

PRIVATE POOL SWIM LEAGUE of Cincinnati
SWIMMING CHAMPIONSHIP FINALS
July 11-12, 2023
Corwin M. Nixon Park /Lou Eves Municipal Pool / 6249 Mason-Montgomery Road

Meet Director: Alison Neff / alioop847@hotmail.com / 513.467.8291

Meet Referee/Officials Contact: Christa Quinn / quinn.ca.1@pg.com / 513.780.0366

Entry Chair: Lisa Habel / lisa.habel1@gmail.com / 513.604.4214

Treasurer: Dan Ransenberg

Secretary: Danielle Ruehl

POOL:

- The competition pool will consist of two 25-meter course with 9 lanes each pool.
- 8 lanes, one pool will be used for competition.
- All 25M events will start from starting blocks on the bulkhead.
- All 50M & longer events will start from starting blocks on deck.
- The 2nd pool is available for warmups/cool down with team supervision.

COMPETITION RULES:

- The meet will be governed by current United States Swimming Rules except as modified by PPSL Rules.
- Age as of the first day of June will determine eligibility for the meet.
- Ohio Swimming safety guidelines and warm-up procedures will be in effect at this meet. See the section: Warm-ups for description of warm-up procedures in this meet.
- Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet. A Technical Suit is one that has the following components:
 - Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or
 - Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.

MEET INFORMATION and UPDATES: posted on cincy-marlins.com – click on **MEET INFO** (not the drop down). Scroll to find the meet.

COMPETITION SCHEDULE:

Session	Age Group	Warmups	Session Start
Tuesday PM PRELIMS	8&U, 9-10, 11-12	12:00 pm – 1:00 pm	1:10 pm
Tuesday Evening PRELIMS	13-14, 15-18	5:30 pm – 6:00 pm	6:10 pm
Wednesday FINALS **	All age groups	2:30 pm – 3:45 pm	4:15 pm

****:** Team Cheers – FINALS Session @4:00, by roll call by Announcer, 30 seconds each team.

HEAT SHEETS: \$5 cash only.

EVENTS:

The meet will swim in accordance with the accompanying Schedule of Events.

All preliminary heats will be swum on Tuesday, and all FINALS heats will be swum on Wednesday.

- Individual events - Top 16 and 2 alternatives qualify for FINALS for all individual events.
- Relay events
 - 8&Under Medley Relay ONLY is a Timed Finals event swum in Prelim session.
 - Top 8 relays return to FINALS qualify for RELAY events (except for 8&Under Medley Relay). NO alternates.
 - Top 8 8&Under Free relay will swim first in finals.
- Finals Qualification: Any athlete or relay **qualified for Finals but unable** to attend is to Notify during prelims or by email/phone to Entry chair if as soon at the earliest opportunity.

SWIMMER CONDUCT:

- All swimmers are expected to conduct themselves in an appropriate manner. It is the responsibility of all parents to ensure all minor participants/spectators are well always behaved and under supervision in all areas of the venue, including outdoors, warmup pool, etc.
 - Any swimmer acting in an inappropriate manner will be reported to their coach. If the swimmer is reported a second time, they will be banned from participating for the remainder of the meet.
- There is NO team parading permitted on the pool deck or parking lot.
- No PPSL guests or participants may access the outdoor Rec Pool.
- Each team is responsible to clean your team area after each session.

LOCKER ROOM: Per Safe Sport rules: Only ATHLETES are permitted in the locker rooms at any time. NO PARENTS or non-swimmers.

- Use of cameras, cell phones or any other recording device is not permitted in the locker rooms at any time.

CONDUCT RULES:

- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Flash photography is not permitted at the start of any race.
- Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices.
- Deck changes are prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Flash photography is not permitted at the start of any race.
- Quiet at the start – to give each athlete the opportunity of a fair start.
- Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of meet operations is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams.

STAGING:

- ALL 25s: report to Bulkhead Stagers bleachers for entry to block.
- Team volunteers are to assist Staging.
- **NO PARENTS ALLOWED ON DECK WITH THEIR CHILDREN**
- All other events: Swimmers are to report to their blocks.

FINAL RESULTS:

- Results will be posted on the Cincinnati Marlins website: www.cincy-marlins.com and Meet Mobile (technology permitting).
- Qualifiers for Finals will be posted Tuesday Night.

AWARDS:

Individual Events: Medals 1st – 3rd place, Ribbons 4th – 16th place

Relays: Medals 1st – 3rd place, Ribbons 4th – 16th place

- Plaques for winners of the Gold, Silver, and Bronze Divisions
- Plaques for Most Improved Team determined by % point change vs. previous year
- Team Spirit Award

TEAM SPIRIT AWARD:

- Team 'shout out' cheers of 30 seconds or less will be conducted upon roll call per the Final Schedule below. (new 2022)
- Criteria for the award includes Team Sheer and overall team spirit and good sportsmanship during the meet.
- The head coach from each team can vote once (NOT their own). Please come to the Scoring table to vote.
- NO Team PARADES permitted in the lot or pool. A team parade will disqualify that team from the spirit award.

SCORING:

Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relays: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4

ENTRY RULES:

- Entry deadline is **Friday July 7 at 6:00 pm** via electronic entries to Entry Chair. Please include your team name in the SUBJECT and include your team rep or any other contacts in your distribution list to receive and review your entries.
 - You will receive an entry confirmation Friday night.
 - You will have until **NOON** Saturday afternoon to report any entry errors.
- Swimmers shall enter no more than two (2) individual events. If an entry is submitted with an individual entered in more events than this rule allows, the entry will be made by order of events starting with event #11 until the rule is satisfied.
- Relay athletes AND alternates **must be declared/included** in each Relay entry to be eligible to compete on that relay. Alternates may swim in Prelims or Finals sessions.
- All participants must be **current FAMILY Swim members** of their Club and **must have participated in at least two dual** meets during the regular season. Please refer to complete rules in PPSL League Rules document.
- Swimmers entered who then participate in "B" Swimming Finals may not participate in this meet, including relays.
- Late entries or phone entries will not be accepted.

CONCESSIONS/FACILITIES:

- Concessions will be provided and are available to everyone.
- Hospitality for coaches and officials will be available in the Hospitality Room.
- NO SMOKING IS ALLOWED IN THE BUILDING.
- No towels, bags or personal belongings may be left in or outside the facility between prelims and finals.
- For your safety and the safety of others exit aisles and exits must always remain clear.
- The team areas OUTSIDE the natatorium will open to the public when doors open. Team areas must be cleared and cleaned at the end of each day.

INDOOR SEATING: Each team is expected to communicate this information to their team including all guests!

- Bleacher Seating for athletes, coaches, and parent volunteer(s) is available on deck. Seating is assigned to each team.
 - A maximum of 3 outside/camp chairs may be added to each team area.
 - Swimmers bags are to be stowed along the bleachers (not taking away seating).
- Spectators are assigned Spectator seating sections by team (separate attachment). It is expected that teams SHARE their space with their team fans and family. Please do NOT assume that empty seats in another team's area are available for your use.
- Limited handicap seating is available. Please note that there may not be space for family to accompany guests in the handicap area.
- No coolers or glass containers are permitted in the natatorium.

Meet Schedule:	12&Under Prelim Session	13&Over Prelim Sessions	Finals Session
Volunteer Check In Opens	11:30 am	5:00 pm	2:00 pm
Doors Open Athletes/Coaches	11:45 am	5:15 pm	2:15 pm
Admissions opens	11:45 am	5:30 pm	1:45 pm
Marshalls on deck/ Hospitality Open / Announcer	12:00 pm	5:30 pm	2:30 pm
Officials Meeting	12:30 pm	5:50 pm	3:30 pm
Timers Meeting	12:50 pm	6:10 pm	3:45 pm

CLUB RESPONSIBILITIES:

MEET ASSIGNMENTS:

- a. Anderson: Heat sheet sales
- b. Clifton Meadows: Heat sheet advertising sales
- c. Delhi: Runners
- d. Kenwood: Officials chair - Christa Quinn
- e. Harper's Point: Marshall 4/session (breezeway, warm down pool, locker rooms)
- f. Madeira: Staging – all 25's
- g. Mt. Lookout: meet computer / entry chair
- h. North Hills: Announcer
- i. Oak Hills: Head timer
- j. Orchard Hills: Awards table
- k. Overhill: Hospitality – room and water by times
- l. Shady Lane: Clean up captain (pool deck, grass, halls, conference rooms – after sessions)
- m. Three Rivers: Starting Block manager (on deck), Volunteer check in
- n. Wyoming: Heat sheet printing /seat marking /Meet Director

EACH CLUB:

- Timers per the chart below with watches.
- Team Parent assistant: This assignment is to deliver athletes to staging for all 25 meter events and assist Staging with lineups, and monitor athletes in the team area. (Parents may bring a chair to sit on deck next to bleachers within 3 chair limit).
 - 12&Under Prelims and Finals – 2 parents
 - 12&Over Prelims – 1 parent

OFFICIALS:

- Qualified officials are needed for all sessions: Tuesday Prelims (afternoon & evening), and Wednesday evening's Finals.
- A qualified official is one certified by USA, Y, or the OHSAA swimming, or who is an extremely experienced PPSL official.
- Each club representative is expected to provide the following: Officials' names, email address and certification information, emailed to the Meet Official (see contact above) by July 8, 2022

TIMING ASSIGNMENTS: (assignments rotate annually, top 2 previous finishers time the full session.)

- Timing responsibilities are assigned to all member clubs for EACH of the 3 meet sessions.
- Each club must provide TWO timers for each lane, **with stop watches**.

	First Half	Second Half
Lane 1	Delhi	Wyoming
Lane 2	Clifton Meadows	Orchard Hills
Lane 3	Mt. Lookout	Oak Hills
Lane 4	Madeira	Madeira
Lane 5	Harpers Point	Harpers Point
Lane 6	Anderson	Overhill
Lane 7	Kenwood	Shady Lane
Lane 8	Three Rivers	North Hills

WARM-UPS: (assignments rotated right annually).

Specific Lanes and finalized start times to be published on Saturday.

- Ohio Swimming Warm Up Procedures will be followed. Swimmers must enter the water feet first from the edge of the pool with one hand in contact with the deck. Hanging on the bulkhead is prohibited.
- Coaches shall actively supervise their swimmers throughout the warm-up session.
- Swimmers are required to exit the pool upon completion of their warm-up period and DRY OFF to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- Backstroke swimmers shall ensure that they are not starting at the same time as a swimmer on the blocks, and they must enter the pool feet first. Swimmers shall not step up on the blocks if there is a backstroke swimmer waiting to start.

Warmup Session #1	Warmup Session #2	Warmup Session #3
Tues: 12:00 - 12:20	Tues: 12:20 – 12:40	Tues: 12:40 – 1:00
Tues: 5:30 – 6:00 (one session)		
Wed: 2:30 – 2:55	Wed: 2:55 – 3:20	Wed: 3:20 – 3:45
Kenwood Mt. Lookout Oak Hills Shady Lane Wyoming	Anderson Clifton Meadows Madeira Orchard Hills Overhill	Delhi Harpers Point North Hills Three Rivers

Separate attachments:

- Current PPSL Records
- Spectator Seating Assignments
- Warmup Assignments

Posted on Cincy-marlins website as available:

- Psych
- Results
- Athletes and relays qualified for Finals
- ESTIMATED Session Time Lines

PPSL 'A' Championships Schedule of Events - Prelims

Tuesday - Session One			Tuesday - Session Two		
Event			Event		
Boys		Girls	Boys		Girls
11	8&U 100 Medley Relay *	12	17	13-14 200 Medley Relay	18
13	9-10 200 Medley Relay	14	19	15-18 200 Medley Relay	20
15	11-12 200 Medley Relay	16	27	13-14 100 Freestyle	28
21	8&U 25 Freestyle	22	29	15-18 100 Freestyle	30
23	9-10 50 Freestyle	24	37	13-14 100 Breaststroke	38
25	11-12 50 Freestyle	26	39	15-18 100 Breaststroke	40
31	8&U 25 Breaststroke	32	47	13-14 100 Backstroke	48
33	9-10 50 Breaststroke	34	49	15-18 100 Backstroke	50
35	11-12 50 Breaststroke	36	51	13-14 50 Free	52
41	8&U 25 Backstroke	42	53	15-18 50 Free	54
43	9-10 50 Backstroke	44	61	13-14 50 Butterfly	62
45	11-12 50 Backstroke	46	63	15-18 50 Butterfly	64
55	8&U 25 Butterfly	56	69	13-14 100 IM	70
57	9-10 25 Butterfly	58	71	15-18 100 IM	72
59	11-12 50 Butterfly	60	79	13-14 200 Freestyle Relay	80
65	9-10 100 IM	66	81	15-18 200 Freestyle Relay	82
67	11-12 100 IM	68			
73	8&U 100 Freestyle Relay	74			
75	9-10 200 Freestyle Relay	76			
77	11-12 200 Freestyle Relay	77			

*Timed Final Event – to be swum during prelims.

Schedule of Events - Finals

Wednesday Evening Session Three
Top 16 (2 alternates) Individuals & Top 8 Relays

Boys	Event	Girls	Boys	Event	Girls
73	8&U 100 Freestyle Relay	74	41	8&U 25 Backstroke	42
13	9-10 200 Medley Relay	14	43	9-10 50 Backstroke	44
15	11-12 200 Medley Relay	16	45	11-12 50 Backstroke	46
17	13-14 200 Medley Relay	18	47	13-14 100 Backstroke	48
19	15-18 200 Medley Relay	20	49	15-18 100 Backstroke	50
21	8&U 25 Freestyle	22	51	13-14 50 Freestyle	52
23	9-10 50 Freestyle	24	53	15-18 50 Freestyle	54
25	11-12 50 Freestyle	26	55	8&U 25 Butterfly	52
27	13-14 100 Freestyle	28	57	9-10 25 Butterfly	54
29	15-18 100 Freestyle	30	59	11-12 50 Butterfly	56
31	8&U 25 Breaststroke	32	61	13-14 50 Butterfly	58
33	9-10 50 Breaststroke	34	63	15-18 50 Butterfly	60
35	11-12 50 Breaststroke	36	65	9-10 100 IM	62
37	13-14 100 Breaststroke	38	67	11-12 100 IM	64
39	15-18 100 Breaststroke	40	69	13-14 100 IM	66
			71	15-18 100 IM	68
			75	9-10 200 Freestyle Relay	76
			77	11-12 200 Freestyle Relay	78
			79	13-14 Freestyle Relay	80
			81	15-18 Freestyle Relay	82