35.90	1:20.68 (44.78)	2:19.92 (59.24)	3:02.85 (42.93)		
---	Smittle, Carlin L		Bishop O'Connell-PV	2:22.33	DQ	
	30.88	1:07.60 (36.72)	1:51.99 (44.39)	DQ (34.57)		
---	Garcia, Julia		Elizabeth Seton Varsity Swimmi	3:15.23	DFS	

Event 7 Boys 50 Yard Freestyle

	Name		School	Seed Time	Finals Time	Points
1	McKenzie, Malcolm A		Gonzaga College High School-MD	20.86	21.05	20
2	Watkins, Owen A		Our Lady of Good Counsel	20.49	21.22	17
3	Holden, Hank P		Gonzaga College High School-MD	22.55	22.17	16
4	Ramirez, Diego		DeMatha Catholic High School	22.53	22.41	15
5	Adye, Timothy		Bishop O'Connell-PV	22.18	22.47	14
6	Franck, Ryan		The Heights School (Hs)-MD	22.30	22.48	13
7	Franck, Sean		The Heights School (Hs)-MD	22.69	22.79	12
8	Kalinin, Nikolai L		Our Lady of Good Counsel	22.26	22.87	11
9	Lentini, Joseph		Bishop Ireton High School-VA	22.59	22.93	9
10	Caputo, Quinn M		St. Paul VI High School-VA	NT	23.06	7
11	Lepre, William		The Heights School (Hs)-MD	23.00	23.21	6
12	Lewis, Logan L		Gonzaga College High School-MD	23.77	23.52	5
13	Dawson, John		St. John's College High School-PV	23.66	23.56	4
*14	Cox, Lucas A		St. Paul VI High School-VA	23.50	23.75	2.50
*14	Hanson, Timmy		Our Lady of Good Counsel	23.53	23.75	2.50
16	Wills III, Joseph		DeMatha Catholic High School	23.07	23.87	1
17	Buckhorn, Colin		Bishop O'Connell-PV	23.67	23.88	
18	Egan, Jimmy		St. John's College High School-PV	24.36	24.31	
19	Thompson, Jay C		Bishop O'Connell-PV	23.50	24.42	
20	Corley, Adam		Bishop Ireton High School-VA	24.52	24.65	
21	Patterson, Bryce		Bishop Ireton High School-VA	24.87	25.34	
22	Bowman, Cris A		Bishop McNamara High School-US	26.39	25.40	
*23	Thompson, Mike W		Ryken High School	25.61	25.83	
*23	Caputo, Henry		St. Paul VI High School-VA	25.67	25.83	
25	Moran, Sterling B		Ryken High School	28.66	28.33	
26	Woolfolk, Xavier		Bishop McNamara High School-US	30.59	29.75	
27	Pavis, Colton		Ryken High School	34.07	30.92	
28	Dierlam, William		St. John's College High School-PV	34.77	34.79	
29	Johnson, Khalil		Bishop McNamara High School-US	40.55	41.72	
---	Ross, Jayson		DeMatha Catholic High School	20.81	DQ	

Event 8 Girls 50 Yard Freestyle

	Name		School	Seed Time	Finals Time	Points
1	Nick, Ella		Bishop Ireton High School-VA	24.98	25.00	20
2	Depman, Megan A		Academy OF The Holy Cross	24.93	25.08	17

WCAC CHAMPIONSHIPS - 1/27/2024**Results - SWIM MEET****(Event 8 Girls 50 Yard Freestyle)**

Name	School	Seed Time	Finals Time	Points
3 Forrer, Therese M	Bishop Ireton High School-VA	25.11	25.10	16
4 Miller, Kate S	Our Lady of Good Counsel	24.79	25.13	15
5 Mongelli, Mary E	Academy OF The Holy Cross	25.76	25.67	14
6 Torrey, Katie	St. Paul VI High School-VA	NT	25.86	13
7 LaMotteo, Madison	Our Lady of Good Counsel	26.53	26.29	12
8 Mongelli, Megan A	Academy OF The Holy Cross	26.55	26.41	11
9 Brown, Brea M	Our Lady of Good Counsel	26.37	26.44	9
10 Johnson, Mia E	Bishop McNamara High School-US	26.25	26.66	7
11 Forrer, Marcella R	Bishop Ireton High School-VA	26.99	26.80	6
12 Hayken, Gia	St. Paul VI High School-VA	26.95	26.87	5
13 Chesson, Gabby	Elizabeth Seton Varsity Swimmi	27.06	26.91	4
14 Parsons, Kiera	Elizabeth Seton Varsity Swimmi	26.92	27.02	3
15 Cervenak, Reagan	Bishop O'Connell-PV	27.14	27.24	2
16 Thompson, Mallory E	Ryken High School	27.43	27.52	1
17 Melles, Delina	Bishop O'Connell-PV	27.68	27.66	
18 Gordon, Joni	Ryken High School	28.97	28.09	
19 Stenberg, Dale	St. John's College High School-PV	29.12	28.49	
20 McCarthy, Quinne	St. Paul VI High School-VA	NT	28.63	
21 Thompson, Claire M	Bishop O'Connell-PV	26.42	28.72	
22 Maldonado, Gigi	Ryken High School	30.11	28.74	
23 Bruthers, Emily	St. John's College High School-PV	28.83	28.78	
24 Izevbigie, Oriri	Elizabeth Seton Varsity Swimmi	28.45	29.40	
25 Henderson, Ashley	Bishop McNamara High School-US	31.57	31.68	
26 Quick, Sharon	Bishop McNamara High School-US	35.12	33.36	
27 Deffinbaugh, Katie	St. John's College High School-PV	39.70	38.07	

Event 11 Boys 100 Yard Butterfly

Name	School	Seed Time	Finals Time	Points
1 McKenzie, Malcolm A	Gonzaga College High School-MD	49.66	49.96	20
23.11	49.96 (26.85)			
2 Jungbluth, Alexander	DeMatha Catholic High School	50.85	50.19	17
23.24	50.19 (26.95)			
3 Bacon, Finn E	Gonzaga College High School-MD	49.66	51.89	16
24.15	51.89 (27.74)			
4 Vinegas, Miggy	St. Paul VI High School-VA	54.64	54.58	15
24.45	54.58 (30.13)			
5 Lentini, Joseph	Bishop Ireton High School-VA	52.80	55.04	14
24.92	55.04 (30.12)			
6 Drews, Roman N	Our Lady of Good Counsel	56.30	55.48	13
26.47	55.48 (29.01)			
7 Garvey, Jack	The Heights School (Hs)-MD	55.46	55.79	12
26.08	55.79 (29.71)			
8 Ramirez, Diego	DeMatha Catholic High School	54.86	56.06	11
25.72	56.06 (30.34)			
9 Lepre, William	The Heights School (Hs)-MD	56.86	56.90	9
26.33	56.90 (30.57)			
10 Spooner, Alex M	Gonzaga College High School-MD	NT	58.12	7
26.55	58.12 (31.57)			
*11 Fry, Patrick	St. John's College High School-PV	59.42	58.65	5.50
26.81	58.65 (31.84)			
*11 Buckhorn, Colin	Bishop O'Connell-PV	58.34	58.65	5.50
27.67	58.65 (30.98)			

WCAC CHAMPIONSHIPS - 1/27/2024**Results - SWIM MEET****(Event 11 Boys 100 Yard Butterfly)**

Name	School	Seed Time	Finals Time	Points
13 Cobbs, Braxton 27.51	Our Lady of Good Counsel	58.61	58.77	4
		58.77 (31.26)		
14 Colevas, Kellen J 27.28	Bishop O'Connell-PV	59.88	59.68	3
		59.68 (32.40)		
15 Rothmann, Harry 27.45	DeMatha Catholic High School	1:04.15	1:00.56	2
		1:00.56 (33.11)		
16 Spendley, Tucker 28.79	Bishop Ireton High School-VA	1:02.20	1:02.70	1
		1:02.70 (33.91)		
17 Magno, Joshua 28.14	Ryken High School	1:02.97	1:03.67	
		1:03.67 (35.53)		
18 Thompson, Mike W 28.72	Ryken High School	1:03.25	1:03.70	
		1:03.70 (34.98)		
19 Bosco, Collin M 28.81	Our Lady of Good Counsel	1:04.85	1:03.71	
		1:03.71 (34.90)		
20 Hearne, Nick 28.27	Bishop O'Connell-PV	1:03.68	1:04.15	
		1:04.15 (35.88)		
21 Magee, Benjamin 28.75	The Heights School (Hs)-MD	1:06.92	1:05.35	
		1:05.35 (36.60)		
22 Spelman, Billy 30.30	St. John's College High School-PV	1:06.41	1:08.50	
		1:08.50 (38.20)		
23 Ladowicz, Jack A 30.53	St. Paul VI High School-VA	1:06.72	1:09.64	
		1:09.64 (39.11)		
24 Johnson, Peter 31.44	Bishop Ireton High School-VA	1:08.15	1:10.63	
		1:10.63 (39.19)		
25 Thomson, Chris 31.63	St. Paul VI High School-VA	1:06.66	1:10.66	
		1:10.66 (39.03)		
26 Harris, Joshua 34.26	Bishop McNamara High School-US	1:21.59	1:16.49	
		1:16.49 (42.23)		
27 Barberena, Branden 33.42	St. John's College High School-PV	1:19.42	1:17.52	
		1:17.52 (44.10)		
28 Mosley, Dewayne J 32.34	Bishop McNamara High School-US	1:18.76	1:17.74	
		1:17.74 (45.40)		
29 Coleman, Jabari 35.86	Bishop McNamara High School-US	NT	1:20.57	
		1:20.57 (44.71)		
30 Pavis, Colton 38.83	Ryken High School	NT	1:30.68	
		1:30.68 (51.85)		

Event 12 Girls 100 Yard Butterfly

Name	School	Seed Time	Finals Time	Points
1 Linck, Lizzie M 26.75	Academy OF The Holy Cross	57.57	58.15	20
		58.15 (31.40)		
2 Inman, Maddie 27.58	Our Lady of Good Counsel	59.76	59.27	17
		59.27 (31.69)		
3 Markovitz, Kaley H 28.04	Our Lady of Good Counsel	59.81	1:00.91	16
		1:00.91 (32.87)		
4 Mont, Emma 29.36	St. Paul VI High School-VA	1:03.78	1:03.18	15
		1:03.18 (33.82)		
5 McKinley, Lilia 29.99	St. Paul VI High School-VA	1:03.63	1:04.01	14
		1:04.01 (34.02)		
6 Kemp, Josie 30.02	Our Lady of Good Counsel	1:04.74	1:04.04	13
		1:04.04 (34.02)		
7 Ferguson, Kathleen 29.18	Bishop Ireton High School-VA	1:04.17	1:04.77	12
		1:04.77 (35.59)		

WCAC CHAMPIONSHIPS - 1/27/2024**Results - SWIM MEET****(Event 12 Girls 100 Yard Butterfly)**

Name	School	Seed Time	Finals Time	Points
8 Tovar, Sofie S 31.02	Academy OF The Holy Cross	1:02.09	1:06.98	11
		1:06.98 (35.96)		
9 Grimberg, Olivia 31.00	St. John's College High School-PV	1:09.98	1:07.07	9
		1:07.07 (36.07)		
10 Gauthier, Cameron J 30.69	Bishop O'Connell-PV	1:06.05	1:07.30	7
		1:07.30 (36.61)		
11 Sims, Marisol 31.04	St. Paul VI High School-VA	1:08.23	1:07.78	6
		1:07.78 (36.74)		
12 Smittle, Carlin L 31.50	Bishop O'Connell-PV	1:05.75	1:08.07	5
		1:08.07 (36.57)		
13 Mahon, Maura 31.34	Bishop Ireton High School-VA	1:09.16	1:10.10	4
		1:10.10 (38.76)		
14 Gordon, Joni 31.76	Ryken High School	1:15.46	1:12.33	3
		1:12.33 (40.57)		
15 Strutt, Isabelle 32.77	Ryken High School	1:16.02	1:13.05	2
		1:13.05 (40.28)		
16 Tovar, Valeria 32.85	Academy OF The Holy Cross	1:10.07	1:13.59	1
		1:13.59 (40.74)		
17 Crombe, Dylan 33.52	Bishop O'Connell-PV	1:15.78	1:13.73	
		1:13.73 (40.21)		
18 Kimball, Lane 34.79	St. John's College High School-PV	1:18.29	1:15.76	
		1:15.76 (40.97)		
19 Voorhees, Virginia 35.39	Bishop Ireton High School-VA	1:22.35	1:17.83	
		1:17.83 (42.44)		
20 Hammer, Sophia 34.81	Elizabeth Seton Varsity Swimmi	1:18.41	1:20.59	
		1:20.59 (45.78)		
21 Bonilla Sanchez, Rebecca 36.51	St. John's College High School-PV	1:23.35	1:24.46	
		1:24.46 (47.95)		
22 Gensley, Miranda M 36.02	Ryken High School	1:22.69	1:24.57	
		1:24.57 (48.55)		

Event 13 Boys 100 Yard Freestyle

Name	School	Seed Time	Finals Time	Points
1 Bice, Palmer J 22.84	Gonzaga College High School-MD	47.42	46.60	20
		46.60 (23.76)		
2 Rose, Matthew 22.82	The Heights School (Hs)-MD	46.52	46.63	17
		46.63 (23.81)		
3 Watkins, Owen A 22.70	Our Lady of Good Counsel	46.14	47.02	16
		47.02 (24.32)		
4 Ross, Jayson 22.80	DeMatha Catholic High School	47.03	47.31	15
		47.31 (24.51)		
5 Adye, Timothy 23.89	Bishop O'Connell-PV	47.94	49.14	14
		49.14 (25.25)		
*6 Holden, Hank P 24.08	Gonzaga College High School-MD	49.96	49.27	12.50
		49.27 (25.19)		
*6 Vaughn, Jordan 23.49	DeMatha Catholic High School	49.62	49.27	12.50
		49.27 (25.78)		
8 DeLellis, J. D. 49.91	The Heights School (Hs)-MD	50.25	49.89	11
		49.89 ()		
9 Thiede, George H 24.07	Gonzaga College High School-MD	51.27	50.28	9
		50.28 (26.21)		
10 Jenkins, Ari 24.64	DeMatha Catholic High School	52.03	51.07	7
		51.07 (26.43)		

WCAC CHAMPIONSHIPS - 1/27/2024**Results - SWIM MEET****(Event 13 Boys 100 Yard Freestyle)**

	Name	School	Seed Time	Finals Time	Points
11	Dawson, John	St. John's College High School-PV	51.80	51.26	6
	24.88	51.26 (26.38)			
12	Kalinin, Nikolai L	Our Lady of Good Counsel	49.38	51.30	5
	24.30	51.30 (27.00)			
13	Vinegas, Miggy	St. Paul VI High School-VA	49.54	51.40	4
	23.99	51.40 (27.41)			
14	Hanson, Timmy	Our Lady of Good Counsel	51.63	51.92	3
	24.70	51.92 (27.22)			
15	Worthen, Jermaine	Bishop O'Connell-PV	51.26	52.42	2
	24.81	52.42 (27.61)			
16	Bajwa, John C	The Heights School (Hs)-MD	55.19	52.77	1
	25.34	52.77 (27.43)			
17	McLallen, Colin	Bishop Ireton High School-VA	54.75	52.92	
	25.87	52.92 (27.05)			
18	Egan, Jimmy	St. John's College High School-PV	55.79	54.41	
	26.01	54.41 (28.40)			
19	Lentini, Jack M	Bishop Ireton High School-VA	55.03	55.01	
	26.44	55.01 (28.57)			
20	Cox, Lucas A	St. Paul VI High School-VA	54.48	55.27	
	25.54	55.27 (29.73)			
21	Evans, Jacob	Bishop McNamara High School-US	53.98	55.52	
	24.81	55.52 (30.71)			
22	Patterson, Bryce	Bishop Ireton High School-VA	55.60	56.78	
	26.53	56.78 (30.25)			
23	Paniszczyn, Andrew	St. Paul VI High School-VA	NT	57.54	
	26.99	57.54 (30.55)			
24	Thompson, Nick P	Ryken High School	56.90	57.59	
	27.24	57.59 (30.35)			
25	Miller, James V	Bishop O'Connell-PV	57.89	58.04	
	27.22	58.04 (30.82)			
26	Moran, Sterling B	Ryken High School	1:06.51	1:06.68	
27	Zapata-Trivino, Matthew	St. John's College High School-PV	1:09.84	1:09.33	
	32.37	1:09.33 (36.96)			
28	Pavis, Logan	Ryken High School	1:03.40	1:12.73	
	31.33	1:12.73 (41.40)			
29	Barnett, Brittingham	Bishop McNamara High School-US	NT	1:33.61	
30	Zanfordino, Stormie V	Bishop McNamara High School-US	NT	1:55.06	
	51.96	1:55.06 (1:03.10)			

Event 14 Girls 100 Yard Freestyle

	Name	School	Seed Time	Finals Time	Points
1	Nick, Ella	Bishop Ireton High School-VA	55.20	54.63	20
	26.76	54.63 (27.87)			
2	Miller, Kate S	Our Lady of Good Counsel	54.92	54.83	17
	26.36	54.83 (28.47)			
3	Torrey, Katie	St. Paul VI High School-VA	55.63	55.27	16
	27.08	55.27 (28.19)			
4	Forrer, Therese M	Bishop Ireton High School-VA	54.91	55.66	15
	27.12	55.66 (28.54)			
5	Mongelli, Mary E	Academy OF The Holy Cross	56.46	56.25	14
	26.80	56.25 (29.45)			
6	Brown, Brea M	Our Lady of Good Counsel	55.92	56.28	13
	27.01	56.28 (29.27)			

WCAC CHAMPIONSHIPS - 1/27/2024**Results - SWIM MEET****(Event 14 Girls 100 Yard Freestyle)**

Name	School	Seed Time	Finals Time	Points
7 Cervenak, Maddie L 27.31	Bishop O'Connell-PV	56.50	56.92	12
		56.92 (29.61)		
8 Allbritton, Jada M 27.61	Bishop McNamara High School-US	56.43	57.59	11
		57.59 (29.98)		
9 Fiery, Eden S 27.61	Academy OF The Holy Cross	59.74	58.16	9
		58.16 (30.55)		
10 Bedford, Molly R 27.85	Bishop O'Connell-PV	58.70	59.21	7
		59.21 (31.36)		
11 Forrer, Marcella R 28.85	Bishop Ireton High School-VA	59.43	59.55	6
		59.55 (30.70)		
12 Hayken, Gia 28.37	St. Paul VI High School-VA	1:02.50	59.71	5
		59.71 (31.34)		
13 LaMotteo, Madison 27.65	Our Lady of Good Counsel	58.45	59.81	4
		59.81 (32.16)		
14 Parsons, Kiera 28.74	Elizabeth Seton Varsity Swimmi	59.77	59.88	3
		59.88 (31.14)		
15 Polmateer, Lily R 28.91	Academy OF The Holy Cross	57.13	1:00.09	2
		1:00.09 (31.18)		
16 Thompson, Mallory E 28.96	Ryken High School	1:00.08	1:00.98	1
		1:00.98 (32.02)		
17 Melles, Delina 29.62	Bishop O'Connell-PV	1:02.29	1:02.99	
		1:02.99 (33.37)		
18 Nicholson, Natalie 29.80	St. Paul VI High School-VA	NT	1:03.32	
		1:03.32 (33.52)		
19 Leung, Elsie 31.44	St. John's College High School-PV	1:08.69	1:07.43	
		1:07.43 (35.99)		
20 Phillips, Ruby 31.12	Ryken High School	1:09.71	1:08.18	
		1:08.18 (37.06)		
21 Zellner, Rayne R 33.07	Ryken High School	1:10.29	1:09.23	
		1:09.23 (36.16)		
22 Henderson, Ashley 33.57	Bishop McNamara High School-US	1:11.05	1:11.22	
		1:11.22 (37.65)		
23 Flores, Elena 32.77	Elizabeth Seton Varsity Swimmi	1:13.09	1:12.03	
		1:12.03 (39.26)		
24 Coble, Lily 33.77	Elizabeth Seton Varsity Swimmi	1:13.65	1:12.21	
		1:12.21 (38.44)		
25 Lynett, Corinne 35.53	St. John's College High School-PV	NT	1:15.90	
		1:15.90 (40.37)		
26 Melia, Annabelle 36.56	St. John's College High School-PV	1:16.10	1:17.07	
		1:17.07 (40.51)		
27 Quick, Sharon 38.33	Bishop McNamara High School-US	NT	1:18.38	
		1:18.38 (40.05)		

Event 15 Boys 500 Yard Freestyle

Name	School	Seed Time	Finals Time	Points
1 Zakorchemny, Cooper 24.99	Our Lady of Good Counsel	4:41.32	4:32.46	20
		51.86 (26.87)	1:19.72 (27.86)	1:47.44 (27.72)
		2:15.16 (27.72)	2:42.88 (27.72)	3:10.17 (27.29)
		4:05.62 (27.61)	4:32.46 (26.84)	3:38.01 (27.84)
2 Lopez, Joshua 24.38	DeMatha Catholic High School	4:34.93	4:35.00	17
		51.60 (27.22)	1:19.64 (28.04)	1:47.93 (28.29)
		2:16.01 (28.08)	2:44.22 (28.21)	3:12.02 (27.80)
		4:08.08 (27.80)	4:35.00 (26.92)	3:40.28 (28.26)

WCAC CHAMPIONSHIPS - 1/27/2024

Results - SWIM MEET

(Event 15 Boys 500 Yard Freestyle)

Name	School	Seed Time	Finals Time	Points
3 Caputo, Quinn M	St. Paul VI High School-VA	NT	4:41.28	16
24.64	52.27 (27.63)	1:20.76 (28.49)	1:49.48 (28.72)	
2:18.29 (28.81)	2:47.22 (28.93)	3:16.17 (28.95)	3:45.00 (28.83)	
4:13.72 (28.72)	4:41.28 (27.56)			
4 Bishop, Anderson J	Gonzaga College High School-MD	4:45.59	4:45.68	15
24.38	50.99 (26.61)	1:19.46 (28.47)	1:48.39 (28.93)	
2:17.18 (28.79)	2:46.97 (29.79)	3:16.72 (29.75)	3:47.10 (30.38)	
4:17.40 (30.30)	4:45.68 (28.28)			
5 Morgan, Kirk K	Gonzaga College High School-MD	5:02.40	4:48.03	14
25.36	53.54 (28.18)	1:22.42 (28.88)	1:51.71 (29.29)	
2:21.09 (29.38)	2:50.44 (29.35)	3:20.02 (29.58)	3:49.50 (29.48)	
4:19.30 (29.80)	4:48.03 (28.73)			
6 Verderese, Peter	The Heights School (Hs)-MD	4:46.58	4:52.51	13
25.93	54.38 (28.45)	1:23.64 (29.26)	1:53.21 (29.57)	
2:23.59 (30.38)	2:53.17 (29.58)	3:23.08 (29.91)	3:53.38 (30.30)	
4:23.38 (30.00)	4:52.51 (29.13)			
7 Hamilton, Jack	DeMatha Catholic High School	4:52.96	4:56.00	12
25.78	54.31 (28.53)	1:23.43 (29.12)	1:53.12 (29.69)	
2:23.11 (29.99)	2:53.30 (30.19)	3:23.56 (30.26)	3:54.19 (30.63)	
4:25.02 (30.83)	4:56.00 (30.98)			
8 Pawloski, Jay M	Ryken High School	4:51.15	4:56.15	11
25.18	53.28 (28.10)	1:22.67 (29.39)	1:52.52 (29.85)	
2:23.43 (30.91)	2:54.31 (30.88)	3:24.98 (30.67)	3:55.88 (30.90)	
4:26.77 (30.89)	4:56.15 (29.38)			
9 Kimpel, Rex	St. John's College High School-PV	5:09.37	5:03.11	9
27.01	56.70 (29.69)	1:27.40 (30.70)	1:58.03 (30.63)	
2:28.60 (30.57)	2:59.62 (31.02)	3:30.40 (30.78)	4:01.39 (30.99)	
4:32.55 (31.16)	5:03.11 (30.56)			
10 Reeves, Kaz	DeMatha Catholic High School	5:12.99	5:13.95	7
28.45	58.30 (29.85)	1:29.30 (31.00)	2:00.69 (31.39)	
2:32.45 (31.76)	3:04.28 (31.83)	3:36.69 (32.41)	4:08.92 (32.23)	
4:41.60 (32.68)	5:13.95 (32.35)			
11 Goetcheus, Jax A	Gonzaga College High School-MD	5:26.42	5:17.03	6
27.71	58.59 (30.88)	1:30.12 (31.53)	2:01.99 (31.87)	
2:34.47 (32.48)	3:07.54 (33.07)	3:40.06 (32.52)	4:12.99 (32.93)	
4:45.84 (32.85)	5:17.03 (31.19)			
12 Nelson, Dominic A	Ryken High School	5:26.72	5:21.75	5
28.66	59.76 (31.10)	1:32.07 (32.31)	2:04.14 (32.07)	
2:36.82 (32.68)	3:09.72 (32.90)	3:43.11 (33.39)	4:16.26 (33.15)	
4:49.69 (33.43)	5:21.75 (32.06)			
13 Fuqua, Jack S	Bishop Ireton High School-VA	5:55.02	5:27.02	4
29.05	1:01.36 (32.31)	1:34.25 (32.89)	2:07.99 (33.74)	
2:41.27 (33.28)	3:15.03 (33.76)	3:48.31 (33.28)	4:21.41 (33.10)	
4:54.89 (33.48)	5:27.02 (32.13)			
14 Wightman, Connor	St. Paul VI High School-VA	5:28.77	5:30.25	3
28.03	59.27 (31.24)	1:31.58 (32.31)	2:04.79 (33.21)	
2:38.06 (33.27)	3:12.34 (34.28)	3:47.02 (34.68)	4:22.05 (35.03)	
4:57.19 (35.14)	5:30.25 (33.06)			
15 Eloshway, Luke	Our Lady of Good Counsel	NT	5:32.60	2
28.46	1:01.09 (32.63)	1:35.33 (34.24)	2:09.98 (34.65)	
2:44.11 (34.13)	3:18.06 (33.95)	3:52.26 (34.20)	4:26.66 (34.40)	
4:59.89 (33.23)	5:32.60 (32.71)			

WCAC CHAMPIONSHIPS - 1/27/2024

Results - SWIM MEET

(Event 15 Boys 500 Yard Freestyle)

Name	School	Seed Time	Finals Time	Points
16 Galanes, Behr B	Bishop O'Connell-PV	5:45.72	5:44.13	1
29.23	1:01.86 (32.63)	1:35.07 (33.21)	2:09.58 (34.51)	
2:44.05 (34.47)	3:19.32 (35.27)	3:54.89 (35.57)	4:31.61 (36.72)	
5:08.75 (37.14)	5:44.13 (35.38)			
17 Muller, James C	Bishop O'Connell-PV	5:39.83	5:49.88	
29.87	1:02.69 (32.82)	1:36.86 (34.17)	2:11.81 (34.95)	
2:47.29 (35.48)	3:23.71 (36.42)	4:00.68 (36.97)	4:37.65 (36.97)	
5:14.34 (36.69)	5:49.88 (35.54)			
18 Eschmann, John	The Heights School (Hs)-MD	5:57.75	6:00.98	
28.87	1:01.74 (32.87)	1:36.79 (35.05)	2:13.32 (36.53)	
2:50.88 (37.56)	3:29.37 (38.49)	4:07.63 (38.26)	4:45.91 (38.28)	
5:24.96 (39.05)	6:00.98 (36.02)			
19 Weilke, Luke O	Ryken High School	6:52.27	6:36.18	
32.97	1:08.51 (35.54)	1:46.92 (38.41)	2:25.93 (39.01)	
3:05.80 (39.87)	3:47.67 (41.87)	4:29.38 (41.71)	5:11.86 (42.48)	
5:54.96 (43.10)	6:36.18 (41.22)			
20 Sheehy, Pete D	Bishop O'Connell-PV	6:28.59	6:42.44	
31.14	1:06.63 (35.49)	1:45.48 (38.85)	2:24.46 (38.98)	
3:04.25 (39.79)	4:24.80 (1:20.55)	5:05.19 (40.39)	5:44.66 (39.47)	
6:22.20 (37.54)	6:42.44 (20.24)			
21 Miller, Ben	Our Lady of Good Counsel	6:37.42	6:51.50	
32.04	1:08.68 (36.64)	1:48.51 (39.83)	2:29.70 (41.19)	
3:13.30 (43.60)	3:57.47 (44.17)	4:42.10 (44.63)	5:25.28 (43.18)	
6:09.31 (44.03)	6:51.50 (42.19)			
--- Garcia, Chase	St. Paul VI High School-VA	4:36.72	DFS	
--- Deoudes, JR	St. John's College High School-PV	7:21.46	DFS	

Event 16 Girls 500 Yard Freestyle

Name	School	Seed Time	Finals Time	Points
1 Kincaid, Kellie	Our Lady of Good Counsel	5:06.16	5:04.10	20
27.38	57.43 (30.05)	1:28.20 (30.77)	1:58.84 (30.64)	
2:30.09 (31.25)	3:01.13 (31.04)	3:32.26 (31.13)	4:03.33 (31.07)	
4:33.90 (30.57)	5:04.10 (30.20)			
2 Hooff, Olivia	St. John's College High School-PV	5:24.68	5:09.94	17
28.82	59.74 (30.92)	1:30.89 (31.15)	2:02.12 (31.23)	
2:33.34 (31.22)	3:04.64 (31.30)	3:36.19 (31.55)	4:07.72 (31.53)	
4:39.23 (31.51)	5:09.94 (30.71)			
3 Smith, Lauren C	Our Lady of Good Counsel	5:13.94	5:21.49	16
29.27	1:01.32 (32.05)	1:34.04 (32.72)	2:06.97 (32.93)	
2:39.95 (32.98)	3:12.98 (33.03)	3:45.87 (32.89)	4:18.55 (32.68)	
4:50.94 (32.39)	5:21.49 (30.55)			
4 Sullivan, Anna	Bishop O'Connell-PV	5:18.66	5:21.56	15
28.85	1:00.53 (31.68)	1:33.47 (32.94)	2:06.63 (33.16)	
2:39.52 (32.89)	3:12.93 (33.41)	3:46.03 (33.10)	4:18.85 (32.82)	
4:51.33 (32.48)	5:21.56 (30.23)			
5 Stillman, Maeve	Our Lady of Good Counsel	5:27.08	5:24.03	14
30.40	1:03.16 (32.76)	1:36.42 (33.26)	2:09.56 (33.14)	
2:42.64 (33.08)	3:15.33 (32.69)	3:48.07 (32.74)	4:20.45 (32.38)	
4:52.87 (32.42)	5:24.03 (31.16)			
6 Schultz, Emma	Elizabeth Seton Varsity Swimmi	5:27.13	5:31.58	13
28.77	1:00.82 (32.05)	1:34.02 (33.20)	2:07.88 (33.86)	
2:41.52 (33.64)	3:15.46 (33.94)	3:49.90 (34.44)	4:24.66 (34.76)	
4:59.08 (34.42)	5:31.58 (32.50)			

WCAC CHAMPIONSHIPS - 1/27/2024

Results - SWIM MEET

(Event 16 Girls 500 Yard Freestyle)

Name	School	Seed Time	Finals Time	Points
7 McKinley, Tess	St. Paul VI High School-VA	5:25.83	5:38.09	12
29.49	1:01.75 (32.26)	1:35.05 (33.30)	2:08.62 (33.57)	
2:43.05 (34.43)	3:17.50 (34.45)	3:52.05 (34.55)	4:26.78 (34.73)	
5:02.87 (36.09)	5:38.09 (35.22)			
8 Longmore, Bella R	Ryken High School	6:00.43	5:42.71	11
29.44	1:02.99 (33.55)	1:37.40 (34.41)	2:12.38 (34.98)	
2:47.46 (35.08)	3:23.04 (35.58)	3:58.66 (35.62)	4:34.26 (35.60)	
5:09.76 (35.50)	5:42.71 (32.95)			
9 Ferguson, Kathleen	Bishop Ireton High School-VA	5:57.54	5:53.89	9
30.54	1:04.55 (34.01)	1:39.92 (35.37)	2:15.93 (36.01)	
2:52.28 (36.35)	3:29.48 (37.20)	4:06.77 (37.29)	4:43.82 (37.05)	
5:20.26 (36.44)	5:53.89 (33.63)			
10 Kiernan, Maddie	St. Paul VI High School-VA	5:53.06	5:56.34	7
31.47	1:06.24 (34.77)	1:42.00 (35.76)	2:17.91 (35.91)	
2:54.00 (36.09)	3:30.41 (36.41)	4:07.17 (36.76)	4:43.73 (36.56)	
5:19.89 (36.16)	5:56.34 (36.45)			
11 McIntosh, Caeli	Bishop O'Connell-PV	5:53.80	6:00.39	6
31.48	1:06.64 (35.16)	1:42.89 (36.25)	2:19.93 (37.04)	
2:56.56 (36.63)	3:33.80 (37.24)	4:11.39 (37.59)	4:48.65 (37.26)	
5:24.80 (36.15)	6:00.39 (35.59)			
12 Zea, Anna	Bishop O'Connell-PV	6:06.63	6:01.91	5
32.44	1:08.97 (36.53)	1:45.61 (36.64)	2:22.57 (36.96)	
2:59.72 (37.15)	3:36.91 (37.19)	4:14.45 (37.54)	4:51.00 (36.55)	
5:28.23 (37.23)	6:01.91 (33.68)			
13 Murphy, Kimi	St. Paul VI High School-VA	6:00.37	6:16.95	4
31.57	1:07.64 (36.07)	1:45.90 (38.26)	2:24.39 (38.49)	
3:03.46 (39.07)	3:42.27 (38.81)	4:21.63 (39.36)	5:00.83 (39.20)	
5:39.75 (38.92)	6:16.95 (37.20)			
14 Voorhees, Lillian	Bishop Ireton High School-VA	6:20.28	6:17.59	3
31.38	1:06.62 (35.24)	1:44.24 (37.62)	2:22.87 (38.63)	
3:01.47 (38.60)	3:40.39 (38.92)	4:19.98 (39.59)	4:59.87 (39.89)	
5:39.39 (39.52)	6:17.59 (38.20)			
15 Russ, Avery K	Academy OF The Holy Cross	6:26.93	6:23.17	2
33.66	1:10.33 (36.67)	1:48.72 (38.39)	2:27.87 (39.15)	
3:06.43 (38.56)	3:45.71 (39.28)	4:25.20 (39.49)	5:04.96 (39.76)	
5:44.26 (39.30)	6:23.17 (38.91)			
16 Longmore, Gabby L	Ryken High School	6:39.96	6:30.11	1
35.11	1:14.24 (39.13)	1:53.78 (39.54)	2:33.07 (39.29)	
3:11.79 (38.72)	3:51.57 (39.78)	4:32.26 (40.69)	5:12.46 (40.20)	
5:52.73 (40.27)	6:30.11 (37.38)			
17 Gebhards, Olivia	St. John's College High School-PV	6:47.94	6:43.98	
32.81	1:10.12 (37.31)	1:49.97 (39.85)	2:30.82 (40.85)	
3:11.98 (41.16)	3:53.63 (41.65)	4:36.06 (42.43)	5:19.16 (43.10)	
6:03.00 (43.84)	6:43.98 (40.98)			
18 Tovar, Valeria	Academy OF The Holy Cross	6:30.61	6:59.22	
34.34	1:15.08 (40.74)	1:56.76 (41.68)	2:39.11 (42.35)	
3:21.45 (42.34)	4:05.10 (43.65)	4:49.43 (44.33)	5:33.59 (44.16)	
6:16.29 (42.70)	6:59.22 (42.93)			
19 Zellner, Rayne R	Ryken High School	7:27.61	7:20.28	
39.12	1:22.69 (43.57)	2:07.91 (45.22)	2:52.52 (44.61)	
3:37.93 (45.41)	4:23.23 (45.30)	5:08.13 (44.90)	5:54.46 (46.33)	
6:38.91 (44.45)	7:20.28 (41.37)			
--- Thompson, Isabella	Academy OF The Holy Cross	7:28.64	DFS	
--- Noonan, Pheobe	St. John's College High School-PV	6:40.77	DFS	

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Results - SWIM MEET

Event 17 Boys 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Gonzaga College High School-MD	A	1:23.27	1:26.53	40
1) McKenzie, Malcolm A	2) Morgan, Kirk K	3) Holden, Hank P	4) Bice, Palmer J	
21.26	43.69 (22.43)	1:05.57 (21.88)	1:26.53 (20.96)	
2 DeMatha Catholic High School	A	1:26.91	1:26.86	34
1) Rooney, Seamus	2) Lopez, Joshua	3) Vaughn, Jordan	4) Ross, Jayson	
21.91	43.69 (21.78)	1:06.10 (22.41)	1:26.86 (20.76)	
3 The Heights School (Hs)-MD	A	1:29.64	1:29.46	32
1) Franck, Ryan	2) Lepre, William	3) DeLellis, J. D.	4) Franck, Sean	
22.35	44.99 (22.64)	1:07.53 (22.54)	1:29.46 (21.93)	
4 Our Lady of Good Counsel	A	1:29.92	1:29.55	30
1) Zakorchemny, Cooper	2) Kalinin, Nikolai L	3) Cobb, Jason	4) Watkins, Owen A	
23.29	46.10 (22.81)	1:08.82 (22.72)	1:29.55 (20.73)	
5 Bishop O'Connell-PV	A	1:31.36	1:34.87	28
1) Worthen, Jermaine	2) Fleming, Wills	3) Buckhorn, Colin	4) Adye, Timothy	
23.98	48.26 (24.28)	1:12.23 (23.97)	1:34.87 (22.64)	
6 Bishop Ireton High School-VA	A	1:35.64	1:35.96	26
1) Corley, Adam	2) Corley, Jason P	3) Giza, John Paul S	4) Lentini, Joseph	
24.60	49.24 (24.64)	1:13.72 (24.48)	1:35.96 (22.24)	
7 St. John's College High School-PV	A	1:35.18	1:39.19	24
1) Kettering, Will	2) Foster, Zackary	3) Dedes, Apostolos	4) Egan, Jimmy	
24.90	50.53 (25.63)	1:15.69 (25.16)	1:39.19 (23.50)	
8 Ryken High School	A	1:46.80	1:40.23	22
1) Smith, Jameson	2) Nelson, Dominic A	3) Thompson, Nick P	4) Magno, Joshua	
25.53	50.38 (24.85)	1:15.16 (24.78)	1:40.23 (25.07)	
9 St. Paul VI High School-VA	A	1:28.72	1:40.36	18
1) Choi, Zach	2) Cubarney, Connor	3) Ladowicz, Jack A	4) Cox, Lucas A	
25.06	50.40 (25.34)	1:16.02 (25.62)	1:40.36 (24.34)	
--- DeMatha Catholic High School	B	1:34.82	X1:35.00	
1) Rothmann, Harry	2) Wills III, Joseph	3) Jenkins, Ari	4) Kelly, Ryan	
24.02	46.98 (22.96)	1:11.40 (24.42)	1:35.00 (23.60)	
--- Our Lady of Good Counsel	B	NT	X1:43.73	
1) Miller, Ben	2) Markovitz, Evan	3) Burakiewicz, Vincent	4) Casimates, Nick G	
29.05	54.98 (25.93)	1:19.44 (24.46)	1:43.73 (24.29)	
--- Bishop O'Connell-PV	B	1:42.36	X1:43.82	
1) Miller, James V	2) Colevas, Kellen J	3) Dunn, Matthew	4) Muller, James C	
26.09	51.87 (25.78)	1:18.95 (27.08)	1:43.82 (24.87)	
--- Bishop Ireton High School-VA	B	NT	X1:46.84	
1) Kennedy, Luke	2) Corley, Connor	3) Temple, Nicholas	4) Johnson, Peter	
27.05	53.41 (26.36)	1:20.91 (27.50)	1:46.84 (25.93)	
--- St. Paul VI High School-VA	B	1:45.88	X1:48.34	
1) Rommelmeyer, William	2) Thomson, Chris	3) Heisler, Nick A	4) Caputo, Henry	
26.41	57.09 (30.68)	1:24.14 (27.05)	1:48.34 (24.20)	
--- Ryken High School	B	2:02.98	X2:00.03	
1) Wiesert, Kenzo W	2) Davis, Christopher A	3) Pavis, Colton	4) Moran, Sterling B	
26.31	1:00.70 (34.39)	1:32.27 (31.57)	2:00.03 (27.76)	
--- Gonzaga College High School-MD	B	NT	X2:03.01	
1) Diaz, Sammy J	2) Beck, Charlie E	3) Skorny, Duke	4) Mancinelli, George M	
26.80	56.38 (29.58)	1:31.18 (34.80)	2:03.01 (31.83)	
--- St. John's College High School-PV	B	2:05.59	X2:03.39	
1) Dierlam, William	2) Reilly, Griffin	3) Ashbarry, Connor	4) Zapata-Trivino, Matthew	
35.04	1:03.74 (28.70)	1:33.53 (29.79)	2:03.39 (29.86)	
--- Bishop McNamara High School-U	B	2:43.36	X2:45.09	
1) Zanfordino, Stormie V	2) Barnett, Brittingham	3) Harris, Ayden	4) Johnson, Khalil	
51.25	1:05.56 (14.31)	1:24.63 (19.07)	2:45.09 (1:20.46)	

WCAC CHAMPIONSHIPS - 1/27/2024

Results - SWIM MEET

(Event 17 Boys 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
--- Bishop McNamara High School-U	A	1:45.86	DQ	
1) Coleman, Jabari	2) Bowman, Cris A	3) Corbin-Lewis, Asher N	4) Evans, Jacob	
32.13	56.72 (24.59)	1:22.75 (26.03)	DQ (23.55)	
--- The Heights School (Hs)-MD	B	1:36.79	XDQ	
1) Stadelmann, Lucas	2) Schneider, Ian	3) Sciortino, Peter	4) Magee, Benjamin	
24.31	48.20 (23.89)	1:13.21 (25.01)	DQ (24.85)	

Event 18 Girls 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Academy OF The Holy Cross	A	1:40.56	1:40.44	40
1) Mongelli, Mary E	2) Mongelli, Megan A	3) Depman, Megan A	4) Linck, Lizzie M	
25.83	51.75 (25.92)	1:16.97 (25.22)	1:40.44 (23.47)	
2 Our Lady of Good Counsel	A	1:41.13	1:41.19	34
1) Brown, Brea M	2) Inman, Maddie	3) Markovitz, Kaley H	4) Miller, Kate S	
26.01	51.19 (25.18)	1:16.92 (25.73)	1:41.19 (24.27)	
3 Bishop Ireton High School-VA	A	1:42.92	1:42.50	32
1) Nick, Ella	2) Forrer, Marcella R	3) Lentini, Emma J	4) Forrer, Therese M	
25.69	51.68 (25.99)	1:17.53 (25.85)	1:42.50 (24.97)	
4 Bishop O'Connell-PV	A	1:43.70	1:45.85	30
1) Cervenak, Maddie L	2) Thompson, Claire M	3) O'Hara, Kalyn	4) McKeen, Audrey L	
26.42	53.47 (27.05)	1:19.66 (26.19)	1:45.85 (26.19)	
5 St. Paul VI High School-VA	A	1:47.63	1:46.89	28
1) Masten, Payton	2) Beggan, Berkleigh K	3) Hayken, Gia	4) McKinley, Lilia	
25.79	52.99 (27.20)	1:19.97 (26.98)	1:46.89 (26.92)	
6 Elizabeth Seton Varsity Swimmi	A	1:46.14	1:46.92	26
1) Parsons, Kiera	2) Chesson, Gabby	3) King, Georgia	4) Schultz, Emma	
27.16	53.70 (26.54)	1:20.70 (27.00)	1:46.92 (26.22)	
7 St. John's College High School-PV	A	1:50.00	1:50.57	24
1) Fayyad, Zoe	2) Gillon, Mary	3) Broome, Brigid	4) Kelly, Andrea	
28.31	56.58 (28.27)	1:23.80 (27.22)	1:50.57 (26.77)	
8 Bishop McNamara High School-U	A	NT	1:52.58	22
1) Smith, Charlotte	2) Johnson, Mia E	3) Henderson, Ashley	4) Allbritton, Jada M	
27.84	54.63 (26.79)	1:26.51 (31.88)	1:52.58 (26.07)	
--- Academy OF The Holy Cross	B	NT	X1:49.54	
1) Grahl, Sophie M	2) Fiery, Eden S	3) Tovar, Sofie S	4) Perine-Brown, Madeleine C	
27.68	54.02 (26.34)	1:22.99 (28.97)	1:49.54 (26.55)	
--- Bishop O'Connell-PV	B	1:48.02	X1:50.09	
1) Ouimet, Grace A	2) Melles, Delina	3) McIntosh, Caeli	4) Cervenak, Reagan	
27.18	55.14 (27.96)	1:23.65 (28.51)	1:50.09 (26.44)	
--- St. Paul VI High School-VA	B	1:53.18	X1:51.49	
1) Nicholson, Natalie	2) Murphy, Kimi	3) Sims, Marisol	4) McCarthy, Quinne	
28.07	56.46 (28.39)	1:24.35 (27.89)	1:51.49 (27.14)	
--- Our Lady of Good Counsel	B	NT	X1:53.56	
1) Bossle, Caitlin M	2) Hutchcroft, Josie	3) Schaefer, Hailey M	4) Silva, Catherine R	
27.72	56.29 (28.57)	1:25.38 (29.09)	1:53.56 (28.18)	
--- Bishop Ireton High School-VA	B	NT	X1:55.12	
1) Ary, Sophie E	2) Voorhees, Virginia	3) Kennelly, Liliana	4) Bliss, Sophie M	
30.60	59.49 (28.89)	1:27.63 (28.14)	1:55.12 (27.49)	
--- Elizabeth Seton Varsity Swimmi	B	NT	X2:04.04	
1) Coble, Lily	2) Robinson, Lourdes	3) Hammer, Sophia	4) Izevbigie, Oriri	
31.84	1:02.29 (30.45)	1:33.23 (30.94)	2:04.04 (30.81)	
--- Ryken High School	B	2:08.08	X2:09.47	
1) Phillips, Ruby	2) Cornette, Kaitlyn A	3) Yi, Terri	4) Longmore, Gabby L	
29.85	1:03.60 (33.75)	1:36.27 (32.67)	2:09.47 (33.20)	

WCAC CHAMPIONSHIPS - 1/27/2024

Results - SWIM MEET

(Event 18 Girls 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
--- St. John's College High School-PV	B	2:18.18	X2:15.88	
1) Bonilla Sanchez, Rebecca	2) Deffinbaugh, Katie	3) Melia, Annabelle	4) Calis, Angelina	
33.52	1:11.77 (38.25)	1:45.37 (33.60)	2:15.88 (30.51)	
--- Ryken High School	A	1:55.37	DQ	
1) Longmore, Bella R	2) Maldonado, Gigi	3) Gordon, Joni	4) Thompson, Mallory E	
27.53	55.82 (28.29)	1:23.74 (27.92)	DQ (26.74)	

Event 19 Boys 100 Yard Backstroke

Name	School	Seed Time	Finals Time	Points
1 Bacon, Finn E	Gonzaga College High School-MD	49.94	50.98	20
25.43	50.98 (25.55)			
2 Duncan, Thomas	The Heights School (Hs)-MD	50.71	51.23	17
25.00	51.23 (26.23)			
3 Rooney, Seamus	DeMatha Catholic High School	51.94	52.25	16
25.51	52.25 (26.74)			
4 Vaughn, Jordan	DeMatha Catholic High School	53.56	54.79	15
26.13	54.79 (28.66)			
5 McLallen, Colin	Bishop Ireton High School-VA	58.73	58.12	14
28.54	58.12 (29.58)			
6 Rowan, Graham	Bishop O'Connell-PV	55.31	58.30	13
27.89	58.30 (30.41)			
7 Gooch, Oliver T	Gonzaga College High School-MD	59.04	58.43	12
8 Thiede, George H	Gonzaga College High School-MD	NT	58.49	11
28.48	58.49 (30.01)			
9 Garvey, Jack	The Heights School (Hs)-MD	58.79	59.35	9
28.70	59.35 (30.65)			
10 Fuqua, Jack S	Bishop Ireton High School-VA	1:02.18	59.91	7
29.31	59.91 (30.60)			
11 Cobb, Jason	Our Lady of Good Counsel	59.11	1:00.46	6
29.12	1:00.46 (31.34)			
12 Morrison, Ian	St. John's College High School-PV	1:01.38	1:01.26	5
29.80	1:01.26 (31.46)			
13 Smith, Jameson	Ryken High School	1:02.43	1:01.97	4
30.08	1:01.97 (31.89)			
14 Ford, Brendan	DeMatha Catholic High School	1:02.94	1:02.12	3
29.82	1:02.12 (32.30)			
15 Corbin-Lewis, Asher N	Bishop McNamara High School-US	1:04.93	1:02.59	2
29.90	1:02.59 (32.69)			
16 Paniszczyn, Andrew	St. Paul VI High School-VA	1:03.80	1:02.69	1
30.78	1:02.69 (31.91)			
17 Casimates, Nick G	Our Lady of Good Counsel	1:06.52	1:03.72	
30.57	1:03.72 (33.15)			
18 Fahle, Keaghan C	Bishop O'Connell-PV	1:04.04	1:03.95	
31.17	1:03.95 (32.78)			
19 Cubarney, Connor	St. Paul VI High School-VA	1:04.12	1:04.31	
31.69	1:04.31 (32.62)			
20 Seager, Austin	Our Lady of Good Counsel	NT	1:06.81	
32.10	1:06.81 (34.71)			
21 Thompson, Jay C	Bishop O'Connell-PV	1:03.72	1:07.35	
31.91	1:07.35 (35.44)			
22 Thompson, Nick P	Ryken High School	1:08.51	1:08.65	
32.50	1:08.65 (36.15)			
23 Huff, Lincoln	The Heights School (Hs)-MD	1:13.47	1:10.71	
32.87	1:10.71 (37.84)			

WCAC CHAMPIONSHIPS - 1/27/2024**Results - SWIM MEET****(Event 19 Boys 100 Yard Backstroke)**

Name	School	Seed Time	Finals Time	Points
24 Caputo, Henry	St. Paul VI High School-VA	1:09.83	1:11.16	
33.66	1:11.16 (37.50)			
25 Chapman, Jack	St. John's College High School-PV	1:10.94	1:11.42	
33.74	1:11.42 (37.68)			
26 Temple, Nicholas	Bishop Ireton High School-VA	1:19.01	1:15.97	
1:15.97	1:15.97 ()			
27 Reilly, Griffin	St. John's College High School-PV	1:20.89	1:21.20	
39.99	1:21.20 (41.21)			
28 Davis, Christopher A	Ryken High School	1:30.89	1:32.45	
45.46	1:32.45 (46.99)			
29 Woolfolk, Xavier	Bishop McNamara High School-US	1:36.97	1:33.48	
43.20	1:33.48 (50.28)			
30 Harris, Ayden	Bishop McNamara High School-US	NT	2:05.62	
55.71	2:05.62 (1:09.91)			

Event 20 Girls 100 Yard Backstroke

Name	School	Seed Time	Finals Time	Points
1 Linck, Lizzie M	Academy OF The Holy Cross	57.29	57.78	20
27.77	57.78 (30.01)			
2 Celi, Zoe	St. Paul VI High School-VA	57.27	57.82	17
28.15	57.82 (29.67)			
3 Watkins, Celia	Our Lady of Good Counsel	58.24	59.14	16
28.77	59.14 (30.37)			
4 Inman, Maddie	Our Lady of Good Counsel	1:04.51	59.29	15
29.02	59.29 (30.27)			
5 Depman, Megan A	Academy OF The Holy Cross	1:00.64	1:02.91	14
30.47	1:02.91 (32.44)			
6 O'Hara, Kalyn	Bishop O'Connell-PV	59.64	1:03.86	13
31.62	1:03.86 (32.24)			
7 Lentini, Emma J	Bishop Ireton High School-VA	1:07.51	1:04.14	12
31.17	1:04.14 (32.97)			
8 Markovitz, Kaley H	Our Lady of Good Counsel	1:03.22	1:04.45	11
31.40	1:04.45 (33.05)			
9 Allbritton, Jada M	Bishop McNamara High School-US	1:02.43	1:05.02	9
31.07	1:05.02 (33.95)			
10 Fiery, Eden S	Academy OF The Holy Cross	1:02.18	1:05.88	7
31.47	1:05.88 (34.41)			
11 Milewski, Anna E	Bishop Ireton High School-VA	1:06.86	1:07.22	6
32.72	1:07.22 (34.50)			
12 Adams, Amelia B	Bishop Ireton High School-VA	1:09.82	1:07.45	5
32.15	1:07.45 (35.30)			
13 Bedford, Molly R	Bishop O'Connell-PV	1:07.20	1:07.94	4
32.90	1:07.94 (35.04)			
14 Stenberg, Dale	St. John's College High School-PV	1:09.13	1:08.33	3
33.11	1:08.33 (35.22)			
15 Beggan, Berkleigh K	St. Paul VI High School-VA	1:07.11	1:08.80	2
32.85	1:08.80 (35.95)			
16 Broome, Brigid	St. John's College High School-PV	1:11.49	1:09.36	1
32.71	1:09.36 (36.65)			
17 Nicholson, Natalie	St. Paul VI High School-VA	1:09.59	1:11.46	
34.97	1:11.46 (36.49)			
18 Weilke, Amelia G	Ryken High School	1:12.96	1:12.93	
35.97	1:12.93 (36.96)			

WCAC CHAMPIONSHIPS - 1/27/2024

Results - SWIM MEET

(Event 20 Girls 100 Yard Backstroke)

Name	School	Seed Time	Finals Time	Points
19 Chesson, Gabby	Elizabeth Seton Varsity Swimmi	1:18.47	1:13.40	
1:13.40	1:13.40 ()			
20 Williams, Meghan N	Bishop O'Connell-PV	1:13.58	1:14.21	
35.56	1:14.21 (38.65)			
21 Jezior, Olivia	St. John's College High School-PV	1:14.84	1:15.53	
36.02	1:15.53 (39.51)			
22 Yi, Terri	Ryken High School	1:24.69	1:18.56	
37.99	1:18.56 (40.57)			
23 Cornette, Kaitlyn A	Ryken High School	1:17.36	1:19.66	
38.14	1:19.66 (41.52)			
24 Garcia, Julia	Elizabeth Seton Varsity Swimmi	1:24.25	1:22.88	
39.87	1:22.88 (43.01)			

Event 21 Boys 100 Yard Breaststroke

Name	School	Seed Time	Finals Time	Points
1 Franck, Ryan	The Heights School (Hs)-MD	59.25	58.94	20
27.68	58.94 (31.26)			
2 Wilkinson, Caden W	Gonzaga College High School-MD	59.67	59.17	17
28.37	59.17 (30.80)			
3 Keeler, Chase W	Our Lady of Good Counsel	1:02.80	59.99	16
28.21	59.99 (31.78)			
4 du Lac, Miles	DeMatha Catholic High School	1:01.58	1:01.10	15
28.83	1:01.10 (32.27)			
5 Corley, Adam	Bishop Ireton High School-VA	1:01.14	1:01.64	14
28.49	1:01.64 (33.15)			
6 Lombardo, Jonathan	DeMatha Catholic High School	1:03.47	1:02.84	13
29.50	1:02.84 (33.34)			
7 Madden, Caden L	Gonzaga College High School-MD	1:02.74	1:03.13	12
28.86	1:03.13 (34.27)			
8 Zamchiya, Chengetai	DeMatha Catholic High School	1:02.43	1:03.70	11
29.46	1:03.70 (34.24)			
9 Murphy, Matthew	St. Paul VI High School-VA	1:03.70	1:03.78	9
29.65	1:03.78 (34.13)			
10 Seager, Austin	Our Lady of Good Counsel	1:06.95	1:04.90	7
30.46	1:04.90 (34.44)			
11 Spooner, Alex M	Gonzaga College High School-MD	1:04.75	1:05.44	6
29.91	1:05.44 (35.53)			
12 Franck, Sean	The Heights School (Hs)-MD	1:07.01	1:06.70	5
30.85	1:06.70 (35.85)			
13 Evans, Jacob	Bishop McNamara High School-US	1:08.71	1:07.22	4
30.49	1:07.22 (36.73)			
14 Worthen, Jermaine	Bishop O'Connell-PV	1:04.51	1:07.30	3
31.06	1:07.30 (36.24)			
15 Corley, Jason P	Bishop Ireton High School-VA	1:09.67	1:07.55	2
30.18	1:07.55 (37.37)			
16 Choi, Zach	St. Paul VI High School-VA	1:06.75	1:07.78	1
31.39	1:07.78 (36.39)			
17 Fleming, Wills	Bishop O'Connell-PV	1:03.79	1:08.47	
31.93	1:08.47 (36.54)			
18 Giza, John Paul S	Bishop Ireton High School-VA	1:08.15	1:09.76	
31.62	1:09.76 (38.14)			
19 Magno, Joshua	Ryken High School	1:11.22	1:09.79	
32.69	1:09.79 (37.10)			

WCAC CHAMPIONSHIPS - 1/27/2024**Results - SWIM MEET****(Event 21 Boys 100 Yard Breaststroke)**

Name	School	Seed Time	Finals Time	Points
20 Watkins, Logan R 32.45	Our Lady of Good Counsel	1:13.94	1:11.70	
		1:11.70 (39.25)		
21 Sciortino, Peter 33.16	The Heights School (Hs)-MD	1:13.58	1:13.30	
		1:13.30 (40.14)		
22 Dedes, Apostolos 34.51	St. John's College High School-PV	1:15.81	1:13.80	
		1:13.80 (39.29)		
23 Galanes, Behr B 36.72	Bishop O'Connell-PV	1:17.26	1:19.05	
		1:19.05 (42.33)		
24 Wiesert, Kenzo W 35.70	Ryken High School	1:20.25	1:19.23	
		1:19.23 (43.53)		
25 Rommelmeyer, William 37.05	St. Paul VI High School-VA	1:19.68	1:20.76	
		1:20.76 (43.71)		
26 Barberena, Kristian 38.08	St. John's College High School-PV	1:21.06	1:23.53	
		1:23.53 (45.45)		
27 Vincent, Josh G 41.25	Ryken High School	1:25.23	1:25.36	
		1:25.36 (44.11)		
28 Rabill, Taaj 38.47	Bishop McNamara High School-US	1:24.76	1:25.83	
		1:25.83 (47.36)		
--- Socias, Tomas	St. John's College High School-PV	1:19.63	DFS	

Event 22 Girls 100 Yard Breaststroke

Name	School	Seed Time	Finals Time	Points
1 Masten, Payton 33.14	St. Paul VI High School-VA	1:10.41	1:10.04	20
		1:10.04 (36.90)		
2 McKeen, Audrey L 32.69	Bishop O'Connell-PV	1:09.99	1:10.05	17
		1:10.05 (37.36)		
3 Smullen, Caroline A 33.23	Bishop Ireton High School-VA	1:10.87	1:11.38	16
		1:11.38 (38.15)		
4 King, Georgia 34.98	Elizabeth Seton Varsity Swimmi	1:14.77	1:13.15	15
		1:13.15 (38.17)		
5 Decatur, Selah A 33.87	Our Lady of Good Counsel	1:12.50	1:13.70	14
		1:13.70 (39.83)		
6 Barish, Gemma F 34.87	Our Lady of Good Counsel	1:15.72	1:14.91	13
		1:14.91 (40.04)		
7 Sanchez-Castellanos, Mia 35.65	Our Lady of Good Counsel	1:13.69	1:15.50	12
		1:15.50 (39.85)		
8 Johnson, Mia E 35.47	Bishop McNamara High School-US	1:15.71	1:15.61	11
		1:15.61 (40.14)		
9 McKinley, Lilia 35.91	St. Paul VI High School-VA	1:15.77	1:16.28	9
		1:16.28 (40.37)		
10 Bliss, Sophie M 36.28	Bishop Ireton High School-VA	1:16.95	1:16.34	7
		1:16.34 (40.06)		
11 Grahl, Sophie M 35.44	Academy OF The Holy Cross	1:13.66	1:16.70	6
		1:16.70 (41.26)		
12 Thompson, Claire M 36.31	Bishop O'Connell-PV	1:11.09	1:16.87	5
		1:16.87 (40.56)		
13 Murphy, Kimi 36.40	St. Paul VI High School-VA	1:18.22	1:16.96	4
		1:16.96 (40.56)		
14 Perine-Brown, Madeleine C 35.25	Academy OF The Holy Cross	1:15.79	1:16.97	3
		1:16.97 (41.72)		
15 Smith, Charlotte 36.89	Bishop McNamara High School-US	1:20.70	1:17.05	2
		1:17.05 (40.16)		
16 McCrann, Mia 38.79	Bishop O'Connell-PV	1:22.44	1:21.13	1
		1:21.13 (42.34)		

WCAC CHAMPIONSHIPS - 1/27/2024

Results - SWIM MEET

(Event 22 Girls 100 Yard Breaststroke)

Name	School	Seed Time	Finals Time	Points
17 Maldonado, Gigi	Ryken High School	1:24.02	1:21.45	
37.34	1:21.45 (44.11)			
18 Phillips, Ruby	Ryken High School	1:24.71	1:22.26	
38.42	1:22.26 (43.84)			
19 Dwyer, Neve D	Bishop Ireton High School-VA	1:23.58	1:22.29	
38.29	1:22.29 (44.00)			
20 Ruesch, Eva A	Academy OF The Holy Cross	1:30.87	1:27.43	
39.20	1:27.43 (48.23)			
21 Leung, Elsie	St. John's College High School-PV	1:29.90	1:29.19	
41.23	1:29.19 (47.96)			
22 Johnston, Riley	Elizabeth Seton Varsity Swimmi	1:35.62	1:37.98	
43.94	1:37.98 (54.04)			
23 Tymon, Reagan	St. John's College High School-PV	1:36.31	1:38.01	
44.92	1:38.01 (53.09)			
24 Calis, Angelina	St. John's College High School-PV	1:39.76	1:38.99	
45.71	1:38.99 (53.28)			
25 Goul, Maddie E	Ryken High School	1:47.94	1:43.37	
48.41	1:43.37 (54.96)			

Event 23 Boys 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Gonzaga College High School-MD	A	3:02.85	3:06.71	40
1) McKenzie, Malcolm A	2) Bacon, Finn E	3) Bishop, Anderson J	4) Bice, Palmer J	
22.14	46.27 (46.27)	1:08.20 (21.93)	1:32.72 (46.45)	
1:55.52 (22.80)	2:20.79 (48.07)	2:42.75 (21.96)	3:06.71 (45.92)	
2 DeMatha Catholic High School	A	3:08.40	3:09.78	34
1) Jungbluth, Alexander	2) Lopez, Joshua	3) Rooney, Seamus	4) Ross, Jayson	
22.58	48.03 (48.03)	1:03.93 (15.90)	1:34.66 (46.63)	
1:57.28 (22.62)	2:22.24 (47.58)	2:44.57 (22.33)	3:09.78 (47.54)	
3 The Heights School (Hs)-MD	A	3:14.45	3:20.19	32
1) Rose, Matthew	2) DeLellis, J. D.	3) Verderese, Peter	4) Duncan, Thomas	
22.95	48.10 (48.10)	1:39.15 (51.05)	2:02.59 (1:14.49)	
2:29.44 (26.85)	2:53.54 (50.95)	3:20.28 (26.74)	3:20.19 (26.65)	
4 St. Paul VI High School-VA	A	3:17.89	3:22.11	30
1) Vinegas, Miggy	2) Garcia, Chase	3) Caputo, Quinn M	4) Murphy, Matthew	
23.55	49.93 (49.93)	1:15.00 (25.07)	1:42.95 (53.02)	
2:06.31 (23.36)	2:31.71 (48.76)	2:55.65 (23.94)	3:22.11 (50.40)	
5 Bishop O'Connell-PV	A	3:19.79	3:31.41	28
1) Worthen, Jermaine	2) Rowan, Graham	3) Fahle, Keaghan C	4) Adye, Timothy	
25.30	53.45 (53.45)	1:18.11 (24.66)	1:46.89 (53.44)	
2:12.08 (25.19)	2:40.06 (53.17)	3:04.18 (24.12)	3:31.41 (51.35)	
6 St. John's College High School-PV	A	3:31.94	3:34.22	26
1) Kettering, Will	2) Fry, Patrick	3) Kimpel, Rex	4) Dawson, John	
26.48	55.79 (55.79)	1:21.25 (25.46)	1:51.26 (55.47)	
2:15.62 (24.36)	2:42.91 (51.65)	3:07.34 (24.43)	3:34.22 (51.31)	
7 Our Lady of Good Counsel	A	3:23.37	3:36.35	24
1) Hanson, Timmy	2) Drews, Roman N	3) Bosco, Collin M	4) Cobb, Jason	
25.48	52.78 (52.78)	1:17.96 (25.18)	1:46.46 (53.68)	
2:13.92 (27.46)	2:45.04 (58.58)	3:09.20 (24.16)	3:36.35 (51.31)	
8 Bishop Ireton High School-VA	A	3:38.95	3:44.07	22
1) Spendley, Tucker	2) Patterson, Bryce	3) Lentini, Jack M	4) McLallen, Colin	
27.77	58.21 (58.21)	1:24.56 (26.35)	1:55.12 (56.91)	
2:20.78 (25.66)	2:58.13 (1:03.01)	3:16.26 (18.13)	3:44.07 (45.94)	

WCAC CHAMPIONSHIPS - 1/27/2024

Results - SWIM MEET

(Event 23 Boys 400 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
9 Bishop McNamara High School-U	A	4:28.18	4:21.12	18
1) Rabill, Taaj	2) Coleman, Jabari	3) Dickerson, MJ	4) Mosley, Dewayne J	
33.06	1:08.01 (1:08.01)	1:40.27 (32.26)	2:17.51 (1:09.50)	
2:45.17 (27.66)	3:17.35 (59.84)	3:45.20 (27.85)	4:21.12 (1:03.77)	
--- DeMatha Catholic High School	B	3:28.31	X3:29.47	
1) Ramirez, Diego	2) Hamilton, Jack	3) Hersey, Gray	4) Rothmann, Harry	
24.74	52.61 (52.61)	1:16.35 (23.74)	1:43.00 (50.39)	
2:07.42 (24.42)	2:35.76 (52.76)	3:00.76 (25.00)	3:29.47 (53.71)	
--- Bishop O'Connell-PV	B	3:48.21	X3:49.69	
1) Hearne, Nick	2) Thompson, Jay C	3) Miller, James V	4) Muller, James C	
27.78	1:00.67 (1:00.67)	1:26.73 (26.06)	1:55.41 (54.74)	
2:22.56 (27.15)	2:54.23 (58.82)	3:19.81 (25.58)	3:49.69 (55.46)	
--- St. Paul VI High School-VA	B	NT	X3:49.85	
1) Paniszczyn, Andrew	2) Cox, Lucas A	3) Cubarney, Connor	4) Choi, Zach	
28.32	59.28 (59.28)	1:24.98 (25.70)	1:54.81 (55.53)	
2:21.99 (27.18)	2:51.97 (57.16)	3:06.16 (14.19)	3:49.85 (57.88)	
--- The Heights School (Hs)-MD	B	3:36.81	X4:06.00	
1) Bajwa, John C	2) Sciortino, Peter	3) McDonnell, Jackson	4) Schneider, Ian	
25.12	53.35 (53.35)	1:21.34 (27.99)	1:53.06 (59.71)	
2:21.57 (28.51)	2:54.60 (1:01.54)	3:50.69 (56.09)	4:06.00 (1:11.40)	
--- Bishop Ireton High School-VA	B	NT	X4:06.14	
1) Scanlon, Martin	2) Corley, Connor	3) Kennedy, Luke	4) Temple, Nicholas	
27.29	57.71 (57.71)	1:25.46 (27.75)	1:57.95 (1:00.24)	
2:26.52 (28.57)	3:01.91 (1:03.96)	3:32.35 (30.44)	4:06.14 (1:04.23)	
--- Our Lady of Good Counsel	B	NT	X4:14.62	
1) Donahue, Patrick	2) Essig, Jack	3) Tworkowski, Alec	4) Watkins, Logan R	
29.75	1:03.25 (1:03.25)	1:35.46 (32.21)	2:10.89 (1:07.64)	
2:37.24 (26.35)	3:08.37 (57.48)	4:14.87 (1:06.50)	4:14.62 (1:06.25)	
--- Gonzaga College High School-MD	B	NT	X4:17.95	
1) Tiffey, Matthew C	2) Walker, Mack	3) Oh, Jacob I	4) LaMonica, Jack G	
31.36	1:05.24 (1:05.24)	1:34.11 (28.87)	2:07.74 (1:02.50)	
2:37.12 (29.38)	3:10.74 (1:03.00)	3:43.31 (32.57)	4:17.95 (1:07.21)	
--- Ryken High School	C	4:13.48	X4:19.38	
1) Weilke, Luke O	2) Pavis, Logan	3) Moran, Sterling B	4) Wiesert, Kenzo W	
30.48	1:04.41 (1:04.41)	1:33.48 (29.07)	2:09.97 (1:05.56)	
3:16.01 (1:06.04)	3:45.72 (1:35.75)	4:19.52 (33.80)	4:19.38 (33.66)	
--- Ryken High School	A	3:40.40	DQ	
1) Nelson, Dominic A	2) Thompson, Mike W	3) Thompson, Nick P	4) Pawloski, Jay M	
26.68	55.71 (55.71)	1:22.16 (26.45)	1:51.52 (55.81)	
2:18.40 (26.88)	2:49.02 (57.50)	3:13.44 (24.42)	DQ (52.50)	
--- St. John's College High School-PV	B	4:23.34	XDQ	
1) Barberena, Branden	2) Zapata-Trivino, Matthew	3) Collis, Ford	4) Palank, David	
28.26	1:00.98 (1:00.98)	1:32.94 (31.96)	2:09.68 (1:08.70)	
2:41.85 (32.17)	3:19.21 (1:09.53)	3:48.99 (29.78)	DQ (1:02.97)	

Event 24 Girls 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Academy OF The Holy Cross	A	3:41.28	3:43.34	40
1) Depman, Megan A	2) Mongelli, Mary E	3) Perine-Brown, Madeleine C	4) Linck, Lizzie M	
26.63	55.40 (55.40)	1:22.15 (26.75)	1:51.95 (56.55)	
2:19.81 (27.86)	2:50.58 (58.63)	3:15.90 (25.32)	3:43.34 (52.76)	
2 Our Lady of Good Counsel	A	3:38.25	3:43.49	34
1) Watkins, Celia	2) Brown, Brea M	3) Smith, Lauren C	4) Kincaid, Kellie	
26.97	55.68 (55.68)	1:22.94 (27.26)	1:52.19 (56.51)	
2:19.48 (27.29)	2:49.34 (57.15)	3:15.26 (25.92)	3:43.49 (54.15)	

WCAC CHAMPIONSHIPS - 1/27/2024

Results - SWIM MEET

(Event 24 Girls 400 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
3 Bishop Ireton High School-VA	A	3:49.05	3:47.77	32
1) Nick, Ella	2) Forrer, Marcella R	3) Lentini, Emma J	4) Forrer, Therese M	
27.46	56.04 (56.04)	1:24.24 (28.20)	1:55.71 (59.67)	
2:23.16 (27.45)	2:52.76 (57.05)	3:19.06 (26.30)	3:47.77 (55.01)	
4 St. Paul VI High School-VA	A	3:47.44	3:48.73	30
1) Torrey, Katie	2) McKinley, Tess	3) Mont, Emma	4) Celi, Zoe	
27.45	56.18 (56.18)	1:24.14 (27.96)	1:55.52 (59.34)	
2:23.17 (27.65)	2:54.31 (58.79)	3:19.90 (25.59)	3:48.73 (54.42)	
5 St. John's College High School-PV	A	3:40.67	3:50.51	28
1) Wertzler, Ellie	2) Kelly, Andrea	3) Grimberg, Olivia	4) Hooff, Olivia	
27.12	56.83 (56.83)	1:25.40 (28.57)	1:59.14 (1:02.31)	
2:26.19 (27.05)	2:55.34 (56.20)	3:21.66 (26.32)	3:50.51 (55.17)	
6 Bishop O'Connell-PV	A	3:49.14	3:51.31	26
1) Cervenak, Maddie L	2) Sullivan, Anna	3) Gauthier, Cameron J	4) O'Hara, Kalyn	
27.81	58.08 (58.08)	1:24.47 (26.39)	1:54.30 (56.22)	
2:22.13 (27.83)	2:54.10 (59.80)	3:21.26 (27.16)	3:51.31 (57.21)	
7 Ryken High School	A	4:32.34	4:22.91	24
1) Longmore, Bella R	2) Longmore, Gabby L	3) Weilke, Amelia G	4) Strutt, Isabelle	
29.33	1:02.38 (1:02.38)	1:23.80 (21.42)	2:08.01 (1:05.63)	
2:24.82 (16.81)	2:39.10 (31.09)	3:13.94 (34.84)	4:22.91 (1:43.81)	
8 Elizabeth Seton Varsity Swimmi	A	4:26.48	4:41.50	22
1) Robinson, Lourdes	2) Hammer, Sophia	3) Izevbigie, Oriri	4) Flores, Elena	
32.32	1:10.29 (1:10.29)	1:42.02 (31.73)	2:18.69 (1:08.40)	
2:51.49 (32.80)	3:31.18 (1:12.49)	4:02.98 (31.80)	4:41.50 (1:10.32)	
--- Bishop O'Connell-PV	B	4:04.03	X4:07.71	
1) Cervenak, Reagan	2) Smittle, Carlin L	3) Melles, Delina	4) Bedford, Molly R	
28.85	1:00.55 (1:00.55)	1:30.13 (29.58)	2:03.93 (1:03.38)	
2:33.11 (29.18)	3:06.49 (1:02.56)	3:35.05 (28.56)	4:07.71 (1:01.22)	
--- St. Paul VI High School-VA	B	4:07.71	X4:12.72	
1) McCarthy, Quinne	2) Kiernan, Maddie	3) Sims, Marisol	4) Nicholson, Natalie	
29.38	1:02.77 (1:02.77)	1:33.08 (30.31)	2:07.23 (1:04.46)	
2:36.34 (29.11)	3:08.65 (1:01.42)	3:38.74 (30.09)	4:12.72 (1:04.07)	
--- Our Lady of Good Counsel	B	NT	X4:21.36	
1) Bossle, Caitlin M	2) Ferat, Katie	3) Siegle, Sarah A	4) Popera, Katie E	
29.15	1:03.02 (1:03.02)	1:34.08 (31.06)	2:10.01 (1:06.99)	
2:41.26 (31.25)	3:16.51 (1:06.50)	3:30.98 (14.47)	4:21.36 (1:04.85)	
--- Bishop Ireton High School-VA	B	NT	X4:21.77	
1) Voorhees, Lillian	2) Dwyer, Quinn P	3) Voorhees, Virginia	4) Kennelly, Liliana	
30.27	1:03.83 (1:03.83)	1:35.07 (31.24)	2:11.16 (1:07.33)	
2:42.00 (30.84)	3:17.16 (1:06.00)	3:32.64 (15.48)	4:21.77 (1:04.61)	
--- St. John's College High School-PV	B	4:34.15	X4:29.94	
1) Budd, Daphney	2) Molnar, Caroline	3) Bruthers, Emily	4) Dominski, Izzy	
31.21	1:06.75 (1:06.75)	1:40.25 (33.50)	2:19.78 (1:13.03)	
2:50.41 (30.63)	3:27.02 (1:07.24)	3:55.55 (28.53)	4:29.94 (1:02.92)	
--- Academy OF The Holy Cross	B	NT	X4:44.48	
1) Tovar, Valeria	2) Thompson, Isabella	3) Sinclair, Sophia T	4) Polmateer, Lily R	
33.74		1:52.02 ()	2:35.63 ()	
3:06.78 (31.15)	3:42.11 (1:06.48)	4:11.91 (29.80)	4:44.48 (1:02.37)	
--- Ryken High School	B	4:39.87	X4:56.58	
1) Zellner, Rayne R	2) Yi, Terri	3) Goul, Maddie E	4) Gensley, Miranda M	
34.54	1:12.06 (1:12.06)	1:46.08 (34.02)	2:23.04 (1:10.98)	
3:03.56 (40.52)	3:47.02 (1:23.98)	4:19.20 (32.18)	4:56.58 (1:09.56)	

WCAC CHAMPIONSHIPS - 1/27/2024**Results - SWIM MEET****Scores - Women**Women - Team Rankings - Through Event 24

1. Our Lady of Good Counsel	488	2. St. Paul VI High School	337
3. Bishop Ireton High School	317	4. Academy OF The Holy Cross	280
5. Bishop O'Connell	275	6. Elizabeth Seton Varsity Swimmi	136
7. St. John's College High School	124	8. Bishop McNamara High School	94
9. Ryken High School	70		

Scores - MenMen - Team Rankings - Through Event 24

1. Gonzaga College High School	455.5	2. DeMatha Catholic High School	378.5
3. The Heights School (Hs)	328	4. Our Lady of Good Counsel	265.5
5. Bishop Ireton High School	173	6. Bishop O'Connell	163.5
7. St. Paul VI High School	161.5	8. St. John's College High School	125.5
9. Ryken High School	78	10. Bishop McNamara High School	42