



FORMAT:

4th ANNUAL

Pink Meet Invitational Saturday, June 15, 2019

PURPOSE: To raise money for Emily's Power for a Cure, a local childhood cancer foundation.

POOL: The meet will be held at the Stuart Heights Pool and Tennis Club. All swimming events will be held in this 8-lane, 25-yard course pool.

ELIGIBILITY: All CASL teams may participate in this event. *Due to time constraints, meet entries may be limited to the first 200 swimmers.*

FORMAT: The meet will follow CASL events. All events are timed finals. Swimmers must compete in their own individual age groups (no 8 and under swimmers in the 9-10 events, etc.) Swimmers may compete in only two relay events. Swimmers may be aged up to complete a relay team. Swimmers may swim in 4 individual events. The event schedule is as follows:

Warm-ups: 7:00 AM -7:25 AM & 7:25-7:50 AM Meet Start Time: 8:00 AM

RULES: CASL rules will be enforced.

AWARDS: Ribbons will be awarded for 1st – 3rd places in all individual swimming events, 1– 3rd places in all swimming relay events. Heat winner ribbons will be awarded for heat winners in individual events.

ENTRY FEES: \$40.00 per swimmer. \$40.00 fee includes t-shirt and up to 4 individual events and one Co-ed Freestyle relay. Relays will be determined by coaches. Make checks payable to Emily's Power for a Cure.

PLEASE NOTE: We will accept only ONE team check for the entry fees. Please do not send individual checks from the swimmers.

ENTRY DEADLINE: Entries must be received by 5:00 p.m. on Wednesday, June 12, 2019. E-mail to: Wendy Ransom- powerforacure@gmail.com. No late entries will be accepted.

TIMERS: Volunteer timers from participating teams are welcome, but the Friends of Emily's Power for a Cure will provide the majority of the volunteers. We want this to be an enjoyable meet for all who participate! All timing equipment will be provided by McCallie GPS Aquatics. If you would like to volunteer, please email Wendy Ransom at powerforacure@gmail.com.

TIMER VOLUNTEERS MUST REPORT TO THE HEAD TIMER PRIOR TO WARM-UPS.

If you would like to volunteer, please email Wendy Ransom at powerforacure@gmail.com.

REFRESHMENTS: Available at the concession stand.

RELEASE FORM: The attached release form must be signed and in the Meet Director's possession before swimmers from your team will be allowed to participate in the meet.

RESULTS: Results will be provided via email.

ORDER OF EVENTS

Time Finals - All Ages Saturday, June 15, 2019

Girls Event #	Event	Boys Event #
1	8 and under 25 yd freestyle	2
3	9-10 50 yd freestyle	4
5	11-12 50 yd freestyle	6
7	13 and over 50 yd freestyle	8
9	8 and under 25 yd breastroke	10
11	9-10 50 yd breastroke	12
13	11-12 50 yd breastroke	14
15	13 and over 50 yd breastroke	16
17	8 and under 100 yd IM	18
19	9-10 100 yd IM	20
21	11-12 100 yd IM	22
23	13 and over 100 yd Im	24
25	8 and under 25 yd back- stroke	26

Girls Event #	Event	Boys Event #
27	9-10 50 yd backstroke	28
29	11-12 50 yd backstroke	30
31	13 and over 50 yd backstroke	32
33	8 and under 25 yd butterfly	34
35	9-10 50 yd butterfly	36
37	11-12 50 yd butterfly	38
39	13 and over 50 yd butterfly	40
41	8 and under co-ed 100 yd freestyle relay	42
43	9-10 co-ed 200 yd freestyle relay	44
45	11-12 co-ed 200 yd freestyle relay	46
47	13-14 co-ed 200 yd freestyle relay	48
49	15-18 co-ed 200 yd freestyle relay	50

**** Entry forms and fees must be received by** *5:00 PM, Wednesday, June 12, 2019***

RELEASE FORM

(Please return this Release Form with your Entry Forms, and Fees)

Pink Meet Invitational

In consideration of the acceptance of this entry, we hereby waive and release any and all claims against Stuart Heights Pool and Tennis Club, Swim Team, and Emily's Power for a Cure; that we might have in case of injury or loss of valuables at this meet on June 15, 2019 and on the road to and from this meet.

TEAM NAME AND SWIMMER NAME

PARENT SIGNATURE

DATE

THIS SIGNED RELEASE MUST BE IN THE MEET DIRECTOR'S POSSESSION BEFORE SWIMMERS WILL BE ALLOWED TO PARTICIPATE IN THE MEET.

TEAM REPRESENTATIVE CONTACT FORM

Please provide results to the following team representative:

Name:

Street:

City/State/Zip:

E-mail:

Cell Phone Number:

**** Entry forms and fees must be received
by****

***Wednesday, June 12, 2019**