

 Team Vortex Pre-Summer Stroke Clinics
Elevate Your Swim Game This May!

Join the Team Vortex Coaches for intensive stroke clinics focused on refining technique, maximizing efficiency, and boosting your speed. Prepare effectively for the summer club season by mastering all four competitive strokes!

 Schedule & Stroke Focus

Week 1: Freestyle & Backstroke

Dates: May 5 & 7 (Mon/Wed)

Time: 6:00 PM - 7:00 PM

Week 2: Butterfly

Dates: May 12 & 14 (Mon/Wed)

Choose Your Time: 5:00 PM - 6:00 PM OR 6:00 PM - 7:00 PM (Select one time slot when registering)

Week 3: Breaststroke

Dates: May 19 & 21 (Mon/Wed)

Choose Your Time: 5:00 PM - 6:00 PM OR 6:00 PM - 7:00 PM (Select one time slot when registering)

 Location

Raintree Athletic Club

2555 S Shields St, Fort Collins, CO 80526

 Price

Single Clinic: \$30 (Covers both sessions for that stroke)

Full Package (All 3 Clinics): \$80

 How to Register

Go to www.teamvortex.org

Find and click "Register for Summer Stroke Clinics".

Space is limited! Register early.

Remember to select your specific time slot for Butterfly & Breaststroke.

 Questions?

Contact Coach Jackson: coachjackson@teamvortex.org