## **VGST COVID-19 Practice Attendance Policy & Liability Waiver**

The Board of Directors and Coaches of Village Green Swim Team are working diligently to follow all mandates and guidelines established by Governor Lee of Tennessee, Knox County Health Department, health officials, and the Centers for Disease Control (CDC). When Village Green Swim Team practices occur in the pool, we must follow the guidance of the Centers for Disease Control (CDC) and Knox County Health Department to help mitigate the spread and impact of COVID-19 and to create the safest environment possible for swimmers and coaches. At all times, Village Green Swim Team will follow the most current guidance from Knox County Health Department, CDC and/or the State of Tennessee in all team activities.

In order to allow for swimmers to participate in swim practices, honesty and full disclosure are of utmost importance. This responsibility falls on each swimmer, family and coach. We have, therefore, established the following Code of Conduct applicable to all swimmers and team employees.

My student-athlete and I, as parent/legal guardian, are aware of and agree to the following:

- 1. If I think or know I have COVID-19 and I have symptoms, I will not attend VGST (practice, meets, events) until after the appropriate quarantine period provided by the CDC\*.
- 2. If I have tested positive for COVID-19 but have no symptoms, I will not attend VGST (practice, meets, events) until after the appropriate quarantine period provided by the CDC\*.
- 3. If I have been in close contact with someone with COVID-19 and I am vaccinated, I will follow the CDC\* recommendations before returning to any VGST practice, meet or event.
- 4. If I have been in close contact with someone with COVID-19 and I am unvaccinated, I will follow the CDC\* recommendations before returning to any VGST practice, meet or event.
- 5. I will arrive at practice ready to swim rather than using the locker rooms for this purpose and will leave immediately following practice. I understand that the restrooms should be used only for toileting purposes and without congregating with others.

\*Please follow the provided link to find the current CDC Covid-19 guidelines: https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html

I agree to the action items outlined above in the Code of Conduct. Failure to follow these items could possibly result in the swimmer's inability to attend practice until the pandemic subsides. I also acknowledge that practice attendance is completely optional and at the full discretion of the parents and swimmers. I am assuming all potential risks associated with the swimmer attending practice.

I expressly agree to waive liability and to hold harmless Village Green Swim Team, its employees, Board of Directors, and Village Green HOA for any adverse events that arise if I or my child contracts Coronavirus by attending Village Green Swim Team pool practices, groups or private lessons. I will also assume any risks associated with any dryland training or other physical training during instruction from our Village Green Staff.