



**NORTHWEST AQUATICS LEAGUE  
2019 SUMMER CHAMPS MEET  
Sunday June 2nd HOSTED BY  
**BLUE TIDE AQUATICS**  
SPONSORED BY SPEEDO®**



- LOCATION:** Kingwood Park High School, 4015 Woodland Hills Dr., Kingwood, TX 77339
- DIRECTIONS:** Take U.S. 59 North to Northpark Dr.. Turn right(east) on Northpark Drive. Turn left on Woodland Hills Dr. The natatorium is located on the west side of the building on Chanay Ln.
- POOL:** Eight lane, 25 yard indoor pool with non-turbulent lane lines. There is no separate warm up/down area. A Colorado Model 6000 electronic timing system will be used with an eight lane digital scoreboard. Two watches per lane will be used as backup.
- MEET SETUP:** Air conditioned inside setup is available in high school commons area(cafeteria). No set up is permitted in the bleachers, hallways or where a "No Set Up" sign is posted.
- ORDER OF EVENTS:** See attached format
- TIME AND DATE:** Sunday May 26, 2019
- Session 1: **11-18 Girls and Boys Events**  
*Meet starts at 8:30 a.m.*  
Group 1 warm-ups begin at 7:05 am/Group 2 warm-ups begin at 7:30 am/  
Group 3 warm-ups begin at 7:55 am
- Session 2: **10 & under Girls and Boys Events**  
*Meet starts at @ 2:00 p.m.(or 1.5 hours after the conclusion of Session 1)*  
\*Warm-ups will begin immediately following the conclusion of Session 1  
Group 1 warm-ups begin at immediately after morning session/Group 2  
warm-ups TBA/ Group 3 warm-ups TBA
- Warm-up assignments and a timeline will be posted on the BTA website at [www.swimbluetide.org](http://www.swimbluetide.org) at least two days prior to the event.
- MEET REFEREE:** Matt Sale [matt.j.sale@gmail.com](mailto:matt.j.sale@gmail.com)
- MEET DIRECTOR:** Harold Lloyd [hlloydjr@gmail.com](mailto:hlloydjr@gmail.com)
- MEET ENTRY DIRECTOR:** Gabriele Sausnock [gsausnockbta@gmail.com](mailto:gsausnockbta@gmail.com)

**OFFICIALS:** 2019 NWAL certified officials will officiate. Teams are requested to supply a list of officials when entries are submitted.

**SAFTEYMARSHAL:** Haley Wiley

**SEEDING:** **This will be a pre-seeded meet. No On Deck entries will be allowed.** It is important that all teams turn in their entries on a timely basis to insure that their swimmers have a chance to swim. Coaches are requested to turn in relay cards no later than 45 minutes prior to the start of the meet.

**ENTRY INFORMATION:**

**Entries:** All teams must submit their entries electronically via an SD3 file using Swimtopia software. An entry report with proof of times must be included with your entries. Entry times will be converted to the proper course by Swimtopia software using the default conversions and meet templates. *For Progressive Relays; Include a separate document with relay names and entry time to verify entry was successfully imported.*

***Meet entries may be limited based on the timeline. Entries will be accepted on a first serve basis in the order they are received.***

Teams that do not submit their entries via electronic file, must pay a \$35.00 surcharge. BTA will not be responsible for entry errors due to manual entry and will not reseed any event(s) due to an entry error.

**Qualifying times:** 12 & under swimmers must have achieved the minimum qualifying times listed in the attached order of events. There are no qualifying times for 13 and over swimmers. **Time Trial times will be allowed as long as the swimmer has not achieved an official time. Once an official time is achieved, the Time Trial time is no longer available to use. NT or No Time will not be allowed per NWAL rules.**

**All relay swimmers must meet the time standard for his/her leg of the relay.**

**Bonus Events: Swimmers that qualify for at least 3 events will be allowed to swim all additional events provided they have a legal time swum at a time trial or a sanctioned NWAL meet. NT's will not be accepted.**

**Age:** Age as of May 31, 2019

**Number of Events:** Individuals may enter up to (6) events and (3) relays. Teams may enter up to two (2) relay teams in each relay event. Any team is eligible to score points for the team.

**Eligible Teams:** All NWAL teams.

**Deadline: Entries must be in the hands of the meet entry director no later than 6:00 p.m. on Sunday May 26, 2019.** Email or hand-deliver your entries on a flash drive to:

Gabriele Sausnock  
6107 S Royal Point Dr.  
Kingwood, Texas 77345  
281-635-9655  
[gsausnockbta@gmail.com](mailto:gsausnockbta@gmail.com)

**Fees:** \$5.00 per individual event. \$10.00 per relay event.  
Make checks payable to **Blue Tide Aquatics**.  
All fees are due by 6:00 PM, Thursday, May 30, 2019.

**AWARDS:** **Individual Events:** Custom medals will be awarded to 1<sup>st</sup>-8<sup>th</sup> place finishers in each age group (6&U, 7, 8, 9, 10, 11, 12, 13, 14, 15-18)

*Note: Each event will score either one or two age groups but never more than 2 groups per event. Awards will be given as follows:*

6 & under events – awards for 6 & unders only

8 & under events – awards for 8 yr olds and 7 & unders

7-8 yr old events – awards for 7yr olds and 8yr olds

10 & under events – awards for 10 yr olds, 9 & unders

9-10 yr old events – awards for 9yr olds and 10 yr olds

11-12 yr old events – awards for 11yr olds and 12 yr olds

13-14 yr events – awards for 13 yr olds and 14yr olds

15-18 yr old events – awards for 15yr & over only.

**Relay Events:** Medals for 1<sup>st</sup>-3<sup>rd</sup> place; Ribbons for 4<sup>th</sup>-8<sup>th</sup>

**High-point awards:** Trophies will be awarded in each of the following age groups: 6&U, 7, 8, 9, 10, 11, 12, 13, 14, 15-18. Medals will be given for 2<sup>nd</sup> and 3<sup>rd</sup> place high point winners.

**Tie Breaker:** Most 1<sup>st</sup> place finishes; then most 2<sup>nd</sup> place finishes and so on until the tie is broken.

**Team awards:** Trophies will be awarded to the top three teams in 2 divisions. Divisions will be based on the number of swimmers/entries and will be determined after all entries are received.

**Tie Breaker:** Same method use for high point

**SCORING:** Individual Events: 9-7-6-5-4-3-2-1  
Relay Events:18-14-12-10-8-6-4-2

#### **MEET RULES AND APPROVED VARIANCES:**

2019 NWAL Rules will apply with the following clarifications: (1) There is no limit to the number of individual events in which a swimmer may enter. (2) Teams may enter up to two (2) relay teams in each relay event. Any relay team is eligible to score points for the team score. Each relay participant must meet the qualifying time for his/her leg of the relay.

There will be two progressive relays, one for male swimmers and one for female swimmers. Each progressive relay will consist of the following sequence of events: : 25 yd Backstroke (7-8 yr olds); 25 yd Freestyle (9-10 yr olds); 50 yd Butterfly (11-12 yr olds); 50 yd Breaststroke (13-14 yr olds); and 50 yd Freestyle (15-18 yr olds).

All participants must be registered 2019 NWAL swimmers. All participants must have competed in at least one NWAL meet during the 2019 NWAL season. Eligibility for an age group is determined by the individual's age as of the end of the day May 31,2019.

Swimmer seeding will be listed in the heat sheets. Swimmers are to report to the ready bench area when their event is called. Teams are responsible for insuring that their swimmers are at the ready bench prior to their events. ***Parents are requested not to accompany their children to the ready bench! Instead, we strongly recommend that a team parent be responsible for getting swimmers to the ready bench.***

All swimmers must meet the age and qualifying time requirements. Anyone protesting an entry time has the burden of proof for proving that the time is false.

**The decisions of the Meet Referee are final and no other appeals will be considered by NWAL.**

**POOL DECK  
RESTRICTIONS:**

Because of Insurance Safety Regulations, the swimming pool deck, during the operation of the Summer Champs meet, is closed to all persons except swimmers, coaches, safety marshals, officials, meet personnel, and timers. If you are asked to leave the deck by any registered personnel, please do so immediately. It is for your safety.

Coaches and Officials must present their membership cards in order to receive complimentary Heat Sheets and for admission to the Hospitality Room. Coaches must supervise their swimmers.

No Food or Drinks other than water are allowed on deck.

**SWIMMERS WITH  
DISABILITIES:**

Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve additional equipment (i.e. remote strobe).

**SAFETY AND SECURITY:**

The attached Safety guidelines and warm-up procedures will be in effect. The Safety Marshal will be responsible for ensuring that the safety procedures are followed. The Safety Marshal will be wearing a safety-orange vest, and has the authority to remove anyone who is not following these procedures or who in any way is conducting themselves in an un-safe manner. The Safety Marshal will be responsible for ensuring that a safe conduct is strictly enforced.

Smoking will not be allowed anywhere in the building or school campus. No glass containers of any type will be allowed in the pool area.

***Park in the normal parking spots in the parking lot. Do not park along the drives or along the curbs or anywhere indicated with a "no parking" sign.***

**HOSPITALITY:**

A hospitality room/area will be available for coaches and officials. Refreshments and complimentary heat sheets will be available for all coaches.

**CONCESSIONS:**

Concessions will be available

**MERCHANDISE:**

Swim Shops of the Southwest will be at the meet selling apparel and gear. A custom Summer Champs shirt will be available for purchase.

**ATTACHMENTS:**

**ORDER OF EVENTS  
MEET ENTRY FORM  
SAFETY GUIDELINES AND WARM- UP PROCEDURES**

# 2019 SUMMER CHAMPS ORDER OF EVENTS

Sunday June 2, 2019  
Meet starts at 8:30 a.m.

## 11 & Over Events for Girls and Boys

GIRLS EVENT#	Meters Qualifying Times	Yards Qualifying Times	EVENT	Yards Qualifying Times	Meters Qualifying Times	BOYS EVENT#
1	1:36.11	1:26.59	11-12 100 yard FREE	1:25.49	1:34.89	2
3	-	-	13-14 100 yard FREE	-	-	4
5	-	-	15-18 100 yard FREE	-	-	6
7	-	-	11-12 200 yard FREE RELAY	-	-	8
9	-	-	13-14 200 yard FREE RELAY	-	-	10
11	-	-	15-18 200 yard FREE RELAY	-	-	12
13	41.87	37.72	11-12 50 yard FREE	37.97	42.15	14
15	-	-	13-14 50 yard FREE	-	-	16
17	-	-	15-18 50 yard FREE	-	-	18
83	-	-	7-18 200 yard GIRLS PROGRESSIVE RELAY	-	-	-
-	-	-	7-18 200 yard BOYS PROGRESSIVE RELAY	-	-	84
19	53.48	48.62	11-12 50 yard BACK	48.19	53.49	20
21	-	-	13-14 50 yard BACK	-	-	22
23	-	-	15-18 50 yard BACK	-	-	24
25	1:43.22	1:38.94	11-12 100 yard IM	1:40.05	1:44.45	26
27	-	-	13-14 100 yard IM	-	-	28
29	-	-	15-18 100 yard IM	-	-	30
31	54.34	48.96	11-12 50 yard BREAST	50.19	55.71	32
33	-	-	13-14 50 yard BREAST	-	-	34
35	-	-	15-18 50 yard BREAST	-	-	36
37	52.12	46.96	11-12 50 yard FLY	49.96	55.45	38
39	-	-	13-14 50 yard FLY	-	-	40
41	-	-	15-18 50 yard FLY	-	-	42
43	-	-	11-12 200 yard MEDLEY RELAY	-	-	44
45	-	-	13-14 200 yard MEDLEY RELAY	-	-	46
47	-	-	15-18 200 yard MEDLEY RELAY	-	-	48

\*The "three event" rule will also apply for qualification. If an 11-12 swimmer qualifies for (3) three events, then the swimmer may enter any additional events regardless of the swimmer's times for these events. 13 & over swimmers do not have qualifying times. Time trial times are allowed if an official time has not been achieved. **NT's are not allowed.**

## 2019 SUMMER CHAMPS ORDER OF EVENTS

Sunday June 2, 2019

Meet starts at 2:00 p.m. or @ 1.5 hours after conclusion of morning session

### 10 & Under Events for Girls and Boys

GIRLS EVENT #	Meters Qualifying Times	Yards Qualifying Times	EVENT	Yards Qualifying Times	Meters Qualifying Times	BOYS EVENT #
49	47.98	43.23	10 & under 50 yard FREE	45.03	49.98	50
51	-	-	6U 100 yard FREE RELAY	-	-	52
53	-	-	7-8 100 yard FREE RELAY	-	-	54
55	-	-	9-10 100 yard FREE RELAY	-	-	56
57	39.92	35.97	6U 25 yard FREE	35.50	39.40	58
59	27.20	24.51	7-8 25 yard FREE	24.21	26.87	60
61	20.70	18.65	9-10 25 yard FREE	18.55	20.59	62
63	45.34	40.85	6U 25 yard BACK	40.70	45.18	64
65	33.13	29.85	7-8 25 yard BACK	29.55	32.80	66
67	27.98	25.21	9-10 25 yard BACK	25.09	27.84	68
69	1:54.32	1:48.94	10 & under 100 yard IM	1:48.21	1:53.84	70
71	42.66	38.44	8U 25 yard BREAST	38.94	43.22	72
73	28.82	25.97	9-10 25 yard BREAST	26.49	29.40	74
75	39.68	35.75	8U 25 yard FLY	34.55	38.35	76
77	27.46	24.74	9-10 25 yard FLY	23.67	26.27	78
79	-	-	8U 100 yard MEDLEY RELAY	NT	-	80
81	-	-	9-10 100 yard MEDLEY RELAY	NT	-	82

\*The "three event" rule will also apply for qualification. If a 10 or under swimmer qualifies for (3) three events, then the swimmer may enter any additional events regardless of the swimmer's times, for the bonus events, even if that time is slower than the qualifying time. (Exception: 50 free may not be added as a bonus) Time trial times are allowed. **NT's are not allowed per NWAL.**

\*Each relay participant must meet the minimum qualifying time for his/her leg of the relay.

**NWAL SUMMER CHAMPS MEET**

*Hosted by*

***BLUE TIDE AQUATICS***

**Sunday June 2, 2019**

**TEAM ENTRY FORM**

**MUST BE SUBMITTED WITH MEET ENTRY**

TEAM NAME: \_\_\_\_\_

ABBREVIATION: \_\_\_\_\_

TEAM CONTACT: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

Number of Individual Events: \_\_\_\_\_

Cost per Individual Event: x\$5.00

Number of Relay Events: \_\_\_\_\_

Cost per Relay Event: x\$10.00

Total Amount Due: \$ \_\_\_\_\_

**Entry Fees Must Be Submitted by Entry Deadline**

**Make Check Payable to Blue Tide Aquatics**

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**2019 SUMMER CHAMPS MEET**  
 Sunday June 2, 2019  
 HOSTED BY  
**BLUE TIDE AQUATICS**

Last Name	First Name	Sex F/M	TEAM

Event#	Time	Event#	Time

Last Name	First Name	Sex F/M	Team

Event#	Time	Event#	Time

Last Name	First Name	Sex F/M	Team

Event#	Time	Event#	Time



## WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool.  
Swimmers must enter the pool feet first cautiously.
  - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
  - 2. Lanes are **ONE WAY ONLY**.

## SAFETY GUIDELINES

- A. Swimmers Responsibilities
  - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
  - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
  - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
  - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
  - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
- C. Safety Marshals
  - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach in violation of safety guidelines or warm-up procedures.
  - 2. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
  - 1. Swimmers should be reminded by coaches that breaststrokers need more lead time than freestyle or butterfly swimmers.
  - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
  - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a called start.
  - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
  - 5. Warm-up procedures shall be followed for any breaks, scheduled or otherwise, during the competition.
  - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
  - 1. Smoking or use of other tobacco products is not allowed on the grounds of the meet.
  - 2. Glass containers are prohibited.
  - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in this invitation.