

## Parent Meeting - Recap

### 1. Introduce Board Members & Coaches

- Link to coaches here:

- [https://d1nmxxg9d5tdo.cloudfront.net/3125/files/2022\\_Coaches.pdf?1650644661](https://d1nmxxg9d5tdo.cloudfront.net/3125/files/2022_Coaches.pdf?1650644661)

### 2. Practices

- May Practices & June Practice times

#### May

6 and Under: 4p - 4:45p

7/8: 4:45p - 5:30p

9/10: 5:30p – 6:15p

11 and up: 6:15p – 7p

#### June

6 & under - 8-8:45a

8 & under - 845-9:30a

10 & under - 9:30-10:15a

11 and up - 10:15-11a

- Practice Expectations

An adult is required to accompany any child 10 and under. Parents are not required to be at practices for children 11 and up. Please note: It will be at the coaches discretion to ask any child to leave who is not following directions and creating an unsafe environment for people.

- <https://woodlandswave.swimtopia.com/practice-schedule>

### 3. Meets

- RSVP by the Tuesday before the meet – If you don't RSVP we will assume you are NOT swimming.

- Volunteer Spots open up the Friday before the meet

- Be at home meets ready to get in at 5p

- Be at away meet ready to get in at 530p

- Meets can run for 7 and ups to 10/11p. 6U are done at the ½ way point.

- [https://woodlandswave.swimtopia.com/swim\\_meets](https://woodlandswave.swimtopia.com/swim_meets)

### 4. Inclement Weather

In the event of dangerous conditions due to the weather at the meets, the meet official and team coordinators will determine the length of the delay. Following a period of at least 15 minutes from the last clap of thunder, the meet will be restarted from the point at which it was suspended. If the delay lasts longer than 1 hour, the meet should be called and rescheduled if necessary. The meet is official after the 46th event (scoring heat only) has been completed. If the meet gets rained out this year we will make up during practices.

### 5. Spirit Wear

- Due May 9<sup>th</sup> to get in order guaranteed in time for 1<sup>st</sup> meet and no shipping cost. After May 9<sup>th</sup>, no time guarantees and you will have to pay shipping.

- All swimmers get a t-shirt included in registration fees

- Team suits – Need to order by May 9<sup>th</sup>

- Solid black or navy suits are acceptable for meets

Link to order:

- <https://woodlandswave.swimtopia.com/shop>

6. Volunteer Positions & Requirements:

- Parent Commitments & Position Descriptions

[https://d1nmxxg9d5tdo.cloudfront.net/3125/files/Volunteer Descriptions and Requirements.pdf?1651436884](https://d1nmxxg9d5tdo.cloudfront.net/3125/files/Volunteer_Descriptions_and_Requirements.pdf?1651436884)

Any questions or concerns, please reach out to me!

[Coachmegan.woodlands@gmail.com](mailto:Coachmegan.woodlands@gmail.com)

Thanks!

Megan Ray