

Info on the 6/30/22 Meet at HOME vs. SHL.

Tomorrow is our last home meet against Shady Lane! There are going to be a few things going on tomorrow and the rest of the week so please read all the information below!

TEAM PICTURE & MEET INFO

We will be taking our team picture before warmups tomorrow. This is the timeline for the evening.

Arrive: 4:40 pm

Team Picture: 4:45 - 5:15 pm

10 & unders warmups: 5:30-5:45 pm

11 & over warmups: 5:45-6:00 pm

Meet Start: 6:30 pm

VOLUNTEERS

Thank you to everyone who has already signed up to volunteer. If you have a swimmer, please sign up to help!!

GRILL & BAKE SALE

We will be having the grill AND bake sale on Thursday. Baked goods, fruit, healthy, and savory snacks are welcome! Please package each item individually in packages that can be sold for \$1 - \$2.

For example, if cookies are small, please place 2-3 cookies in a baggie that can be sold for \$1. Cups are a great way to package items too! You may also bring store bought items that are individually packaged.

CLERK OF COURSE

As always, if you have a 10 & under, please write their first initial and full last name on their right shoulder blade (on back).

Also, please write your swimmer's events on their arm before warmups or the start of the meet.

THEME

The theme for this meet is **USA** in early celebration of 4th of July!!

PARENT RELAY SIGNUPS

Just like last year, we will be having parent freestyle relays at the end of the meet on Thursday. This is fun for both the swimmers and parents. We had great participation last year and I hope to have the same this year! The coaches will also be swimming. Please sign up by Thursday morning and I will create a 'heat sheet'.

[Sign Ups](#)