



FULLER STINGRAYS

2023 Parents Meeting



Mission Statement

Our team will emphasize and focus on personal goal setting, self-motivation, self-confidence, taking responsibility, building lasting friendships and maintaining health and fitness.

This will help our swimmers accomplish goals such as setting a record, getting a personal best time, qualifying for a championship meet, winning individual races, and so much more.

Our team maintains a strong integration of the core values of the YMCA – Caring, Honesty, Respect, and Responsibility while helping to build strong families and strong communities.



Coaching Staff

- Kayla Ciampanelli - Team Administrator & Head Age Group Coach: 12 and unders
- Brandon Beauchemin - Head Age Group Coach: 13 and overs
- Ryan McPherson - Assistant Coach
- Andy Cortes - Assistant Coach
- Alexander “Q” Quesada - Assistant Coach



Narragansett Swim League (NSL)

- The NSL is a closed summer league swimming out of various outdoor pools across RI.
- The intention of the NSL is to offer a FUN and competitive activity during the summer for swimmers of various abilities.
- The season begins around the last week of June and ends with the All Pool Meet Championship on the first weekend in August (5th and 6th for 2023).
- In order to participate in the All Pool Meet Championship, which is a requirement, you must attend at least two (2) regular season meets. There are six (6) meets in total to choose from to meet this requirement.



Practice Schedules

Practices are held Monday-Friday unless there is a meet or team event.

- 10 & Under Morning Session: 7:45am-8:30am (Indoor Pool)*
- 11 and Over Morning Session: 7:15am-8:30am (Fuller Pool)
- 10 and Under Evening Session: 6pm-6:45pm (Fuller Pool)
- 11 and Over Evening Session: 6:45pm-8pm (Fuller Pool)

*Please let us know if you are interested in the 10 & Under Morning Session



Registration Dates and Fees

Registration Dates

- **June 5th** - Returning swimmers from the 2022-2023 Black Marlins.
- **June 7th** - Returning swimmers from the 2022 Fuller Stingrays.
- **June 12th** - All other swimmers.

Fees*

- 10 and unders: \$135
- 11-16 year olds: \$165

* A YMCA membership is also required and not included in these prices.



Swim Topia - Overview

- The Fuller Stingrays utilize SwimTopia as their team management solution, and it is so much more than just an app.

It's:

- a website <https://fullerstingrays.swimtopia.com>,
- a communication system,
- a meet management system,
- a volunteer management system, and
- a meet timing system.



Swim Topia - Communication

- We utilize SwimTopia for communication as it easily allows us to communicate with the team in the following ways:
 - Via email to the Team, Practice Groups, Age Groups and Volunteers with the click of a button.
 - The system also relies on parents to provide their email addresses through registrations so there is no need for us to maintain multiple distribution lists manually.
 - The system also allows for push notifications so we can get a simple but important message out to groups such as a weather cancellation.

*****Please ensure that you have push notifications enabled in the SwimTopia app*****



Swim Topia - Meet Declaration

- Putting a meet together is a very time consuming and time sensitive task. We as coaches need to have individual entries and relays pulled together at least 48 hours before the start of a meet. In order to put these entries together we need to know who is coming.
- We ask that you declare your swimmers either attending or not attending by 12:00pm on the Sunday leading into the week of the meets.
- Please visit our meet declaration instructions [here](#) on our website for more detailed information.



Swim Topia - Family Participation

- Without family participation we wouldn't be able to run any of our meets during the Summer season.
- In order to run a successful swim meet we need at a minimum; Officials, Timers, Runners and a Bullpen. Home meets also need Concession Cashiers.
- We have created a helpful handout describing what these jobs entail located on our [Resources](#) page.
- Family Participation is a mandatory requirement and each Family is agreeing to fill two (2) shifts during the season. You will be able to sign up for a job at the same time that you declare your swimmers eligibility each week.




Swim Topia - Timing System

- This summer, Fuller will be utilizing Meet Maestro, a SwimTopia product, to run our Home meets.
- Meet Maestro and our timing system, Time Drops, will allow us to run a semi-automatic timing system. This means that our timing system will start automatically when a race starts but will need a human interaction to stop the clock when a swimmer touches the wall by pushing a button on a key fob.
- This will also give us the opportunity to push live results and progress to all our parents via the SwimTopia app.



Season Schedule

- A printable version of the season calendar is available on our resources page [here](#).
- You can also add the Stingrays Google calendar to your phone by clicking this  at the bottom of our season calendar page [here](#).

Ice Cream Social

- Friday, June 16th at 5:30pm down at Fuller Pool.
- Ice cream will be served!
- Good opportunity to meet the coaches, other teammates, and familiar faces you will see throughout the season.
- The pool will be open!



Contacts and Important Dates

- For swim team related matters please contact Kayla Ciampanelli, Coach and Team Admin, at kciampanelli@ymcapawt.org.
- For YMCA related matters please contact Dan Cameron, Aquatics Director, at dcameron@ymcapawt.org.

Important Dates

- Ice Cream Social - June 16th
- First Day of Practice - June 26th
- Team Potluck - August 1st
- Projected Last Day of Practice – August 3rd
- All-Pool Meet Dates – August 5th and 6th
- No Practice Days– July 4th and August 4th
- Team Cookout & Banquet - TBD





FULLER STINGRAYS

2023 Parents Meeting

