

## FRIDAY, JULY 13TH WARM-UP SCHEDULE

### 10 AND UNDER PRELIMINARIES SESSION

SESSION 1 7:00 - 7:20 AM	SESSION 2 7:20 - 7:40 AM	SESSION 3 7:40 - 8:00 AM	SESSION 4 8:00 - 8:20 AM
LANE 1 DALT	LANE 1 OOLT	LANE 1 SM	LANE 1 STH
LANE 2 DALT	LANE 2 OOLT	LANE 2 SM	LANE 2 STH
LANE 3 DALT	LANE 3 OOLT	LANE 3 SM	LANE 3 STH
LANE 4 DALT	LANE 4 OOLT	LANE 4 SM	LANE 4 STH
LANE 5 BRR	LANE 5 RB	LANE 5 CGCC	LANE 5 CUMB
LANE 6 CGWS	LANE 6 RB	LANE 6 CGCC	LANE 6 CUMB
LANE 7 CGWS	LANE 7 RB	LANE 7 CGCC	LANE 7 DOGS
LANE 8 CGWS	LANE 8 RDG	LANE 8 FCLU	LANE 8 CAT

### 11 AND OLDER PRELIMINARIES SESSION

SESSION 1 1:45 AM - 12:05 PM	SESSION 2 12:05 - 12:25 PM	SESSION 3 12:25 - 12:45 PM	SESSION 4 12:45 - 1:05 PM
LANE 1 DALT	LANE 1 SM	LANE 1 FCLU	LANE 1 CAT
LANE 2 DALT	LANE 2 SM	LANE 2 FCLU	LANE 2 CAT
LANE 3 DALT	LANE 3 SM	LANE 3 CGCC	LANE 3 RB
LANE 4 DALT	LANE 4 SM	LANE 4 CGCC	LANE 4 RB
LANE 5 DALT	LANE 5 SM	LANE 5 RDG	LANE 5 DOGS
LANE 6 STH	LANE 6 OOLT	LANE 6 RDG	LANE 6 DOGS
LANE 7 STH	LANE 7 OOLT	LANE 7 CUMB	LANE 7 CGWS
LANE 8 STH	LANE 8 OOLT	LANE 8 BRR	LANE 8 CGWS

## SATURDAY, JULY 14TH WARM-UP SCHEDULE

### 10 AND UNDER PRELIMINARIES SESSION

SESSION 1 7:00 - 7:20 AM	SESSION 2 7:20 - 7:40 AM	SESSION 3 7:40 - 8:00 AM	SESSION 4 8:00 - 8:20 AM
LANE 1 DALT	LANE 1 SM	LANE 1 OOLT	LANE 1 STH
LANE 2 DALT	LANE 2 SM	LANE 2 OOLT	LANE 2 STH
LANE 3 DALT	LANE 3 SM	LANE 3 OOLT	LANE 3 STH
LANE 4 DALT	LANE 4 SM	LANE 4 OOLT	LANE 4 STH
LANE 5 RB	LANE 5 CUMB	LANE 5 FCLU	LANE 5 CGCC
LANE 6 RB	LANE 6 CUMB	LANE 6 DOGS	LANE 6 CGCC
LANE 7 RB	LANE 7 CGWS	LANE 7 DOGS	LANE 7 CGCC
LANE 8 RDG	LANE 8 CGWS	LANE 8 BRR	LANE 8 CAT

### 11 AND OLDER PRELIMINARIES SESSION

SESSION 1 1:45 AM - 12:05 PM	SESSION 2 12:05 - 12:25 PM	SESSION 3 12:25 - 12:45 PM	SESSION 4 12:45 - 1:05 PM
LANE 1 DALT	LANE 1 SM	LANE 1 STH	LANE 1 CAT
LANE 2 DALT	LANE 2 SM	LANE 2 STH	LANE 2 CAT
LANE 3 DALT	LANE 3 SM	LANE 3 STH	LANE 3 CAT
LANE 4 DALT	LANE 4 SM	LANE 4 OOLT	LANE 4 RB
LANE 5 FCLU	LANE 5 SM	LANE 5 OOLT	LANE 5 RB
LANE 6 FCLU	LANE 6 CGWS	LANE 6 OOLT	LANE 6 RB
LANE 7 RDG	LANE 7 CGWS	LANE 7 DOGS	LANE 7 CGCC
LANE 8 RDG	LANE 8 BRR	LANE 8 DOGS	LANE 8 CGCC