

WMPSSDL CHAMPIONSHIPS - 2/2/2024 to 2/3/2024

Meet Program - FINALS

Event 2 Girls 200 Yard Medley Relay

League: 1:41.62 2020 Stone Ridge

Bacon, Sun, Gemmell, Thomas

Lane	Team	Relay	Prelims
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Heat 1 C - Final

1			
2	SAES	A	2:26.74
3	Flint Hill-PV	A	2:10.76
4	Ryken HS	A	2:06.47
5	Frogs-PV	A	2:07.17
6	Brookewood-PV	A	2:24.21
7			
8			

Heat 2 B - Final

1	Bishop McNamara-US	A	2:03.73
2	Holy Child-PV	A	2:03.37
3	Bullis-PV	A	2:00.73
4	Holy Cross	A	2:00.47
5	Sjc Swim & Dive-PV	A	2:00.63
6	Bishop Ireton-VA	A	2:03.20
7	SID	A	2:03.47
8	Good Counsel	A	2:05.03

Heat 3 A - Final

1	SR-PV	A	1:59.97
2	VISI	A	1:53.62
3	SSSA-VA	A	1:49.96
4	Holton-Arms	A	1:49.28
5	Potomac-PV	A	1:49.43
6	PVI-VA	A	1:53.53
7	O'Connell-PV	A	1:58.19
8	SET	A	2:00.34

Event 4 Girls 200 Yard Freestyle

League: 1:41.55 2015 Katie Ledecy

Lane	Name	Yr	School	Prelims
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Heat 1 C - Final

1	Perine-Brown, Madeleine C	JR	Holy Cross	2:10.75
2	Southerling, Shawn	FR	Holton-Arms	2:09.06
3	Beggan, Berkleigh K	FR	PVI-VA	2:08.62
4	Nick, Ella	JR	Bishop Ireton-VA	2:08.26
5	Gauthier, Cameron J	JR	O'Connell-PV	2:08.38
6	Avila, Amelia	FR	Good Counsel	2:08.78
7	Hayken, Gia	FR	PVI-VA	2:10.18
8	McIntosh, Caeli	SO	O'Connell-PV	2:11.37

Heat 2 B - Final

1	Felgenhauer, Willa	25	NCS	2:05.98
2	Forrer, Therese M	JR	Bishop Ireton-VA	2:05.10
3	Gebre, Arriam	SO	Frogs-PV	2:04.39
4	Staley, Isla	JR	Holton-Arms	2:02.78
5	Schultz, Emma	SR	SET	2:03.23
6	Connelly, Lauren V	SR	SR-PV	2:04.88
7	McKinley, Tess	SR	PVI-VA	2:05.70
8	LaMotteo, Madison	SO	Good Counsel	2:06.14

Heat 3 A - Final

1	DeLuca, Campbell	JR	VISI	2:01.54
2	Torrey, Katie	JR	PVI-VA	2:00.44
3	Clattenburg, Hannah	FR	Frogs-PV	1:58.24
4	Lehman, Haley N	JR	SSSA-VA	1:53.71
5	Lim, Sophie	FR	GDS	1:57.37
6	Gebre, Azmera P	SR	Frogs-PV	1:58.72
7	Mullen, Caroline M	SR	O'Connell-PV	2:01.10
8	Eng, Elisa	SR	Holton-Arms	2:01.69

Alternates

1	Longmore, Bella R	Sr	Ryken HS	2:11.47
2	Aukhert, Aleca	JR	Holton-Arms	2:12.88

Event 6 Girls 200 Yard IM

League: 1:55.39 2020 Phoebe Bacon

Lane	Name	Yr	School	Prelims
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Heat 1 C - Final

1	Kinsella, Moira	SO	O'Connell-PV	2:35.73
2	Ferguson, Kathleen	JR	Bishop Ireton-VA	2:33.60
3	Olson, Annika	FR	Sjc Swim & Dive-PV	2:29.08
4	Thompson, Claire M	JR	O'Connell-PV	2:24.72
5	Decatur, Selah A	SR	Good Counsel	2:25.52
6	Mascott, Avery	26	NCS	2:31.46
7	Dourgarian, Gabby E	SR	SR-PV	2:34.19
8	Dominski, Izzy	SR	Sjc Swim & Dive-PV	2:36.26

Heat 2 B - Final

1	Zheng, Emma	FR	Bullis-PV	2:22.48
2	Steves, Madeleine	SO	Potomac-PV	2:19.50
3	Long, Piper H	SO	SAES	2:19.20
4	Inman, Maddie	FR	Good Counsel	2:16.83
5	Masten, Payton	FR	PVI-VA	2:17.89
6	Rogers, Lily	SO	Holton-Arms	2:19.27
7	Harms, Sofia	FR	SID	2:21.48
8	McKinley, Lilia	SR	PVI-VA	2:22.59

Heat 3 A - Final

1	Linck, Lizzie M	JR	Holy Cross	2:14.01
2	Alisbah, Lindsay	SR	Holton-Arms	2:12.16
3	Orlic, Anastasia	SO	Frogs-PV	2:09.45
4	Thomas, Nadia	SR	Holton-Arms	2:07.65
5	Garre, Natalie	24	NCS	2:08.79
6	Bremner, Annabelle	FR	SSSA-VA	2:10.38
7	Hooff, Olivia	SO	Sjc Swim & Dive-PV	2:13.21
8	Gaskin, Cate	JR	Holton-Arms	2:14.18

Alternates

1	Adams, Amelia B	JR	Bishop Ireton-VA	2:36.97
2	Ingrassia, Katherine	FR	VISI	2:38.79

WMPSSDL CHAMPIONSHIPS - 2/2/2024 to 2/3/2024

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Event 8 Girls 50 Yard Freestyle

League:		22.69	2015	Caroline McTaggart	
Lane	Name	Yr	School	Prelims	
Heat 1 C - Final					
1	Grimberg, Olivia	JR	Sjc Swim & Dive-PV	26.29	
2	Chesson, Gabby	JR	SET	26.20	
3	Schedler, Paige N	JR	Potomac-PV	26.01	
4	Russell, Cecelia	FR	Potomac-PV	25.87	
5	Gebre, Azmera P	SR	Frogs-PV	25.88	
6	Cherry, Ava	FR	Holy Child-PV	26.04	
7	Schwarz, Maren E	JR	Potomac-PV	26.21	
8	Allbritton, Jada M	JR	Bishop McNamara-US	26.32	

Heat 2 B - Final

1	Holcomb, Kelly	SR	Holy Child-PV	25.64	
2	Mongelli, Mary E	SR	Holy Cross	25.62	
3	Depman, Megan A	JR	Holy Cross	25.50	
4	Muoio, Adele	26	NCS	25.30	
5	Bowen-Longino, Taylor K	SR	SR-PV	25.50	
6	Schreiber, Kate	FR	VISI	25.51	
7	Holley, Palmer	JR	Holton-Arms	25.63	
8	Palmerino, Lily	SR	SID	25.85	

Heat 3 A - Final

1	Kelly, Bridget	JR	Sjc Swim & Dive-PV	25.07	
2	Moschella, Clara	SR	VISI	24.83	
3	Denney, Ellie	25	NCS	24.54	
4	Douglas, Kate	SO	Potomac-PV	23.67	
5	Phillips, Reagan E	SR	SAES	24.00	
6	Ndu, Omannaya	SO	Holton-Arms	24.81	
7	Wertzler, Ellie	FR	Sjc Swim & Dive-PV	24.84	
8	Vickerman, Sofia	26	NCS	25.20	

Alternates

1	Majeed-Hall, Aliyah	SO	Potomac-PV	26.34	
2	Foley, Kate	SO	PVI-VA	26.36	

Event 12 Girls 100 Yard Butterfly

League:		52.84	2020	Phoebe Bacon	
Lane	Name	Yr	School	Prelims	
Heat 1 C - Final					
1	Gordon, Joni	SR	Ryken HS	1:11.14	
2	Mahon, Maura	SO	Bishop Ireton-VA	1:09.05	
3	Goodweather, Izzy L	JR	SAES	1:08.05	
4	Mascott, Avery	26	NCS	1:07.26	
5	Opipari, Fran	FR	Holy Child-PV	1:07.58	
6	Murphy, Kimi	SO	PVI-VA	1:08.90	
7	Thornton, Elena M	FR	SR-PV	1:10.93	
8	Speight, Jordan	25	NCS	1:11.19	

Heat 2 B - Final

1	Tovar, Sofie S	SR	Holy Cross	1:07.04	
2	Gebre, Arriam	SO	Frogs-PV	1:05.01	
3	Smullen, Caroline A	SO	Bishop Ireton-VA	1:04.10	
4	Bowen-Longino, Taylor K	SR	SR-PV	1:03.54	
5	Smith, Charlotte	JR	Bishop McNamara-US	1:04.09	
6	Guzzo, Francesca S	SR	SR-PV	1:04.78	
7	King, Georgia	SR	SET	1:05.18	
8	Sims, Marisol	JR	PVI-VA	1:07.07	

Heat 3 A - Final

1	Mont, Emma	SR	PVI-VA	1:02.54	
2	Long, Piper H	SO	SAES	1:01.83	
3	Hooff, Olivia	SO	Sjc Swim & Dive-PV	1:00.13	
4	Russell, Cecelia	FR	Potomac-PV	59.03	
5	Gaskin, Cate	JR	Holton-Arms	59.75	
6	Celi, Zoe	SR	PVI-VA	1:00.80	
7	Majeed-Hall, Aliyah	SO	Potomac-PV	1:02.10	
8	Harms, Sofia	FR	SID	1:02.86	

Alternates

1	Strauss, Anna	JR	SSSA-VA	1:11.47	
2	Strutt, Isabelle	Fr	Ryken HS	1:11.81	

Event 14 Girls 100 Yard Freestyle

League:		48.19	2023	Erin Gemmell	
Lane	Name	Yr	School	Prelims	
Heat 1 C - Final					
1	Foley, Kate	SO	PVI-VA	58.20	
2	Stillman, Maeve	SO	Good Counsel	57.58	
3	Mont, Emma	SR	PVI-VA	57.27	
4	Cervenak, Maddie L	SR	O'Connell-PV	56.96	
5	Forrer, Therese M	JR	Bishop Ireton-VA	57.16	
6	Felgenhauer, Willa	25	NCS	57.46	
7	Connelly, Lauren V	SR	SR-PV	57.71	
8	Fayyad, Zoe	SO	Sjc Swim & Dive-PV	58.24	

Heat 2 B - Final

1	Palmerino, Lily	SR	SID	55.99	
2	Ndu, Omannaya	SO	Holton-Arms	55.93	
3	Mongelli, Mary E	SR	Holy Cross	55.21	
4	Kincaid, Kellie	SO	Good Counsel	54.66	
5	Carroll, Elisabeth G	JR	SSSA-VA	55.11	
6	Wertzler, Ellie	FR	Sjc Swim & Dive-PV	55.35	
7	Vickerman, Sofia	26	NCS	55.99	
8	Muoio, Adele	26	NCS	56.43	

Heat 3 A - Final

1	Alisbah, Lindsay	SR	Holton-Arms	54.60	
2	Xiao, Alice Y	SO	SAES	53.97	
3	Linck, Lizzie M	JR	Holy Cross	53.47	
4	Douglas, Kate	SO	Potomac-PV	51.80	
5	Denney, Ellie	25	NCS	53.20	
6	Moschella, Clara	SR	VISI	53.85	
7	Day, Gabrielle	FR	Bullis-PV	54.08	
8	Kelly, Bridget	JR	Sjc Swim & Dive-PV	54.65	

Alternates

1	Parsons, Kiera	SO	SET	58.27	
2	Lentini, Emma J	JR	Bishop Ireton-VA	58.52	

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Event 16 Girls 500 Yard Freestyle

League: 4:26.58 2015		Katie Ledecky		
Lane	Name	Yr	School	Prelims
Heat 1 B - Final				
1	Zea, Anna	SO	O'Connell-PV	5:56.19
2	Watkins, Caroline	SO	Holton-Arms	5:47.60
3	Longmore, Bella R	Sr	Ryken HS	5:44.43
4	Southerling, Shawn	FR	Holton-Arms	5:38.02
5	Smittle, Carlin R	JR	O'Connell-PV	5:40.18
6	Sanchez-Castellanos, Mia	FR	Good Counsel	5:44.58
7	McIntosh, Caeli	SO	O'Connell-PV	5:54.94
8	Kiernan, Maddie	SR	PVI-VA	5:58.03
Heat 2 A - Final				
1	Eng, Elisa	SR	Holton-Arms	5:25.71
2	DeLuca, Campbell	JR	VISI	5:17.98
3	Propper, Ella R	FR	Bullis-PV	5:11.77
4	Orlic, Anastasia	SO	Frogs-PV	5:02.67
5	Lehman, Haley N	JR	SSSA-VA	5:03.39
6	Brock, Lila	FR	SSSA-VA	5:15.41
7	Mullen, Caroline M	SR	O'Connell-PV	5:24.44
8	Staley, Isla	JR	Holton-Arms	5:34.93
Alternates				
1	Thornton, Elena M	FR	SR-PV	6:02.75
2	Ingrassia, Katherine	FR	VISI	6:17.98

Event 18 Girls 200 Yard Freestyle Relay

League: 1:33.27 2022		Stone Ridge		
Lane	Team	Relay		Prelims
Heat 1 C - Final				
1				
2	VISI	A		1:58.32
3	Bishop McNamara-US	A		1:51.78
4	Good Counsel	A		1:51.07
5	Ryken HS	A		1:51.20
6	Flint Hill-PV	A		1:53.34
7	Brookewood-PV	A		2:04.37
8				
Heat 2 B - Final				
1	SID	A		1:47.94
2	Potomac-PV	A		1:47.34
3	SET	A		1:46.81
4	SAES	A		1:44.97
5	O'Connell-PV	A		1:45.39
6	PVI-VA	A		1:46.89
7	SR-PV	A		1:47.65
8	Holy Child-PV	A		1:49.91
Heat 3 A - Final				
1	Bullis-PV	A		1:43.40
2	Holy Cross	A		1:41.35
3	Sjc Swim & Dive-PV	A		1:40.60
4	NCS	A		1:39.39
5	SSSA-VA	A		1:39.56
6	Frogs-PV	A		1:40.84
7	Holton-Arms	A		1:42.50
8	Bishop Ireton-VA	A		1:44.54

Event 20 Girls 100 Yard Backstroke

League: 50.89 2020		Phoebe Bacon		
Lane	Name	Yr	School	Prelims
Heat 1 C - Final				
1	McKinley, Tess	SR	PVI-VA	1:06.46
2	Merideth, Isabel	FR	SID	1:05.91
3	Sislen, Tea	FR	Frogs-PV	1:05.69
4	Barbee, Sabine	SO	Potomac-PV	1:05.06
5	Smittle, Carlin R	JR	O'Connell-PV	1:05.62
6	Bedford, Molly R	FR	O'Connell-PV	1:05.72
7	Abbot, Logan	FR	Potomac-PV	1:06.34
8	LaMotteo, Madison	SO	Good Counsel	1:06.59
Heat 2 B - Final				
1	Carroll, Elisabeth G	JR	SSSA-VA	1:04.36
2	Holcomb, Kelly	SR	Holy Child-PV	1:03.49
3	Depman, Megan A	JR	Holy Cross	1:02.76
4	Steves, Madeleine	SO	Potomac-PV	1:01.51
5	Carter, Shelby	JR	VISI	1:02.71
6	Fiery, Eden S	SO	Holy Cross	1:03.38
7	Holley, Palmer	JR	Holton-Arms	1:04.16
8	Allbritton, Jada M	JR	Bishop McNamara-US	1:04.64
Heat 3 A - Final				
1	Phillips, Reagan E	SR	SAES	1:00.12
2	Garre, Natalie	24	NCS	58.38
3	Celi, Zoe	SR	PVI-VA	57.87
4	Thomas, Nadia	SR	Holton-Arms	55.70
5	Inman, Maddie	FR	Good Counsel	57.56
6	Torrey, Katie	JR	PVI-VA	58.12
7	Clattenburg, Hannah	FR	Frogs-PV	59.56
8	Brock, Lila	FR	SSSA-VA	1:00.70
Alternates				
1	Kimball, Lane	JR	Sjc Swim & Dive-PV	1:06.67
2	Boyd, Adeline	SO	VISI	1:06.71

Event 22 Girls 100 Yard Breaststroke

League: 1:00.05 2012		Sarah Haase		
Lane	Name	Yr	School	Prelims
Heat 1 C - Final				
1	Schemm, Carolina	SO	PVI-VA	1:18.55
2	Perine-Brown, Madeleine C	JR	Holy Cross	1:17.89
3	Johnson, Mia E	JR	Bishop McNamara-US	1:17.28
4	Murphy, Kimi	SO	PVI-VA	1:16.86
5	Kinsella, Moira	SO	O'Connell-PV	1:16.91
6	Grahl, Sophie M	SO	Holy Cross	1:17.63
7	Henske, Rachael	JR	SR-PV	1:18.52
8	McEwen, Claire	SO	Potomac-PV	1:18.82
Heat 2 B - Final				
1	Bliss, Sophie M	FR	Bishop Ireton-VA	1:14.94
2	Barish, Gemma F	FR	Good Counsel	1:14.43
3	Decatur, Selah A	SR	Good Counsel	1:12.92
4	Olson, Annika	FR	Sjc Swim & Dive-PV	1:12.69
5	Thompson, Claire M	JR	O'Connell-PV	1:12.91
6	Smullen, Caroline A	SO	Bishop Ireton-VA	1:12.96
7	O'Sullivan, Anna	SR	Potomac-PV	1:14.91
8	Watkins, Caroline	SO	Holton-Arms	1:15.08

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1	Masten, Payton	FR	PVI-VA	1:10.76
2	Kincaid, Kellie	SO	Good Counsel	1:10.61
3	Gilbert, Samantha	SR	Holton-Arms	1:09.81
4	Bremner, Annabelle	FR	SSSA-VA	1:06.59
5	Schwarz, Maren E	JR	Potomac-PV	1:07.87
6	Xiao, Alice Y	SO	SAES	1:09.96
7	Rogers, Lily	SO	Holton-Arms	1:10.73
8	Cherry, Ava	FR	Holy Child-PV	1:11.19

Alternates

1	McCran, Mia	SR	O'Connell-PV	1:18.97
2	Ferat, Katie	SR	Good Counsel	1:19.01

Event 24 Girls 400 Yard Freestyle Relay

League: 3:22.97 2023 Stone Ridge

Sun, LeFaivre, Webb, Gemmell

Lane	Team	Relay	Prelims
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Heat 1 B - Final

1	SID	A	4:41.74
2	SR-PV	A	4:02.14
3	Good Counsel	A	3:55.92
4	Bullis-PV	A	3:51.11
5	SET	A	3:54.20
6	O'Connell-PV	A	3:56.19
7	Ryken HS	A	4:21.46
8			

Heat 2 A - Final

1	VISI	A	3:45.68
2	Holton-Arms	A	3:42.56
3	Holy Cross	A	3:42.38
4	NCS	A	3:39.59
5	Sjc Swim & Dive-PV	A	3:40.05
6	Frogs-PV	A	3:42.49
7	SAES	A	3:44.70
8	PVI-VA	A	3:46.34