

AST @ IH - 6/25/2022
Results - AST @ IH 6.25.22

Event 1 Boys 18 & Under 200 Yard Medley Relay

League Rec: 1:38.71 ! 7/29/2017 **Theresa Banks Swim Club** **TB**
M Jackson, S Smith, S Barbour, K Young

McDonough: 1:38.71 # 7/29/2017 **Theresa Banks Swim Club** **TB_A**
M Jackson, S Smith, S Barbour, K Young

Team	Relay	Seed Time	Finals Time	Points
1 Indian Head Swim Team Torpedo	A	2:03.90	2:06.69	7
1) Gimmel, Lance 18	2) Isreal, Devontae 17	3) Isreal, Trevon 17	4) Brough, Nathaniel 17	
2 Accokeek Gators	A	NT	2:09.30	5
1) Spruill, William 17	2) Shotwell, Josef 15	3) Mercado, Lorenzo 17	4) Geist, Wolf 15	
3 Indian Head Swim Team Torpedo	B	NT	2:28.02	4
1) Brough, Kyle 14	2) Graves, Aaron 14	3) Reginald, Jacob 14	4) Graves, Aiden 14	
--- Accokeek Gators	C	NT	NS	
--- Accokeek Gators	B	NT	NS	

Event 2 Girls 18 & Under 200 Yard Medley Relay

League Rec: 1:52.90 ! 7/27/2019 **Hawthorne Country Club** **HCC**
A. Donnick, A. Tompkins, E. Dugan, N. Dugan

McDonough: 1:54.23 # 7/30/2016 **Theresa Banks Swim Club** **TB_A**
T Jackson, N Johnson, G Standfield, S Minor

Team	Relay	Seed Time	Finals Time	Points
1 Indian Head Swim Team Torpedo	A	2:21.36	2:17.75	7
1) Walter, Carolina 15	2) Vanasse, Abigail 17	3) Dugan, Esther 18	4) Alvey, Kaylee 17	
2 Accokeek Gators	A	NT	2:26.07	5
1) Brown, Aziza 17	2) Leblanc, Giselle 16	3) Gruwell, Ashley 13	4) Amelechkin, Kyla 17	
3 Indian Head Swim Team Torpedo	B	NT	2:59.58	4
1) Huynh, Kimberly 14	2) Garrity, Kelsey 15	3) Huynh, Helen 15	4) Treadway, Hope 16	
--- Accokeek Gators	C	NT	NS	
--- Accokeek Gators	B	NT	NS	

Event 3 Boys 10 & Under 25 Yard Butterfly

League Rec: 14.08 ! 1980 **Mark Henderson** **FW**

McDonough: 14.08 # 1980 **Mark Henderson** **FW**

Name	Age	Team	Seed Time	Finals Time	Points
1 Vincent, Gavin	10	Accokeek Gators	21.31	22.07	5
2 Musgrove, Caleb	10	Accokeek Gators	23.87	22.14	3
3 Treadway, Brant	9	Indian Head Swim Team Torpedos	30.63	29.69	2

Event 4 Girls 10 & Under 25 Yard Butterfly

League Rec: 13.88 ! 2012 **Gabrielle Standfield** **TB**

McDonough: 13.88 # 2012 **Gabrielle Standfield** **TB**

Name	Age	Team	Seed Time	Finals Time	Points
1 Loftus, Grace	9	Accokeek Gators	20.39	20.78	5
2 Bennett, Hope	10	Accokeek Gators	24.55	23.76	3
3 Shotwell, Virginia	7	Accokeek Gators	28.95	30.23	
--- Davenport, Sienna	10	Accokeek Gators	NT	DQ	
Arms underwater recovery					
--- Nguyen, Elizabeth	8	Indian Head Swim Team Torpedos	31.64	DQ	
Alternating Kick					
--- Vincent, Saoirse	6	Accokeek Gators	NT	DQ	
Alternating Kick					
--- Pope, Lucy	9	Accokeek Gators	28.97	NS	

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Event 5 Boys 11-12 50 Yard Butterfly

League Rec: 26.95 ! 7/30/2016 **Joseph Hayburn**
McDonough: 26.95 # 7/30/2016 **Joseph Hayburn**

WPT
WPT_A

Name	Age	Team	Seed Time	Finals Time	Points
1 Reginald, Lucas	11	Indian Head Swim Team Torpedos	41.27	39.50	5
2 Marlow, Ricky	12	Accokeek Gators	47.32	45.20	3
3 Garcia, Ben	11	Accokeek Gators	1:00.37	56.65	2

Event 6 Girls 11-12 50 Yard Butterfly

League Rec: 27.56 ! 7/29/2017 **Nisa Ellis**
McDonough: 27.56 # 7/29/2017 **Nisa Ellis**

KSC
KSC_A

Name	Age	Team	Seed Time	Finals Time	Points
1 Gross, Rachel	11	Indian Head Swim Team Torpedos	41.76	42.81	5
2 Abellera, Martina	11	Accokeek Gators	59.26	55.47	3

Event 7 Boys 13-14 50 Yard Butterfly

League Rec: 24.53 ! 7/2/2016 **Ryan Mathis**
McDonough: 24.53 # 7/2/2016 **Ryan Mathis**

KSC
KSC

Name	Age	Team	Seed Time	Finals Time	Points
1 Reginald, Jacob	14	Indian Head Swim Team Torpedos	35.23	35.69	5
2 Harris, Joshua	13	Accokeek Gators	NT	37.89	3
3 Garcia, Luke	14	Accokeek Gators	40.78	41.50	2
4 Arreaga, Alex	13	Accokeek Gators	45.45	41.89	

Event 8 Girls 13-14 50 Yard Butterfly

League Rec: 27.12 ! 2002 **Allison Stevens**
McDonough: 27.12 # 2002 **Allison Stevens**

WLS
WLS

Name	Age	Team	Seed Time	Finals Time	Points
1 Gruwell, Ashley	13	Accokeek Gators	37.96	38.01	5
2 Sylvain, Elizabeth	14	Indian Head Swim Team Torpedos	40.77	40.16	3
3 Ramakdawala, Zainab	13	Accokeek Gators	45.61	44.60	2

Event 9 Boys 15-18 50 Yard Butterfly

League Rec: 23.18 ! 6/24/2017 **Sterling Smith**
McDonough: 23.18 # 6/24/2017 **Sterling Smith**

TB
TB

Name	Age	Team	Seed Time	Finals Time	Points
1 Isreal, Trevon	17	Indian Head Swim Team Torpedos	29.48	29.35	5
2 Isreal, Devontae	17	Indian Head Swim Team Torpedos	29.30	29.62	3
3 Spruill, William	17	Accokeek Gators	31.42	31.03	2
4 Mercado, Lorenzo	17	Accokeek Gators	31.81	32.22	1
5 Geist, Wolf	15	Accokeek Gators	34.56	32.81	

Event 10 Girls 15-18 50 Yard Butterfly

League Rec: 26.10 ! 7/30/2016 **Annie Hayburn**
McDonough: 26.10 # 7/30/2016 **Annie Hayburn**

WPT
WPT_A

Name	Age	Team	Seed Time	Finals Time	Points
1 Dugan, Esther	18	Indian Head Swim Team Torpedos	NT	28.71	5
2 Wilson, Taylor	17	Indian Head Swim Team Torpedos	37.61	37.50	3
3 Huynh, Helen	15	Indian Head Swim Team Torpedos	43.10	38.67	
4 Leblanc, Giselle	16	Accokeek Gators	39.05	38.75	2
5 Drennen, Charlene	15	Accokeek Gators	39.49	40.50	1
6 Garcia, Esther	16	Accokeek Gators	45.14	41.53	
--- Amelechkin, Kyla	17	Accokeek Gators	34.74	DQ	
False start					

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(Event 10 Girls 15-18 50 Yard Butterfly)

Name	Age	Team	Seed Time	Finals Time	Points
--- Wilson, Felisha	16	Accokeek Gators	42.80	NS	
--- Civil, Maya	17	Accokeek Gators	45.24	NS	

Event 11 Boys 8 & Under 25 Yard Freestyle

League Rec: 14.16 ! 1979 Mickey Gray MSR
 McDonough: 14.16 # 1979 Mickey Gray MSR

Name	Age	Team	Seed Time	Finals Time	Points
1 Mullins, Lincon	7	Indian Head Swim Team Torpedos	23.32	21.22	5
2 Marlow, Liam	8	Accokeek Gators	25.85	22.75	3
3 Antonio, Ej	8	Accokeek Gators	27.89	25.50	2
4 Reynolds, Lucas	6	Indian Head Swim Team Torpedos	32.66	25.70	1
5 Loftus, Patrick	6	Accokeek Gators	30.79	27.03	
6 Musgrove, Ryder	7	Accokeek Gators	29.80	27.26	
7 Clinch, Michael	7	Indian Head Swim Team Torpedos	31.03	32.01	
8 Luke, Ethan	7	Indian Head Swim Team Torpedos	34.99	34.09	
9 Quirante, Eliakim Louis	8	Indian Head Swim Team Torpedos	42.96	35.20	
10 McKinnon, Kaiden	7	Indian Head Swim Team Torpedos	39.36	37.92	
11 Webb, Sebastian	4	Indian Head Swim Team Torpedos	NT	2:00.75	
--- Reese, Grayson	8	Accokeek Gators	24.10	NS	

Event 12 Girls 8 & Under 25 Yard Freestyle

League Rec: 14.09 ! 7/27/2019 Sydney Campbell RST
 McDonough: 14.60 # 1978 Danielle Mackey RMS

Name	Age	Team	Seed Time	Finals Time	Points
1 Shotwell, Elsalore	7	Accokeek Gators	20.06	20.37	5
2 Nguyen, Elizabeth	8	Indian Head Swim Team Torpedos	22.05	22.46	3
3 Shotwell, Virginia	7	Accokeek Gators	25.85	25.15	2
4 Arreaga, Bella	8	Accokeek Gators	27.44	25.21	
5 Lucas, Harper	8	Indian Head Swim Team Torpedos	25.39	26.24	1
6 Kerstner, Kristina	8	Indian Head Swim Team Torpedos	38.97	26.32	
7 Vincent, Saoirse	6	Accokeek Gators	20.51	31.82	
8 Dolinsky, Kate	8	Indian Head Swim Team Torpedos	35.42	32.14	
--- Madden, Sophia	8	Indian Head Swim Team Torpedos	NT	DQ	
False start					
--- Pope, Sophie	7	Accokeek Gators	34.70	NS	

Event 13 Boys 9-10 50 Yard Freestyle

League Rec: 27.82 ! 2005 Matthew Gibson TPDC
 McDonough: 27.82 # 2005 Matthew Gibson TPDC

Name	Age	Team	Seed Time	Finals Time	Points
1 Gatchell-Anno, Alexander	9	Indian Head Swim Team Torpedos	39.91	39.63	5
2 Vincent, Gavin	10	Accokeek Gators	40.96	40.79	3
3 Geist, Sequoia	10	Accokeek Gators	42.41	42.90	2
4 Musgrove, Caleb	10	Accokeek Gators	46.92	44.97	
5 Treadway, Brant	9	Indian Head Swim Team Torpedos	45.41	46.06	1
6 Quirante, Eliam Loannes	9	Indian Head Swim Team Torpedos	1:03.30	50.96	
7 Gheen, Josiah	10	Accokeek Gators	58.39	51.38	
8 Goodwin, Hayden	10	Indian Head Swim Team Torpedos	1:13.84	1:03.19	
9 Seger, Uriah	9	Indian Head Swim Team Torpedos	1:31.14	1:19.24	
10 Giles, Nate	9	Indian Head Swim Team Torpedos	1:38.93	1:19.47	
11 Thacker, Caleb	9	Accokeek Gators	1:33.81	1:32.81	

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Event 14 Girls 9-10 50 Yard Freestyle

League Rec: 28.18 ! **T. Long / T. Crudup** **SBP-1984/TB-1995**
McDonough: 28.18 # **T. Long / T. Crudup** **SBP-1984/TB-1995**

Name	Age	Team	Seed Time	Finals Time	Points
1 Loftus, Grace	9	Accokeek Gators	40.66	39.62	5
2 Clinch, Olivia	10	Indian Head Swim Team Torpedos	48.03	44.81	3
3 Bennett, Hope	10	Accokeek Gators	47.91	44.92	2
4 Luke, Lauren	10	Indian Head Swim Team Torpedos	54.56	48.89	1
5 Garcia, Betsy	9	Accokeek Gators	NT	54.38	
6 Kirkup, Elliot	9	Accokeek Gators	59.63	1:00.39	
7 Keeler, Charlotte	9	Indian Head Swim Team Torpedos	1:04.64	1:00.44	
8 Davenport, Sienna	10	Accokeek Gators	59.94	1:02.32	
9 Huynh, Anna	9	Indian Head Swim Team Torpedos	1:06.83	1:06.75	
10 Vincent, Sophie	10	Accokeek Gators	1:16.38	1:13.77	

Event 15 Boys 11-12 50 Yard Freestyle

League Rec: 24.44 ! 7/30/2016 **Joseph Hayburn** **WPT**
McDonough: 24.44 # 7/30/2016 **Joseph Hayburn** **WPT_A**

Name	Age	Team	Seed Time	Finals Time	Points
1 Shotwell, Johannes	12	Accokeek Gators	28.86	28.56	5
2 Arreaga, JC	12	Accokeek Gators	35.37	35.50	3
3 Walter, Jackson	12	Indian Head Swim Team Torpedos	46.09	36.69	2
4 Marlow, Ricky	12	Accokeek Gators	38.80	36.82	
5 Garcia, Ben	11	Accokeek Gators	43.99	39.28	
6 Matteson, Jaxon	11	Indian Head Swim Team Torpedos	43.47	40.16	1
7 Landowne, Nicholas	11	Accokeek Gators	41.39	40.87	
8 Manely, Xavier	12	Accokeek Gators	48.55	42.34	
9 Flade, Eli	12	Indian Head Swim Team Torpedos	53.49	54.21	
--- Meehan, Andriks	12	Accokeek Gators	NT	NS	

Event 16 Girls 11-12 50 Yard Freestyle

League Rec: 25.43 ! 7/29/2017 **Rayven Custis** **TB**
McDonough: 25.43 # 7/29/2017 **Rayven Custis** **TB_A**

Name	Age	Team	Seed Time	Finals Time	Points
1 Navies, Selah	12	Indian Head Swim Team Torpedos	37.32	38.87	5
2 Musgrove, Mischa	12	Accokeek Gators	44.29	42.20	3
3 Abellera, Martina	11	Accokeek Gators	43.10	48.46	2
4 Madden, Alayna	11	Indian Head Swim Team Torpedos	NT	49.21	1
5 Thacker, Elin	11	Accokeek Gators	1:08.25	1:02.88	

Event 17 Boys 13-14 50 Yard Freestyle

League Rec: 23.22 ! 7/29/2017 **Joseph Hayburn** **WPT**
McDonough: 23.22 # 7/29/2017 **Joseph Hayburn** **WPT_A**

Name	Age	Team	Seed Time	Finals Time	Points
1 Brough, Kyle	14	Indian Head Swim Team Torpedos	28.60	27.92	5
2 Garcia, Luke	14	Accokeek Gators	29.98	28.21	3
3 Nguyen, Alex	13	Indian Head Swim Team Torpedos	30.95	30.12	2
4 Harris, Joshua	13	Accokeek Gators	32.30	30.93	1
5 Reginald, Jacob	14	Indian Head Swim Team Torpedos	31.04	31.08	
6 Graves, Aaron	14	Indian Head Swim Team Torpedos	33.70	33.09	
7 Graves, Aiden	14	Indian Head Swim Team Torpedos	37.59	35.23	
8 Reynolds, Jackson	13	Indian Head Swim Team Torpedos	39.24	36.94	
9 Bennett, Jude	13	Accokeek Gators	37.98	37.21	
10 Madden, Ayden	13	Indian Head Swim Team Torpedos	NT	38.06	

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(Event 17 Boys 13-14 50 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time	Points
11 Brown, Juan	13	Indian Head Swim Team Torpedos	44.76	45.83	
12 Wilson III, Robert	13	Indian Head Swim Team Torpedos	48.40	47.28	
13 Vincent, Josh	13	Accokeek Gators	51.12	49.33	
14 Keeler, Hunter	14	Indian Head Swim Team Torpedos	1:01.66	54.87	
--- Madden, Caleb	14	Indian Head Swim Team Torpedos	NT	NS	
--- Amelechkin, Aydan	13	Accokeek Gators	NT	NS	

Event 18 Girls 13-14 50 Yard Freestyle

League Rec: 24.53 ! 7/30/2016 Keyla Brown AR
 McDonough: 24.53 # 7/30/2016 Keyla Brown AR_A

Name	Age	Team	Seed Time	Finals Time	Points
1 Gruwell, Ashley	13	Accokeek Gators	30.43	31.31	5
2 Isreal, Zaria	13	Indian Head Swim Team Torpedos	34.68	33.75	3
3 Oakes, Shealyn	15	Accokeek Gators	33.84	34.38	2
4 Martinez, Pri	14	Indian Head Swim Team Torpedos	36.12	36.16	1
5 Landowne, Anna	13	Accokeek Gators	35.60	36.27	
6 Huynh, Kimberly	14	Indian Head Swim Team Torpedos	37.04	36.38	
7 Kirkup, Crisson	13	Accokeek Gators	36.54	37.51	
8 Manley, Erykah	14	Accokeek Gators	42.68	41.44	
9 Isaac, Saidah	13	Indian Head Swim Team Torpedos	NT	49.02	
--- Walker, Laila	14	Indian Head Swim Team Torpedos	1:01.54	NS	

Event 19 Boys 15-18 100 Yard Freestyle

League Rec: 47.38 ! 1988 Mark Henderson FW
 McDonough: 47.38 # 1988 Mark Henderson FW

Name	Age	Team	Seed Time	Finals Time	Points
1 Brough, Nathaniel	17	Indian Head Swim Team Torpedos	56.08	55.55	5
2 Shotwell, Josef	15	Accokeek Gators	1:00.90	59.03	3
3 Isreal, Devontae	17	Indian Head Swim Team Torpedos	NT	1:01.22	2
4 Isreal, Trevon	17	Indian Head Swim Team Torpedos	59.82	1:02.33	
5 Geist, Wolf	15	Accokeek Gators	1:09.14	1:03.55	1
6 Spruill, William	17	Accokeek Gators	1:08.58	1:05.53	
7 Mercado, Lorenzo	17	Accokeek Gators	1:07.09	1:08.28	
8 Gilson, Jacob	16	Accokeek Gators	1:05.79	1:10.40	
9 Gimmel, Lance	18	Indian Head Swim Team Torpedos	NT	1:11.13	
10 Abellera, Paco	15	Accokeek Gators	1:17.53	1:19.67	
11 Martinez, Tobi	15	Indian Head Swim Team Torpedos	1:15.19	1:19.70	

Event 20 Girls 15-18 100 Yard Freestyle

League Rec: 53.11 ! 7/27/2019 Jasmine Berry TP
 McDonough: 53.45 # 7/29/2017 Sydney Mathis KSC_A

Name	Age	Team	Seed Time	Finals Time	Points
1 Dugan, Esther	18	Indian Head Swim Team Torpedos	NT	56.43	5
2 Amelechkin, Kyla	17	Accokeek Gators	1:07.41	1:06.53	3
3 Vanasse, Abigail	17	Indian Head Swim Team Torpedos	NT	1:07.22	2
4 Garrity, Kelsey	15	Indian Head Swim Team Torpedos	1:09.70	1:09.18	
5 Brown, Aziza	17	Accokeek Gators	1:15.53	1:10.72	1
6 Wilson, Taylor	17	Indian Head Swim Team Torpedos	1:16.65	1:12.94	
7 Walter, Carolina	15	Indian Head Swim Team Torpedos	1:13.47	1:13.33	
8 Alvey, Kaylee	17	Indian Head Swim Team Torpedos	NT	1:13.94	
9 Huynh, Helen	15	Indian Head Swim Team Torpedos	1:21.93	1:15.96	
10 Leblanc, Farah	16	Accokeek Gators	1:24.88	1:21.32	

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(Event 20 Girls 15-18 100 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time	Points
11 Rios, Stephanie	15	Accokeek Gators	2:02.89	1:47.39	
12 Rios, Allison	15	Accokeek Gators	1:56.59	1:49.15	
13 Treadway, Hope	16	Indian Head Swim Team Torpedos	1:51.57	1:52.32	
14 Treadway, Trinity	17	Indian Head Swim Team Torpedos	NT	1:58.14	
--- Wilson, Felisha	16	Accokeek Gators	1:18.16	NS	
--- Gruwell, Haley	16	Accokeek Gators	1:19.50	NS	
--- Miller, Jessica	18	Indian Head Swim Team Torpedos	NT	NS	

Event 21 Boys 8 & Under 25 Yard Breaststroke

League Rec: 18.45 ! 1992 Steve Davis OH
McDonough: 18.45 # 1992 Steve Davis OH

Name	Age	Team	Seed Time	Finals Time	Points
1 Mullins, Lincon	7	Indian Head Swim Team Torpedos	NT	34.43	5
2 Musgrove, Ryder	7	Accokeek Gators	39.22	35.03	3
--- Marlow, Liam	8	Accokeek Gators	41.84	DQ	
One hand touch					
--- Antonio, Ej	8	Accokeek Gators	NT	DQ	
Butterfly kick					
--- Loftus, Patrick	6	Accokeek Gators	NT	DQ	
Arms past hipline					

Event 22 Girls 8 & Under 25 Yard Breaststroke

League Rec: 18.18 ! 7/27/2019 Sydney Campbell RST
McDonough: 19.30 # 1976 Rhian Medlin GA

Name	Age	Team	Seed Time	Finals Time	Points
1 Shotwell, Elsalore	7	Accokeek Gators	26.63	27.96	5
2 Nguyen, Elizabeth	8	Indian Head Swim Team Torpedos	29.44	30.00	3
3 Shotwell, Virginia	7	Accokeek Gators	32.92	30.92	2
4 Lucas, Harper	8	Indian Head Swim Team Torpedos	34.95	33.39	1
--- Arreaga, Bella	8	Accokeek Gators	39.73	DQ	
One hand touch					
--- Pope, Sophie	7	Accokeek Gators	36.38	NS	

Event 23 Boys 9-10 25 Yard Breaststroke

League Rec: 16.83 ! 2010 Michael Kelley MVP
McDonough: 16.83 # 2010 Michael Kelley MVP

Name	Age	Team	Seed Time	Finals Time	Points
1 Vincent, Gavin	10	Accokeek Gators	24.52	22.81	5
2 Geist, Sequoia	10	Accokeek Gators	25.53	24.28	3
3 Gatchell-Anno, Alexander	9	Indian Head Swim Team Torpedos	28.28	25.57	2
4 Gheen, Josiah	10	Accokeek Gators	NT	29.01	
5 Treadway, Brant	9	Indian Head Swim Team Torpedos	29.34	29.82	1
--- Schofield, Ryan	9	Indian Head Swim Team Torpedos	42.25	NS	

Event 24 Girls 9-10 25 Yard Breaststroke

League Rec: 16.52 ! 1978 Joanne Duymovic BCC
McDonough: 16.52 # 1976 Joanne Duymovic BCC

Name	Age	Team	Seed Time	Finals Time	Points
1 Keeler, Charlotte	9	Indian Head Swim Team Torpedos	32.84	26.90	5
2 Clinch, Olivia	10	Indian Head Swim Team Torpedos	NT	32.01	3
--- Vincent, Sophie	10	Accokeek Gators	43.67	DQ	
Scissors kick					

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(Event 24 Girls 9-10 25 Yard Breaststroke)

Name	Age	Team	Seed Time	Finals Time	Points
--- Kirkup, Elliot Arms past hipline	9	Accokeek Gators	33.68	DQ	
--- Garcia, Betsy Arms past hipline	9	Accokeek Gators	NT	DQ	
--- Huynh, Anna Two strokes under water	9	Indian Head Swim Team Torpedos	NT	DQ	
--- Pope, Lucy	9	Accokeek Gators	27.03	NS	

Event 25 Boys 11-12 50 Yard Breaststroke

League Rec: 31.60 ! 1974 Steve Giovinazzo TH
McDonough: 31.60 # 1974 Steve Giovinazzo TH

Name	Age	Team	Seed Time	Finals Time	Points
1 Shotwell, Johannes	12	Accokeek Gators	39.25	38.52	5
2 Reginald, Lucas	11	Indian Head Swim Team Torpedos	50.73	47.03	3
3 Arreaga, JC	12	Accokeek Gators	47.94	47.52	2
4 Matteson, Jaxon	11	Indian Head Swim Team Torpedos	56.50	49.97	1
5 Landowne, Nicholas	11	Accokeek Gators	1:02.64	55.44	
--- Walter, Jackson Non-simultaneous touch	12	Indian Head Swim Team Torpedos	54.23	DQ	
--- Meehan, Andriks	12	Accokeek Gators	NT	NS	

Event 26 Girls 11-12 50 Yard Breaststroke

League Rec: 33.13 ! 2009 Bridie Burke MVP
McDonough: 33.13 # 2009 Bridie Burke MVP

Name	Age	Team	Seed Time	Finals Time	Points
1 Gross, Rachel	11	Indian Head Swim Team Torpedos	56.29	51.97	5
2 Bennett, Gambrell	11	Accokeek Gators	53.88	53.44	3
3 Abellera, Martina	11	Accokeek Gators	1:13.17	1:01.01	2
4 Musgrove, Mischa	12	Accokeek Gators	NT	1:01.77	
5 Thacker, Elin	11	Accokeek Gators	NT	1:35.68	

Event 27 Boys 13-14 50 Yard Breaststroke

League Rec: 28.88 ! 7/27/2019 Michael Venit WA
McDonough: 29.01 # 7/30/2016 Ryan Mathis KSC_A

Name	Age	Team	Seed Time	Finals Time	Points
1 Nguyen, Alex	13	Indian Head Swim Team Torpedos	40.28	38.31	5
2 Arreaga, Alex	13	Accokeek Gators	44.08	41.50	3
3 Graves, Aaron	14	Indian Head Swim Team Torpedos	43.18	41.76	2
4 Vincent, Josh	13	Accokeek Gators	50.59	50.03	1
5 Bennett, Jude	13	Accokeek Gators	55.71	53.03	

Event 28 Girls 13-14 50 Yard Breaststroke

League Rec: 31.71 ! 7/29/2017 Jasmine Barry TP
McDonough: 31.71 # 7/29/2017 Jasmine Barry TP_A

Name	Age	Team	Seed Time	Finals Time	Points
1 Gruwell, Ashley	13	Accokeek Gators	42.07	42.15	5
2 Sylvain, Elizabeth	14	Indian Head Swim Team Torpedos	48.76	46.87	3
3 Landowne, Anna	13	Accokeek Gators	52.93	46.96	2
4 Isreal, Zaria	13	Indian Head Swim Team Torpedos	49.55	47.26	1
5 Ramakdawala, Zainab	13	Accokeek Gators	49.63	47.72	
6 Manley, Erykah	14	Accokeek Gators	NT	51.25	
7 Martinez, Pri	14	Indian Head Swim Team Torpedos	NT	54.63	
8 Kirkup, Crisson	13	Accokeek Gators	55.50	55.00	

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Event 29 Boys 15-18 50 Yard Breaststroke

League Rec: 26.08 ! 7/29/2017 Sterling Smith TB
McDonough: 26.08 # 7/29/2017 Sterling Smith TB_A

Name	Age	Team	Seed Time	Finals Time	Points
1 Shotwell, Josef	15	Accokeek Gators	33.02	32.03	5
2 Isreal, Trevon	17	Indian Head Swim Team Torpedos	41.80	38.91	3
3 Abellera, Paco	15	Accokeek Gators	45.72	43.01	2
4 Martinez, Tobi	15	Indian Head Swim Team Torpedos	NT	53.23	1
--- Micknick, Mikey	17	Accokeek Gators	34.04	NS	

Event 30 Girls 15-18 50 Yard Breaststroke

League Rec: 29.89 ! 7/27/2019 Jasmine Berry TP
McDonough: 31.03 # 7/29/2017 Shelby Ball TP_A

Name	Age	Team	Seed Time	Finals Time	Points
1 Vanasse, Abigail	17	Indian Head Swim Team Torpedos	43.15	40.41	5
2 Leblanc, Giselle	16	Accokeek Gators	42.64	40.72	3
3 Alvey, Kaylee	17	Indian Head Swim Team Torpedos	44.17	43.03	2
4 Vincent, Scarlett	16	Accokeek Gators	45.21	43.38	1
5 Garrity, Kelsey	15	Indian Head Swim Team Torpedos	NT	43.62	
6 Drennen, Charlene	15	Accokeek Gators	46.34	44.58	
--- Rios, Allison	15	Accokeek Gators	NT	DQ	
One hand touch					
--- Civil, Maya	17	Accokeek Gators	46.19	NS	
--- Dugan, Naomi	16	Indian Head Swim Team Torpedos	35.60	NS	
--- Gruwell, Haley	16	Accokeek Gators	NT	NS	

Event 31 Boys 9-10 25 Yard Backstroke

League Rec: 14.90 ! 1978 Abe Reybold MC
McDonough: 14.90 # 1978 Abe Reybold MC

Name	Age	Team	Seed Time	Finals Time	Points
1 Gatchell-Anno, Alexander	9	Indian Head Swim Team Torpedos	23.20	22.50	5
2 Musgrove, Caleb	10	Accokeek Gators	27.70	24.87	3
3 Quirante, Eliam Loannes	9	Indian Head Swim Team Torpedos	26.60	25.81	2
4 Geist, Sequoia	10	Accokeek Gators	25.07	25.84	1
5 Gheen, Josiah	10	Accokeek Gators	26.02	27.15	
6 Goodwin, Hayden	10	Indian Head Swim Team Torpedos	36.17	33.24	
7 Giles, Nate	9	Indian Head Swim Team Torpedos	52.64	36.94	
8 Seger, Uriah	9	Indian Head Swim Team Torpedos	46.23	41.34	
9 Thacker, Caleb	9	Accokeek Gators	1:04.69	1:24.00	
--- Schofield, Ryan	9	Indian Head Swim Team Torpedos	36.62	NS	

Event 32 Girls 9-10 25 Yard Backstroke

League Rec: 14.88 ! 2010 Sydney Mathis KSC
McDonough: 14.88 # 2010 Sydney Mathis KSC

Name	Age	Team	Seed Time	Finals Time	Points
1 Loftus, Grace	9	Accokeek Gators	20.50	21.29	5
2 Bennett, Hope	10	Accokeek Gators	27.28	23.39	3
3 Clinch, Olivia	10	Indian Head Swim Team Torpedos	25.81	27.00	2
4 Garcia, Betsy	9	Accokeek Gators	29.31	30.72	
5 Keeler, Charlotte	9	Indian Head Swim Team Torpedos	31.77	31.78	1
6 Huynh, Anna	9	Indian Head Swim Team Torpedos	35.81	37.50	
7 Davenport, Sienna	10	Accokeek Gators	34.43	40.62	
8 Luke, Lauren	10	Indian Head Swim Team Torpedos	48.62	43.03	
9 Vincent, Sophie	10	Accokeek Gators	48.84	44.56	

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(Event 32 Girls 9-10 25 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time	Points
--- Pope, Lucy	9	Accokeek Gators	24.77	NS	

Event 33 Boys 11-12 50 Yard Backstroke

League Rec: 27.18 ! 7/16/2016 **Joseph Hayburn** **WPT**
McDonough: 27.18 # 7/16/2016 **Joseph Hayburn** **WPT**

Name	Age	Team	Seed Time	Finals Time	Points
1 Shotwell, Johannes	12	Accokeek Gators	39.36	38.03	5
2 Marlow, Ricky	12	Accokeek Gators	NT	46.43	3
3 Arreaga, JC	12	Accokeek Gators	48.00	47.56	
4 Walter, Jackson	12	Indian Head Swim Team Torpedos	48.42	48.59	2
5 Flade, Eli	12	Indian Head Swim Team Torpedos	1:17.22	1:06.94	1
--- Matteson, Jaxon	11	Indian Head Swim Team Torpedos	50.23	DQ	
Shoulders past vertical toward breast					
--- Meehan, Andriks	12	Accokeek Gators	NT	NS	

Event 34 Girls 11-12 50 Yard Backstroke

League Rec: 29.50 ! 2006 **Amina Wilson** **TPDC**
McDonough: 29.50 # 2006 **Amina Wilson** **TPDC**

Name	Age	Team	Seed Time	Finals Time	Points
1 Navies, Selah	12	Indian Head Swim Team Torpedos	50.31	47.15	5
2 Musgrove, Mischa	12	Accokeek Gators	51.71	48.59	3
3 Bennett, Gambrell	11	Accokeek Gators	56.10	49.46	2
4 Madden, Alayna	11	Indian Head Swim Team Torpedos	NT	1:10.55	1
5 Thacker, Elin	11	Accokeek Gators	1:29.67	1:30.26	

Event 35 Boys 13-14 50 Yard Backstroke

League Rec: 26.21 ! 7/9/2016 **Ryan Mathis** **KSC**
McDonough: 26.21 # 7/9/2016 **Ryan Mathis** **KSC**

Name	Age	Team	Seed Time	Finals Time	Points
1 Brough, Kyle	14	Indian Head Swim Team Torpedos	37.15	34.18	5
2 Bennett, Jude	13	Accokeek Gators	45.86	43.15	3
3 Graves, Aaron	14	Indian Head Swim Team Torpedos	46.59	46.90	2
4 Madden, Ayden	13	Indian Head Swim Team Torpedos	NT	53.43	
5 Brown, Juan	13	Indian Head Swim Team Torpedos	55.19	54.28	
6 Graves, Aiden	14	Indian Head Swim Team Torpedos	50.38	54.38	
7 Reynolds, Jackson	13	Indian Head Swim Team Torpedos	57.37	56.02	
8 Keeler, Hunter	14	Indian Head Swim Team Torpedos	1:25.64	1:00.91	
9 Wilson III, Robert	13	Indian Head Swim Team Torpedos	1:04.61	1:01.75	
10 Vincent, Josh	13	Accokeek Gators	1:07.27	1:03.25	1
--- Madden, Caleb	14	Indian Head Swim Team Torpedos	NT	NS	
--- Amelechkin, Aydan	13	Accokeek Gators	NT	NS	

Event 36 Girls 13-14 50 Yard Backstroke

League Rec: 27.99 ! 2011 **Bridie Burke** **MVP**
McDonough: 27.99 # 2011 **Bridie Burke** **MVP**

Name	Age	Team	Seed Time	Finals Time	Points
1 Oakes, Shealyn	15	Accokeek Gators	40.44	40.51	5
2 Landowne, Anna	13	Accokeek Gators	43.43	45.94	3
3 Martinez, Pri	14	Indian Head Swim Team Torpedos	NT	47.35	2
4 Kirkup, Crisson	13	Accokeek Gators	53.13	52.43	
5 Manley, Erykah	14	Accokeek Gators	58.30	52.46	
6 Isaac, Saidah	13	Indian Head Swim Team Torpedos	NT	1:19.56	1

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(Event 36 Girls 13-14 50 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time	Points
--- Huynh, Kimberly Delay initiating turn	14	Indian Head Swim Team Torpedos	49.27	DQ	
--- Walker, Laila	14	Indian Head Swim Team Torpedos	1:10.41	NS	

Event 37 Boys 15-18 50 Yard Backstroke

League Rec: 23.78 ! 7/27/2019 **Joseph Hayburn** **WPT**
McDonough: 24.58 # 7/29/2017 **Ryan Mathis** **KSC_A**

Name	Age	Team	Seed Time	Finals Time	Points
1 Gimmel, Lance	18	Indian Head Swim Team Torpedos	NT	35.25	5
2 Spruill, William	17	Accokeek Gators	37.39	35.70	3
3 Gilson, Jacob	16	Accokeek Gators	40.46	40.32	2
4 Martinez, Tobi	15	Indian Head Swim Team Torpedos	49.91	47.53	1

Event 38 Girls 15-18 50 Yard Backstroke

League Rec: 27.70 ! 2010 **Amina Wilson** **TP**
McDonough: 27.70 # 2010 **Amina Wilson** **TP**

Name	Age	Team	Seed Time	Finals Time	Points
1 Brown, Aziza	17	Accokeek Gators	37.17	36.84	5
2 Walter, Carolina	15	Indian Head Swim Team Torpedos	39.16	37.21	3
3 Garcia, Esther	16	Accokeek Gators	38.03	40.56	2
4 Wilson, Taylor	17	Indian Head Swim Team Torpedos	47.07	42.25	1
5 Leblanc, Farah	16	Accokeek Gators	48.90	50.26	
6 Treadway, Hope	16	Indian Head Swim Team Torpedos	59.21	59.02	
7 Rios, Stephanie	15	Accokeek Gators	1:06.11	1:04.00	
--- Rios, Allison Shoulders past vertical toward breast	15	Accokeek Gators	NT	DQ	
--- Miller, Jessica	18	Indian Head Swim Team Torpedos	NT	NS	
--- Martin, Rayna	16	Accokeek Gators	NT	NS	

Event 39 Boys 8 & Under 25 Yard Backstroke

League Rec: 16.58 ! 2010 **Anthony Nguyen** **WOW**
McDonough: 16.58 # 2010 **Anthony Nguyen** **WOW**

Name	Age	Team	Seed Time	Finals Time	Points
1 Mullins, Lincon	7	Indian Head Swim Team Torpedos	28.27	24.43	5
2 Marlow, Liam	8	Accokeek Gators	25.40	26.28	3
3 Loftus, Patrick	6	Accokeek Gators	53.81	32.37	2
4 Antonio, Ej	8	Accokeek Gators	34.83	34.37	
5 Reynolds, Lucas	6	Indian Head Swim Team Torpedos	45.41	36.87	1
6 McKinnon, Kaiden	7	Indian Head Swim Team Torpedos	58.97	37.38	
7 Musgrove, Ryder	7	Accokeek Gators	37.28	37.62	
8 Quirante, Eliakim Louis	8	Indian Head Swim Team Torpedos	52.25	47.63	
9 Clinch, Michael	7	Indian Head Swim Team Torpedos	1:01.78	51.54	
10 Luke, Ethan	7	Indian Head Swim Team Torpedos	NT	54.13	
--- Webb, Sebastian Shoulders past vertical toward breast	4	Indian Head Swim Team Torpedos	NT	DQ	
--- Reese, Grayson	8	Accokeek Gators	NT	NS	

Event 40 Girls 8 & Under 25 Yard Backstroke

League Rec: 17.30 ! 1976 **Rhian Medlin** **GA**
McDonough: 17.30 # 1976 **Rhian Medlin** **GA**

Name	Age	Team	Seed Time	Finals Time	Points
1 Shotwell, Elsalore	7	Accokeek Gators	26.21	27.54	5
2 Kerstner, Kristina	8	Indian Head Swim Team Torpedos	37.11	30.00	3

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(Event 40 Girls 8 & Under 25 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time	Points
3 Dolinsky, Kate	8	Indian Head Swim Team Torpedos	33.75	35.00	2
4 Lucas, Harper	8	Indian Head Swim Team Torpedos	36.96	35.03	
5 Arreaga, Bella	8	Accokeek Gators	36.40	36.43	1
6 Madden, Sophia	8	Indian Head Swim Team Torpedos	NT	1:01.63	
--- Pope, Sophie	7	Accokeek Gators	NT	NS	

Event 41 Boys 12 & Under 100 Yard IM

League Rec: 1:03.00 ! 1974 **Raymond Brown** **SSY**
McDonough: 1:03.00 # 1974 **Raymond Brown** **SSY**

Name	Age	Team	Seed Time	Finals Time	Points
1 Reginald, Lucas	11	Indian Head Swim Team Torpedos	1:33.76	1:33.84	5
2 Garcia, Ben	11	Accokeek Gators	1:50.05	1:46.25	3
3 Landowne, Nicholas	11	Accokeek Gators	1:53.52	1:51.85	2

Event 42 Girls 12 & Under 100 Yard IM

League Rec: 1:04.13 ! 2009 **Bridie Burke** **MVP**
McDonough: 1:04.13 # 2009 **Bridie Burke** **MVP**

Name	Age	Team	Seed Time	Finals Time	Points
1 Gross, Rachel	11	Indian Head Swim Team Torpedos	1:36.88	1:36.34	5
2 Bennett, Gambrell	11	Accokeek Gators	1:56.45	1:46.06	3

Event 43 Boys 13-14 100 Yard IM

League Rec: 57.87 ! 1995 **Delonte Stephens** **TPDC**
McDonough: 57.87 # 1995 **Delonte Stephens** **TPDC**

Name	Age	Team	Seed Time	Finals Time	Points
1 Garcia, Luke	14	Accokeek Gators	1:28.85	1:21.15	5
2 Reginald, Jacob	14	Indian Head Swim Team Torpedos	NT	1:22.81	3
3 Harris, Joshua	13	Accokeek Gators	1:28.75	1:26.08	2
4 Nguyen, Alex	13	Indian Head Swim Team Torpedos	1:24.49	1:26.94	1
5 Arreaga, Alex	13	Accokeek Gators	1:37.58	1:38.03	

Event 44 Girls 13-14 100 Yard IM

League Rec: 59.87 ! 2011 **Bridie Burke** **MVP**
McDonough: 59.87 # 2011 **Bridie Burke** **MVP**

Name	Age	Team	Seed Time	Finals Time	Points
1 Sylvain, Elizabeth	14	Indian Head Swim Team Torpedos	NT	1:29.78	5
2 Oakes, Shealyn	15	Accokeek Gators	1:32.49	1:31.95	3
3 Ramakdawala, Zainab	13	Accokeek Gators	1:44.50	1:32.90	2
4 Isreal, Zaria	13	Indian Head Swim Team Torpedos	1:42.68	1:42.06	1

Event 45 Boys 15-18 100 Yard IM

League Rec: 53.46 ! 6/24/2017 **Sterling Smith** **TB**
McDonough: 53.46 # 6/24/2017 **Sterling Smith** **TB**

Name	Age	Team	Seed Time	Finals Time	Points
1 Brough, Nathaniel	17	Indian Head Swim Team Torpedos	1:03.87	1:05.25	5
2 Isreal, Devontae	17	Indian Head Swim Team Torpedos	NT	1:11.34	3
3 Geist, Wolf	15	Accokeek Gators	1:18.10	1:17.66	2
4 Gilson, Jacob	16	Accokeek Gators	NT	1:29.82	1
--- Abellera, Paco	15	Accokeek Gators	1:31.10	DQ	
Out of sequence - IM					
--- Micknick, Mikey	17	Accokeek Gators	1:12.98	NS	

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Event 46 Girls 15-18 100 Yard IM

League Rec: 59.77 ! 7/27/2019 **Jasmine Berry** **TP**
McDonough: 1:01.18 # 2006 **Allie Stevens** **WLS**

Name	Age	Team	Seed Time	Finals Time	Points
1 Vanasse, Abigail	17	Indian Head Swim Team Torpedos	NT	1:17.07	5
2 Garrity, Kelsey	15	Indian Head Swim Team Torpedos	1:21.76	1:19.50	3
3 Vincent, Scarlett	16	Accokeek Gators	1:30.09	1:27.22	2
4 Leblanc, Giselle	16	Accokeek Gators	1:28.03	1:28.37	1
5 Drennen, Charlene	15	Accokeek Gators	1:33.00	1:29.12	
6 Huynh, Helen	15	Indian Head Swim Team Torpedos	NT	1:30.10	
--- Wilson, Felisha	16	Accokeek Gators	1:38.87	NS	
--- Gruwell, Haley	16	Accokeek Gators	NT	NS	
--- Civil, Maya	17	Accokeek Gators	1:33.72	NS	

Event 47 Mixed 8 & Under 100 Yard Freestyle Relay

League Rec: 1:05.17 ! 1982 **Strathmore Bel Pre** **SBP**
McDonough: 1:05.17 # 1982 **R Kominski, T Long, I Solomon, R Kominski**
Strathmore Bel Pre

Team	Relay	Seed Time	Finals Time	Points
1 Accokeek Gators	A	NT	1:43.64	7
1) Antonio, Ej M8	2) Shotwell, Virginia W7	3) Shotwell, Elsalore W7	4) Musgrove, Ryder M7	
2 Indian Head Swim Team Torpedo	A	2:05.33	1:46.19	5
1) Nguyen, Elizabeth W8	2) Reynolds, Lucas M6	3) Lucas, Harper W8	4) Mullins, Lincon M7	
3 Indian Head Swim Team Torpedo	B	NT	2:24.72	4
1) Clinch, Michael M7	2) Dolinsky, Kate W8	3) McKinnon, Kaiden M7	4) Kerstner, Kristina W8	
--- Accokeek Gators	B	NT	NS	
--- Accokeek Gators	C	NT	NS	

Event 48 Boys 9-18 200 Yard Freestyle Relay

League Rec: 1:40.93 ! 2010 **Takoma Park DC** **TP**
McDonough: 1:40.93 # 2010 **J Bendana, A Todd, J Miller, J Tomlin**
Takoma Park DC

Team	Relay	Seed Time	Finals Time	Points
1 Accokeek Gators	A	NT	2:05.72	7
1) Vincent, Gavin 10	2) Shotwell, Johannes 12	3) Garcia, Luke 14	4) Shotwell, Josef 15	
2 Indian Head Swim Team Torpedo	A	2:15.69	2:10.03	5
1) Gatchell-Anno, Alexander 9	2) Reginald, Lucas 11	3) Brough, Kyle 14	4) Brough, Nathaniel 17	
3 Indian Head Swim Team Torpedo	B	NT	2:32.46	4
1) Treadway, Brant 9	2) Matteson, Jaxon 11	3) Nguyen, Alex 13	4) Martinez, Tobi 15	
4 Accokeek Gators	B	NT	2:38.63	3
1) Gheen, Josiah 10	2) Arreaga, JC 12	3) Arreaga, Alex 13	4) Mercado, Lorenzo 17	
--- Accokeek Gators	C	NT	NS	

Event 49 Girls 9-18 200 Yard Freestyle Relay

League Rec: 1:46.47 ! 7/29/2017 **Kingfish Swim Club,PMSL** **KSC**
McDonough: 1:46.47 # 7/29/2017 **E Alston, N Ellis, J Eborn, S Mathis**
Kingfish Swim Club,PMSL **KSC_A**
E Alston, N Ellis, J Eborn, S Mathis

Team	Relay	Seed Time	Finals Time	Points
1 Indian Head Swim Team Torpedo	A	2:33.68	2:23.87	7
1) Clinch, Olivia 10	2) Navies, Selah 12	3) Isreal, Zaria 13	4) Dugan, Esther 18	
2 Accokeek Gators	A	NT	2:31.50	5
1) Loftus, Grace 9	2) Abellera, Martina 11	3) Oakes, Shealyn 15	4) Amelechkin, Kyla 17	
3 Accokeek Gators	B	NT	2:38.84	4
1) Bennett, Hope 10	2) Musgrove, Mischa 12	3) Kirkup, Crisson 13	4) Vincent, Scarlett 16	

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Team	Relay	Seed Time	Finals Time	Points
4 Accokeek Gators	C	NT	2:40.12	
1) Garcia, Betsy 9	2) Bennett, Gambrell 11	3) Landowne, Anna 13	4) Brown, Aziza 17	
5 Indian Head Swim Team Torpedo	B	NT	3:01.00	3
1) Keeler, Charlotte 9	2) Madden, Alayna 11	3) Martinez, Pri 14	4) Wilson, Taylor 17	

Combined Team Scores

Combined Team Scores - Through Event 49

1. Indian Head Swim Team Torpedos	277	2. Accokeek Gators	272
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