

PARENTS INFORMATION

RED DIVISION 2018

Gower

Welcome!

Gower is pleased to host this year's Red Division Meet. We look forward to your cooperation and help in making this a successful swim meet. We hope you find our facilities to your satisfaction. Please review the following guidelines and suggestions. Your SAIL Rep can answer many of your questions.

SCHEDULE

MONDAY AND TUESDAY – Practice at Gower

Your Team will have 1 hour to practice at Gower to familiarize your swimmers with the pool. Please note your team's practice time:

Monday, July 2 nd	<u>6:00 pm-7:00 pm: DEV</u>	<u>7:15 pm-8:15 pm: SCR</u>
Tuesday, July 3 rd	<u>6:00 pm-7:00 pm: SL</u>	<u>7:15 pm-8:15 pm: GCC</u>

While at the pool, please make sure your swimmers know where to go when they arrive Friday/Saturday. Let them know where their tent will be located, how they will enter the pool, and how they will exit the pool to return to the tent. We will be available to you to walk your swimmers through the process.

WEATHER- in case your practice is cancelled for weather, we have reserved the pool for make-up practices on Wednesday evening. Your SAIL rep will contact you regarding your make-up time.

THURSDAY:

Swimmer Tent Setup- your SAIL Rep will contact those involved.

OFFICIALS MEETING- 6:30 pm Thursday at Gower Pool

The Meet Referee will meet with all the officials. This includes Assistant Referee, Starters, Recall Starters, and Stroke and Turn. Please remember to wear your badge that identifies you as a certified official.

FRIDAY:

AGE GROUPS SWIMMING- 8 and UNDER, 9-10. Meet starts at 3:00 pm.

Your team's warm-up time is listed below. Please have your child at the pool no later than 15 minutes prior to warm-ups so he/she can drop things off in the tent area and proceed to the pool for warm-ups.

<u>WARM-UP TIME</u>	<u>TEAM</u>
1:10 – 1:28	DEV
1:30 – 1:48	GOW
1:50 – 2:08	SCR
2:10 – 2:28	SL

NOTE: GCC has elected to forgo their warm up position

SATURDAY:

AGE GROUPS SWIMMING - 11 and up. Meet starts at 9:30 am.

Your team's warm-up time is listed below. Please have your child at the pool no later than 15 minutes prior to warm-ups so he/she can drop things off in the tent area and proceed to the pool for warm-ups.

<u>WARM-UP TIME</u>	<u>TEAM</u>
7:20 - 7:38	SCR
7:40 – 7:58	DEV
8:00 – 8:18	GOW
8:20 – 8:38	SL
8:40 – 8:58	GCC

Note: Teams will be permitted to cheer in the pool during their scheduled warmup time. To keep the start of the meet on schedule warm up times will be strictly enforced.

SWIMMER DROP-OFF for Friday and Saturday

We request that everyone approach the Gower Pool from the Stillwood Road end of Shallowford Road.

Parking Marshalls and City Police will be on hand to provide directions and for your safety. Please follow their guidance.

Upon turning into the Gower pool parking lot the swimmer tent area will be located on the left. At the bottom of the parking lot the traffic will be divided into two

lanes. The LEFT lane will be for swimmer drop-off while the RIGHT lane will serve those simply wishing to advance forward to park. Please give yourself plenty of time to get your swimmer to the pool.

We ask that when dropping off your swimmers, please pull forward as far as possible, following the Marshall's directions. DO NOT LEAVE YOUR CAR UNATTENDED. Exit the swimmer drop-off line by advancing straight into the Gower Park. (Note: If you are dropping and leaving you will still need to drive through the Park and exit onto Laurel Creek Lane.)

If you are entering Gower from Laurens Road via Henderson Road:
Follow Henderson Road, turn RIGHT onto Stillwood, turn RIGHT onto Shallowford. Proceed to the pool located on the right side of the road.

If you are entering Gower from Laurens Road via Wembley Road:
Follow Wembley Road, turn LEFT onto Inglesby, turn RIGHT onto Pimlico, turn LEFT onto Shallowford. Proceed to the pool located on the right side of the road.

If you are entering Gower from S. Pleasantburg via Cleveland St. Ext.:
Follow Cleveland Street Ext., turn LEFT onto Henderson Road, turn LEFT onto Stillwood, turn RIGHT onto Shallowford. Proceed to the pool located on the right side of the road.

RESERVED PARKING

Your SAIL Rep will receive a limited number of reserved parking passes at the Tuesday night seeding meeting and will distribute them according to the needs of your team. Reserved parking will be located in the paved lot as well as a special roped off area located in Gower Park directly behind the pool. An attendant will man the entrance to these areas. *Permits must be displayed on the dash of your vehicle throughout the entire meet.*

PARKING

Gower will have approximately 350 parking spaces available in the Gower Park behind the pool. These will be the MOST CONVENIENT spaces to enter the pool deck. Access to the park parking lot behind the pool will ONLY be through the Gower Pool park access. You may also choose to park in the paved parking lot at Gower Park. This lot is accessible from either Laurel Creek Road or by driving through the Gower Park. (NOTE: *The park parking will be one-way traffic with entrance being through Gower Pool and exit being through Gower Park*)

SEE ATTACHED MAP



Swimmer Drop off

Enter Gower Pool from Shallowford Rd.
Stop at the bottom of the pool parking lot.

(This is ONE WAY)

Drivers stay in your car.
Attendants will help swimmers.
Exit pool through Gower Park.

*Enter Evelyn Ave to Gower Park parking lot.

--- Denotes swimmers drop off
--- Enter / Exit parking Lot

PLEASE OBEY NO PARKING SIGNS!

Due to emergency vehicle access, only park on one side of the street where directed by signs.

Neighborhood parking: If you choose to park in the neighborhood, you **MUST** observe the **NO PARKING SIGNS** posted throughout to ensure safety and appropriate traffic flow for this event.

PLEASE RESPECT THE "NO PARKING" SIGNS AND TRAFFIC CONES!! These areas are no parking for a reason and violators could be subject to towing at the vehicle owners expense.

HANDICAP PARKING: We have a limited number of handicapped parking spaces. These spaces will be located on the left side of the paved parking lot just before the entrance to the park. If possible, please drop those requiring special access off at the pool and have another in the party drive the car to the parking area at the park behind the pool.

MEET RESULTS

During the meet, results will be posted on results boards located on the park side fence in the back pool.

HEAT SHEETS

Heat sheets will be available at the pool on both days.

BAD WEATHER CONTINGENCY PLAN

Meet Stoppage: In the event of stopping the meet for bad weather on Friday evening, warm-ups will begin on Saturday no earlier than 1:00 pm with the same order of events as Friday evening. If the meet is stopped on Saturday for bad weather, your SAIL Rep will meet with other officials and inform you of a new schedule.

Very Heavy Rain: In case of heavy rain, swimmers will be asked to leave the tent area and move their possessions to their car. Please be ready to assist the children in making this move.

Severe Weather: In the event of severe weather, all spectators should return to their cars. We will be in touch with the National Weather Service to monitor potentially bad weather in the area. It is at the lifeguard and referee's discretion whether or not to stop the meet. The Meet Referee, a lifeguard, Meet Director, and SAIL Reps from each team will decide when the meet shall resume.

Be sure to sign up for the Remind Update App, for meet stoppage and restart updates during weather delays. See instruction below:

Red Division 2018 Reminders & Updates
Tell people to text @chbd3a to the number 81010
They'll receive a welcome text from Remind.
If anyone has trouble with 81010, they can try texting @chbd3a to (561) 327-6771.



Stay up to date about any changes or notifications regarding Red Division 2018.

We will discontinue usage of this number at the end of Red Division.

CONCESSIONS

Gower Concessions will offer our typical full menu for Friday evening and Saturday afternoon; this will include our fresh grilled burgers, chicken sandwiches, hot dogs, our popular chicken pasta and wild rice chicken salads, nachos, carrots and hummus and more! On Saturday morning, we will have breakfast items, including Chick-Fil-A biscuits, granola bars, pastries/muffins, fruit, juice and coffee.

Cash and credit cards will be accepted!

We ask that any food brought in be limited to individual swimmer coolers. Coaches will be provided one meal on Friday and two meals on Saturday.

RESTROOM FACILITIES

Restrooms: We have men's and women's restroom facilities in the bathhouse. In addition, we will have portable toilet facilities located in Gower Park and in the reserved paved parking lot. These will be maintained so that they are sanitary throughout the event.

SEATING

We will have bleachers in addition to the open space on the upper observation deck.

No one will be permitted into the pool area before 12:00 pm on Friday and 7:00am on Saturday.

Saving bleacher space in advance of the meet WILL NOT be permitted.

**Exception: There will be reserved seating for the coaches, some officials and sponsors, which will be clearly marked.*

AWARDS CEREMONY

We will have an awards presentation at the time the results have been finalized. We will present trophies for both the Metcalf Cup (high points) and the Founder's Cup (quality points). All head coaches will be asked to stand together at the awards stand for the presentation.

Note: Swimmers will not be allowed to jump in the pool during the award presentation.

ALCOHOL

As part of your SAIL organization by-laws, no alcohol is permitted during SAIL sponsored events.

BODY PAINT AND NOISE MAKERS

Individuals with body paint will NOT be allowed on the pool deck or in the pool. No air horns or other horns. Clappers and bells are permitted.