



## *A Parent's Guide to League Finals 6 and Under AM Session*

1. Click this [link](#) for directions to the GAC. Please plan to arrive by 7:20AM. Warm Ups will start at 7:45 and the meet will start at 8:30 AM. Your coach will have your team's warm up time.
2. Parking will be free this year due to another event being held in the complex 😊. .
3. **NO PARENTS WILL BE ALLOWED ON DECK (unless volunteering - best seat in the house!). PLEASE** communicate this to your swimmers.
4. Your team will decide how to get your swimmers to your team location - coaches may escort swimmers through the locker rooms.
5. Only authorized people (wearing lanyards created by GFSL) will be allowed on deck for the duration of the meet.
6. Teams will have designated team parents who will have contact numbers for all swimmers' parents. If your swimmer needs to get in touch with you, they need to let the team parents know. You may then meet your swimmer in the hallway outside of the locker room.
7. When your swimmer is done swimming he/she may ask the team parent to text you to pick him/her up outside the locker room.
8. Your swimmer can come to you in the stands - **you cannot go to your swimmer on the deck.**
9. Swimmers may want sweatshirt/sweatpants to wear on deck to stay warm.
10. Swimmers should bring games/books/activities for the team area while they wait for their events.
11. There will be no delays for bad weather - the pool is "grounded" so the meet will go on!
12. You are not allowed to bring coolers or **VISIBLE** food/drink into the GAC. Talk to your team rep for further details on this.
13. The touchpads **WILL BE DISABLED** for the younger swimmers. Timers will be using "plungers" that are synced with the computer and electronic scoreboard.
14. Individual events will be starting at the "bulkhead" and swimming towards the diving pool. Swimmers will not be using blocks during this session.
15. Each team area will be supplied with a set of bleachers - swimmers cannot bring chairs on the pool deck. .
16. Swimmers will be lined up by their coaches for the relays. There will be a clerk of course.

*We are looking forward to an exciting and fun League Finals Event.  
Please contact your league rep if you have any other questions.*