

A-Meet VA @ MHC - 7/23/2016
Northern Virginia Swimming League
Meet Program

#1 Boys 8 & Under 25 SC Meter Freestyle

NVSL Meter:	15.10	1965	Roger McLeod
MHC:	16.00	1981	Richard Jacobs
VA:	16.70	1984	Jason Peterson
	17.97	ALL*	
LaneName	Age	Team	Seed Time

Heat 1 of 1 Finals

1	Notte, Ben	8	MHC
2	Brennan, Donc	8	VA
3	Dominski, Jack	7	MHC
4	Goltry, Bryce	8	VA
5	Lant, Barnaby	7	MHC
6	Haymaker, Eth	7	VA

#2 Girls 8 & Under 25 SC Meter Freestyle

NVSL Meter:	15.48	1985	Amy Rymiszewski
MHC:	15.48	1985	Amy Rymiszewski
VA:	16.65	2014	Angelina Sagaow
	18.90	ALL*	
LaneName	Age	Team	Seed Time

Heat 1 of 1 Finals

1	Crowley, Emm	7	MHC
2	Parker, Rhyan	7	VA
3	Voorhees, Virg	8	MHC
4	Pena, Mari	8	VA
5	Lussier, Molly	8	MHC
6	Prunty, Rebecc	7	VA

#3 Boys 9-10 50 SC Meter Freestyle

NVSL Meter:	29.38	2014	Johnny Bradshaw
MHC:	32.10	1983	Richard Jacobs
VA:	33.67	1986	Jason Peterson
	34.87	ALL*	
LaneName	Age	Team	Seed Time

Heat 1 of 1 Finals

1	Johnson, Matth	9	MHC
2	Pena, Rafael	10	VA
3	Eckardt, JP	10	MHC
4	Lynch, Brycen	10	VA
5	Stankewick, W	9	MHC
6	Ousman, Farris	9	VA

#4 Girls 9-10 50 SC Meter Freestyle

NVSL Meter:	29.78	2010	Isabella Rongione
MHC:	31.64	1987	Amy Rymiszewski
VA:	33.31	2015	Kendyl Ellenberger
	35.41	ALL*	
LaneName	Age	Team	Seed Time

Heat 1 of 1 Finals

1	Lee, Anna	10	MHC
2	Ellenberger, Ja	10	VA
3	Davis, Gracie	10	MHC
4	Nelson, Delane	10	VA
5	Mikulski, Aval	9	MHC
6	Cuviello, Rees	10	VA

#5 Boys 11-12 50 SC Meter Freestyle

NVSL Meter:	26.44	2007	Cyrus Hashemi
MHC:	27.84	2013	Andrew Revers
VA:	28.75	2009	Matthew Martinez
	30.32	ALL*	
LaneName	Age	Team	Seed Time

Heat 1 of 1 Finals

1	Deville, Joshua	12	MHC
2	Sasala, Julian	12	VA
3	McCarthy, Wil	12	MHC
4	Joslyn, David	12	VA
5	Kay, Jack	11	MHC
6	Quebral, Steph	12	VA

#6 Girls 11-12 50 SC Meter Freestyle

NVSL Meter:	27.36	2012	Cassidy Bayer
MHC:	29.20	1989	Janney Hooff
VA:	30.35	2007	Rachael Wray
	31.09	ALL*	
LaneName	Age	Team	Seed Time

Heat 1 of 1 Finals

1	Dunn, Ellie	11	MHC
2	Jordan, Maken	12	VA
3	Pegher, Rachae	12	MHC
4	Ellenberger, K	11	VA
5	Stankewick, C	11	MHC
6	Pena, Isabella	12	VA

#7 Boys 13-14 50 SC Meter Freestyle

NVSL Meter:	24.03	2014	Tommy Hallock
MHC:	24.59	1995	Robert Brown
VA:	27.10	2010	Matthew Martinez
	27.45	ALL*	
LaneName	Age	Team	Seed Time

Heat 1 of 1 Finals

1	Holt, Brady	13	MHC
2	Baker, Jacob	14	VA
3	Lazaroae, Stefe	14	MHC
4	Thomas, Benja	13	VA
5	Mikulski, Harr	14	MHC
6	Cuviello, Devii	13	VA

#8 Girls 13-14 50 SC Meter Freestyle

NVSL Meter:	26.00	2010	Janet Hu
MHC:	27.86	2009	Hellen Moffitt
VA:	27.86	2005	Theresa Harvey
	29.02	ALL*	
LaneName	Age	Team	Seed Time

Heat 1 of 1 Finals

1	Anderson, Scat	13	MHC
2	Herson, Amelia	12	VA
3	Dennis, Kaitlyn	13	MHC
4	Lynch, Tatum	14	VA
5	Davis, Dulcie	14	MHC
6	Elliot, Charlott	14	VA

#9 Boys 15-18 50 SC Meter Freestyle

NVSL Meter:	22.60	2014	Paul O'Hara
MHC:	24.31	1999	Eric Wellington
VA:	23.83	2011	Travis Lauri
	25.25	ALL*	
LaneName	Age	Team	Seed Time

Heat 1 of 1 Finals

1	Hood, Joseph	18	MHC
2	Quinnette, Ray	18	VA
3	Thompson, Ian	18	MHC
4	Wilds, Andrew	18	VA
5	Revers, Andrev	15	MHC
6	Baptista, Alexa	16	VA

#10 Girls 15-18 50 SC Meter Freestyle

NVSL Meter:	25.67	2013	Janet Hu
MHC:	27.30	1984	Elizabeth McKnight
VA:	27.47	2009	Theresa Harvey
	28.49	ALL*	
LaneName	Age	Team	Seed Time

Heat 1 of 1 Finals

1	Anderson, Susa	16	MHC
2	Watson, Katie	17	VA
3	Virostek, Marg	15	MHC
4	Snider, Virgini	18	VA
5	Cutler, Daniell	15	MHC
6	Rohlfing, Tara	16	VA

#11 Boys 8 & Under 25 SC Meter Backstroke

NVSL Meter:	18.15	2007	Roman Lowery
MHC:	20.30	1981	Andy Dinan
VA:	20.31	2014	Kevin R. Burns
	22.62	ALL*	
LaneName	Age	Team	Seed Time

Heat 1 of 1 Finals

1	Lee, Joseph	7	MHC
2	Goltry, Grant	6	VA
3	Myhre, Luke	8	MHC
4	Song, Austin	8	VA
5	Lant, Barnaby	7	MHC
6	Haymaker, Eth	7	VA

#12 Girls 8 & Under 25 SC Meter Backstroke

NVSL Meter:	17.70	2014	Courtney Watts
MHC:	21.01	1979	Laura Kerlin
VA:	20.01	2014	Angelina Sagaow
	22.79	ALL*	
LaneName	Age	Team	Seed Time

Heat 1 of 1 Finals

1	Lussier, Lacey	8	MHC
2	Wright, Marin	7	VA
3	Geiser, Isabel	8	MHC
4	Pena, Mari	8	VA
5	Lussier, Molly	8	MHC
6	Julius, Sophia	7	VA

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#13 Boys 9-10 50 SC Meter Backstroke

NVSL Meter: 33.37 2014 Johnny Bradshaw
 MHC: 35.65 2008 Ian Thompson
 VA: 38.60 1978 Bill Gibney
 40.93 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1	*	No Swimme	6	MHC
2		Freeman, Davi	10	VA
3		Stankewick, W	9	MHC
4		Goltry, Owen	10	VA
5		Johnson, Matth	9	MHC
6		Wright, Travis	10	VA

#14 Girls 9-10 50 SC Meter Backstroke

NVSL Meter: 33.16 2016 Courtney Watts
 MHC: 37.30 1981 Laura Kerlin
 VA: 38.28 1994 Julie Jordan
 40.54 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1		Barnett, Claire	10	MHC
2		Ellenberger, Ja	10	VA
3		Jewett, Evie-G	9	MHC
4		Prunty, Charlot	9	VA
5		Dominski, Izzy	10	MHC
6		Muras, Norah	10	VA

#15 Boys 11-12 50 SC Meter Backstroke

NVSL Meter: 29.09 2007 Philip Hu
 MHC: 31.83 2013 Andrew Revers
 VA: 35.91 2005 Marcus Martinez
 35.96 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1	*	No Swimme	6	MHC
2		Quebral, Steph	12	VA
3		McCarthy, Wil	12	MHC
4		Lynch, Walker	12	VA
5		Pasanella, Seb	12	MHC
6		Thompson, Bri	12	VA

#16 Girls 11-12 50 SC Meter Backstroke

NVSL Meter: 30.06 2008 Janet Hu
 MHC: 33.59 2007 Hellen Moffitt
 VA: 35.03 1993 Emily Smith
 34.90 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1		Cremer, Laurel	11	MHC
2		Baker, Olivia	12	VA
3		Stankewick, C	11	MHC
4		Sand, Amelia	12	VA
5		Dunn, Ellie	11	MHC
6		Brennan, Rory	12	VA

#17 Boys 13-14 50 SC Meter Backstroke

NVSL Meter: 27.28 2015 Max Cruz
 MHC: 29.28 2015 Andrew Revers
 VA: 31.70 1976 Curt Davis
 31.34 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1		Finucan, Gord	13	MHC
2		Cuviello, Devi	13	VA
3		Lazaroac, Stefa	14	MHC
4		Davis, Christia	13	VA
5		Gurey, Chase	14	MHC
6		Naka, Matthew	14	VA

#18 Girls 13-14 50 SC Meter Backstroke

NVSL Meter: 29.75 2010 Janet Hu
 MHC: 31.39 2008 Hellen Moffitt
 VA: 33.25 2015 Macey Lynch
 33.37 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1		Quigley, Sara	13	MHC
2		Davis, Zoe	14	VA
3		Hood, Annie	13	MHC
4		Lynch, Tatum	14	VA
5		Anderson, Scar	13	MHC
6		Willey, Megha	14	VA

#19 Boys 15-18 50 SC Meter Backstroke

NVSL Meter: 24.85 2013 Philip Hu
 MHC: 26.45 2000 Markus Rogan
 VA: 28.09 2010 Travis Lauri
 29.31 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1		Hood, Michael	15	MHC
2		Davis, David	15	VA
3		Thompson, Ian	18	MHC
4		Oldfield, Harry	18	VA
5		Revers, Andrew	15	MHC
6		Brennan, Cono	15	VA

#20 Girls 15-18 50 SC Meter Backstroke

NVSL Meter: 28.21 2012 Janet Hu
 MHC: 29.86 2011 Hellen Moffitt
 VA: 31.08 2004 Jill Southerlan
 32.01 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1		Baioni, Camila	15	MHC
2		Watson, Katie	17	VA
3		Cutler, Daniell	15	MHC
4		Lynch, Macey	15	VA
5		Anderson, Susa	16	MHC
6		Rohlfing, Tara	16	VA

#21 Boys 8 & Under 25 SC Meter Breaststroke

NVSL Meter: 20.48 2015 Evan Ingraham
 MHC: 20.97 2005 Connor Gray
 VA: 21.90 1972 Mike Harty
 24.96 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1		Lee, Joseph	7	MHC
2		Song, Austin	8	VA
3		Dominski, Jack	7	MHC
4		Schneider, Cod	8	VA
5		Koch, Landon	8	MHC
6		Bickford, Grah	8	VA

#22 Girls 8 & Under 25 SC Meter Breaststroke

NVSL Meter: 19.98 1985 Amy Rymiszewski
 MHC: 19.98 1985 Amy Rymiszewski
 VA: 23.56 1999 Theresa Harvey
 25.70 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1		Lussier, Lacey	8	MHC
2		Quebral, Zoe	8	VA
3		Voorhees, Virg	8	MHC
4		Parker, Rhyan	7	VA
5		Weidner, Lillia	8	MHC
6		Iskander, Ange	8	VA

#23 Boys 9-10 50 SC Meter Breaststroke

NVSL Meter: 37.36 2014 Johnny Bradshaw
 MHC: 41.54 2007 Connor Gray
 VA: 45.90 1973 M. Wilds/J. Fitzgerald
 47.03 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1	*	No Swimme	6	MHC
2		Ousman, Farris	9	VA
3		Sharma, Om	9	MHC
4		Wright, Travis	10	VA
5		Koch, Parker	10	MHC
6		Koerner, Raym	10	VA

#24 Girls 9-10 50 SC Meter Breaststroke

NVSL Meter: 37.50 2010 Jacqueline Clabeaux
 MHC: 39.57 1987 Amy Rymiszewski
 VA: 44.45 1992 Ahava Allen
 45.89 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1		Cremer, Victor	10	MHC
2		Nelson, Delanc	10	VA
3		Dominski, Izzy	10	MHC
4		Cuviello, Rees	10	VA
5		DeWitt, Katie	10	MHC
6		Herson, Elizab	9	VA

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#25 Boys 11-12 50 SC Meter Breaststroke

NVSL Meter: 33.07 2016 Johnny Bradshaw
 MHC: 36.11 1995 Arturo Vera
 VA: 37.30 1976 Mike Hartly
 39.80 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1	*	No Swimme	6	MHC
2		Willey, Brian	12	VA
3		Hood, John	11	MHC
4		Joslyn, David	12	VA
5		Deville, Joshua	12	MHC
6		Quebral, Sebas	9	VA

#26 Girls 11-12 50 SC Meter Breaststroke

NVSL Meter: 34.88 1995 Lindsey Ertter
 NVSL 2: 34.88 2003 Ashley Danner
 MHC: 38.97 1989 Amy Rymiszewski
 VA: 40.61 1994 Ahava Allen
 40.34 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1		Nachnani, Jaya	12	MHC
2		Pena, Isabella	12	VA
3		Mikulski, Win	12	MHC
4		Jordan, Maken	12	VA
5		Cremer, Laurel	11	MHC
6		Ketcheshawno,	12	VA

#27 Boys 13-14 50 SC Meter Breaststroke

NVSL Meter: 30.90 2014 Leo Wang
 MHC: 32.21 2007 Conor MacNair
 VA: 34.74 1995 Derek Johnson
 35.43 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1		Lee, Thomas	13	MHC
2		Naka, Matthew	14	VA
3		Mikulski, Harr	14	MHC
4		Cronin, Thoma	14	VA
5		Eckardt, Colin	13	MHC
6		Baker, Jacob	14	VA

#28 Girls 13-14 50 SC Meter Breaststroke

NVSL Meter: 32.83 1997 Lindsey Ertter
 MHC: 37.32 2008 Molly Graves
 VA: 37.60 2005 Theresa Harvey
 38.76 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1		Dennis, Kaitly	13	MHC
2		Elliot, Charlott	14	VA
3		Revers, Kate	13	MHC
4		Muras, Adeline	13	VA
5		Davis, Dulcie	14	MHC
6		Willey, Megha	14	VA

#29 Boys 15-18 50 SC Meter Breaststroke

NVSL Meter: 28.81 1998 Ed Moses
 MHC: 30.94 2011 Conor MacNair
 VA: 30.95 2015 Matt Martinez
 31.78 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1		Tobey, Nate	16	MHC
2		Baptista, Alexa	16	VA
3		Holt, Riley	18	MHC
4		Oldfield, Harry	18	VA
5		Jacobsen, Chri	15	MHC
6		Blackwell, Rya	16	VA

#30 Girls 15-18 50 SC Meter Breaststroke

NVSL Meter: 32.01 2007 Ashley Danner
 MHC: 35.33 2011 Molly Graves
 VA: 35.99 2007 Theresa Harvey
 36.32 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1		Finucan, Cece	15	MHC
2		Byron, Kayla	16	VA
3		Hutchinson, Ka	16	MHC
4		Joslyn, Natalia	15	VA
5		Lian, Meredith	18	MHC
6		Do, Ashley	17	VA

#31 Boys 8 & Under 25 SC Meter Butterfly

NVSL Meter: 16.80 2011 Anthony Grimm
 MHC: 18.00 1990 Robby Benson
 VA: 18.34 2014 Kevin R. Burns
 20.43 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1		Myhre, Luke	8	MHC
2		Prunty, Robert	7	VA
3		Koch, Landon	8	MHC
4		Goltry, Bryce	8	VA
5		Notte, Ben	8	MHC
6		Brennan, Dono	8	VA

#32 Girls 8 & Under 25 SC Meter Butterfly

NVSL Meter: 16.54 2013 Kathleen Modder
 MHC: 19.01 2011 Annie Hood
 VA: 16.97 2014 Angelina Sagaow
 21.21 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1		Kay, Sandra	8	MHC
2		Quebral, Zoe	8	VA
3		Geiser, Isabel	8	MHC
4		Prunty, Rebecc	7	VA
5		Weidner, Lillia	8	MHC
6		Iskander, Ange	8	VA

#33 Boys 9-10 25 SC Meter Butterfly

NVSL Meter: 14.36 2014 Johnny Bradshaw
 MHC: 15.40 1983 Richard Jacobs
 VA: 16.20 1978 Bill Gibney
 17.65 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1		Koch, Parker	10	MHC
2		Pena, Rafael	10	VA
3		Eckardt, JP	10	MHC
4		Lynch, Brycen	10	VA
5		Sharma, Om	9	MHC
6		Goltry, Owen	10	VA

#34 Girls 9-10 25 SC Meter Butterfly

NVSL Meter: 14.74 2010 Cassidy Bayer
 MHC: 16.00 1975 Lisa Gains
 VA: 15.69 2015 Kendyl Ellenberger
 17.19 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1		Mikulski, Aval	9	MHC
2		Muras, Norah	10	VA
3		Davis, Gracie	10	MHC
4		Prunty, Charlot	9	VA
5		Jewett, Evie-G	9	MHC
6		Schneider, Jen	9	VA

#35 Boys 11-12 50 SC Meter Butterfly

NVSL Meter: 28.53 2014 Max Cruz
 MHC: 31.67 1985 Richard Jacobs
 VA: 31.83 2015 Benjamin Thomas
 35.21 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1		Kay, Jack	11	MHC
2		Sasala, Julian	12	VA
3		Pasanella, Seb	12	MHC
4		Lynch, Walker	12	VA
5		Hood, John	11	MHC
6		Thompson, Bri	12	VA

#36 Girls 11-12 50 SC Meter Butterfly

NVSL Meter: 28.49 2012 Cassidy Bayer
 MHC: 31.50 2007 Hellen Moffitt
 VA: 33.39 2015 Adeline Muras
 33.49 ALL*

LaneName	Age	Team	Seed Time
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Heat 1 of 1 Finals

1		Nachnani, Jaya	12	MHC
2		Sand, Amelia	12	VA
3		Mikulski, Win	12	MHC
4		Ellenberger, K	11	VA
5		Pegher, Rachae	12	MHC
6		Baker, Olivia	12	VA

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#37 Boys 13-14 50 SC Meter Butterfly

NVSL Meter: 26.40 2011 Andrew Seliskar
 MHC: 28.52 2001 Cory Inglee
 VA: 29.50 1977 Chris James
 29.89 ALL*

LaneName	Age	Team	Seed Time
Heat 1 of 1 Finals			
1 Finucan, Gord	13	MHC	
2 Cronin, Thoma	14	VA	
3 Gurey, Chase	14	MHC	
4 Thomas, Benja	13	VA	
5 Lee, Thomas	13	MHC	
6 Koerner, Max	13	VA	

#38 Girls 13-14 50 SC Meter Butterfly

NVSL Meter: 27.89 2013 Cassidy Bayer
 MHC: 29.56 2009 Hellen Moffitt
 VA: 31.59 2005 Theresa Harvey
 32.25 ALL*

LaneName	Age	Team	Seed Time
Heat 1 of 1 Finals			
1 Notte, Morgan	13	MHC	
2 Davis, Zoe	14	VA	
3 Hood, Annie	13	MHC	
4 Muras, Adelinc	13	VA	
5 Quigley, Sara	13	MHC	
6 Herson, Ameli	12	VA	

#39 Boys 15-18 50 SC Meter Butterfly

NVSL Meter: 23.90 2014 Andrew Seliskar
 MHC: 26.56 2015 Ian Thompson
 VA: 25.45 2011 Travis Lauri
 27.74 ALL*

LaneName	Age	Team	Seed Time
Heat 1 of 1 Finals			
1 Revers, Will	18	MHC	
2 Quinnette, Ray	18	VA	
3 Hood, Joseph	18	MHC	
4 Wilds, Andrew	18	VA	
5 Holt, Riley	18	MHC	
6 Davis, David	15	VA	

#40 Girls 15-18 50 SC Meter Butterfly

NVSL Meter: 27.30 2014 Janet Hu
 MHC: 28.81 2013 Hellen Moffitt
 VA: 30.08 2009 Theresa Harvey
 31.19 ALL*

LaneName	Age	Team	Seed Time
Heat 1 of 1 Finals			
1 Finucan, Cece	15	MHC	
2 Snider, Virgini	18	VA	
3 Hutchinson, K	16	MHC	
4 Lynch, Macey	15	VA	
5 Virostek, Marg	15	MHC	
6 Do, Ashley	17	VA	

#41 Boys 8 & Under 100 SC Meter Freestyle Relay

NVSL Meter: 1:09.10 2015 Overlee
 E. Ingraham, M. Aslaksen, R. McNamara, B. Weber
 MHC: 1:10.50 1975 J. Cutting, D. Vinson,
 szewski, M. Murray
 VA: 1:18.47 1999 8&U Boys
 P. Johnson/E. Eberhardt/D. Emerson/A. Price
 1:22.40 ALL*

Lane Team	Relay	Seed Time
Heat 1 of 1 Finals		
3 MHC	A	
	Dominski, Jackson 7	Lant, Barnaby 7
	Myhre, Luke 8	Notte, Ben 8
4 VA	A	
	Brennan, Donovan 8	Prunty, Robert 7
	Haymaker, Ethan 7	Goltry, Bryce 8

#42 Girls 8 & Under 100 SC Meter Freestyle Relay

NVSL Meter: 1:10.35 2014 Tuckahoe
 P. Leonard, J. Gieseman, B. Thomas, C. Hughes
 MHC: 1:18.10 1990 J. Jones, J. Hooff, K.
 S. Reiley
 VA: 1:14.02 2014 8&U Girls
 D. Nelson, J. Ellenberger, R. CuvIELLO, A. Sagaow
 1:22.98 ALL*

Lane Team	Relay	Seed Time
Heat 1 of 1 Finals		
3 MHC	A	
	Geiser, Isabel 8	Voorhees, Virginia 8
	Lussier, Molly 8	Weidner, Lillian 8
4 VA	A	
	Parker, Rhyan 7	Quebral, Zoe 8
	Prunty, Rebecca 7	Pena, Mari 8

#43 Boys 9-10 100 SC Meter Medley Relay

NVSL Meter: 1:08.44 2012 Chesterbrook
 O. Bernasek, N. Spicer, A. Kambhampaty, A. Bernstein
 MHC: 1:09.40 1983 A. Dinan, G. Caldwell,
 bs, J. Rymiszewski
 VA: 1:14.40 1980 9-10 Boys
 J. Peterson/C. Anastasi/D. Pugh/K. Wolff
 1:18.39 ALL*

Lane Team	Relay	Seed Time
Heat 1 of 1 Finals		
3 MHC	A	
	Stankewick, Walter 9	Sharma, Om 9
	Eckardt, JP 10	Koch, Parker 10
4 VA	A	
	Goltry, Owen 10	Wright, Travis 10
	Lynch, Brycen 10	Pena, Rafael 10

#44 Girls 9-10 100 SC Meter Medley Relay

NVSL Meter: 1:07.70 2015 Highlands Swim
 C. Watts, H. Boughanem, M. Alvarado, B. O'Shaughness
 MHC: 1:12.32 2013 A. Hood, K. Revers,
 W. Mikulski
 VA: 1:11.68 2016 9-10 Girls
 J. Ellenberger, R. CuvIELLO, C. Prunty, D. Nelson
 1:17.46 ALL*

Lane Team	Relay	Seed Time
Heat 1 of 1 Finals		
3 MHC	A	
	Jewett, Evie-Graham 9	DeWitt, Katie 10
	Davis, Gracie 10	Dominski, Izzy 10
4 VA	A	
	Ellenberger, Jaime 10	CuvIELLO, Reese 10
	Prunty, Charlotte 9	Nelson, Delaney 10

#45 Boys 11-12 100 SC Meter Medley Relay

NVSL Meter: 1:00.16 2016 Fairfax
 J. Singletary, J. Connors, C. Dobrydney, G. Evers
 MHC: 1:02.05 1985 A. Dinan, G. Caldwell,
 bs, J. Rymiszewski
 VA: 1:06.20 1976 11-12 Boys
 B. Beliles/M. Harty/S. Kaltenborn/N. Pardo
 1:08.03 ALL*

Lane Team	Relay	Seed Time
Heat 1 of 1 Finals		
3 MHC	A	
	McCarthy, Will 12	Hood, John 11
	Pasanella, Sebastian 12	Kay, Jack 11
4 VA	A	
	Sasala, Julian 12	Joslyn, David 12
	Lynch, Walker 12	Quebral, Stephen 12

#46 Girls 11-12 100 SC Meter Medley Relay

NVSL Meter: 1:00.66 2015 McLean
 S. Gonzalez, D. Wu, O. Brower, S. Tennant
 MHC: 1:04.00 2007 M. Gray, J. Rhodes,
 , B. Thompson
 VA: 1:08.24 2013 11-12 Girls
 A. Blanchard, N. Joslyn, M. Lynch, T. Lynch
 1:06.94 ALL*

Lane Team	Relay	Seed Time
Heat 1 of 1 Finals		
3 MHC	A	
	Mikulski, Winnie 12	Cremer, Lauren 11
	Dunn, Ellie 11	Pegher, Rachael 12
4 VA	A	
	Ellenberger, Kendyl 11	Jordan, Makena 12
	Baker, Olivia 12	Sand, Amelia 12

A-Meet VA @ MHC - 7/23/2016
Northern Virginia Swimming League
Meet Program

#47 Boys 13-14 100 SC Meter Medley Relay

NVSL Meter: 53.65 2016 Wakefield Chapel
 J. Gerber, J. Schaefer, N. Parker, J. Temeles
 MHC: 57.77 2012 I. Thompson, R. Holt,
 W. Revers
 VA: 57.40 1977 13-14 Boys
 S. Kaltenborn, J. Fitzgerald, M. Hartly, C. James

Lane Team	Relay	Seed Time
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Heat 1 of 1 Finals

3 MHC	A	
Gurey, Chase 14	Eckardt, Colin 13	
Lazaroe, Stefan 14	Mikulski, Harrison 14	
4 VA	A	
Davis, Christian 13	Cronin, Thomas 14	
Thomas, Benjamin 13	Baker, Jacob 14	

#48 Girls 13-14 100 SC Meter Medley Relay

NVSL Meter: 58.43 2014 Overlee
 I. Lee, K. Park, E. Ridgeway, L. Bowers
 MHC: 1:01.16 2008 M.Gray, M. Graves,
 H. Moffitt
 VA: 1:05.43 2015 13-14 Girls
 M Lynch, N. Joslyn, T. Lynch, A. Towner

Lane Team	Relay	Seed Time
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Heat 1 of 1 Finals

3 MHC	A	
Hood, Annie 13	Revers, Kate 13	
Quigley, Sara 13	Dennis, Kaitlyn 13	
4 VA	A	
Davis, Zoe 14	Lynch, Tatum 14	
Muras, Adeline 13	Elliot, Charlotte 14	

#49 Boys 15-18 200 SC Meter Medley Relay

NVSL Meter: 1:48.16 2015 McLean
 C. Murphy, R. Lucas, A. Seliskar, T. Wu
 MHC: 1:51.97 2016 I. Thompson, R. Holt,
 A. Revers
 VA: 1:53.22 2010 15-18 Boys
 P. Johnson, M. Cosgrove, T. Lauri, M. Martinez
 1:56.45 ALL*

Lane Team	Relay	Seed Time
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Heat 1 of 1 Finals

3 MHC	A	
Thompson, Ian 18	Holt, Riley 18	
Hood, Joseph 18	Revers, Will 18	
4 VA	A	
Davis, David 15	Oldfield, Harry 18	
Wilds, Andrew 18	Quinnette, Ray 18	

#50 Girls 15-18 200 SC Meter Medley Relay

NVSL Meter: 2:01.09 2015 Orange Hunt
 A Wells, C SwanepoelStevens, A Goldblatt, R. Dryer
 MHC: 2:03.93 2010 M. Zeigler, M. Gravel,
 M. Gray
 VA: 2:15.15 2013 15-18 Girls
 R. Wray, N. Byron, M. Robertson, M. Green
 2:13.39 ALL*

Lane Team	Relay	Seed Time
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Heat 1 of 1 Finals

3 MHC	A	
Cutler, Danielle 15	Hutchinson, Katie 16	
Virostek, Margaret 15	Anderson, Susannah 16	
4 VA	A	
Lynch, Macey 15	Joslyn, Natalia 15	
Snider, Virginia 18	Watson, Katie 17	

**#51 Boys 18 & Under 200 SC Meter Freestyle Mixed A
 10&U, 11-12, 13-14, 15-18**

NVSL Meter: 1:49.74 2014 Fairfax
 P. Makin, J. Singletary, PJ D'Alessandro, B. Lutz
 MHC: 1:56.54 2007 E. Draim, C. Gray, C.
 VA: 1:59.80 1974 Villa Aquatic
 J. Fitzgerald, J. Adkins, L. Wilds, M. Wilds
 1:59.82 ALL*

Lane Team	Relay	Seed Time
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Heat 1 of 1 Finals

3 MHC	A	
McCarthy, Will 12	Eckardt, JP 10	
Lazaroe, Stefan 14	Thompson, Ian 18	
4 VA	A	
Lynch, Walker 12	Lynch, Brycen 10	
Thomas, Benjamin 13	Wilds, Andrew 18	

**#52 Girls 18 & Under 200 SC Meter Freestyle Mixed A
 10&U, 11-12, 13-14, 15-18**

NVSL Meter: 1:57.09 2016 Highlands Swim
 S. Sunderhauf, C. Watts, A. Martin, X. de Cazotte
 MHC: 2:03.37 2010 M. Frueh, A. Hood, S.
 VA: 2:01.49 2015 Villa Aquatic
 A. Muras, K. Ellenberger, M. Lynch, M. Robertson
 2:05.34 ALL*

Lane Team	Relay	Seed Time
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Heat 1 of 1 Finals

3 MHC	A	
Mikulski, Winnie 12	Davis, Gracie 10	
Hood, Annie 13	Lian, Meredith 18	
4 VA	A	
Ellenberger, Kendyl 11	Nelson, Delaney 10	
Lynch, Tatum 14	Lynch, Macey 15	