Test: GKAISA Starter Test - 07June2022

Question 1 of 42

For all backstroke starts, the swimmer must have:

○ **A)** One foot below the water surface
○ **B)** Both feet, including toes, below the water surface
○ **C)** Some part of both feet below the water surface
○ **D)** None of the above

Question 2 of 42

The GKAISA Technical rule that applies to question 1 is;

○ **A)** 901.1.1
○ **B)** 901.1.2
○ **C)** 901.1.3
○ **D)** 101.4.1

Question 3 of 42

The Starter shall have control of the swimmers upon the signal from the Referee and until a fair start has been achieved.

○ **A)** True
○ **B)** False

Question 4 of 42

The GKAISA Technical rule that applies to question 3 is;

○ **A)** 901.1.1
○ **B)** 901.1.2
○ **C)** 901.1.3

In the backstroke if a swimmer bends his/her toes over the lip of the gutter **after** a fair start, the Starter shall disqualify the swimmer?

A) True

B) False

The GKAISA Technical rule that applies to question 5 is;

A) 901.1.1

B) 101.4.1

C) 901.1.3

The Starter shall take a position within:

A) 20 feet of the starting end of the pool

B) Ten feet of the starting end of the pool.

C) Any place comfortable to the Starter

The GKAISA Technical rule that applies to questions 7 is:

A) 101.4.1

B) 901.1.1

C) 901.1.3

D) None of the above.

Upon the starter's command "Take Your Mark" in a forward start the swimmer must have:

A) At least one foot at the front of the block

B) At least one foot in the middle of the block

C) Both feet at the front of the block

The GKAISA Technical rule that applies to question 9 is:

A) 101.5.1

B) 901.1.3

C) 901.1.2

Swimmers starting in the water for a forward start must have both hands in contact with the end wall or starting platform prior to the start.

A) True

B) False

The GKAISA Technical rule that applies to questions 11 is:

A) 101.3.1

B) 901.1.3

C) 101.5.1

D) All of the above.

If a swimmer elects to swim backstroke in a freestyle event he/she shall:

○ **A)** Do a backstroke start in the water
○ **B)** Do a forward start
○ **C)** Either (a) or (b)

The GKAISA Technical rule that applies to question 13 is:

○ **A)** 101.4.1
○ **B)** 101.5.1
○ **C)** 101.4.2

When the starting signal is given and one or more swimmers have obtained an unfair advantage, all swimmers shall be recalled at once by a second signal.

○ **A)** True
○ **B)** False

The GKAISA Technical rule that applies to question 15 is;

○ **A)** 901.2.2
○ **B)** 901.2.5
○ **C)** 901.2.1
○ **D)** 901.2.4

If a swimmer does not respond promptly to the command "take your mark", the Starter shall:

A) Give the starting signal.

B) Wait until that swimmer assumes a start position.

C) Instruct the swimmers to "Stand Up".

The GKAISA Technical rule that applies to question 17 is;

A) 901.2.1

B) 901.1.3

C) 901.1.4

D) All of the above.

Before the starting signal is given, the Starter, with the concurrence of the Referee, may disqualify a swimmer who delays the start by entering the water or deliberately disobeys a command.

A) True

B) False

The GKAISA Technical rule that applies to question 19 is;

A) 901.2.1

B) 901.1.3

C) 901.3.1

D) 101.4.2

After the initial start of a race has been recalled, a swimmer who missed the first start may be allowed to swim in that race.

A) True

B) False

The GKAISA Technical rule that applies to question 21 is;

A) 901.1.3

B) 901.3.2

C) 901.2.1

D) None of the above.

A swimmer leaving their mark in response to the "Stand Up" command shall be disqualified.

A) True

B) False

The GKAISA Technical rule that applies to question 23 is;

A) 901.1.3

B) 901.3.2

C) 901.2.4

D) None of the above

A swimmer who was in an illegal starting position when the starting signal was given, and the race was allowed to proceed, should be disqualified by;

A) the Starter.

B) the Referee.

C) the Stroke and Turn Judge.

D) None of the above.

The GKAISA Technical rule that applies to question 25 is;

A) 901.1.5

B) 901.1.4

C) 901.1.3

D) both (b) and (c) above.

Enforcement of the correct starting position is the responsibility of;

A) the Starter.

B) the Referee.

C) the Lane Timer.

The GKAISA Technical rule that applies to question 27 is;

A) 901.2.3

B) 901.1.5

C) 901.1.3

D) Both (a) and (b) above.

In the backstroke start, the command "Place Your Feet" is part of the GKAISA Starting Script.

A) True

B) False

The GKAISA Technical rule that applies to question 29 is;

A) 101.4.1

B) 901.1.3

C) 902.2

D) 901.2.5

All swimmers leaving their mark before the starting signal is given must be charged with a 'False Start' under all circumstances.

A) True

B) False

The GKAISA Technical rule that applies to question 31 is;

A) 101.4.1

B) 901.2.1 & 901.2.2

C) 901.2.5

D) None of the above.

Both the Starter and Referee must agree that the swimmer left their mark before the starting signal was given for the swimmer to be disqualified.

A) True

B) False

The GKAISA Technical rule that applies to question 33 is;

A) 901.2.1

B) 901.2.3

C) 901.2.2

D) Both (a) and (c).

The Event Number and description are only announced for the first heat of an event, before asking the heat to "Step Up".

A) True

B) False

The GKAISA Technical rule that applies to question 35 is;

A) 901.1.3

B) 902.1

C) 902.2

D) both (b) and (c).

E) both (a) and (b).

What may swimmers do in response to a "Stand Up" command from the Starter?

A) May stand up.

B) May step off the Starting Block.

C) Either or both (a) and (b).

D) Only (a).

The GKAISA Technical rule that applies to question 37 is:

○ **A)** 901.1.3

○ **B)** 901.2.1

○ **C)** 901.1.4

When the Starter says "Stand Up" in a backstroke event and a swimmer swims away from the starting area, that swimmer shall be charged with a false start.

○ **A)** True

○ **B)** False

The GKAISA Technical rule that applies to questions 39 is;

○ **A)** 901.2.1

○ **B)** 901.2.4

○ **C)** 901.1.3

○ **D)** 901.3.1

For a backstroke start, the swimmer must have both hands placed on the gutter or starting grips prior to the start.

○ **A)** True

○ **B)** False

The GKAISA Technical rule that applies to question 41 is;

○ **A)** 901.2.3

○ **B)** 901.1

○ **C)** 101.4.2

○ **D)** 101.4.1